

# Thomastown West Primary School NEWSLETTER



98-112 Main Street, Thomastown, Victoria 3074 – Ph: 9465 4317

Email: [thomastown.west.ps@edumail.vic.gov.au](mailto:thomastown.west.ps@edumail.vic.gov.au) Website: [www.thomwestps.vic.edu.au](http://www.thomwestps.vic.edu.au)

## IMPORTANT DATES:

Mon	8 Oct	TERM 4 BEGINS
Wed /Thu	10/11 Oct	5/6 Family Planning
Fri	12 Oct	Term 4 Interschool Sports begins
Fri	12 Oct	WHOLE SCHOOL ASSEMBLY
Fri	19 Oct	Year Level Assembly

No. 28 21st September 2018

## *From the Principal*

Here we are at the end of another term. What a fabulous term we have had even though it was incredibly busy.

### Assemblies at TWPS

During Term 4 we will try something NEW! We will alternate Whole School assemblies with Year Level assemblies. On odd weeks (Week 1,3,5,7,9,11) we will hold a whole school assembly at 2:30pm in the Multi-Purpose Room. During the even weeks (Week 2,4,6,8,10) we will hold separate Year Level assemblies in the different buildings. Prep - 2 students will have their assembly in their Junior building. The 3/4 students will have their assembly in their buildings. The 5/6 students will have their assembly in the Multi-Purpose Room.

More information will be sent home in the first newsletter of Term 4.

### Fortnite

In a previous newsletter I wrote about the alleged dangers of the online game Fortnite. Fortnite is a free-to-play online game where up to a hundred players can play at once, that some would say is quite addictive. During the game there is an opportunity for your children to connect with strangers in the game, and there is minimal monitoring of who is online and what is being said in the chat. While I understand that each family has their own set of rules, expectations and opinions about what is appropriate for their children, I strongly encourage you to find out more about the online games your children are playing.

Recently, I have observed a noticeable change in some behaviours in the classroom and in the playground, that are directly linked to Fortnite. **This week** I saw boys re-enacting the Fortnite game they had played the night before **and** other students losing their temper with each

other at school because of decisions that they both made during the game. **Everyone has the right to feel comfortable and safe at Thomastown West PS.** For this reason, students are not allowed to play fighting games or bring *fighting toys* to schools.

### Child Safety

Thomastown West Primary School is committed to safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making.

Thomastown West Primary School has zero tolerance for child abuse.

Thomastown West Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/ or linguistically diverse backgrounds, as well as the safety of children with a disability.

Every person involved in Thomastown West Primary School has a responsibility to understand the important and specific role he/ she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

### Hats

Please take the time during the holidays to find your child's school hat. **Just a friendly reminder that children need to wear school sun hats during Term 4.** Hats protect the face, neck and ears. At TWPS students wear a legionnaire style of hat.



Hats can be purchased from the office for \$10. Please make sure that it is named!

### Footy Day

This week we enjoyed a fantastic Footy Day on Wednesday. We celebrated the ending of the Australian Football Season in style. Students thoroughly enjoyed parading around in their team colours. Thank you to Mrs Carolyn Jones who did a fabulous job emceeing the event, as well as, Justin (who saved the day!) and the other Grade 6 students who set up the sound system, in Mr Rosa's absence.

I would like to thank all the parents and staff for their help in supporting another successful Footy Day. The Special Lunch fundraiser raised just over **\$611** in profit. Well done to our 2018 Fundraising Team! All profits will contribute to the installation of the Artificial Turf we have purchased.



