

# Thomastown West Primary School NEWSLETTER

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## IMPORTANT DATES:

Mon	30 July	SCHOOL COUNCIL MEETING 6:30pm
Wed	1 Aug	Winter Wonderland Doughnut Day
Wed	8 Aug	Dental Visits
Thu	9 Aug	1/2 Toys Overtime Incursion
Wed	15 Aug	Curriculum Day—Pupil free day. Students do not attend school
Thu	16 Aug	5/6 Mad over Science Incursion

No. 20 27th July 2018

## From the Principal

We welcome a number of new students and families who have started this term. We continue to see many new people since the year has started. Our new families have come from all over Melbourne, Victoria and from overseas. If you see any new families, please also make them feel welcome.

### Dentist Van

It's that time of the year and the **North Star Dental Clinic Van** is organising a visit to Thomastown West Primary School. The van will be at school from Wednesday 8<sup>th</sup> August until Tuesday 14<sup>th</sup> August. Notices were sent home to families this week. **Please look out** for these forms. If you have any questions regarding the dental van visit, please feel free to speak to me or our lovely Office staff.

**Remember** - This is a free opportunity to have your child's teeth checked and even some minor treatment at no cost to you.

### Student Birthdays

'Lolly bags' are sometimes shared by children when it is their birthday. Unfortunately, recently some have included party poppers. **DID YOU KNOW:** The packaging of party poppers encourages supervision of children by an adult and instructs adults on their proper use. Party poppers have also been known to cause severe eye trauma or other facial injuries, and users are advised to aim them away from people.

**As a result, we request that parents please do not include party poppers in Birthday party bags at TWPS.** Thank you for your cooperation.



### Ball Games in the Playground

**GREAT NEWS!** The COLES Rewards prizes have arrived! As you can see below, we used our points to order lots of balls for the children to use at play times.



Children are still allowed to bring their own balls to school. We do strongly encourage children to label the ball clearly with their name as it can be difficult to identify student property when they look similar.

Please remember that children are **not** allowed to play with **large balls** near the buildings as windows can get broken and it can present a danger to students. This is a standard rule at all schools.

### Congratulations

Well done to our talented Year 5/6 boys and girl soccer team who represented our school today in the Whittlesea District Soccer final at Hillview Reserve, South Morang. We are incredibly proud of the boys' and girl sportsmanship and the way they lived our school values. Thank you to Mr Rosa, who has been training the boys and girl during the year. Yassin a grade 6 student said that one of the highlights of the day was when, "I scored my first goal." **Special thanks to Thomastown Secondary College** who very kindly supported TWPS by allowing us to utilise Mohamad, on their student free day to assist with the umpiring today.

### Prep 2019

We are now taking enrolments for our 2019 Prep classes. Please remind family, friends and neighbours that if they have a child starting school next year and would like them to come to our school to enrol them soon. **It is important that children are enrolled by the end of Term 3** so that they can participate in our excellent Prep Transition Program in Term 4.

**Education is Powerful, Student Voice Matters,  
Teachers Make a Difference & Every Day Counts!**

Sandi Young  
Principal



# Stars of the Week



Term 3 - Week 2

Room 1	Alan	Room 10	Jeanclara
Room 2	Stephanie	Room 11	Eric
Room 3	Tristan	Room 12	Malak
Room 4	Yousef	Room 16	Talissa
Room 5	Sohung	Room 17	Haroon
Room 6	Dylan	Room 18	Eisa
Room 8	Rupinder	Room 19	William
Room 9	Epati	Room 20	Fatima & Shianne



Hi everyone!

The circus came to town !!

This week a lucky group of students began a weekly circus program where they will learn circus skills including aerials, tumbling, acrobalance, juggling, hula hoops, tight wire, walking globe, rola bola and more!

The program is run by Westside Circus and aims to increase students confidence, resilience and team work skills.

I was supervising the session and am happy to report that the boys and girls all thoroughly enjoyed themselves. Some of the circus activities were quite challenging but all students gave each activity 100%.

Well done !

Michael Palfrey

Student Well-Being Officer



## CUP OF LIFE

Well done to all the boys and girls who are coming to school every day.

### CONGRATULATIONS

The room in Week 2 Term 2 that had the BEST ATTENDANCE is....

