

Thomastown West Primary School Newsletter

Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317



2022 IMPORTANT DATES:

Mon	28 Mar	Gr 5/6 Democracy Incursion
Mon	4 Apr	Hot Cross Bun Orders Due
Tue	5 Apr	Lalor District Athletics Carnival
Wed	06 Apr	Parent Teacher ZOOM Conferences (Students join the ZOOM conference with their Parent or Carer).
Fri	08 Apr	Last Day Term 1 (Students dismissed at 1.15pm)
Tue	26 Apr	Term 2 Begins
Tue	17 May	Curriculum Day (Students do not attend School)
Wed	04 May	Lalor District Cross Country
Thurs	05 May	WHOLE SCHOOL PHOTOS



Respectful Relationships

The Respectful Relationships whole-school approach recognises that schools are a workplace, a community hub and a place of learning. Everyone involved in our school community deserves to be respected, valued and treated equally. We know that changes in attitudes and behaviours can be achieved when positive attitudes, behaviours and equality are lived across the school community.



This week Mrs Young and I had a conversation with our Grade 5/6 students about the importance of respecting themselves and respecting others. Respect can be shown in a range of ways and is expressed by the language we use and the actions we take. Here at TWPS we strongly believe that **everyone has the right to feel safe and comfortable** at school, and by working together we can achieve this.

From the Acting Assistant Principal

They say time flies when you're having fun, and boy has this term flown! We find ourselves at the end of week 9, with two more weeks of Term 1 to go. This week we have had prospective parents tour our school to enrol their children in Prep for 2023. Mrs Young and I were so proud of how settled, focused and enthusiastic our students were in each grade. From tutoring sessions, to the creation of unique art work, we certainly have some talented teachers and students. I am sure you are all looking forward to hearing about your child's learning achievements and goals during our upcoming Parent Student Teacher Zoom Conferences on Wednesday 6th April. (Please remember, students are expected to participate in the Zoom Conference with their Parents or Carers).

GRIP Student Leadership Conference

Our Grade 4, 5 and 6 students attended the GRIP leadership conference on Thursday. The focus for this experience was to provide training, specifically on being a student leader for our school. (TWPS strongly believes in building the capacity of our young leaders and for this reason, pays for each child's entry fee to attend the conference and half of the bus fare). What a privilege and an honour it is to be able to attend such an event. Our leaders were respectful, engaged and they lived by our school values. We have complete faith in their ability to put their new skills into practice, live our school values and lead by example.

Never stop
learning;
for when
we stop learning
we stop
growing

Loyal Jack Hewman

The Golden Snitch?

I'd love to say I'm writing about how to win a game of Quidditch (Harry Potter reference) but unfortunately this isn't the case. A **snitch** is a term used to describe someone who has informed authorities about someone else's actions. It is often used by criminals in gangster films. This term is grossly inappropriate for a school setting. Please encourage your children to continue to talk to their teachers about their problems or concerns; this is how we all work together to achieve success at school.



Harmony Day



On Monday, we celebrated Australia's cultural diversity. Here at TWPS we are proud to say we value inclusiveness, respect and a sense of belonging for everyone. We loved seeing the beautiful colours representing different countries around the world. Our students wore them proudly. Check out the photos **ON PAGE 3** in this newsletter!

Did you know...

- At TWPS we have over 34 nationalities and cultures represented?
- We have over 20 languages spoken alongside English?

Birthday Reminder



At TWPS we LOVE celebrating birthdays and making special memories. However, please remember that due to COVID protocols, **we are unable to accept and distribute any lolly bags, birthday treats and present bags.**

As unfortunate as this is, we must prioritise the health and safety of all of our students and teacher. We thank you for your understanding.



Toilet Trouble

Unfortunately, the state of our toilets has been disappointing lately. We have had several occasions where students have reported wet toilet paper thrown on the walls and the floors. This is creating an unhygienic and unpleasant area for our students to use the bathroom. We are asking that you please talk to your child/ren about the sensible use of the toilet space. We would expect that the same level of respect shown at home is replicated in our toilets here.



Class Dojo

Have you created your Class Dojo account yet? We are missing some parents and carers on Class Dojo, which means you are missing important announcements and information. You can also use it to communicate easily with your child's teacher. If you need support with this, please let us know. We are available at the office to help you create an account.



