Thomastown West Primary School lefter



Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317

No.4 25th February 2022

2022 IMPORTANT DATES:

	_	
Mon	28 Feb	Every day of Learning Counts! Students will enjoy a DISCO at lunch time and may wear casual party clothes (not their uniform) to school.
Mon	28 Feb	Prep students attend school five days a week 8.45am-3.15pm
Mon	28 Feb	School Nurse Onsite
Tue	08 Mar	Brainstorm Production FREE Wellbeing Incursion
Mon	14 Mar	Labour day (Public Holiday)
Tue	15 Mar	Curriculum Day (Students do not attend School)
Thu	24 Mar	GRIP Leadership Conference
Mon	28 Mar	Gr 5/6 Incursion
Wed	06 Apr	Parent Teacher Interviews
Fri	08 Apr	Last Day Term 1 (Students dismissed at 1.15pm)
Tue	26 Apr	Term 2 Begins
Tue	17 May	Curriculum Day (Students do not attend School)
Mon	13 Jun	Queens Birthday (Public Holiday)
Fri	24 June	Last day of Term 2 (Students dismissed at 1.15pm)
Mon	11 July	Term 3 Begins
Fri	12 Aug	Curriculum Day (Students do not attend School)
Thu	15 Sep	Parent Teacher Interviews
Fri	16 Sep	Last day of Term 3 (Students do not attend School)
Mon	03 Oct	Term 4 Begins
Mon	31 Oct	Staff Report Writing Day (Students do not attend School)
Tue	01 Nov	Melbourne Cup Day (Public Holiday)
Tue	20 Dec	Last Day Term 4 (Students dismissed at 1.15pm)

From the Acting Assistant Principal

Breakfast Club

Breakfast Club is held in the Multi-Purpose Room at TWPS. More information will be provided in future newsletters. Breakfast Club provides students with an opportunity to arrive to school early and start their day with, arguably, the most important meal! Food options include toast with a range of spreads and cereal. Breakfast Club is open from 8am every morning. Starting from the first day of next term, Tuesday 26th April, Breakfast Club will move to the Thomastown West Community Hub.

Remember any child who arrives to school before 8:30am, must attend breakfast club. This adult supervision ensures the safety and wellbeing of our students each day.

Student Support Groups

A Student Support Group (SSG) is a partnership between schools, parents/carers, the student and relevant agencies. The group works together to plan and support the education, health, social, cultural and emotional wellbeing of students with diverse learning needs. This year TWPS will have two kinds of SSGs. PCO SSGs which are facilitated by a Principal Class Officer and SSGs which are facilitated by classroom teachers.

This term:

- > PCO SSGs will be held in week 7, 8 and 9. Invitations to families have been arranged. Please note, if the time and date does not suit you, contact me at vanesa.trpcevski@education.vic.gov.au or call the school to arrange an alternative time.
- > SSGs will be held in Week 11 during your Parent Teacher Interview appointment. These are scheduled for Wednesday, March 6th. Invitations to families have been arranged.

Regardless of the SSG meeting you have been allocated, your child will have an Individual Education Plan drafted specifically for them.

Individual Education Plans (IEP)

An IEP is a written statement that describes the adjustments, goals and strategies to meet a student's individual educational needs so they can reach their full potential. An IEP helps to plan and monitor students' unique learning needs. Teachers already undertake many activities that personalise learning experiences for students.



Parent Prep Information Session

A huge thank you to Kathy, Sue and Kiara for hosting our prep information sessions this week. It was wonderful to see some familiar faces attend such

an important event. Remember, when you attend these sessions it sends your child the message that school and learning is important! If you were unable to attend and have some specific questions in relation to supporting your prep child at home, please don't hesitate to speak to your child's teacher.

Quote of the Week

"Every child can learn. Just not on the same day or in the same way." George Evans

Reflecting on this quote, it is evident that all children, all humans in fact, are unique and individual. We couldn't possibly all learn in the same way, which is exactly why our teachers strive to be flexible and adaptive with their teaching approaches. We love hearing suggestions and feedback from our students... so if your child has a great idea, encourage them to share it!

Drop off & Pick Up

At one time or another we have all had to rush to our next appointment or venue. That being said, **CHILD SAFETY MUST COME FIRST!** Please take care when driving in our surrounding local streets, especially during the busy times of before and after school. Under no circumstances should parents stop quickly on the corners or before the crossing to pick up their children. Whittlesea Council parking Inspectors have already visited this year and I will be inviting them to return at their earliest convenience.

Parking

I have noticed a few people using the Thomastown Secondary car park. It is a <u>staff car park</u> and not suitable for parents to be using for drop off and pick up their children between 8am - 4pm. It is a safety issue when large numbers of students are entering and leaving both the primary and secondary school. Please do not be offended if we approach you to ask you to move.

If you have not already done so, please return your child's 2022 Acceptable Use Agreement for the Internet and Digital Technologies as soon as possible

Well done to the families who arrive at school on time every morning. There are still a few families who are arriving after 8:45am. Please try to arrive on time at quarter to nine! I understand that there can be challenges when getting ready for school. But there are many reasons why arriving on time is so important. Benefits include:

- ✓ Your child doesn't miss out on the important learning early in the day when they are most alert.
- ✓ Early morning learning activity is often reading or writing your child can lose so many opportunities to learn these critical life skills.
- ✓ Helps your child to learn about routines and commitment.
- ✓ Class disruption can make your child feel uncomfortable and can upset other children.
- ✓ Arriving on time every day makes children feel good about themselves.