Room 2 & 4



# Hi Everyone!

## ***“Striving to be our Best!”***

What does that actually mean? It involves putting in effort, trying to be our best, attempting new things, making mistakes but not giving up. It is not about being perfect.

Opposites attract - My husband is quite the perfectionist, while for me my best is good enough.

For example: When our son was at kindergarten he was into dinosaurs (aren't most 4-5 year olds?). Father and son were in the garage using plywood and a bandsaw to make a dinosaur. I entered just in time to hear my husband try to convince my son to change his drawing before they started cutting. My son was happy with his drawing and didn't want to change it! So with a little sign language from me, father and son proceeded to cut out and paint the dinosaur! He proudly took it to kindergarten to show his teacher and friends. My son still has that dinosaur which he may show his future son one day – **“the best dinosaur that he could make”**.



**PRAISE versus ENCOURAGEMENT** plays an important part. We can praise a child for what they have achieved, but what about encouraging them to strive for their best?

Current research shows that some of the most commonly used and seemingly positive phrases we use with kids are actually quite destructive. Despite our good intentions, these statements teach children to become deceptive, to do as little as possible, and to give up when things get hard.

Here's a list of some things to eliminate from your vocabulary and suggestions of alternatives so that you can replace these habitual statements with phrases that will actually encourage motivation and emotional connection.

**“Good job!”** The biggest problem with this statement is that it's often said repeatedly and for things a child hasn't really put any effort into. This teaches children that anything is a “good job” when mum and dad say so.

Instead try, **“You really tried hard on that!”** By focusing on a child's effort, we're teaching him/her that the effort is more important than the results. This teaches children to be [more persistent](#) when they're attempting a difficult task and to see failure as just another step toward success.

**“Good boy (or girl)!”** This statement, while said with good intentions, actually has the opposite effect you're hoping for. Most parents say this as a way to boost a child's self-esteem. Unfortunately, it has quite a different effect. When children hear “good girl!” after performing a task you've asked them for, they assume that they're only “good” because they've done what you've asked. Instead, try **“I appreciate it so much when you cooperate!”** This gives children real information about what you're wanting and how their behaviour impacts your experience.

**“What a beautiful picture!”** When we put our evaluations and judgments onto a child's artwork, it actually robs them of the opportunity to judge and evaluate their own work. In-

stead try, **“I see red, blue and yellow! Can you tell me about your picture?”** By making an observation you're allowing your child to decide if the picture is beautiful or not, maybe she intended it to be a scary picture. And by asking her to tell you about it, you're inviting her to begin to evaluate her own work and share her intent, skills that will serve her creativity as she matures and grows into the artist she is.

**“If you \_\_\_\_\_ then I'll give you \_\_\_\_\_”** Bribing kids is equally destructive as it discourages them from cooperating “No! I won't clean my room unless you buy me Lego!” Instead try, **“Thank you so much for helping me clean up!”** When we offer our genuine gratitude, children are intrinsically motivated to continue to help. And if your child hasn't been very helpful lately, remind him of a time when he was. “Remember a few months ago when you helped me take out the trash? That was such a big help. Thanks!” Then allow your child to come to the conclusion that helping out is fun and intrinsically rewarding.

**“You're so smart!”** When we tell kids they're smart, we think we're helping to boost their self confidence and self-esteem. By telling kids they're smart, we unintentionally send the message that they're only smart when they get an A, accomplish the goal, or produce the ideal result — and that's a lot of pressure for a young person to live up to. Studies have shown that when we tell kids they're smart after they've completed a puzzle, they're less likely to attempt a more difficult puzzle after. That's because kids are worried that if they don't do well, we'll no longer think they're “smart.”

**Instead, try telling kids that you appreciate their effort.** By focusing on the effort, rather than the result, you're letting a child know what really counts. Sure, solving the puzzle is fun, but so is attempting a puzzle that's even more difficult. Those same studies showed that when we focus on the effort — “Wow you really tried hard on that!” — kids are far more likely to attempt a more challenging puzzle the next time.