Easter Raffle

You may have received an Easter Raffle flyer this week. This year our Easter Raffle will look a little different as we carefully follow COVID safety protocols. Thomastown West P.S. will be providing the Easter eggs and to purchase a ticket, please purchase a raffle ticket for \$1.00. The raffle will be drawn on Friday 8th of April—the last day of Term 1. Remember, you must be in attendance to collect the prize.



Stars of the Week

Our amazing students have continued to WOW their teachers every single day. They have been resilient, kind, respectful and have strived to be their best with every learning task they have undertaken. Although we miss seeing all of our parents and friends in person, we are pleased that we have been able to continue these celebrations over our PA system. We know that you, too, have been encouraging your children to make good choices and we thank you for the ongoing support.



Great work TWPS!

On Thursday the students lived the values as they participated in another Emergency Management Practice Lockdown. Please remember that schools are required to practice our emergency management processes once a term. (There is no need to be alarmed). We would like to acknowledge how well our staff and students followed the protocols to ensure that everyone was safe. Also, using our new phone system, teachers were able to press a button to communicate to our office that they were safe. Much quicker than a phone call!

Varesa Trpovski

Acting Assistant Principal



HARMONY DAY



HARMONY DAY 2022





Parent Student Teacher Conference meetings

Term 1 2022

This year, we will use COMPASS again for booking our Parent Student Teacher Conference meetings.

From this Friday morning 10:00am YOU can book your child(ren) meeting ONLINE using COMPASS! (We will not activate the button until Friday 10:00am. Do not panic if you can't find where to click, as it will not work until 10:00am Friday 11th March).

GREAT NEWS! When you use COMPASS to book a conference meeting with your teacher, it will be a time that you choose, which suits YOUR FAMILY! **It is really easy to let us know (on Compass) if you require an interpreter!**

For parents and carers that do not have access to the Internet at home, at work, Thomastown Library, or at a friend's house, **support will be available at the Office from Wednesday 16th March 2022 onwards**, so that parents and carers can still make bookings online. The Parent/Teacher meetings is strictly 15 minutes and spaces are limited.

Parents can change their bookings, any time prior to the closing date, by revisiting COMPASS, and following the instructions. Remember to use the same COMPASS log in, you used when you made your original booking. Parents wishing to change their meeting times after the closing date, should contact the school directly on: **9465 4317**.

It's EASY to BOOK your 2022 Parent Student Teacher Conference

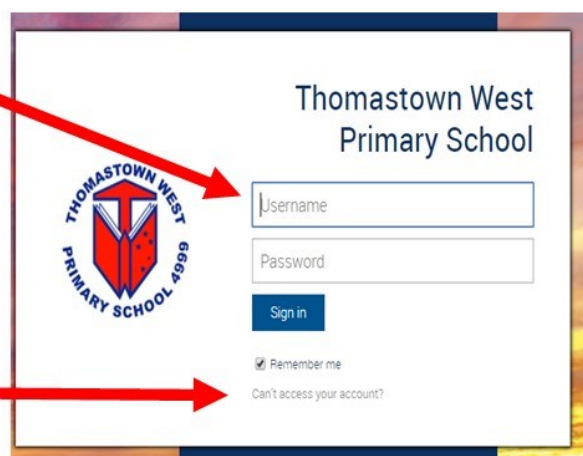
To book a time for your Parent Student Teacher meeting for Wednesday 6th April:

1. Login to Compass:

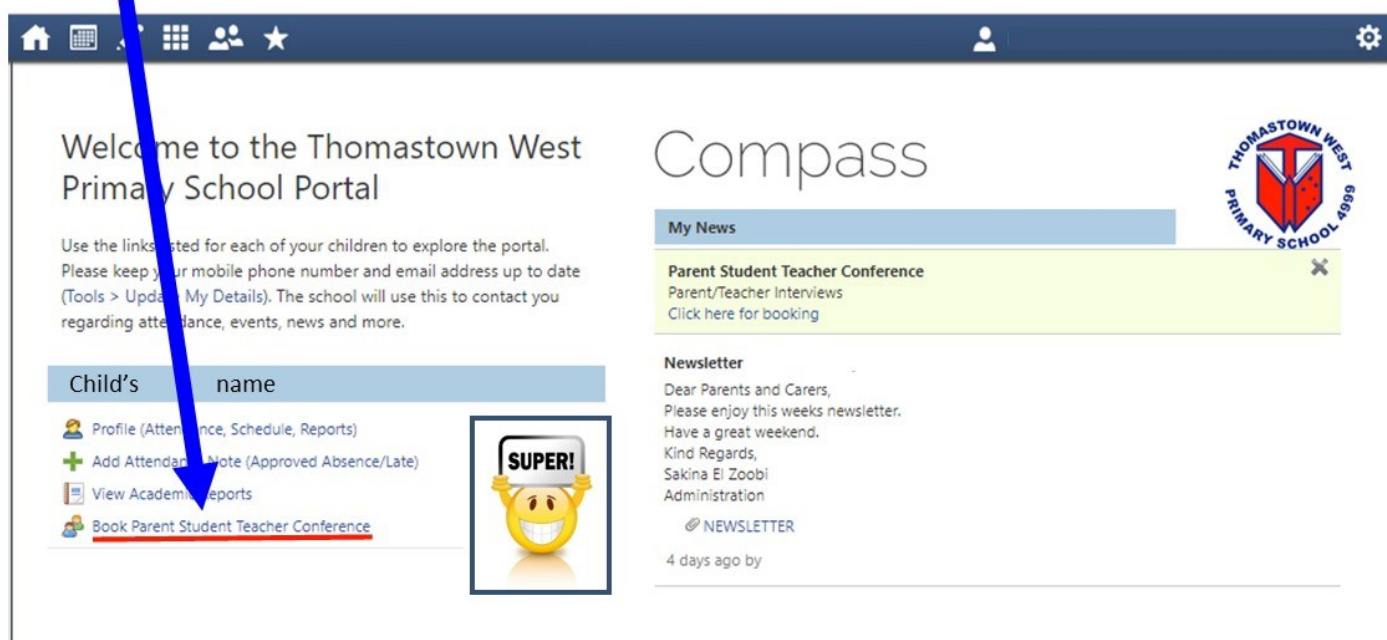
Use your parent login details.

- Please do not give these to your child.
- Your login details are unique to you and provide you with ongoing parent access to Compass and information about your child(ren).
- If you have problems... **click on the:**

'Can't access your account?'



2. Click Book Parent Student Teacher Conference



3. Click My Bookings

Conferences

Conference Cycles	
Cycle Name	
Term 1, 2022 Parent Teacher Conferences	
STUDENT NAME	
First Slot: Wednesday, April 6 2022 - 12:00 PM, Last Slot: Wednesday, April 6 2022 - 06:45 PM	
	My Bookings

4. It may show you **START BOOKING NOW** or **SHOW ME HOW TO BOOK***

Term 1, 2022 Parent Teacher Conferences						Email My Bookings		Print Preview		Information/Help		Student Name	
Wednesday, April 6												Teachers	
12:00 PM	12:15 PM	12:30 PM	12:45 PM	01:00 PM	01:15 PM							Selma RAIF PE	
01:30 PM	01:45 PM	02:00 PM	02:15 PM	02:30 PM	02:45 PM							Interview Welcome	
03:00 PM	03:15 PM	03:30 PM	03:45 PM	04:00 PM	04:15 PM							Oscar ROSA Music	
04:30 PM	04:45 PM	05:00 PM	05:15 PM	05:30 PM	05:45 PM	Not available for booking DINNER						Interview Welcome	
06:00 PM	06:15 PM	06:30 PM	06:45 PM									Tiziana (Tiz) ROCCA Generalist 5/6	
												Interview Welcome	
												Margot SHEEAN Art	
												Interview Welcome	

Welcome

Welcome to Term 1, 2022 Parent Teacher Conferences

[Start Booking Now](#) [Show me How to Book](#)

*Click 'Start Booking Now' and continue with the instructions list below and on the next page.