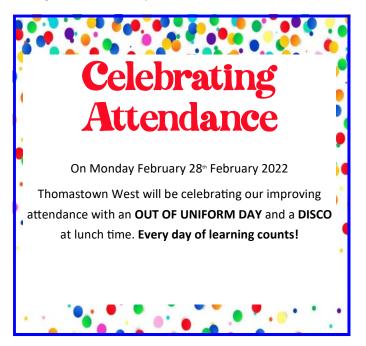
Thomastown West PS has a process for students who arrive after 8:45am?

- ✓ After 8.45am families and students enter via the office to have their attendance recorded.
- ✓ To avoid further disruption to the grade's learning, parents are asked to say goodbye to their child at the office foyer.



Vanesa Trpcevski

Acting Assistant Principal





Part 1

COVIDSafe measures extension 18 February 2022

We want to thank parents and students for the great job they have done in keeping our school as safe as possible by following important COVIDSafe measures such as mask wearing, physical distancing, ventilation, getting vaccinated and rapid antigen testing.

This has meant that our school has remained open and our students in class. This is a fantastic outcome and a testament to the hard work of parents, carers, students and school staff.

Rapid antigen tests

To keep schools as safe as possible, the Victorian Government has extended the COVIDSafe measures introduced for the beginning of Term 1. This includes extending the availability of free rapid antigen tests (RAT) for screening until the end of term. It is anticipated an additional 24 million RATs will be provided to schools and early childhood settings to continue to support early detection and prevent infection, for use at home.

The need for this program will continue to be monitored, and may end earlier based on health advice. This is great news and will mean we're able to continue identifying COVID-19 cases as early as possible, reducing the impact on our school and individuals.

Department of Health modelling indicates that in the first two weeks of school returning, the program has already prevented more than 21,000 cases in schools alone. Their modelling indicates, assuming a 75 per cent compliance rate with screening of students, that by continuing RAT screening in schools for the full 10 weeks of Term 1, we will prevent:

- 61,000 COVID-19 infections in children aged 5 to 17
- more than 150,000 COVID-19 infections in the overall community (on average 15,000 per week over 10 weeks, or more than 2,100 per day)
- around 400 hospital admissions.

The department will continue to supply RATs to our school for your use. We will inform families when supplies have arrived at TWPS and are ready to be distributed.

Twice-a-week testing continues to be strongly recommended for both students and staff.

Testing will be conducted at home, and students and staff must report any positive result. There is no requirement to report a negative result.

Reporting your positive test

Parents and Carers must report positive Covid test results to the Department of Health via the COVID-19

Positive Rapid Antigen Test Self-Reporting Form: https://dhvicgovau.powerappsportals.com/rapid-antigen-test/ or call 1800 675 398.



Part 2

Vaccination

Vaccination is another key component to protect students and staff in school settings.

Vaccinations for children aged 5 to 11 are open and third dose vaccinations for 16 to 17 year olds are now available. There are lots of convenient options to access vaccinations. These include state-wide vaccination hubs, your local GP or pharmacy.

You can book your appointment in a few different ways, including:

online: coronavirus.vic.gov.au/vaccine

by phone: 1800 675 398 (Coronavirus Hotline)

- In person: talk to your local pharmacy, doctor, or attend a state-wide vaccination hub.
- using the COVID-19 Vaccine Clinic Finder COVID-19 Vaccine Clinic Finder | Australian Government
 Department of Health: https://www.health.gov.au/resources/apps-and-tools/covid-19-vaccine-clinic-finder

In addition, schools provide a trusted place among the community to access vaccination, particularly for families who may experience language or social barriers.

Following successful implementation of school pop-up clinics at the commencement of Term 1, more than 230 schools across Victoria are currently hosting mini-vaccination clinics led by GPs and pharmacists. Many of these clinics will also make vaccinations available the broader school community, inclusive of families of students and school staff.

Ventilation

Improving ventilation is one of the most effective measures to keep education settings safe. 51,000 air purifiers were delivered to schools by Term 1, 2022 to support COVIDSafe settings in schools.

Up to an additional 60,000 air purifiers will be rolled out to schools ahead of winter to supplement natural and mechanical ventilation during the cooler months.

The winter allocation will provide enough purifiers to cover all classrooms, in government schools and low-fee nongovernment schools based on current enrolments. This includes general purpose classrooms and other specialist classrooms such as art and science rooms.

Mask rules will remain the same, with students in Grade 3 and above required to wear masks – although they will not be required outdoors.

On behalf of the school, I would like to thank you again for your continued support in helping your child to complete the rapid antigen tests and other COVID Safe measures. As a result of these efforts our school can continue providing a safe environment for students and staff.

Parents onsite

- ✓ Parents and Carers may enter the school grounds to pick-up and drop-off their children.
- Parents and Carers are not permitted to enter school buildings, other than the foyer in the Admin building.

CLASS DOJO: WHO IS CONNECTED?



TWPS School Council Elections 2022

School Council Elections are held each year. I have included the Schedule 3 2022 Notice of Election and Call for Nominations for School Council, a nomination form and some frequently asked questions about School Council with this Newsletter. There are a number of vacancies so I hope you will consider supporting the school by joining School Council.