**“It's no big deal!”** Children often value things that seem small and insignificant to our adult point of view. So, try to see things from your child's point of view. **Empathise with their feelings, even as you're setting a boundary or saying no to their request.** “I know you really wanted to do that, but it's not going to work out for today,” or “I'm sorry you're disappointed and the answer is no,” are far more respectful than trying to convince your child that their desires don't really matter.

### **COLT PROGRAM**

This week 8 lucky students began this cooking program (Cooking Over Lunch Time – or recess at TWPS) with Simon from Southport Uniting.

These young ‘Master chefs’ will be **striving to do their best** as they learn about healthy eating and try new foods.



**Robyn Mulholland (Student Well-being)**

# Whittlesea District Soccer Final

Congratulations to the soccer team who won the Lalor District final in June and got to play the Whittlesea District final. We are proud of all the students who represented our school and followed our school values on the field. Well done on coming 3rd during today's competition



**Program Theme: Celebration of Winter**

27/7/18

This week we focused all our planned activities around Winter.

The children enjoyed participating in a wintery game of 'Guess What?'

They painted beautiful cold, snowy scenes using their hand as the centre piece.

The children also designed some wintery picture cards using drawings, folded coloured paper, even coloured art matchsticks!

By midweek a small group of children were preparing glass jars as they were to be used as snow globes. The following day the children then glued their chosen toy to the lids and coloured water and glitter was then added.

A highlight of the week was an impromptu gymnastics session. The children balanced on low beams and rolled on soft padding, each showcasing their varied abilities.



***There is a wonderful balance of staff planned and child suggested activities. Our aim is to provide a safe, supervised and happy environment where children can thrive.***

***There are vacancies available, should you require our service simply book and enrol online at [www.oshclub.com.au](http://www.oshclub.com.au)***