OR

*If you click the SHOW ME HOW, just follow the instructions on your device

5. Click the time that suits you then click on the Teacher's name

Term 1, 2022 Parent Teacher Conferences						Email My Bookings		Print Preview		Information/Help		Student Name	
Wednesday, April 6												Teachers	
12:00 PM	12:15 PM	12:30 PM	12:45 PM	01:00 PM	01:15 PM							Selma RAIF PE	
01:30 PM	01:45 PM	02:00 PM	02:15 PM	02:30 PM	02:45 PM							Interview Welcome	
03:00 PM	03:15 PM	03:30 PM	03:45 PM	04:00 PM	04:15 PM							Oscar ROSA Music	
04:30 PM	04:45 PM	05:00 PM	05:15 PM	05:30 PM	05:45 PM	Not available for booking DINNER						Interview Welcome	
06:00 PM	06:15 PM	06:30 PM	06:45 PM									Tiziana (Tiz) ROCCA Generalist 5/6	
												Interview Welcome	
												Margot SHEEAN Art	
												Interview Welcome	

6. CHECK the time is correct then **click** **OK** unless...

Would you like an interpreter?

CLICK HERE and **CHOOSE** the language

Term 1, 2022 Parent Teacher Conferences
Wednesday, April 6

12:00 PM	12:15 PM	12:30 PM	12:45 PM	01:00 PM	01:15 PM
01:30 PM	01:45 PM	02:00 PM	02:15 PM	02:30 PM	02:45 PM
03:00 PM	03:15 PM	03:30 PM	03:45 PM	04:00 PM	04:15 PM
04:30 PM	04:45 PM	05:00 PM	05:15 PM	05:30 PM Not available for booking DINNER	05:45 PM Not available for booking DINNER
06:00 PM	06:15 PM	06:30 PM	06:45 PM		

Confirm Booking

Reason: Generalist 5/6
Staff Member: Tiziana (Tiz) ROCCA
Student: Student Name
Time: Wednesday, April 6 2022 - 06:00 PM
Interpreter:
OK Cancel

Teachers

- Selma RAIF PE Interview Welcome
- Oscar ROSA Music Interview Welcome
- Tiziana (Tiz) ROCCA Generalist 5/6 Interview Welcome
- Margot SHEEAN Art Interview Welcome

7. If you have more than one child... Click here

Welcome to the Thomastown West Primary School Portal

Use the links listed for each of your children to explore the portal. Please keep your mobile phone number and email address up to date (Tools > Update My Details). The school will use this to contact you regarding attendance, events, news and more.

Profile (Attendance, Schedule, Reports)
Add Attendance Note (Approved Absence/Late)
View Academic Reports
Book Parent Student Teacher Conference

My News

- Parent Student Teacher Conference
Parent/Teacher Interviews
Click here for booking
- Attendance: Attendance Note Required
- Attendance: Attendance Note Required
- Attendance: Attendance Note Required

Crazy Hair Day Students wear School Uniform

Dear Parents and Carers,
Crazy hair day is today please bring in a gold coin donation. Students need to come to school in full school uniform.
Kind regards,
Sakina El Zoobi
Administration
3 hours ago by Sakina EL ZOABI

Whole School Assembly cancelled this Friday

Dear families,
The Whole School Assembly will be cancelled this Friday 31st of May due to the predicted weather forecast.
If your child is receiving student of the week it will be presented at the Team Assembly next week
21 hours ago by Sakina EL ZOABI [See More]

Newsletter

Dear Parents and Carers,
Please enjoy this weeks newsletter.
Have a great weekend.
Kind Regards

Follow the steps on the previous 2 pages...

THEN press the  button to return to the main Dashboard

Click on the link for the next child.



