

Thomastown West Primary School NEWSLETTER



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No. 29 12th October 2018

IMPORTANT DATES

Mon-Thurs	15-18 Oct	BOOK FAIR
Tue	16 Oct	2019 Prep Interviews
Wed	17 Oct	KABOOM SPORTS!!! 9:15am - 11:15am Parents & Carers Welcome!
Fri	19 Oct	5/6 Inter-School Sport @ Epping Views
Fri	19 Oct	Year Level Assembly
Tue	23 Oct	3/4 T-20 Cricket
Wed-Fri	24-26 Oct	Student Support Group Meetings
Fri	26 Oct	5/6 Inter-School Sport @ TWPS
Fri	26 Oct	Whole School Assembly
Tue	30 Oct	3/4 T-20 Cricket
Tues	30 Oct	School Council Meeting
Fri	2 Nov	Whole School Assembly
Mon	5 Nov	Teacher Report Writing day STUDENTS DO NOT ATTEND SCHOOL
Tue	6 Nov	Melbourne Cup Public Holiday STUDENTS DO NOT ATTEND SCHOOL
Wed	7 Nov	3/4 Swimming
Wed	7 Nov	Year 5/6 MUSIC PERFORMANCE NIGHT
Thur	8 Nov	Year 3/4 MUSIC PERFORMANCE NIGHT
Fri	9 Nov	Prep Farm Excursion
Mon	12 Nov	3/4 Swimming
Tue	13 Nov	3/4 Swimming
Wed	14 Nov	3/4 Swimming
Wed	14 Nov	2019 Prep Transition Session 1

From the Principal

Welcome to term four! I hope you had a wonderful time during the holidays and enjoyed some extra time with family and friends. It was fabulous to see so many smiling faces on Monday as we gear up for a very busy term.

School Uniform

Thank you and well done to all of the students who wore full school uniform this week!

Wearing the compulsory school uniform *fosters pride in the school and unifies students from various backgrounds into a more cohesive school community. It also encourages children to live our school values*, identify with the school and helps to break down discrimination by removing peer pressure to conform to passing fashion trends.

If you need to purchase uniform supplies, the 'School Uniform' shop is located at Thomastown Secondary College and is open for sales every Tuesday afternoon in Term 4 between 2.00pm and 4.00pm. Remember, we have a new uniform supplier: **Beleza**.

Hats

Children must wear school sun hats during Term 4 when outside. Hats protect the face, neck and ears. At TWPS students wear a legionnaire style of hat.

No hats, no play: Students not wearing an appropriate hat will have to remain in the shade that is offered outside the Prep rooms, near Room 2 & 8.

Hats can be purchased from the office for \$10. Please make sure that it is named!

Lost Property

Please come into the office and check our lost property collection which ranges from clothes to jewellery, lunch boxes to drink bottles and beyond. Please check your current uniforms at home so that all items are named, as overtime labels fade.

Assembly Reminder

Beginning next Friday, we will hold our separate Year Level assemblies (each fortnight) in our different buildings.

Prep - 2 students - Junior building

3/4 students - 3/4 buildings

5/6 students - Multi-Purpose Room

- ✓ Year Level assemblies will be held 2:30pm - 3:10pm
- ✓ Parents & Carers are welcome to attend and are encouraged to join their child in the relevant building.
- ✓ The National Anthem and Star of the Week will be broadcast over the PA system before the individual year Level assemblies begin school.



Fun with Prep!

Parent requests to the Principal

As I mentioned in our previous newsletter, teachers will begin working on the 2019 grade placements very soon. If you have any concerns or important information regarding your child's grade placement for 2019 **please put these in writing and address the envelope, marked confidential, to Sandi Young by Friday 19th October 2018.**

Are you leaving?

It is very important for us to have accurate enrolment numbers for children attending TWPS in 2019. This allows us to achieve the best possible class structures and class sizes can be organised to maximise student engagement, wellbeing and learning.