Would you like to know more about School Council:

- ✓ It is a legally formed body that is given powers to set the key directions of a school.
- ✓ Is the major governing body of the school
- ✓ Plays an important role in school accountability and improvement processes
- ✓ Endorses the key school planning, evaluation and reporting documents
- ✓ All School Council decision-making takes place within a framework of legislated powers, Ministerial Orders, directions, guidelines and DET policy objectives
- ✓ Assist in the efficient governance of the school
- ✓ Ensure students' best interests are primary
- ✓ Enhance the educational opportunities for students
- ✓ Ensure compliance with relevant legislation and regulations Fundamental Function Establish the broad direction and vision of the school within the school's community
- ✓ Participate in the development and monitoring of the school strategic plan
- ✓ Develop, review and update school policies
- ✓ Develop, review and monitor the Student Engagement Policy and the School Dress Code
- ✓ Raise funds for school-related purposes
- ✓ Approve the annual budget and monitor expenditure
- ✓ Maintain the school's grounds and facilities
- ✓ Enter into contracts (e.g. cleaning, construction work)
- ✓ Report annually to the school community and to DEECD
- ✓ Generally, stimulate interest in the school in the wider community

Schedule 3

2022 Notice of Election and Call for Nominations for School Council

An election is to be conducted for members of the School Council of Thomastown West Primary School.

Nomination forms may be obtained from the school and must be lodged by 4.00pm on Friday 25th February 2022.

Following the closing of nominations, a list of the nominations received will be posted at the school by Friday 4th March 2022. If a ballot is necessary, it will close at 4.00 pm on Friday 11h March 2022.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership Category	Term of Office	Number of positions
Parent Member	From the day after the date of the Declaration of the poll in 2022 and inclusive of the date of the declaration of the poll in 2022	6
DET Employee	From the day after the date of the Declaration of the poll in 2022 and inclusive of the date of the declaration of the poll in 2022	2

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Sandi Young

The categories of membership explained:

- 1. A mandated elected Parent category more than one-third of the total members must be from this category. Department of Education and Training (DET) employees can be Parent members at their child's school as long as they are not engaged in work at the school.
- 2. A mandated elected DET employee category members of this category may make up no more than one-third of the total membership of School Council. The principal of the school is automatically one of these members.
- 3. An optional Community member category members are co-opted by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.

Generally, the term of office for all members is two years. The term of office of half the members expires each year, creating vacancies for the annual School Council elections.

Why is Parent membership so important?

Parents on School Councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a School Council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?

The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant. This way you have input into who will be representing you.

The other way is to nominate yourself or nominate someone you would like to see on council.

School Council Elections 2022

Schedule 5A: Self-nomination Form for Parent Member Category

I wish to declare my candidacy for an elected position as a parent/guardian representative on the Thomastown West Primary School Council.

Name:	•••••			
Residential address:				
Home telephone: Busine	ess telep	hone		
Email:				
I am the parent/guardian ofwho is/a	are curre	ently enroll	ed at this school.	
I am an employee of the Department of Education and Trai	ining.	Yes / No	(please circle)	
I am prepared to serve as a Parent member of the above-na	amed So	chool Coun	icil.	
I hereby declare that I am not an undischarged bankrupt an tence for an indictable offence.	nd that I	am not cu	rrently serving a se	•n-
Signature of Candidate	D	ate / ,	/	

You will be notified when your nomination has been received.

- ➤ Personal information provided in this form is collected as part of the School Council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.
- ➤ Your name will be included in a list of School Council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable).
- You can access your personal information by contacting the principal on 94654317
- ➤ You may choose not to give some or all of the information requested; however, your nomination may not be accepted. If you have any queries about the School Council nomination process, please contact the principal, Sandi Young





Students had to use their critical thinking skills in STEM this week as they helped "Save Fred" from his overturned boat! It was amazing to see them working together in teams and using many different problem-solving skills.

They also further investigated our classroom pets who now have names! Tokyo and Tiko! Well done to everyone who suggested a name for our Spiny Leaf Stick Insects.

Mrs Bufalino STEM Teacher



PARENT PAYMENTS POLICY

ONE PAGE OVERVIEW



FREE INSTRUCTION

- Schools provide students with free instruction and ensure students have free access to all items, activities and services that are used by the school to fulfil the standard curriculum requirements in Victorian Curriculum F-10, VCE and VCAL.
- Schools may invite parents to make a financial contribution to support the school.

PARENT PAYMENT REQUESTS

Schools can request contributions from parents under three categories:



Curriculum Contributions

Voluntary financial contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum.

Other Contributions

Voluntary financial contributions for noncurriculum items and activities that relate to the school's functions and objectives.

Extra-Curricular Items and Activities

Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis.

 Schools may also invite parents to supply or purchase educational items to use and own (e.g. textbooks, stationery, digital devices).



FINANCIAL HELP FOR FAMILIES

- Schools put in place financial hardship arrangements to support families who cannot pay for items or activities so that their child doesn't miss out.
- Schools have a nominated parent payment contact person(s) that parents can have a confidential discussion with regarding financial hardship arrangements.



SCHOOL PROCESSES

Schools must obtain school council approval for their parent payment arrangements and publish all
requests and communications for each year level on their school website for transparency.



TERM DATES 2022

Term	Starting date	Finishing date
Term 1	Monday 31st January**	Friday 8 th April
Term 2	Tuesday 26 th April	Friday 24 th June
Term 3	Monday 11 th July	Friday 16 th September
Term 4	Monday 3 rd October	Tuesday 20 th December

^{**} Teachers start back on Friday 28th January, Grade 1-6 students start on Monday 31st January 2022 **

PLEASE NOTE

✓ Prep students will commence school on Thursday 3rd February and attend school every day EXCEPT Wednesdays. See below:

Wednesday 9 th February	Prep Assessment Days:
Wednesday 16 th February	Students only attend school at the time of their interview.
Wednesday 23 rd February	Your child's classroom teacher will post you your child's interview time.

- ✓ Prep students attend school five days a week 8:45am 3:15pm from Monday 28th February.
- ✓ Please make sure your child knows that you will pick him or her up from outside the Prep classroom.