Stars of the Week



Term 1 - Week 9

Sarah	2	For being a great listener and trying her best in the classroom.
Giselle	3	For being a responsible class member and looking after class and personal be-
Yousef	5	For being responsible with his learning by contributing to class discussions and staying on task when working at the table.
Thayla	6	Trying her best to measure the length of various objects using informal units.
Mia	19	For challenging yourself this week in Maths by using a 30cm ruler to accurately measure the length of objects.
Affan	20	Settling well into Grade 1 and always trying his best
Amer	10	For showing resilience when upset and walking away from the upsetting source. That was incredibly hard but very sensible.
Issam		For striving to be your best with handwriting. Your efforts have paid off. Your handwriting has improved so much. I'm so proud of you, Issam. Keep striving to reach your next goal
Noah	11	For being a confident and fluent reader who can recall many interesting facts and details.
Doaa	12	For striving to be her best and always asking for help if she needs it.
Hazen	15	For striving to be his best and participating in classroom discussions.
Alexander	17	For taking the initiative and showing communal responsibility as part of his leadership role.
Christopher	18	For consistently demonstrating responsibility and being a role model for his peers and wearing his school captain badge with pride.
Claude	STEM: Contributing fabulous ideas during this weeks STEM classes!	
Victoria rm 2	PE: For great team work during the recent soccer clinics	

Stars of the Week

Term 1 - Week 9



Hello everyone!

When you ask parents what they want for their kids, what is usually the most common reply? They want their kids to be happy. Happier kids are more likely to be successful and accomplished adults and achieve more in life.

So how do you raise happy kids?

1. **Give them plenty of play time:** Children learn important life lessons through play with other children. It can be incredibly beneficial to allow children freedom to play, especially in an enriching environment like outside in a park.
2. **Take arguments and heavy discussions elsewhere:** Kids brain develop at an extraordinary rate during childhood, and they usually understand more than they let on. When children see and hear about adult-like problems and uncertainties it can negatively affect their mental health, making them worried and insecure.
3. **Don't compare them to others:** Accept your child for who they are. Your child is trying their best. Comparing them to other children and putting pressure on them to be someone else can ruin a child's self-esteem and sense of self.
4. **Don't be afraid of negative emotions:** All children will have outbursts of 'negative' emotions such as anger, envy, sadness etc.. These are normal emotions, and it is not helpful to punish children for having them. A better way to handle these emotions is to help children deal with these emotions
5. **Give children a sense of responsibility:** It is important to allow children to complete responsibilities and feel like they are making a difference in the family. But you must also allow a child to make mistakes without punishment in this responsibility. Allow children to take chances and learn resilience and learn to do things on their own.
6. **Create happy memories:** Have lots of family time and take time to have fun together. Routines such as family dinner every night or regularly scheduling time to have fun like going to the zoo having dance parties at home can greatly improve a child's happiness.



It is not about smart children, it is about

HAPPY CHILDREN

who have the confidence and courage to learn and pursue things dear to their heart.

ALEXANDRA EIDENS

@BIGLIFEJOURNAL

Angelique Vardis

Student Wellbeing

EVERY DAY OF LEARNING COUNTS

Term 1 Week 9 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	87%	84%	Room 9	78%	80%
Room 3	70%	62%	Room 10	82%	90%
Year 1/2	Last Week	This Week	Room 11	67%	76%
Room 5	72%	80%	Room 12	77%	79%
Room 6	88%	85%	Year 5/6	Last Week	This Week
Room 19	86%	82%	Room 15	56%	80%
Room 20	79%	85%	Room 17	46%	79%
			Room 18	46%	82%

EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better ✓they make friends ✓they are happier ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

other 'days off' school add up to lost learning. See below:

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress. May result in court action!	



Congratulations to Room 19 with 304 Dojo points

You are the class with the
highest number of dojos
this week!

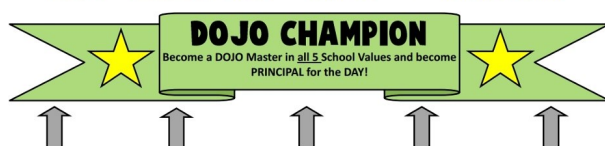
At Thomastown West Primary School we believe the following:

At this school we all have the right to do as much work and learning as possible.

At this school we all have the right to feel comfortable and safe.

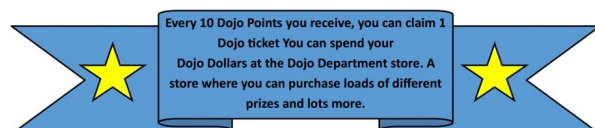
We have 5 key school VALUES which we promote and base our expected behaviours on. As a community of learners we are:

Respectful Responsible Resilient Empathetic and we Strive to be our best.