**Parent Information**

OSHC program phone: 0407 372 056

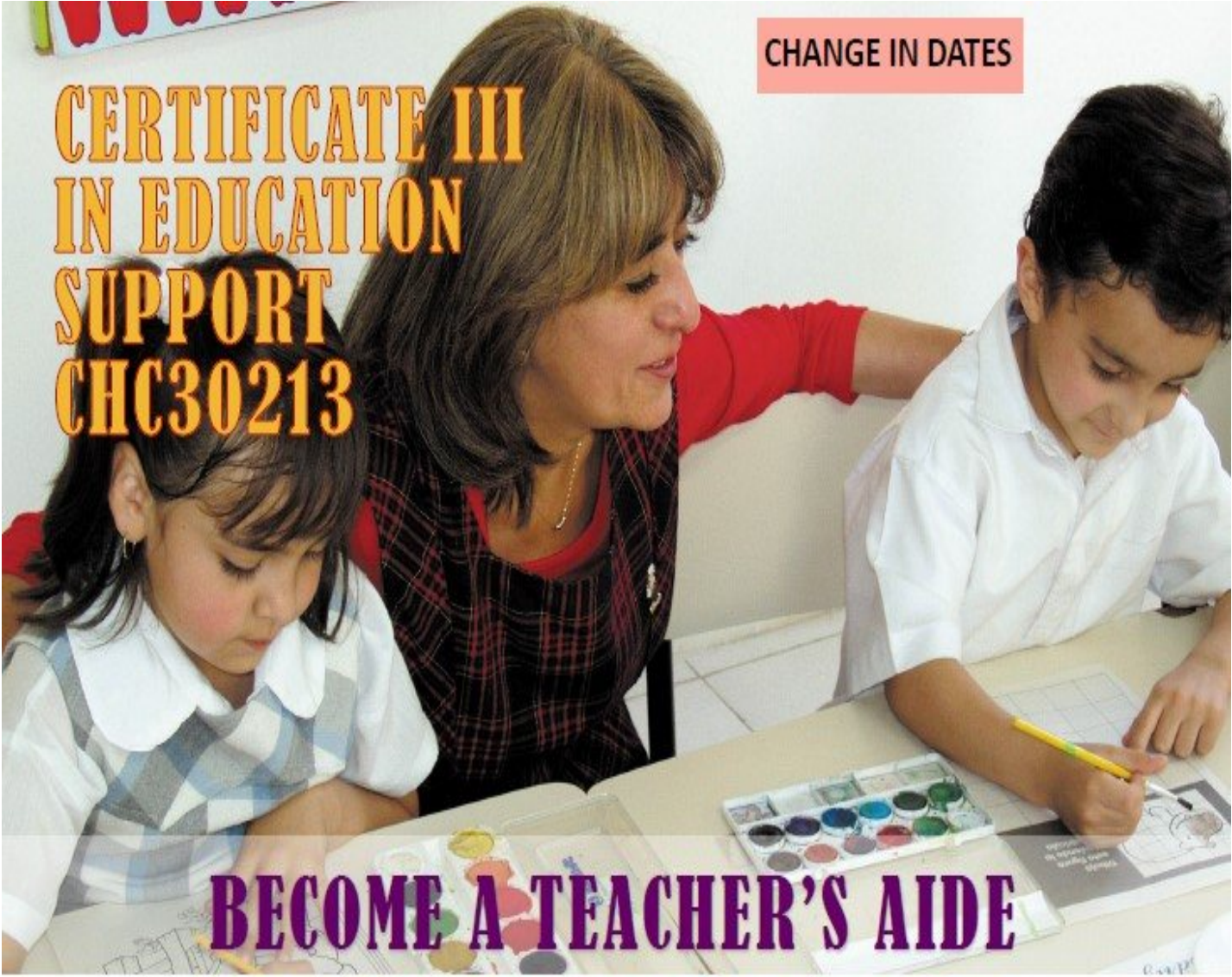
Coordinator: Desiree Bustos

Assistant: Carmen Bellofiore

OSHClub Customer Service and Billing Team: 1300 395 735

*All families must be enrolled to attend the program, remember this is Free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) All bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.*





CHANGE IN DATES

# **CERTIFICATE III IN EDUCATION SUPPORT CHC30213**

## **BECOME A TEACHER'S AIDE**

THIS QUALIFICATION WILL GIVE YOU THE SKILLS AND KNOWLEDGE TO PROVIDE ASSISTANCE AND SUPPORT TO TEACHERS AND STUDENTS IN A RANGE OF EDUCATIONAL SETTINGS. THIS INCLUDES PRIMARY, SECONDARY & SPECIAL DEVELOPMENT SCHOOLS & AREAS OF EARLY CHILDHOOD EDUCATION

GRADUATES WORK AS :

- EDUCATION ASSISTANTS/TEACHER AIDES
- SUPPORT WORKERS (WORKING WITH CHILDREN WITH DISABILITIES)

### **COURSE DETAILS:**

**FRI. 14 SEPT 2018 — 7 JUNE 2019**

**24 SESSIONS, 2 WORKSHOPS + 100 HR PLACEMENT**

**9.15AM TO 3.15PM**

**MERRILANDS COMMUNITY CENTRE (MCC)**

*ASK US ABOUT EMPLOYMENT OUTCOMES ACHIEVED UPON COMPLETION OF THIS COURSE*

## Certificate III in Education Support: SEPT. - MCC

Course Code:	CHC30213		
Entry Requirements & Recommendations:	<ul style="list-style-type: none"><li>• Moderate Computer and Internet and Email Skills</li><li>• English LLN skills at an industry entry standard</li><li>• <u>Returning to Learning</u> Program –31/8/18 (TBC)</li></ul>		
Course Description:	This qualification will give you the skills and knowledge to provide assistance and support to teachers and students in a range of educational settings. This includes Primary, Secondary & Special Development Schools & areas of early childhood education		
Pathway:	Graduates work as : <ul style="list-style-type: none"><li>• education assistants/teacher aides</li><li>• support workers (working with children with disabilities)</li></ul>		
Mode of Study:	Classroom, off-site tasks/research, Practical Placement + Industry/Assessment Workshops		
Location: (TBC)	Merrilands Community Centre <sup>5</sup> (MCC) 35 Sturdee St, Reservoir		
*Days: (TBC)	FRIDAY: Starts 14th Sept 2018 to 7th June 2019		
Times:	9.15am to 3.15pm		
*Dates: (TBC)	Classroom 2018: Fri. 14th Sept. to 7th Dec. Classroom 2019: Fri. 8th Feb. to 7th June Prac. Placement: Flexible options available - From 5th Nov. 2018 to 31st May 2019		
Duration:	24 sessions, 2 workshops + 100 hr placement. (Excl. 26/4/19 & School Hols.)		
Statement of Fees:	Concession: \$180	Full: \$900	Fee For Service (not eligible for VSFP)- Conc: \$2,685 (Limited Places) Full: \$3,580  + Service & Amenities Fee: \$10 Conc., \$25 Full
Enrolment:	Please ring early to arrange a pre-enrolment interview. Ph: 9462 6077.		
Amenities:	Tea & coffee provided. BYO lunch/snacks.		