TWPS SCHOOL TIMES

8:00am – 8:30am	Breakfast Club is a FREE before school care service provided by the school
8:30am – 8:40am	Arrive at school
8:45am	School Lessons begin
10:50am – 11:20am	Morning Recess
11:20am – 1:20pm	School Lessons continue
1:20pm – 1:30pm	Students eat lunch in their classroom
1:30pm – 2:15pm	Outside play
2:15pm – 3:15pm	School Lessons continue
3:15pm	School finishes
3:15pm – 6:00pm	OSHClub is our provider for our after school care service.

Hello everyone!

Its good to see everyone getting back into the normal school routine. This week I found out about a great activity, which encourages positive self-talk and is an amazing way to boost self-esteem and develop positive thinking. This is an activity you can do with the family or even practice it yourself.

Self-talk is the inner voice in your mind, and it can have a big influence on how we feel about who we are. Positive self-talk is when we talk to ourselves in a reassuring, kind way instead of constantly putting ourselves down. Having a more positive self-talk can help reduce stress, improve self-esteem, increase motivation and overall improve mental health.

This is an activity designed for young children to boost their self-talk and remind them of their strengths.

Simply look at a list of positive adjectives and ask the children to choose adjectives for the following categories:

- > 5 strengths they think they have
- > 5 strengths they would like to see in themselves
- 5 strengths they think they would need to show to do better at school
- Pick a positive adjective that starts with the same alphabet as their first name (e.g. punctual penny)

This activity encourages young people to remember their own strengths, and can help them learn the many different strengths a person can have.

When you catch your child thinking too negatively on things, ask them to write down some positive adjectives they remember and look for the positives in the situation. Remind your children of the strengths they picked for themselves and the strengths they chose to grow in.

	pos	itive Adjec	tives	
Adaptable	Courteous	Friendly	Just	Punctual
Adventurous	Curious	Fun	Kind	Purposeful
Affectionate	Decisive	Fun-loving	Lively	Quick-witted
Alert	Dependable	Generous	Loving	Radiant
Ambitious	Determined	Gentle	Loyal	Realistic
Amiable	Dexterous	Genuine	Merry	Reflective
Astute	Diligent	Giving	Motivated	Reliable
Attentive	Diplomatic	Graceful	Motivational	Resourceful
Authentic	Dynamic	Gracious	Nurturing	Sincere
Aware	Earnest	Happy	Observant	Sociable
Awesome	Encouraging	Hardworking	Open	Social
Bold	Energetic	Honest	Open-hearted	Strong
Brave	Engaging	Hopeful	Open-minded	Sympathetic
Calm	Enthusiastic	Humble	Optimistic	Trusting
Capable	Fair	Humorous	Organized	Trustworthy
Caring	Fearless	Idealistic	Outgoing	Upbeat
Compassionate	Flexible	(maginative	Patient	Vivacious
Confident	Focused	Innovative	Persistent	Warm
Considerate	Forgiving	Insightful	Playful	Welcoming
Consistant	Forthright	Intuitive	Positive	Wise
Courageous	Free-spirited	(nventive	Precise	Zany

Angelique Vardis

Student Wellbeing



Stars of the Week

Term 1 - Week 5

Steven	2	For being an active listener and always trying his best.
Alana	3	For great duck handing of words during the Parent Information session.
Meryem	5	For settling into her new school with positivity and enthusiasm.
Joey	6	For being a superstar during our maths sessions.
Jana	19	For being such a responsible captain during reading groups.
Suyana	20	Striving to be her best for always going the extra mile in every piece of work.
Moayad	9	For supporting and assisting his friends in the classroom
Saim	10	For listening actively in class and striving to be his best when completing his class tasks.
Dion	11	For the brilliant sentences he constructed in his narrative writing!
Mikaela	12	For always being super helpful to others in the classincluding her teachers! Mikaela you are a valued member of our classroom.
Ava	15	For demonstrating independent work habits, and always being a respectful and active listener during learning time.
Bell	17	For her excellent contributions to class discussions, and for always being an active participant in learning tasks.
Alie	18	For demonstrating excellent sportsmanship, and encouragement to her peers. Well done for always supporting others and celebrating their successes.
Harry		Music: For striving to be his best and doing a great job on his rap music piece.
Joanna		STEM: For striving to be her best and doing a great job with her factual report in stem.

















Stars of the Week



Term 1 - Week 5





EVERY DAY OF LEARNING COUNTS

Term 1 Week 5 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. The Government regard 95% as the minimum satisfactory attendance for a school student.

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	76%	87%	Room 9	86%	78%
Room 3	79%	70%	Room 10	86%	82%
Year 1/2	Last Week	This Week	Room 11	81%	67%
Room 5	71%	72%	Room 12	80%	77%
Room 6	87%	88%	Year 5/6	Last Week	This Week
Room 19	67%	86%	Room 15	75%	56%
Room 20	82%	79%	Room 17	69%	46%
			Room 18	77%	46%

EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

√they learn better √they make friends √they are happier √they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence	
190 days of						
education	180 days of					
	education	178 days of				
		education	171 days of education			
			education	161 days of		
				education	152 days of education	
100%	95%	94%	90%	85%	80%	
Very	Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress.		



Congratulations to Room 19 with

254 Dojo points

You are the class with the highest number of dojos this week!

At Thomastown West Primary School we believe the following:

At this school we all have the right to do as much work and learning as possible.

At this school we all have the right to feel comfortable and safe.

We have 5 key school VALUES which we promote and base our expected behaviours on. As a community of learners we are:



DOJO MASTER

When you collect 30 DOJO points in a particular value y ou will receive a DOJO Master Badge









The class with the most amount of Dojos each week will win the Dojo Cup at our weekly assemblies. The class with the most amount of victories in a term will win a special prize to celebrate the classes success!