DOJO MASTER

When you collect 30 DOJO points in a particular value you will receive a DOJO Master Badge. There are 5 Master badges to collect and wear on your uniform with pride. See if you can collect them all!



The class with the most amount of Dojos each week will win the Dojo Cup at our weekly assemblies. The class with the most amount of victories in a term will win a special prize to celebrate the classes success!



Top Dojo Earners of Term 1 Week 9

Prep	Jasmina 10 Dojos
Grade 1/2	Aryan & Desmond 12 Dojos
Grade 3/4	Alex K 28 Dojos
Grade 5/6	Hassan 16 Dojos
Top earner across the school!	Alex K 28 Dojos



THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 1, 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA

3:30 pm – 4:30 pm
HOMEWORK CLUB



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm
STEAM

3:30 pm – 4:30 pm
LITTLE GREEN HANDS
COOKING



Friday

9:30 am – 1:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077

2:15 pm – 3:00 pm
KORIE KIDS GROUP
with Eva



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please
contact:

P: 9401 6666 or 9464 7950
E: twch@whittleseacc.org.au



City of
Whittlesea

TWPS Fundraising

Our annual Easter fundraiser has kicked off!

For every 6 pack of Hot Cross Buns you order,

Bakers Delight Rivergum will give **\$2** to our school.

The more buns you purchase the more profit TWPS makes.

Bakers Delight
We're for real.

**Please fill out your order form and bring it
back to the office by Monday 4th April.**

Orders will be ready to collect from TWPS on
Thursday 7th April 2022.



Thomastown West Primary Easter Raffle

This year Thomastown West PS will provide the Easter eggs and chocolate. (In 2022 families will not be required to donate eggs)

To assist our school with the 2022 Easter Raffle...
We ask parents and carers to purchase a Raffle ticket
(Raffle tickets will be sent out next week to families)

Hampers will be made for each classroom

The raffle will be drawn on Friday 8th April
End of Term 1. Students must be in attendance to collect prize.



Little Diggers Outdoor After School Club for Primary Schoolers

Craft + Physical Activities

Join our fun and fantastic 'Little Diggers' outdoor after- school club!

Where: Thomastown Library- Courtyard

When: Thursdays 3.30pm- 5pm

Activities: Craft and Physical Activities (Games like 'hide and seek' and 'duck duck goose')

Cost: Free *Please note, children must be accompanied by an adult.*



LITTLE DIGGERS

OUTDOOR AFTER- SCHOOL
CLUB

CRAFT + PHYSICAL ACTIVITIES

THURSDAYS 3.30- 5PM

THOMASTOWN LIBRARY
COURTYARD

CHILDREN MUST BE ACCOMPANIED
BY AN ADULT

Information Evening

Wednesday 6th April

6 – 7pm (6pm Principal's Presentation)

60 Merrilands, Road Reservoir

Find out about:

Transition Process & Schools Tours

WRSC Structure, Vision & Values

Student perspectives

Curriculum

Co-Curricular Activities

Supports available

For more information please contact the College:

t. 03 9462 2177

e. william.ruthven.sc@edumail.vic.gov.au

WILLIAM RUTHVEN SECONDARY COLLEGE

Our vision is to ensure we are a 21st Century learning community where staff, students and families work collaboratively, are highly motivated to learn, achieve high levels of personal growth and leverage technology to maximise every opportunity.

LALOR HUB OPEN DAY



**Saturday 26th
March**



11am – 2pm



**70 Kingsway Dr
Lalor**



Come join us for a great day
of food and entertainment
at the Lalor Hub.

Attractions include:

- Live Music
- Food Stalls
- Petting Zoo
- Face Painting
- Other kids activities



CityLife Church



**City of
Whittlesea**

This project is financially assisted by the City of Whittlesea's Community Grants Program.



FRIENDLY REMINDER: ALL STUDENTS MUST WEAR THEIR HATS AT PLAY TIMES

Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>



Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.

Available on Wednesday & Fridays only

Online Orders ONLY No Cash payments accepted



SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	➢ 6 PACK	\$ 4.20
		➢ EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
<u>TANDOORI CHICKEN WRAP: (H)</u> Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	➢ WITH SOUR CREAM/SWEET CHILLI	\$4.00
<u>CHICKEN SNITZEL WRAP: (H)</u> Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
<u>MILD SALAMI PANINI:</u> A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
<u>HAM PANINI:</u> A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	<u>LEMON THYME CHICKEN SALAD:</u> Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	<u>TRADITIONAL GREEK STYLE SALAD:</u> A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	<u>ROASTED GRILLED VEGETABLE SALAD:</u> In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20

Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au

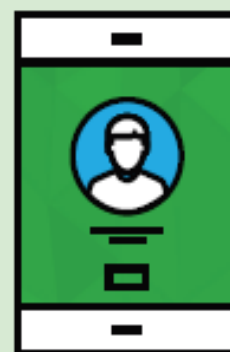


1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

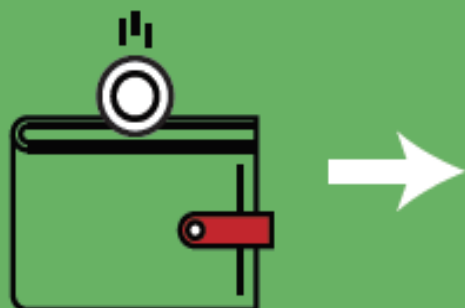


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915

UNIFORM SHOP OPENING HOURS

THOMASTOWN ON-CAMPUS STORE BELEZA TRADING HOURS

OPEN!

2022

TERM 1				
JANUARY	Thurs 27th 10am - 3pm	Fri 28th 10am - 3pm	Mon 31st 10am - 3pm	
FEBRUARY	Tues 1st 1pm - 4pm	Tues 8th 1pm - 4pm	Tues 15th 1pm - 4pm	Tues 22nd 1pm - 4pm
MARCH	Tues 1st 1pm - 4pm	Tues 8th 1pm - 4pm	Tues 15th 1pm - 4pm	Tues 22nd 1pm - 4pm
MARCH	Tues 29th 1pm - 4pm			
APRIL	Tues 5th 1pm - 4pm			
TERM 2				
APRIL	Tues 26th 1pm - 4pm			
MAY	Tues 10th 1pm - 4pm	Tues -24th 1pm - 4pm		
JUNE	Tues 7th 1pm - 4pm	Tues 21st 1pm - 4pm		



Rapid antigen self-tests

A quick guide

More information

Coronavirus Hotline - 1800 675 398

or

[www.coronavirus.vic.gov.au/
getting-tested](https://www.coronavirus.vic.gov.au/getting-tested)

What is a rapid antigen test?

Rapid antigen tests can be used at home to check if you may have COVID-19. Most rapid antigen tests will provide you with a result in 15 to 30 minutes. Do not eat or drink 30 minutes before doing a saliva rapid antigen test.

Always follow the instructions and watch the linked videos within your rapid antigen test kit carefully on how to do your test.

These tests are faster but less accurate than a standard (PCR) test that you can get at a COVID-19 testing site.

There are currently two types of rapid antigen tests available:

- Saliva - this test involves spitting into a tube or sucking on a swab
- Nasal swab - this test involves swabbing each nostril.

When to use a rapid antigen test

Rapid antigen tests can be used:

- if you have symptoms
- are a contact of someone who has tested positive for COVID (household, education, workplace or social)
- if you want to quickly check if you may have COVID-19
- as part of a surveillance program such as one organised by your school or employer
- when recommended by the Victorian Department of Health

When to get a standard (PCR) test

You should take a standard (PCR) test at a testing site if you:

- have symptoms or are a contact of someone who is a COVID case and cannot access a rapid antigen test
- if you do not have symptoms and are not a contact of a COVID case, but you have tested positive on a rapid antigen test
- when otherwise recommended by the Department of Health

Where to get a rapid antigen test




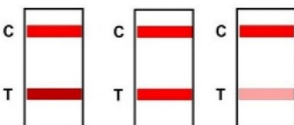

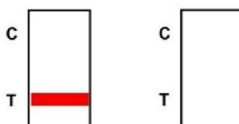
Rapid antigen tests are available from some supermarkets, pharmacies, select testing sites (you can find the nearest testing site to you at: <https://www.coronavirus.vic.gov.au/where-get-tested-covid-19>) or online.