\*Course commencement is subject to variation, sufficient enrolments and eligibility requirements.

<sup>5</sup>Venue is wheelchair accessible. PRACE encourages individuals with disabilities to participate in its programs and activities.

This training is delivered with Victorian and Commonwealth government funding.

## Testimonials

"Just thought I'd let you know that I got the job!!! Yeah!!!"

"Thankyou for inspiring me to be the best possible me to achieve a career that I am truly passionate about."

**Ariana**

"What a brilliant course, one of the most challenging, inspiring and rewarding courses I have done. Marg truly is a fantastic teacher, the help and support she gave me over the course was above and beyond my expectations. If you love children and want to make a difference then this course is for you."

**Joanne**

"I feel so honoured and privileged to have been a student in your class. I think, now, I know, it is with your high quality standard, and professional approach to teaching, that I was able to study as effectively as I did. ...I cannot thank you enough!"

**Dianne C**

Very positive experience and feel very equipped for my new career. I have a job as a result. Needs met."

**Kylie**



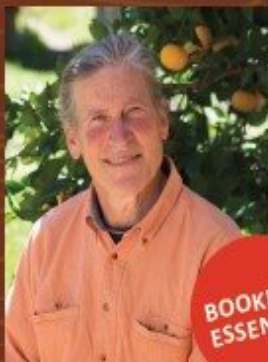
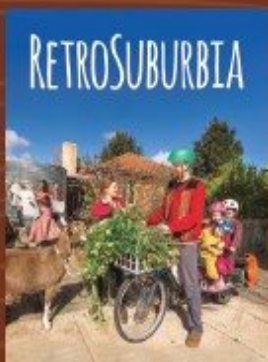
# CELEBRATE FOODS MADE AND GROWN IN THOMASTOWN

PLUS MARKET STALLS AND  
FREE CHILDREN'S ACTIVITIES

STALL HOLDERS WELCOME 8376 6939



**SATURDAY 4 AUGUST • 10AM – 1PM**  
**THOMASTOWN LIBRARY • 52 MAIN STREET, THOMASTOWN**



BOOKINGS  
ESSENTIAL

**PLUS David Holmgren  
presents RetroSuburbia:  
Aussie Street @ 11am**

What if our suburbs were reimagined to  
be sustainable, productive and vibrant?

[whittlesea.vic.gov.au/events](http://whittlesea.vic.gov.au/events) or 9217 2377



**City of  
Whittlesea**

**THOMASTOWN**  
NEIGHBOURHOOD HOUSE  
THE HEART OF OUR COMMUNITY

**YARRA PLENTY**  
REGIONAL LIBRARY



ThomastownNH

thomastownnh

WHITTLESEA



OUR FUTURE

Submit your entries by  
14 August 2018!



# Time Capsule

**Be part of history!**

We're creating a time capsule to capture your messages and vision for the future that will be opened in 2040. We're seeking your submissions that will be placed in a unique box, along with a collection of special items to be opened in 2040.

What do you love about your local area? What are your hopes for the future? We would love your submissions to explore these questions in a creative way.

## Submissions could be:

Letters  
Poems  
Drawings  
Paintings  
Illustrations  
Artistic pieces

Everyone who submits an item for the time capsule will be invited to our Launch Event in October 2018.

**Get in touch with the Whittlesea 2040 team to learn more about how your group, club or school can be part of the Whittlesea 2040 Time Capsule:**

- Email [W2040@whittlesea.vic.gov.au](mailto:W2040@whittlesea.vic.gov.au)
- Phone 9217 2587



**City of  
Whittlesea**

To learn more about Whittlesea 2040  
visit [whittlesea.vic.gov.au/whittlesea2040](http://whittlesea.vic.gov.au/whittlesea2040)