We understand that some families are moving houses and there may be schools that are closer to your new address. We will support your child and their transition to a new school. **Please contact us as soon as possible to let us know if your child/children will not be attending TWPS in 2019.**

Enrol now. Do not miss out!

There are still a number of families who have not yet enrolled their prep child for 2019. Please collect an enrolment form from the office to complete and return it to school as soon as possible. Do not miss out on the 2019 Prep students Orientation/Transition program later this term.

Orientation / Transition Program for our 2019 Preps

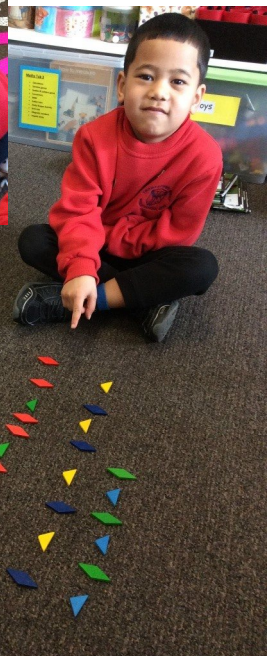
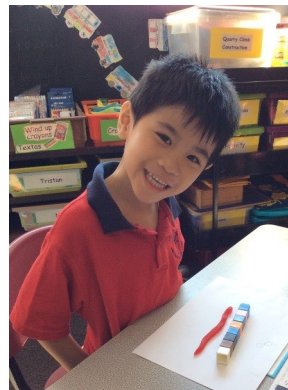
It's not long now until our Prep Orientation/Transition Program begins! Our valuable program connects our new Preps with our wonderful school and its procedures. The dates include:

- ✓ Wednesday 14th November
- ✓ Wednesday 21th November
- ✓ Wednesday 28th November

Parents & Carers also remain at school during this time for the Information sessions presented by the Prep teachers, Mr Downing and myself. Our School Uniform Shop *Beleza* will be at school for the final session on Wednesday 28th November for parents to place uniform orders, make payments and have their children try the uniforms on.

**Education is Powerful, Student Voice Matters,
Teachers Make a Difference & Every Day Counts!**

Sandi Young
Principal

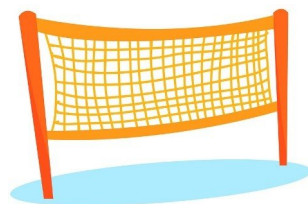


Volley Ball

Congratulations to our volleyball teams that participated in today's Whittlesea Division Volleyball round robin.

While both teams didn't progress to the next round, they can be really pleased with their efforts and ability to work well as a team.

A special mention to William T (Room 20), who was recognised by an official at the event, displaying all of our school values as well as strong leadership and overall admirable personal qualities. Well done!



Parent Code of Conduct at Thomastown West PS

A code of conduct for parents and visitors ensures that everyone who visits the school site is able to do so in a safe and harmonious manner and to ensure that students, staff, parents and other visitors are not subjected to aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.

We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.





Stars of the Week



Term 4 - Week 1

Room 1	Zayne	Room 10	Aggelos
Room 2	Emele	Room 11	Harmony
Room 3	Rhyanna	Room 12	Sanaaa
Room 4	Fatma	Room 16	Ruky
Room 5	Benjamin	Room 17	Yassin
Room 6	Husni	Room 18	Gabrielle
Room 8	Selena	Room 19	Zahraa
Room 9	Rogaieh	Room 20	Oneli



Hi everyone!

I hope you all had a fantastic holiday break and are feeling refreshed and ready for Term 4!

It is very important that we finish the school year with **strong attendance**. **EVERY DAY OF LEARNING COUNTS!** Students need to attend school EVERY DAY Monday to Friday, every week, unless they are unwell.

CONGRATULATIONS

Well done to the following students who had perfect 100% attendance for Term 3. All students who come to school every day for a whole term receive certificates and go into a prize draw to win cool prizes.