More info at <https://www.coronavirus.vic.gov.au/checklist-contacts>

How to store your rapid antigen test

- Store the test kit in a cool, dry place under 30 °C
- Do not freeze the kit or its components
- Do not store the test kit in direct sunlight

What does your rapid antigen result mean?

Result	What it means	What to do next
 Negative 	It is unlikely you have COVID-19, especially if you have no symptoms.	Monitor for symptoms
 POSITIVE 	You likely have COVID-19.	<ul style="list-style-type: none"> • Report your test on the Service Victoria app or by going to www.coronavirus.vic.gov.au/report • Isolate for seven days and tell your contacts.
 INVALID 	<p>The test has not worked.</p> <p>You need to repeat the test.</p>	<p>You will need to repeat the test</p> <p>Invalid again?</p> <ul style="list-style-type: none"> • Get a standard COVID (PCR test). <p>Positive?</p> <ul style="list-style-type: none"> • As per the positive result instructions. <p>Negative?</p> <ul style="list-style-type: none"> • As per the negative result instructions.

Recording results

If you test positive on a rapid antigen test, you are a case. You must report your positive rapid antigen test result as soon as you can. To report your result, call the Coronavirus Hotline at 1800 675 398, or fill in this online form: www.coronavirus.vic.gov.au/report

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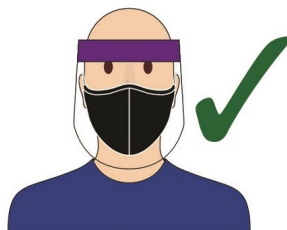


Face masks

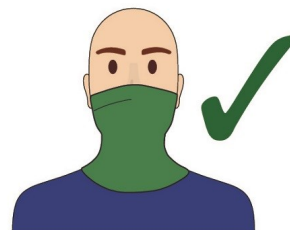
What you can and cannot wear in public



A fitted mask needs to be worn covering both your nose and mouth.



You can wear a face shield only if it is worn with a fitted face mask.



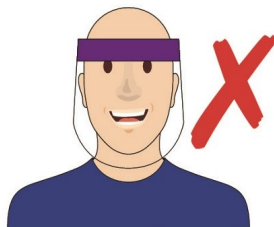
A fitted snood or gaiter can be worn covering both your nose and mouth.

There are two types of face masks you can wear: cloth masks and surgical masks with no one-way valves.

- Cloth masks are made of washable fabric and can be washed and re-used.
- Surgical masks are single-use masks and **cannot** be washed or re-used.



You cannot wear a bandana.



You cannot wear a face shield on its own.



You cannot wear a loose snood or gaiter.

How to put your mask on



Step 1: Clean your hands with soap and water or hand sanitiser before putting on the mask.



Step 2: Make sure the mask is not damaged or dirty before putting it on.

Secure the ties at the back of the head and neck or place the ear loops over the ears.

Make sure the mask covers your nose and mouth and fits snugly under your chin, over the bridge of your nose and against the sides of your face.



Step 3: Do not touch the front of the mask while wearing it. If you do touch the mask, clean your hands with soap and water or hand sanitiser.

Do not wear the mask under your nose, around your neck or anywhere else other than over your nose and mouth.

How to take your mask off



Step 1: Clean your hands with soap and water or hand sanitiser before removing the mask

Step 2: Carefully remove your mask by grasping the ear loops or untying the ties. For masks with a pair of ties, unfasten the bottom one first, then the top one.

Step 3: If your mask has filters, remove them and throw them in a rubbish bin. If your mask is a single-use surgical mask, throw it in a rubbish bin – it should not be reused.



Step 4: If the mask is a reusable cloth mask, put it directly into the laundry or into a washable bag for laundering in hot soapy water.

Step 5: Clean your hands with soap and water or hand sanitiser after removing the mask.

Note: this information is not for use in health care and support worker settings.

To receive this document in another format email
COVID19InfectionControl (DHHS) <COVID19InfectionControl@dhhs.vic.gov.au>

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Available at: DHHS.vic – coronavirus disease (COVID-19)
<<https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>>



Health
and Human
Services

Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | [kidshelpline.com.au](https://www.kidshelpline.com.au)