Top Dojo Earners of Week 5 Term 1

Prep	Steven L 4 Dojos
Grade	Haneen & Ali-Reza
1/2	18 Dojos
Grade	Milly & Moeses
3/4	10 Dojos
Grade	Necibe
5/6	6 Dojos
Top earner across the school!	Haneen & Ali-Reza 18 Dojos





FRIENDLY REMINDER: ALL STUDENTS MUST WEAR THEIR HATS FROM MONDAY.

Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

- 1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
- 2. Support priority populations to detect cancers earlier.
- 3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sunprotective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

https://www.sunsmart.com.au/



Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school <u>VALUES</u> which we encourage everyone to *live* by our school values:

Respect Responsibility Resilience Empathy and Strive to be our best

We teach the children that:

- √ Values guide the way we think, speak and behave.
- √ Values help us to decide what is right and what is wrong.

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.







Thomastown Neighbourhood House presents PICNIC Saturday 19 March Kids Free **Activities** Community 12pm- 4pm and Fun Day! Craft **TRAC Thomastown - Outdoor Area** 52-54 Main St, Thomastown (next to Library) Bring a picnic blanket & snacks Proudly produced with the Lalor Thomastown Multicultural Arts Festival **Multicultural** Markets and Music and

Dance

Supported by the City of Whittlesea's Community Event Funding Program

Circus Show

Vaccination certificate or proof of exemption (18+) required on entry Further information please visit: www.tnh.org.au