## ANOTHER GREAT TERM OF ACHIEVEMENTS! LET'S CELEBRATE TERM 3...

Teaching & Learning	Positive Climate for Learning
<ul style="list-style-type: none"> <li>✓ Teachers participated in two professional learning School Visits to observe excellence in teaching and learning.</li> <li>✓ Valuable &amp; productive staff Curriculum Day</li> <li>✓ Outstanding NAPLAN results for our Grade 3 students.</li> <li>✓ Year 5 NAPLAN results we achieved impressive <i>learning growth</i> in Spelling, Grammar &amp; Punctuation.</li> <li>✓ Student Support Group meetings held to review individual learning plans.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Excellent results and significant growth was seen in our Attitudes to School Survey Data.</li> <li>✓ Footy Parade</li> <li>✓ Grade 5/6 Community Engagement Inquiry unit and website launch.</li> <li>✓ Fundraising success with Winter Wonderland Donut Day, Father's Day Stall and Footy Day Special Lunch.</li> <li>✓ 100 Days of School celebration</li> <li>✓ Father's Day Breakfast was very well attended</li> <li>✓ R U OK? Day activities</li> </ul>
Excursions/Incursions	TWPS Community
<ul style="list-style-type: none"> <li>✓ Leigh Hobbs</li> <li>✓ Wellbeing groups: Cooking over lunch time (COLT) &amp; Canine group</li> <li>✓ Hands on Science</li> <li>✓ Toys over time</li> <li>✓ 5/6 Hoop Time Basketball Tournament</li> <li>✓ Being awarded <b>FIRST PLACE</b> in the Young ICT Explorers</li> <li>✓ Gr 5/6 Girls Futsal Tournament</li> <li>✓ Grade 5 students <i>Leadership sessions</i> at Lalor SC and William</li> </ul>	<ul style="list-style-type: none"> <li>✓ School Tours</li> <li>✓ Prep Entry Interviews for 2019</li> <li>✓ Chess Club began this term at the Hub.</li> <li>✓ Koorie Club – Meeting once a week with <i>Bubup Wilam</i></li> <li>✓ NAIDOC week Special Assembly</li> <li>✓ New owners of the Uniform Shop Update: <b>Beleza</b></li> <li>✓ Northern Star Dental Van visit</li> <li>✓ TWPS partnership with NIRODAH</li> <li>✓ TWPS partnership with the Hub</li> </ul>

### Curiosity with Prep - 2 Students

On Tuesday our students from Prep, Grade 1 and 2 were thoroughly engaged as they participated in an inquiry based Science multi-age activity day. Students in mixed groups, rotated through 3 different Science activities. Students worked with magnifying glasses, magnets, robots, ramps and inclines. They recorded, sorted and represented their observations as well as communicated their ideas to each other. There was even an opportunity for construction, where the students could respond to and pose questions, and make predictions about familiar objects and events.

### Congratulations

Yesterday afternoon, the AMAZING Grade 5/6 team launched their Community Engagement website and held their Market Day called *Healthy Body, Healthy Mind*. It was fantastic! From sleeping eyes masks, to muffins, as well as music that was composed by our talented students and stress balls... there was even yoga classes too! A highlight was definitely their website, that all of the grade 5/6 work, is now available to see. You can access their site through: <http://www.thomwestps.vic.edu.au>

This event was the culmination of the Grade 5/6 Term 3 Inquiry Unit, where their student voice played a key role in driving their learning journey. Congratulations to all of the hard working students and teachers! What a successful afternoon!

## PLANNING FOR 2019

### ✓ Parent requests to the Principal

Work on the 2019 grade placements will begin very soon. If you have any concerns or important information regarding your child's grade placement for 2019 **please put these in writing and address the envelope, marked confidential, to Sandi Young by Friday 19th October 2018.**

### ✓ Students/families who are leaving

It is very important for us to have the correct enrolment numbers for children attending TWPS in 2019 so that the best possible class structures and class sizes can be organised to maximise student engagement, wellbeing and learning.

We understand that some families are moving houses and there may be schools that are closer to your new address. We will support your child and their transition to a new school. **Please contact us as soon as possible to let us know if your child/children will not be attending TWPS in 2019.**

### ✓ Enrolments

There are still a number of families who have not yet enrolled their prep child for 2019. Please collect an enrolment form from the office to complete and return it to school as soon as possible. We would love to involve our next year's Prep students in our orientation/transition program next term.

### ✓ Orientation for our new Preps

During November we are running a Prep Orientation / Transition Program to familiarise the new Preps with our wonderful school and its procedures. Parents also stay during this time for the Information sessions present by the Prep teachers, Mr Downing and myself. More information will be provided next term.

**I would like to thank all of the students, families and staff for yet another productive and successful term. I hope you have a wonderful and relaxing break, ready for the last term of the year!**

**Education is Powerful, Student Voice Matters, Teachers Make a Difference & Every Day Counts!**

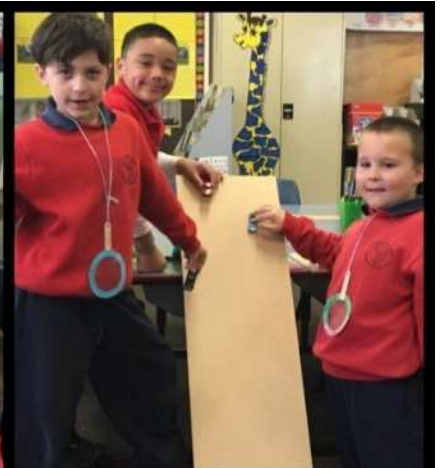
Sandi Young  
Principal







# Curiosity with Preps, Grade 1s and 2s!





# Parent Code of Conduct at Thomastown West PS

A code of conduct for parents and visitors ensures that everyone who visits the school site is able to do so in a safe and harmonious manner and to ensure that students, staff, parents and other visitors are not subjected to aggressive, hostile or violent behaviours.