Natasha (Room 1)

Alan (Room 1)

Eric (Room 2)

Stephanie (Room 2)

Raha (Room 2)

Alex (Room 2)

Charles (Room 4)

Mary (Room 5)

Kabir (Room 8)

Tina (Room 11)

Jamie (Room 12)

Paria (Room 12)

Dong (Room 12)

Hudson (Room 12)

Anthony (Room 16)

Andrew (Room 16)

Dakota (Room 19)

Simon (Room 19)

Ella (Room 19)

Yekta (Room 19)

Mohammed (Room 19)

Destiny (Room 20)

Jack (Room 20)



WHAT DO STUDENTS LIKE MOST ABOUT COMING TO SCHOOL?

"I enjoy doing special activities and learning new things"

Lucas, Room 12

"I like maths and sports"

Malloh, Room 16

"My favourite subject is writing, I like learning what words mean"

Adrijanna, Room 18

"I like it when my teacher says I am doing great work"

Tina, Room 16

"I like learning and playing with my friends"

Leo, Room 10

"I like drawing" Emele, Room 2

"I really like the teachers, the playground and specialist classes"

Kevin, Room 9

"I enjoy playing with my friends and reading"

Tiarna, Room 17

"Music is my favourite, I love playing the ukulele"

Nadeen, Room 19

"I like how the teachers encourage you to learn"

Rukyi, Room 16

"I like being part of the school family"

Miravenus, Room 20

Mike Palfrey

Student Well-Being Officer

Scholastic Book Fair 2018

The Scholastic Book fair is a great opportunity to encourage reading and a love of books. This week the students have had the chance to view a range of new and popular books and the bargains from the specials and 'wacky pack' box. They have also enjoyed the opportunity to fill in a wish list to bring home but please remember there is no obligation.

The Book Fair will run next week and parents and guardians are most welcome to visit the fair before & after school.

Monday 15th to Thursday 18th

Before school: 8.30 - 8.45am

Lunchtime: 1.30 – 1.45pm

After school: 3.15 – 3.45pm



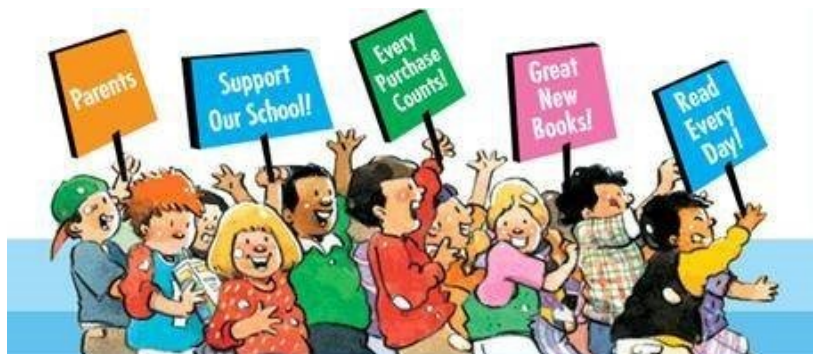
Everyone who purchases a book will go into the draw to win one of three **\$20 book vouchers** to be spent at the book fair. The winners to be announced at next Friday's assembly. This year an Eftpos machine will also be available.

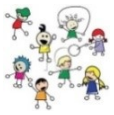
All proceeds from the sales greatly benefit our school library and as always we appreciate your ongoing support of the Book Fair.

Thanking you

Christine Bridges

Librarian





Hi Everyone!

WELCOME TO TERM 4 – AN EXTREMELY BUSY ONE, ESPECIALLY FOR STAFF!

ATTITUDE

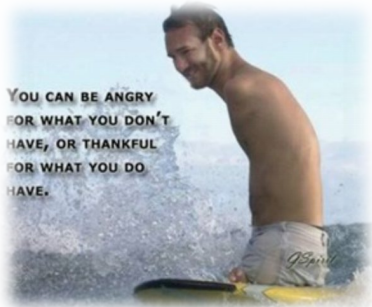
Your attitude to something is the way that you **think** and **feel** about it, **especially** when this **shows** in the way you behave. (Collins English Dictionary)

Attitude influences an individual's choice of action, and responses to challenges, incentives, and rewards

In **psychology**, an **attitude** refers to a set of emotions, beliefs, and behaviours toward a particular object, person, thing, or event.

Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behaviour.

Meet Nick, an Aussie born without arms or legs. I have mentioned him in newsletters before. He is now married and is a proud father, enjoys surfing and is a motivational speaker. He loves to speak to both adults and children about having a positive mind set.



I'm sure we all know people whose attitudes of positiveness, gratitude and empathy have helped them to overcome some very difficult life situations and move forward. **Some of you are reading this now – you are my inspiration!**

Nick's parents instilled a **positive attitude of gratitude and of not giving up**. Now he lives with a mindset that has enabled him to move forward and achieve so much in his life - **he will admit that it hasn't all been easy; there have been times when he wanted to give up**. Fortunately the adults in his life were there encouraging him through their own attitudes to what happens in life, especially as parents of a child with a disability.

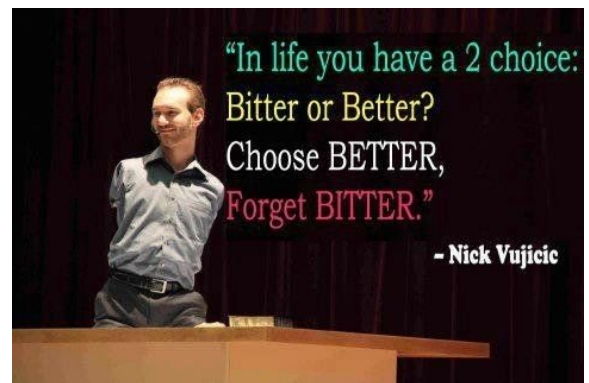
I have noticed that some of our students come to school with a negative mindset, which in turn affects their attitude to their classmates, to their school work, and affects whether they have a good day with their friends. Sometimes I will show them a you tube clip about positive ways of coping, or we might look at what we can be thankful for – the many little things such as family, friends, a warm bed, clothes, food, water, the song of birds, animals, etc.... Actually I better stop there as the list keeps going.

It takes practise and our precious ones need our loving encouragement.

Enjoy a couple of Nick's other inspirational quotes, and print off the following list of positive things to say to your child to start the day together – we look forward to meeting your positive special kids as they come to school!



Robyn Mulholland (Student Well-being)



CUP OF LIFE

Well done to all the boys and girls who are coming to school every day.

CONGRATULATIONS

The room in Week 1 Term 4

that had the

BEST ATTENDANCE is

ROOM 5

Program Information

12/ 10/18

Dear Parents and Care givers,
Welcome to Term 4..

Week one at OSHClub has been wonderful! The children have been creating Spring artworks and enjoying the sunshine as we have enjoyed some outdoor play. It's great to see the friendships at OSHClub, children catching up and sharing their holiday stories.

Our Cooking Club started the term with an increasing awareness of healthy lifestyles and nutrition. The children made their own fresh fruit spring rolls using rice paper and freshly sliced fruit such as thin strips of mango, apple and rock melon, kiwi fruit sliced into rounds, peach wedges and whole raspberries, drizzled with honey and lime juice.

A friendly reminder to be sun smart in term 4. **No hat, no sunscreen, no play!**



Indoor fun at OSHClub...

Painting, construction
and reading.

AFTER CARE NEWS



Outdoor play was very much enjoyed on a sunny Spring day earlier this week.

Fruit spring rolls were fresh and delicious.



Parent Information

OSHC program phone: 0407 372 056

Coordinator: Desiree Bustos

Assistant: Carmen Bellofiore

OSHClub Customer Service and Billing Team: 1300 395 735

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.



KIDS FIRST™

Dads Tuning in to Kids™

Would you like to learn how to help your child manage feelings such as worry, frustration and anger?