Available on Wednesday & Fridays only

Online Orders ONLY No Cash payments accepted



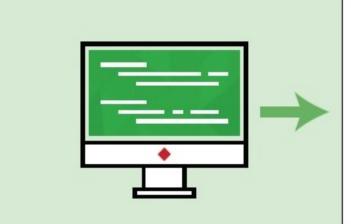


SALAKS: FAST FOODS:	AN SCHOOL		CANTEENS	
FRESH FRUIT SALAD: (H) \$3.50 TWIN PARTY PIES: (H) \$2.50	SNACKS:		FAST FOODS:	
SWEET YOHURT WITH GRANOLA: (H) \$3.00 HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H) TOASTED SANDWICHES: CHEESE: (H)(V) \$3.20 HOTDOG: (H) \$4.00 HOTDOG: (H) \$4.	NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H) TOASTED SANDWICHES: CHEESE (H)(V) S3.20 HOTDOG: (H) S4.00 CHEESE & TOMATO: (H)(V) S3.30 MINI RICOTTA & SPINICH ROLLS: (H) (V) S4.00 CHEESE & TOMATO: (H)(V) S3.30 MINI RICOTTA PASTRY: (H) S4.00 CHICKEN STILLING COSTS S0.50 EXTRA TOASTED PANINI / WRAPS: TANDOORI CHICKEN WRAP: (H) Homemade crumb chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN STITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) S3.00 EGG & MAYONAISE (H) HAM CHEESE S4.00 VEGEMITE & CHEESE (V) VEGEMITE S2.70 SALAD S4.00 EXTRAS: HOME MADE SAUSAGE ROLL: (H) S4.00 CHICKEN SALDS: (H) S4.00 CHICKEN SAUSHER STILLS: (H) S4.00 CHICKEN SAUSHER SAUCE: (H) S4.00 PENNE WITH SOUGRAISE SAUCE: (H) S6.00 PENNE WITH BOLOGNAISE SAUCE: (H) S6.00 PENNE WITH BOLOGNAISE SAUCE: (H) Wish source sauce. CHOOLAND S0.30 TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, couscous, with a citrus dressing. (H) TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) EGEMITE & CHEESE (V) S3.20 EXTRAS: CHEESE S0.50 DRINKS: CHEESE S0.50 DRINKS: S5.50 DRINKS: S5.50 DRINKS: S5.50 DRINKS: S5.50 DRINKS: S5.50 TOMATO S0.30 TROPICAL FILUT JUICE BOX S1.50 DRINKING YOGHURT S2.20 CHOCOLATE MILK S2.20	FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
AND HOMEMADE PITA CRISP. (H) S4.00 HOME MADE SAUSAGE ROLL; (H) S4.00 CHESSE (H)(V) S3.50 MIN RICOTTA & SPINICH ROLLS; (H) (V) S4.00 CHESSE & TOMATO; (H)(V) S3.50 MIN RICOTTA PASTRY; (H) S1.50 CHICKEN EXTRA FILLING COSTS S0.50 EXTRA SEACH EXTRA FILLING COSTS S0.50 EXTRA SEACH EXTRA FILLING COSTS S0.50 EXTRA SEACH S0.80 TANDOORI CHICKEN WRAP; (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP; (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chill mayonnaise. S5.50 MILD SALAMI PANINI; A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; A roll filled with spinach, tomato, cheese and mild mustard. S5.50 MILD SALAMI PANINI; S5.50 MIL	SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
CHEESE: (H)(V) \$3.20 HOTDOG: (H) \$4.00 CHEESE & TOMATO: (H)(V) \$3.50 MINI RICOTTA PASTRY: (H) \$1.50 HAM & CHEESE \$4.00 CHICKEN NUGGETS: (H) \$6.50 *EACH EXTRA FILLING COSTS *EXTRA \$6.90 \$6.80 *TOASTED PANINI / WRAPS: *EACH \$0.80 *TANDOORI CHICKEN WRAP: (H) *EMERA \$5.50 *TOMATO Sulver Extra \$5.50 *CHICKEN SNITZEL WRAP: (H) **CHICKEN SNITZEL WRAP: (H) \$6.00 *HOM MEALS: **S.50 *MILD SALAMI PANINI: \$5.50 *A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. \$5.50 *HAM PANINI: **A roll filled with spinach, tomato, cheese and mild mustard. **S.50 *A roll filled with spinach, tomato, cheese and mild mustard. **S.50 **SANDWICHES: **S.50 **TASTY CHEESE (H)(V) \$3.30 **BAM PANINI: **A roll filled with spinach, tomato, cheese and mild mustard. **S.50 **BAM PANINI: **A roll filled with spinach, tomato, cheese and our series filled with spinach, tomato, cheese and mild mustard. **S.50 <td></td> <td>\$4.00</td> <td>HOME MADE SAUSAGE ROLL: (H)</td> <td>\$4.00</td>		\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
### ### #############################		_		
*EACH EXTRA FILLING COSTS \$0.50 EXTRA TOASTED PANINI / WRAPS: TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE SALAD VEGEMITE & CHEESE (V) VEGEMITE & CHEESE (V) VEGEMITE SALAD EXTRA POTATO WEDGES: (H)(V) SOLOS HOMATO SAUCE EXTRA SOLOS PENNE WITH BOLOGNAISE SAUCE: (H) FENNE NAPOLI SAUCE: (H)(V) SS.50 HOUSEMADE SALADD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H) TRADITIONAL GREEK STYLE SALAD: Amix of cucumber, tomato, olives, kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) VEGEMITE SALAD SALA	CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
*EACH EXTRA FILLING COSTS EXTRA EXTRA	HAM & CHEESE	\$4.00		4
TOASTED PANINI / WRAPS: TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) SGG & MAYONAISE (H) HAM CHEESE SALAD SALAD SEGG & MAYONAISE (H) SALAD SALA	*EACH EYTRA FILLING COSTS	\$0.50		
TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE S4.00 VEGEMITE & CHEESE (V) VEGEMITE & CHEESE (V) S3.20 EXTRAS: TOMATO S0.30 EXTRAS: WITH SOUR CREAM/SWEET CHILLI \$4.00 TOMATO SAUCE EXTRA \$0.25 TOMATO SAUCE (H) (V) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 PENNE WITH BOLOGNAISE SAUCE: (H) \$6.00 HOUSEMADE SALADE: Aricotta & SPINICH CANNALONI: (H)(V) \$5.50 TRADITIONAL GREEK STYLE SALAD: Armix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing, (H) YEGEMITE \$2.70 SALAD \$4.00 PENNE WITH SOUR CREAM/SWEET CHILLI TOMATO SAUCE: WITH BICE: (H) \$6.00 **TRADITIONAL GREEK STYLE SALAD: Armix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing, (H) (V) **S5.50 **S5.50 **S5.50 **S5.50 **S6.50 **S6.50 **S6.50 **S6.50 **DOLOGNAISE SAUCE: (H) **S6.00 **S6.00 **DOLOGNAISE SAUCE: (H) **S6.00 **S6.00 **DOLOGNAISE SAUCE: (H) **S6.00 **S6.00 *	EACH EXTRA FILLING COSTS	EXTRA	► EACH	\$ 0.80
Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE \$4.00 YEGEMITE & CHEESE (V) VEGEMITE \$5.50 TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) VEGEMITE \$5.50 EXTRAS: CHEESE \$0.50 DRINKS: TOMATO \$5.50 TROPICAL FRIUT JUICE BOX \$5.50 TROPICAL FRIUT JUICE BOX \$5.50 CHECOLAT MIKE YOLL \$5.50 TROPICAL FRIUT JUICE BOX \$5.50 CHECOLAT MIKE YOLL \$5.50 TROPICAL FRIUT JUICE BOX \$5.50 CHOCOLATE MILK \$2.20 CHOCOLATE MILK \$2.20				
tandoori spices with baby spinach, tomato and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE & CHEESE (V) VEGEMITE & CHEESE (V) VEGEMITE SALAD SALA			➤ WITH SOUR CREAM/SWEET CHILLI	\$4.00
and cucumber yoghurt sauce. CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE & CHEESE (V) VEGEMITE SALAD		\$5.50	TOMATO SAUCE EXTRA	\$0.25
Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) \$3.00 EGG & MAYONAISE (H) \$3.50 HAM CHEESE \$4.00 VEGEMITE & CHEESE (V) \$3.20 EXTRAS: CHEESE \$0.50 DRINKS: TOMATO \$0.30 CUCUMBER \$0.30 CUCUMBER \$0.30 CUCUMBER \$0.30 CUCUMBER \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$5.20 STRAWBERRY MILK \$5.20 STRAWBERRY MILK \$5.20 STRAWBERRY MILK \$5.20			HOT MEALS:	
with lettuce, tomato, cheese and our sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE & CHEESE (V) VEGEMITE SALAD SA	,		BUTTER CHICKEN WITH RICE: (H)	\$6.00
sweet chilli mayonnaise. MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE SALAD SALAD EXTRAS: EXTRAS: PENNE NAPOLI SAUCE: (H)(V) \$5.50 RICOTTA & SPINICH CANNALONI: (H)(V) \$6.00 HOUSEMADE SALADS: HAUGH CHICKEN SALAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H) TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) VEGEMITE SALAD		\$5.50	PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE SALAD SALA		300	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese. HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE SALAD SAL				\$6.00
HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) \$3.00 EGG & MAYONAISE (H) \$3.50 HAM CHEESE \$4.00 VEGEMITE & CHEESE (V) \$3.20 VEGEMITE & CHEESE (V) \$3.20 EXTRAS: CUCUMBER \$0.50 DRINKS: TOMATO \$0.30 CUCUMBER \$0.30 LEMON THYME CHICKEN SALAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H) TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) FOR IT		\$5.50		40.00
A roll filled with spinach, tomato, cheese and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) \$3.00 EGG & MAYONAISE (H) \$3.50 HAM CHEESE \$4.00 VEGEMITE & CHEESE (V) \$3.20 VEGEMITE & SALAD \$4.00 SALAD \$4.00 EXTRAS: DRINKS: TOMATO \$0.30 CUCUMBER \$0.30 CUCUMBER \$0.30 CUCUMBER \$0.30 ETHINITE CHICKEN SILAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H) TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) VEGEMITE \$2.70 ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20			HOUSEMADE SALADS:	
and mild mustard. SANDWICHES: TASTY CHEESE (H)(V) \$3.00 dressing. (H) EGG & MAYONAISE (H) \$3.50 HAM CHEESE \$4.00 VEGEMITE & CHEESE (V) \$3.20 with an herb and olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) VEGEMITE \$2.70 SALAD \$4.00 in house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 EXTRANDER WILK \$2.20 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20		4	LEMON THYME CHICKEN SALAD:	
SANDWICHES: TASTY CHEESE (H)(V) EGG & MAYONAISE (H) HAM CHEESE VEGEMITE & CHEESE (V) VEGEMITE SALAD SALAD SALAD EXTRAS: CUCUMBER SOLOD SOLOT SOLOD SO		\$5.50		
TASTY CHEESE (H)(V) \$3.00 dressing. (H) EGG & MAYONAISE (H) \$3.50 HAM CHEESE \$4.00 VEGEMITE & CHEESE (V) \$3.20 with an herb and olive dressing. (H) (V) VEGEMITE \$2.70 SALAD \$4.00 In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20				\$5.50
EGG & MAYONAISE (H) HAM CHEESE \$4.00 VEGEMITE & CHEESE (V) VEGEMITE \$2.70 SALAD		\$3.00		
A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V) VEGEMITE \$2.70 ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 TROPICAL FRIUT JUICE BOX LETTUCE \$0.30 DRINKING YOGHURT \$2.50 BEETROOT \$0.30 CHOCOLATE MILK \$2.20 CHOCOLATE MILK \$2.20		-		
VEGEMITE & CHEESE (V) VEGEMITE \$3.20 with an herb and olive dressing. (H) (V) VEGEMITE \$4.00 SALAD \$4.00 EXTRAS: CHEESE \$0.50 DRINKS: TOMATO \$0.30 CUCUMBER \$0.30 LETTUCE \$0.30 DRINKS: TOPICAL FRIUT JUICE BOX BEETROOT \$0.30 CHOCOLATE MILK \$2.50 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20				¢E 00
VEGEMITE \$2.70 ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 GOOML \$2.00 LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20				\$5.00
SALAD \$4.00 In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 FROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20				
Zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 G00ML \$2.00 LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20				
EXTRAS: baby spinach & a balsamic glaze. (H) (V) CHEESE \$0.50 DRINKS: TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 600ML \$2.00 LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20	SALAD	\$4.00		\$5.50
TOMATO \$0.30 SPRING WATER 220ML \$1.20 CUCUMBER \$0.30 600ML \$2.00 LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20	EXTRAS:			
CUCUMBER \$0.30 600ML \$2.00 LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20	CHEESE	\$0.50	DRINKS:	
LETTUCE \$0.30 TROPICAL FRIUT JUICE BOX \$1.50 BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20				
BEETROOT \$0.30 DRINKING YOGHURT \$2.50 CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20		_	***************************************	
CARROT \$0.30 CHOCOLATE MILK \$2.20 STRAWBERRY MILK \$2.20		_		-
STRAWBERRY MILK \$2.20				
	CARROT	\$0.30		
	Please turn over for more information rega	rding the		