**At Thomastown West Primary School we believe the following:**

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.

**We have 5 key school VALUES which we encourage everyone to *live* by our school values:**

**Respect**      **Responsibility**      **Resilience**      **Empathy** and **Strive to be our best**

**We teach the children that:**

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

**At Thomastown West Primary School, Parents and visitors are expected to:**

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

**Under no circumstance are parents to approach another student or parent regarding any incidents or issues.**

**Your co-operation is sought in maintaining a safe and happy school.**





## GRADE 5/6 COMMUNITY ENGAGEMENT

### *Healthy Body, Healthy Mind*

#### WEBSITE LAUNCH AND MARKET DAY

WOW! WOW! WOW! The Grade 5/6's have been working extremely hard on their Community Engagement project and it all came together yesterday at their Healthy Body Healthy Mind website launch and market stall day.

The students split into different groups and explored:

Nutrition, Sleep, Stress & Relaxation, Yoga, Mindfulness and Music

Each group spent many hours creating products such as **deliciously healthy banana muffins, snazzy sleep masks, calm down glitter jars, mindfulness colouring books, yoga poses and our very own TWPS mindfulness music CD!!!**

Thank-you to the support of parents and students, the *Healthy Body, Healthy Mind* launch made a total of **\$294**. This money will go back into buying sports equipment so students can enjoy a healthy active lifestyle at school. Enjoy the pics of the amazing products and stalls! **Well done grade 5/6's**



Sleep masks!



Pinwheels!



Yummy banana muffins!





## FAMILY FUN!!!



**AMAZING STALLS!**





# Hi Everyone,

Wow, school holidays are upon us again! Having kids at home all day can put a lot of pressure on parents who want to make sure that their kids **stay active and continue learning new things**.

Trying to manage chores such as washing, cleaning and grocery shopping while trying to keep up with the children's daily activities, can be overwhelming for parents.



You can end up feeling exhausted and stressed out from trying to meet these demands. Here are some strategies to help you keep calm:

## Have a little structure

With no school, kids often try to stay up late and sleep in during the day.

It pays to maintain a **regular sleep schedule**. Children aged 5 to 12 require about 10 to 11 hours of sleep. Poor or inadequate sleep at this age can lead to mood swings, behavioural problems such as hyperactivity, as well as cognitive problems that can impact their ability to learn. It can be helpful to **organise a routine** for them. Have time slots for television, playtime and fun activities like going to the park.

## Go for a relaxing retreat

Family holidays are a perfect opportunity for fun-filled memories that will stay with you and your children for life. The real magic of a family holiday lies in the **quality time you spend together**.

Whether it is watching your kids learn how to swim, exploring new destinations together, or relaxing over a nice family meal, family retreats are a great opportunity to bond.



## Do activities together

Doing things with your children is not only a great way to set the pace for the holidays, it also helps promote parent-child bonding.

**Activities like colouring, playing board games, baking and going to the park together**, are just some of the things you can do with your kids.



## Set play dates with other parents

Play dates are a great way for children to develop and practise their social skills. It also allows them to **gain confidence in a social environment**.

Spending time with other children their age also allows them to sharpen their abilities to engage, connect and empathise.

Enjoy your holidays and I look forward to seeing you all in Term 4!

Mike Palfrey  
*Student Wellbeing Officer*

## CUP OF LIFE

Well done to all the boys and girls who are coming to school every day.

## CONGRATULATIONS

The room in Week 10 Term 3

that had the

BEST ATTENDANCE is

## ROOM 20





Hi Everyone!



**'Full of the joys of Spring'** is an expression that refers to the natural, seasonal cycle. In spring we get warmer, lighter days and usually have more energy. It's the season where plants and animals come alive after the long, cold winter - a time for birth and renewal.

*Spring mornings  
Warm breezes  
Deep breaths  
Allergic sneezes*

*Smell of Fresh blossoms  
Sound of birds as they sing  
Joy of life, joy of being  
...Joy of Spring*

David Whalen

Coupled with the **'Joy of Spring'** is **'gratitude'**. When we focus on **gratitude** for the special things in our life, it creates **joy**, and also helps us through 'dark' times.