**A free seven-session group program
for fathers of young children**

Dads Tuning in to Kids™ teaches you how to help your child understand and manage feelings (emotional intelligence). Children with good emotional intelligence:

- *Have better concentration at school*
- *Have greater success at making and keeping friends*
- *Are more able to manage conflict with their peers*
- *Are more able to calm down when upset or angry*

Where: Kids First, 70 Altona Street, West Heidelberg

When: Wednesdays, 6.30pm - 8.30pm
17 October - 28 November 2018

Contact: Julie Graney 9450 0900 or jgraney@kidsfirstaustralia.org.au

Bookings are essential.

We regret that childcare cannot be provided.



**Emotionally
intelligent
parenting**

TUNING IN TO TEENS™

**A seven-session parenting program for
parents of adolescents aged 12 and over**

Would you like to learn how to:

- *communicate better with your teen?*
- *build a stronger relationship with your teen?*
- *help your teen manage their emotions?*
- *assist your teen to manage conflict?*

***Tuning in to Teens™ focusses on adolescent
development and emotional intelligence.***

Where: Kids First, 70 Altona St, Heidelberg West

When: Mondays, 10am - 12pm
15 October - 26 November 2018 (7 sessions)

Contact: Julie Graney 9450 0900 or jgraney@kidsfirstaustralia.org.au

***Bookings essential as places are limited.
We regret that childcare cannot be provided.***



KIDS FIRST™

Town Hall Dads

Share your stories on fatherhood with other local dads and raise money for men's health.

Join Dr Matthew Roberts, dad of three, perinatal psychiatrist at Mercy Health and advocate for men's mental health to talk about the important role and unique challenges of being a dad.

- Share your tips
- Get advice
- Connect with local dads of all ages and life stages

Event Details

Saturday 20 October, 9am - noon

Banyule Council, Level 4, 1 Flintoff St, Greensborough

Free event, donations for Movember gratefully accepted at the door.

Book your seat at banyule.vic.gov.au/THDads

Town Hall Dads is a networking event just for dads hosted by Banyule Maternal Child Health Service.



انجليكير فيكتوريا



تعالى وشاركنا في هذه الدورة

الفصل الرابع، ٢٠١٨

تبدأ هذه الدورة كل يوم خميس ابتداءً من

١ نوفمبر حتى ٦ ديسمبر

من الساعة العاشرة صباحاً حتى الثانية عشرة ظهراً

العنوان: 10 Hurtle St Lalor

سيقدم البرنامج باللغة العربية

للحجز والإستعلام يرجى الإتصال بإحدى الأرقام التالية:

0458550071/ 0394560322

أو تواصل معنا علي هذا البريد الإلكتروني:

parentzone.preston@anglicarevic.org.au

إيجاد حلول للأهالي

هل انت متعب من التعامل مع أولادك

هل ترغب بإيجاد حلول في كيفية التعامل مع أولادك؟

التعامل مع الغضب:

لدينا طرق وحلول للأهالي للتغلب علي الإحباط والغضب في

التعامل مع أولادهم

الإستجابة للسلوك

تفهم أفضل لأسباب سلوك الطفل بطريقة معينة

إستراتيجيات

نتناقش وننتشارك لإيجاد حلول إيجابية



FREE

PARENTING IN AUSTRALIA

PARENTS BUILDING SOLUTIONS

ALL SESSIONS FACILITATED IN ARABIC BY OUR EXPERIENCED FACILITATORS

ARE YOU TIRED OF YELLING?

- How to get kids to listen, without having to yell

DEALING WITH ANGER

- Helping parents, and kids, deal with frustration and anger

RESPONDING TO BEHAVIOUR

- Better understand why children behave the way they do

IDEAS

- Discuss and share ideas that work

DATES: Thursday Mornings
1st November to 6th
December 2018

TIME: 10.00am to 12.00pm
(refreshments provided)

WHERE: Parentzone
10 Hurtle St
Lalor

For bookings & inquiries contact: Parentzone on
03 94560322 or 0458550071

Email parentzone.preston@anglicarevic.org.au