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au



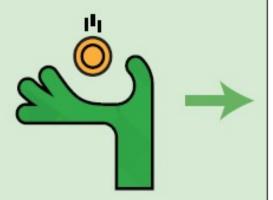
I. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.





3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)



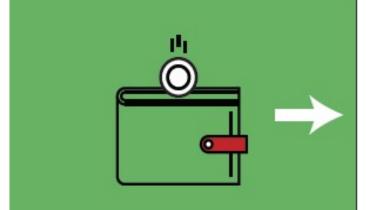
4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.





NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915

OUR UNIFORM SHOP

THOMASTOWN ON-CAMPUS STORE

BELEZA TRADING HOURS

OPEN!

2022

		TERM 1		
JANUARY	Thurs 27th	Fri 28th	Mon 31st	
	10am - 3pm	10am - 3pm	10am - 3pm	
			=.	
FEBRUARY	Tues 1st	Tues 8th	Tues 15th	Tues 22nd
	1pm - 4pm	1pm - 4pm	1pm - 4pm	1pm - 4pm
	Tues 1st	Tues 8th	Tues 15th	Tues 22nd
MARCH	1pm - 4pm	1pm - 4pm	1pm - 4pm	1pm - 4pm
	Thur - Indr	Thur - Indi	трііі - трііі	Thui - 4biii
MARCH	Tues 29th			
	1pm - 4pm			
APRIL	Tues 5th			1
	1pm - 4pm			
		TERM 2		
APRIL	Tues 26th			
	1pm - 4pm			
MAY	Tues 10th	Tues -24th		
	1pm - 4pm	1pm - 4pm		
	Tues 7th	Tues 21st		-
JUNE	Tues 7th	Tues 21st		
	1nm - 4nm	1nm - 4nm		I



Rapid antigen self-tests

Rapid antigen test packs

will be sent home MONDAY afternoon.