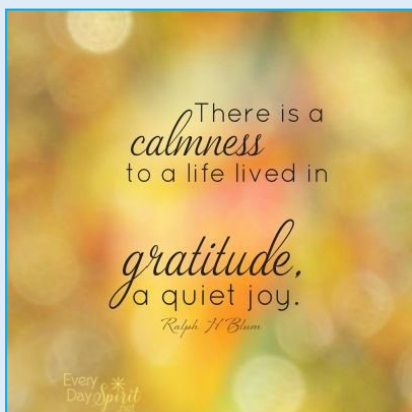
**Gratitude** for the good things we have in life (not what we don't have) – family, friends, love, food, birds, flowers, etc .....

So I encourage you to enjoy the **'Joys of Spring'** these holidays. Teach your children **'gratitude'** by showing them to be **thankful** for the good things in life – what better time for a new beginning than this season of **SPRING!**

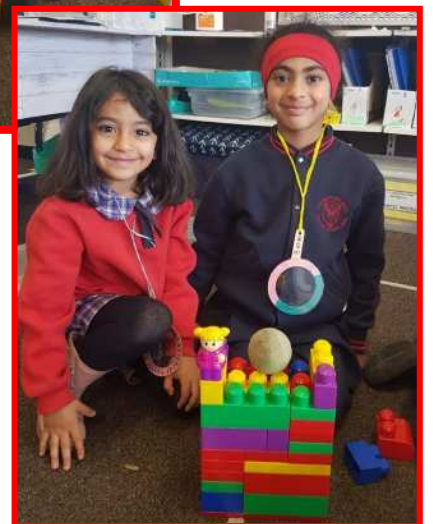
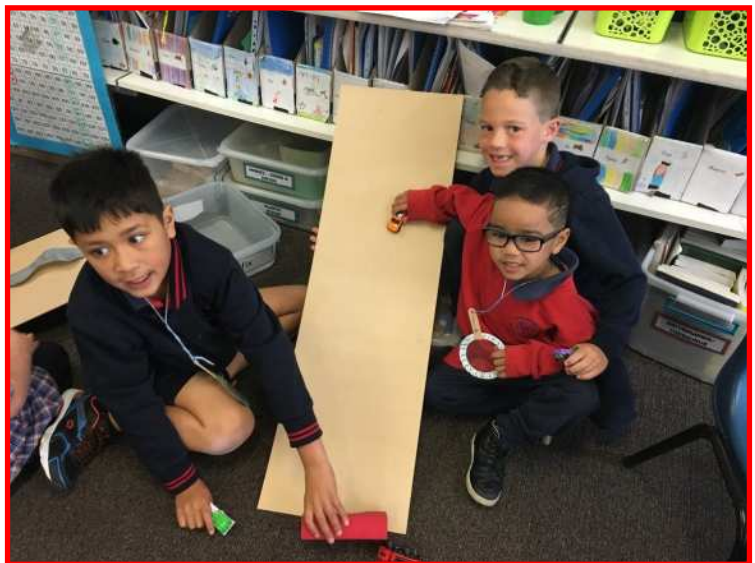
**HAVE A SAFE, RELAXING AND JOYFUL  
HOLIDAY! TAKE CARE!**



**Robyn Mulholland**  
(Student Well-being)



More... **CURIOSITY WITH PREP - 2 STUDENTS**







## STEM Grade 3-6

## Micro:Bits



## LittleBits



PIC•COLLAGE





**To All Families of Thomastown West PS,**

As your school's newly appointed uniform supplier we would like to welcome you to our Beleza Campus store.

Beleza School Uniforms, have been supplying to schools across Australia for over 30 years.

LOCATION

**We haven't moved!**  
**You will find us at the same location**  
**(Thomastown Secondary College)**

OPENING HOURS

**FORTNIGHTLY**  
**Tuesdays: 1.00 pm to 3.00pm**

We have attached some useful information with regards to uniform purchases with Beleza School Uniforms.

Your uniform will also be made available for purchase through our online store in the upcoming weeks.

We are very excited in becoming a part of your school community.



**HEAD OFFICE**

72 Wedgewood Road  
Hallam, Victoria 3802  
e: [beleza@beleza.com.au](mailto:beleza@beleza.com.au)  
w: [beleza.com.au](http://beleza.com.au)



## Program Information

Hello Parents and Caregivers,

It has been a long term and I am glad to say, the children finally get a school holiday break! Many of you will be enjoying time off with family and friends however should you require a Holiday Program it is not too late, simply call or book a session online at [www.oshclub.com.au](http://www.oshclub.com.au)

Pascoe Vale North OSHClub Holiday Program is offering a wonderful service with many exciting activities, incursions and excursions.

This week OSHClub has been hit with **FOOTY FEVER!!**

The children have been practising their footy skills such as handballing, kick to kick and tackling.

Good luck to the teams In the finals, hope your team wins.



We wish you all a very safe and happy two week break.



### Term 4 Reminders:

**Term 4 begins Monday 8<sup>th</sup> October 2018.**

### **No Hat, No Sunscreen, No Play!**

Parents please ensure your children have a hat in their bags ready for outdoor play. OSHClub will provide sunscreen however if your child has allergies or sensitive skin please provide their own. Remember to clearly label all of your child's personal items.

## Parent Information

OSHC program phone: 0407 372 056

Coordinator: Desiree Bustos

Assistant: Carmen Bellofiore

OSHClub Customer Service and Billing Team: 1300 395 735

*All families must be enrolled to attend the program, remember this is Free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.*



# Fundraising

Thank you to everyone who participates in our final fundraiser for the term. The students and staff managed to raise **\$529.00**. A fantastic effort by all, we would like to also thank the parent helpers who helped out during the day your help is appreciated by all of the staff and students of TWPS. We look forward to our next fundraiser next term. Thank you again for your continuous support.

## Strawberry Advice

As a precaution, schools are asked to remind their communities to follow the current health advice that while it is safe to purchase strawberries, until advised consumers should cut them up before consuming them.

This advice currently applies to all strawberries.

Anyone in possession of the Donnybrook, Berry Obsession and Berry Licious, Love Berry, Delightful Strawberries, and Oasis strawberries should dispose of them or return to the place of purchase. These brands have been removed from sale.

Anyone who finds a contaminated strawberry should contact their local police station or Crime Stoppers on 1800 333 000.



## Hospitality Basics

*Develop the basic skills needed to work as a Kitchen Hand or Front of House service in a café or restaurant.*

Location: East Preston Community Centre

Days: Thursdays

Time: 9.30am—3.30pm

Dates: 11th October—13th December

Duration: 10 sessions

Ring **PRACE** on **9462 6077** or visit our website: [www.prace.vic.edu.au](http://www.prace.vic.edu.au)



**First game Free**

Register a team or as an individual

To Register interest  
Phone Pete 0411 962 011  
Email: [peter@futsalforlife.com.au](mailto:peter@futsalforlife.com.au)  
[www.futsalforlife.com.au](http://www.futsalforlife.com.au)

[ FUTSAL 4 LIFE ]





## Put Some Colour in Your Day!

You are invited to **headspace** day celebrations at **headspace** Greensborough

Join us for an afternoon of fun activities in celebration of National **headspace** Day. In partnership with WaterMarc, you can:

- boxercise and yoga in The Walk
- Mario Kart round robin
- decorate cupcakes
- make your own mindfulness mug
- have a smoothie at our smoothie stall in **headspace** Greensborough.

**When**  
11 October 2018 - National **headspace** Day!

**Time**  
3:00-6:00 pm

**Where**  
**headspace** Greensborough, Level 1,  
78 Main Street, Greensborough

Bought to you in partnership with WaterMarc



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative



Supported by



## SCHOOL HOLIDAY PROGRAM @ THE HUB



**ART & CRAFT:**

MONDAY 24TH SEPT, 10-12PM

**LEARN TO BUILD A TOOLBOX:**

TUESDAY 25TH SEPT, 10-11:30AM  
(LIMITED SPACES, BOOKINGS ESSENTIAL)

**DISCO:**

WEDNESDAY 26TH SEPT, 11-1PM

**PALLET CONSTRUCTION:**

THURSDAY 27TH SEPT, 10-11:30AM

## DISCO FOR KIDS

COME ON DOWN TO THE THOMASTOWN HUB TO ROCK AND ROLL!

FEATURING:  
LIVE DJ, DANCING &  
GREAT MUSIC

WEDNESDAY  
26TH SEPTEMBER  
11AM-1PM

THOMASTOWN  
WEST  
COMMUNITY  
HUB: 98-112  
MAIN ST  
THOMASTOWN

WHERE: THOMASTOWN  
WEST COMMUNITY HUB:  
98-112 MAIN ST  
THOMASTOWN

FOR BOOKINGS:  
CONTACT  
GEORGIANNA  
9401 6635