More information

Coronavirus Hotline - 1800 675 398

or

www.coronavirus.vic.gov.au/ getting-tested

What is a rapid antigen test?

Rapid antigen tests can be used at home to check if you may have COVID-19. Most rapid antigen tests will provide you with a result in 15 to 30 minutes. Do not eat or drink 30 minutes before doing a saliva rapid antigen test.

Always follow the instructions and watch the linked videos within your rapid antigen test kit carefully on how to do your test.

These tests are faster but less accurate than a standard (PCR) test that you can get at a COVID-19 testing site.

There are currently two types of rapid antigen tests available:

- · Saliva this test involves spitting into a tube or sucking on a swab
- Nasal swab this test involves swabbing each nostril.

When to use a rapid antigen test

Rapid antigen tests can be used:

- if you have symptoms
- are a contact of someone who has tested positive for COVID (household, education, workplace or social)
- if you want to guickly check if you may have COVID-19
- as part of a surveillance program such as one organised by your school or employer
- · when recommended by the Victorian Department of Health

When to get a standard (PCR) test

You should take a standard (PCR) test at a testing site if you:

- have symptoms or are a contact of someone who is a COVID case and cannot access a rapid antigen test
- if you do not have symptoms and are not a contact of a COVID case, but you have tested positive on a rapid antigen test
- · when otherwise recommended by the Department of Health

Where to get a rapid antigen test

Rapid antigen tests are available from some supermarkets, pharmacies, select testing sites (you can find the nearest testing site to you at: https://www.coronavirus.vic.gov.au/where-get-tested-covid-19) or online.

More info at https://www.coronavirus.vic.gov.au/checklist-contacts



Rapid antigen self-tests 2

How to store your rapid antigen test

- Store the test kit in a cool, dry place under 30 °C
- Do not freeze the kit or its components
- · Do not store the test kit in direct sunlight

What does your rapid antigen result mean?

Result	What it means	What to do next	
Negative	It is unlikely you have COVID-19, especially if you have no symptoms.	Monitor for symptoms	
POSITIVE T T T T	You likely have COVID-19.	 Report your test on the Service Victoria app or by going to www.coronavirus.vic.gov.au/report Isolate for seven days and tell your contacts. 	
INVALID c c T	The test has not worked. You need to repeat the test.	You will need to repeat the test Invalid again? • Get a standard COVID (PCR test). Positive? • As per the positive result instructions. Negative? • As per the negative result instructions.	

Recording results

If you test positive on a rapid antigen test, you are a case. You must report your positive rapid antigen test result as soon as you can. To report your result, call the Coronavirus Hotline at 1800 675 398, or fill in this online form: www.coronavirus.vic.gov.au/report

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.

© State of Victoria, Australia, Department of Health, January 2022.





Face masks What you can and cannot wear in public



A fitted mask needs to be worn covering both your nose and mouth.



You can wear a face shield only if it is worn with a fitted face mask.



A fitted snood or gaiter can be worn covering both your nose and mouth.

There are two types of face masks you can wear: cloth masks and surgical masks with no one-way valves.

- Cloth masks are made of washable fabric and can be washed and re-used.
 - Surgical masks are single-use masks and cannot be washed or re-used.



You cannot wear a bandana.



You cannot wear a face shield on its own.



You cannot wear a loose snood or gaiter.

How to put your mask on



Step 1: Clean your hands with soap and water or hand sanitiser before putting on the mask.



Step 2: Make sure the mask is not damaged or dirty before putting it on.

Secure the ties at the back of the head and neck or place the ear loops over the ears.

Make sure the mask covers your nose and mouth and fits snugly under your chin, over the bridge of your nose and against the sides of your face.



Step 3: Do not touch the front of the mask while wearing it. If you do touch the mask, clean your hands with soap and water or hand sanitiser.

Do not wear the mask under your nose, around your neck or anywhere else other than over your nose and mouth.

How to take your mask off



Step 1: Clean your hands with soap and water or hand sanitiser before removing the mask

Step 2: Carefully remove your mask by grasping the ear loops or untying the ties. For masks with a pair of ties, unfasten the bottom one first, then the top one.

Step 3: If your mask has filters, remove them and throw them in a rubbish bin. If your mask is a single-use surgical mask, throw it in a rubbish bin – it should not be reused.



Step 4: If the mask is a reusable cloth mask, put it directly into the laundry or into a washable bag for laundering in hot soapy water.

Step 5: Clean your hands with soap and water or hand sanitiser after removing the mask.

Note: this information is not for use in health care and support worker settings.

To receive this document in another format email COVID19InfectionControl (DHHS) <COVID19InfectionControl@dhhs.vic.gov.au>

VICTORIA State Government





Newsletter

February 2022





Coming Up..

29th Feb

Shrove Tuesday

√ Yummy Pancakes

29th Feb Art Master Class

✓ Clay Sculpting

31st Feb Sports Superstars

√ Handball Heroes



"I am a girl Robot. I am made from boxes and coloured paper." Alira 5 years old

"Making robots is fun! I love making things at Oshclub." Cassandra, 8 years old



Check this out...

Art Master Class. Print making using leaves, fruit skin, sponges and fingers...



Program hours: Monday-Friday, 3:15-6:15pm

Program phone: 0407 372 056

Program email: thomastownwest@oshclub.com.au



Thomastown West OshClub

Newsletter

February 2022







***COMPETITION TIME!! *** SIMPLY ATTEND AN OSHCLUB SESSION FOR A CHANCE TO WIN.

See below for details.



Program hours: Monday-Friday, 3:15-6:15pm

Program phone: 0407 372 056

Program email: thomastownwest@oshclub.com.au



Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence

