

Thomastown West Primary School Newsletter

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2023 IMPORTANT DATES:

No.4 24th February 2023

Mon	27 Feb	Preps begin full time and now attend Wednesdays
Thurs Fri	2&3 Mar	Glasses for Kids Testing (prep to 3)
Fri	3 Mar	Whole School Assembly 2:30pm
Tue	7 Mar	FREE Brainstorm Production (Whole School Wellbeing Incursion)
Fri	10 Mar	Year level TEAM Assembly 2:30pm
Mon	13 Mar	Labour Day Public Holiday <i>Students do not attend school</i>
Fri	17 Mar	Whole school assembly 2:30pm
Fri	24 Mar	Year levels TEAM Assembly 2:30pm
Thurs	28 Mar	GRIP Leadership Conference 5/6 (Leadership students only)
Wed	5 Apr	Student/Parent/Teacher Conferences <i>Students only attend school at the time of their conference meeting.</i>
Mon	24 Apr	Staff Professional Practice Planning Day <i>Students do not attend school</i>
Tue	13 June	Curriculum Day 3 <i>Students do not attend school</i>
Thu	14 Sept	Student/Parent/Teacher Conferences <i>Students only attend school at the time of their conference meeting.</i>
Mon	6 Nov	**NEW** Students attend school the Monday before Melbourne Cup Public Holiday.
Tue	19 Dec	Curriculum Day 4 <i>Students do not attend school</i>

2023 TERM DATES

Term	Starting date	Finishing date
Term 1	Tues 31 Jan	Thurs 6 April
Term 2	Wed 26 April	Fri 23 June
Term 3	Mon 10 July	Fri 15 Sept
Term 4	Mon 3 Oct	Tues 20 Dec

From the Principal

We've had another fabulous week at TWPS! Thank you to the lovely Mums who have been volunteering and supporting our school by selling icy poles at lunch time. During this warm weather, it is very much appreciated.

Would you like to help or support our students at TWPS?

We'd love to have you! Did you know that Parents require a Working with Children Check (WWCC) if they are attending a camp, excursions and volunteering in the school e.g.: classroom reading, literacy groups, garden club, etc. Applying for a WWCC is done online and is free if you click on the 'volunteer' category. **Please note:** Parents must have a Working with Children Check card before they can volunteer in our school.



<http://www.workingwithchildren.vic.gov.au>

Attendance

Attendance is not only a whole school goal for TWPS, all schools in Victoria are focusing on improving our students attendance post Covid! **So far this year has been pleasing, I hope that this continues throughout the year.** Remember, every moment that your child misses at school, they miss out on valuable learning experience. **Every day of learning counts!** If your child is going to be away, please call the office or provide a note to your child's classroom teacher.

Arrive on time, ready to learn, at quarter to nine!

Thank you to the families and students who have improved with their arrival time at TWPS. **Gates open at 8:30am and learning begins at 8:45am.** We still have a large percentage of students arriving between 8:50 and 9:05am. **Consider this:** Five to twenty minutes of learning missed each day can add up to 25-100 minutes of learning missed **each week** and 4 - 16 hours of learning missed during a term!! We can do better. ☺

School Crossing Reminder

A reminder to our families to use our school crossings where possible. Due to the amount of traffic surrounding our schools at drop off and pick up times our school crossings are the safest place to cross. Near misses are occurring daily and therefore we encourage everyone to use the allocated crossings. If your child walks to school please remind them to use the school crossing.

Lunch Box Contents

Students are encouraged to pack a fresh and nutritious lunch box to support their health and wellbeing. We are noticing some lunch boxes coming to school full of pre-packaged food, which is contributing to a littering issue at lunch time and recess. **At School Council we spoke about how to reduce food that is packaged**



coming to school and utilising lunch boxes to store the food.

Our student leadership teams will discuss this further and we will update you with our plans to move forward.

At 10am daily all students are encouraged to eat a piece of fruit or vegies for 'Brain food' and to keep energy levels up for optimal learning to occur. While a treat in the lunch box is no problem at all, a lunch box of only treat foods is not ideal.

On page 4 and we have some suggestions for keeping lunch box contents healthy and achievable.

Clearly naming your snack and lunch boxes will ensure they are returned to the correct owner when misplaced.

Student Footwear

The best footwear for students to wear to school, is the best quality footwear suitable for active play, that parents can afford. Good quality runners or school shoes are preferable to boots or slip on shoes. A growing foot requires adequate support and cushioning through the day.

Mobile Phone Policy

If your child is bringing a device to school, parents are asked to notify the office or the classroom teacher so that these can be stored in a locked cabinet in the Office for safe keeping, in line with Government policy. The school takes no responsibility for valuables brought to school.

Naming Student Clothing

A significant factor in returning lost property to students is having everything clearly named. It is particularly important to name polo shirts, jackets, jumpers and hats so these can be returned easily. These items eventually end up lost property in the Office. Please check your child's uniform this weekend.

Medication Authority Form

Staff are unable to administer medication without written consent. Staff can only administer medication if a parent gives written notification. Please note staff do not administer non-prescription medication such as Panadol or vitamins.

A request to Administer Medication form can be accessed from Suzi or Sakina in the school office or on page 5 and 6.

School Uniform

Did you know it was our TWPS School Council (from the past) that developed our school's dress code that we believe provides a range of choices for students and is cost effective for families.

Our School Uniform aims to:

- ✓ foster a sense of community and belonging and encourages students to develop pride in their appearance and our school
- ✓ support Thomastown West Primary School's commitment to ensuring that our students feel equal and are dressed safely and appropriately for school activities.
- ✓ reduce student competition on the basis of clothing
- ✓ to ensure our student dress code aligns with Department of Education Sun Smart requirements
- ✓ enhance the profile and identity of the school and its students within the wider community.

Wearing our school uniform is like a badge of honour, it creates an identity for our school and is an important feature of being a member of our school community.

If your child is wearing the uniform correctly, we thank you. *We request that ask each family to look closely at what their child is wearing and ensure:*

1. She/he doesn't wear other coloured leggings or other coloured pants. Blue or white leggings ideally are worn only under a dress, not black or patterned.
 2. She/he doesn't wear a long-sleeved top that is not red, navy blue or white.
 3. She/he doesn't wear a coloured t shirt under the polo top.
 4. Wear a hat that is not a SunSmart school hat.
- Please make the necessary change/s.

The uniform shop is open Tuesday afternoons from 1pm to 4pm. If you can't make it to the uniform shop, you could collect a form from the office and return with payment, so the goods can then be taken home by your child.

Please contact the Office or speak to Miss G if you **require support** or uniform vouchers from State School Relief.

Thank you in anticipation








Assembly next week!

Weather permitting, we will hold our first whole school assembly OUTSIDE on **Friday 3rd March** where we will present our **House Captains and Class Captains** with their leadership badges. Parents and Carers are most welcome to attend this very special occasion.

"Spread love everywhere you go. Let no one ever come to you without leaving happier."

Sandi Young
Principal

Thomastown West Primary School compulsory school uniform items are as follows:

Season		Item Description	Image	Notes
All year round	Polo Shirts	<ul style="list-style-type: none"> Long sleeve Short sleeve Red in colour With or without TWPS logo No alternative logos are to be visible 		With or without TWPS logo
All year round	Shorts/Pants	<ul style="list-style-type: none"> Navy shorts Navy pants No alternative logos are to be visible 		Tights are to only be worn under shorts or dressed, not as pants
Summer	Dresses	<ul style="list-style-type: none"> Checked dress (as in image only) Tights and skivvies can be worn underneath for modesty purposes. White, blue tights and skivvies are to be worn. 		In winter white, red, navy skivvies can be worn underneath In winter navy tights can be worn under dresses
All year round	Jumper	<ul style="list-style-type: none"> Red pullover fleece with or without TWPS logo TWPS bomber jacket is navy blue. 		
All year round	Hijab or Turbans	<ul style="list-style-type: none"> Navy or red material with no decoration or brand name 		
All year round. Compulsory Term 1 and Term 4	Hat	<ul style="list-style-type: none"> Navy broadbrim without decoration or brand name Navy legionnaires hat without decoration or brand name 		Hats are available for sale at the TWPS front office
All year round	Headwear	<ul style="list-style-type: none"> Blue, white, red 'scrunchies' and ribbons are permitted Elastic Bands used to tie up hair may be worn in any colour 		

FRUIT

1

FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honeydew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, Apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

MIXED FRUIT

- Fruit salad
- Fruit kebabs

DRIED FRUIT

- Dried fruit, nut, popcorn mixes*

TINNED FRUIT/SNACK PACKS/CUPS

- In natural juice (not syrup)



VEGETABLES

2

FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

Can serve with either:

- Hummus
- Tomato salsa
- Tatziki
- Beetroot dip
- Natural yoghurt

SALADS

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pesto pasta salad*

BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn
- SOUP (In small thermos)
- Pumpkin soup
- Potato and leak soup
- Chicken and corn soup

MILK, YOGHURT AND CHEESE

3

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoghurt (frozen overnight)
- Custard

Tip:

- Freeze the night before to keep cool during the day

- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tatziki dip

Can serve with either:

- Fruit
- Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers



MEAT AND ALTERNATIVES

4

- Tinned tuna or salmon in springwater
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hummus dip
- Lean meat or chicken kebab sticks
- Peanut butter*

Can serve with:

- Wholegrain sandwich, roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad
- Vegetable frittata
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

Can serve with:

- Side salad
- Steamed or roasted vegetables

GRAIN AND CEREAL FOOD

5

MAINS

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

- Pasta dishes
- Rice, quinoa or cous cous dishes
- Noodle dishes
- Sushi

SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit based muffins

SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
- Crispbread
- Rice cakes
- Corn thins
- Wholemeal scones
- Pikelets
- Crumpets
- Hot cross buns (no icing)

WATER

6

- Take a water bottle (for refilling throughout the day)

Tip:

- Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay





Medication Authority Form

for a student who requires medication whilst at school

This form should be completed ideally by the student's medical/health practitioner, for all medication to be administered at school. For those students with asthma, an Asthma Foundation's *School Asthma Action Plan* should be completed instead. For those students with anaphylaxis, an ASCIA *Action Plan for Anaphylaxis* should be completed instead. These forms are available from the Australasian Society of Clinical Immunology and Allergy (ASCIA): <http://www.allergy.org.au/health-professionals/ascia-plans-action-and-treatment>.

Please only complete those sections in this form which are relevant to the student's health support needs.

Name of School: _____

Student's Name: _____ Date of Birth: _____

MedicAlert Number (if relevant): _____ Review date for this form: _____

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day: it can be taken before and after school and before bed.

Medication required:

Name of Medication/s	Dosage (amount)	Time/s to be taken	How is it to be taken? (eg orally/topical)	Dates
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication
				Start date: / / End Date: / / <input type="checkbox"/> Ongoing medication

Medication Storage

Please indicate if there are specific storage instructions for the medication:



Medication Authority Form for a student who requires medication whilst at school

Medication delivered to the school

Please ensure that medication delivered to the school:

☐ Is in its original package

☐ The pharmacy label matches the information included in this form.

Self-management of medication

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and his or her parents/carers, the school and the student's medical/health practitioner.

Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment:

Monitoring effects of Medication

Please note: School staff *do not* monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement

The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOI Unit on 96372670.

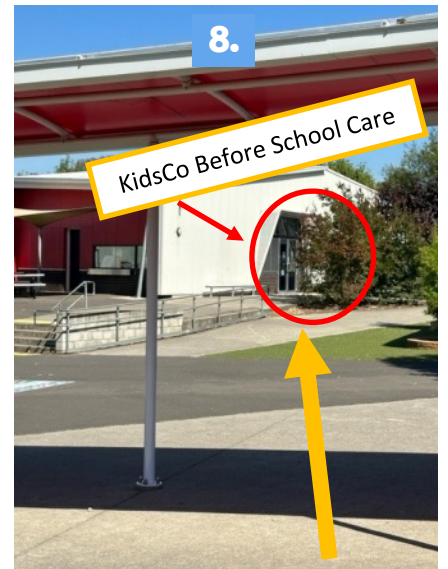
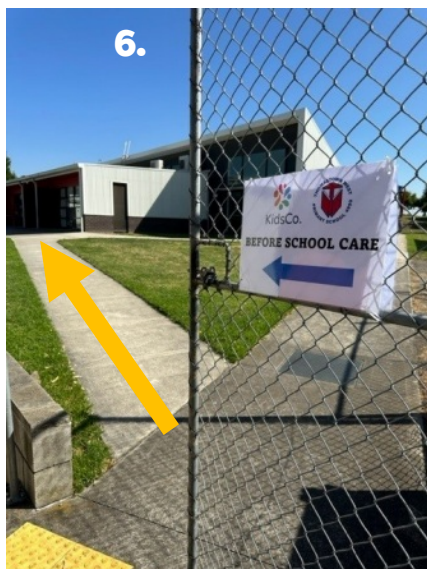
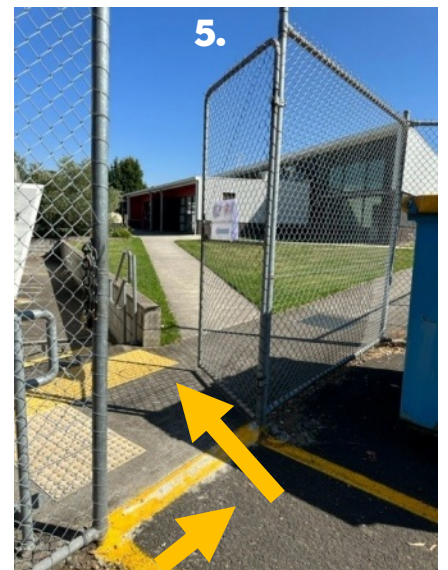
Authorisation:
Name of Medical/health practitioner:
Professional Role:
Signature:
Date:
Contact details:
Name of Parent/Carer or adult:
Signature:
Date:

If additional advice is required, please attach it to this form.



KidsCo.

BEFORE SCHOOL CARE from 7am



TWPS School Council Elections 2023

School Council Elections are held each year. I have included the **Schedule 3 2022 Notice of Election and Call for Nominations for School Council**, a nomination form and some frequently asked questions about School Council with this Newsletter. There are a number of vacancies so I hope you will consider supporting the school by joining School Council.

Would you like to know more about School Council:

- ✓ It is a legally formed body that is given powers to set the key directions of a school.
- ✓ Is the major governing body of the school
- ✓ Plays an important role in school accountability and improvement processes
- ✓ Endorses the key school planning, evaluation and reporting documents
- ✓ All School Council decision-making takes place within a framework of legislated powers, Ministerial Orders, directions, guidelines and DET policy objectives
- ✓ Assist in the efficient governance of the school
- ✓ Ensure students' best interests are primary
- ✓ Enhance the educational opportunities for students
- ✓ Ensure compliance with relevant legislation and regulations Fundamental Function Establish the broad direction and vision of the school within the school's community
- ✓ Participate in the development and monitoring of the school strategic plan
- ✓ Develop, review and update school policies
- ✓ Develop, review and monitor the Student Engagement Policy and the School Dress Code
- ✓ Raise funds for school-related purposes
- ✓ Approve the annual budget and monitor expenditure
- ✓ Maintain the school's grounds and facilities
- ✓ Enter into contracts (e.g. cleaning, construction work)
- ✓ Report annually to the school community and to DEECD
- ✓ Generally, stimulate interest in the school in the wider community

Schedule 3

2023 Notice of Election and Call for Nominations for School Council

An election is to be conducted for members of the School Council of Thomastown West Primary School. Nomination forms may be obtained from the school and must be lodged by **4.00pm on Friday 24th February 2023**.

Following the closing of nominations, a list of the nominations received will be posted at the school by **Friday 3rd March 2023**. If a ballot is necessary, it will close at **4.00 pm on Friday 10th March 2023**.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership Category	Term of Office	Number of positions
Parent Member	From the day after the date of the Declaration of the poll in 2023 and inclusive of the date of the declaration of the poll in 2023	3
Community Member	From the day after the date of the Declaration of the poll in 2023 and inclusive of the date of the declaration of the poll in 2023	1
DET Employee	From the day after the date of the Declaration of the poll in 2023 and inclusive of the date of the declaration of the poll in 2023	1

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Sandi Young

The categories of membership explained:

1. A mandated elected Parent category - more than one-third of the total members must be from this category. Department of Education and Training (DET) employees can be Parent members at their child's school as long as they are not engaged in work at the school.
2. A mandated elected DET employee category - members of this category may make up no more than one-third of the total membership of School Council. The principal of the school is automatically one of these members.
3. An optional Community member category - members are co-opted by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.

Generally, the term of office for all members is two years. The term of office of half the members expires each year, creating vacancies for the annual School Council elections.

Why is Parent membership so important?

Parents on School Councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a School Council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?

The easiest way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant. This way you have input into who will be representing you.

The other way is to nominate yourself or nominate someone you would like to see on council.

School Council Elections 2023

Schedule 5A: Self-nomination Form for Parent Member Category

I wish to declare my candidacy for an elected position as a parent/guardian representative on the Thomastown West Primary School Council.

Name:

Residential address:

Home telephone: Business telephone

Email:

I am the parent/guardian ofwho is/are currently enrolled at this school.

I am an employee of the Department of Education and Training. Yes / No (please circle)

I am prepared to serve as a Parent member of the above-named School Council.

I hereby declare that I am not an undischarged bankrupt and that I am not currently serving a sentence for an indictable offence.

Signature of Candidate Date / /

You will be notified when your nomination has been received.

- Personal information provided in this form is collected as part of the School Council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

FRIENDLY REMINDER:

ALL STUDENTS MUST WEAR THEIR SCHOOL HATS WHEN OUTSIDE.

If your child has lost their hat, they can be purchased at the office for \$14.

Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>



ASSEMBLIES

2:30pm Fridays

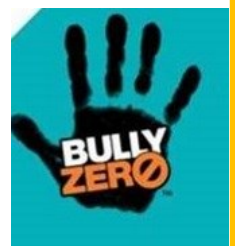
WHOLE SCHOOL ASSEMBLY BASKET BALL COURT	TEAM ASSEMBLY In your child's building
Friday 17th February <input checked="" type="checkbox"/>	Friday 10th February <input checked="" type="checkbox"/>
Friday 3rd March	Friday 24th February <input checked="" type="checkbox"/>
Friday 17th March	Friday 10th March
Friday 31st March	Friday 24th March

S.R.C News

On Thursday 30th March we will be having a fundraiser for the ***National Day of Action Against Bullying and Violence***. On this day, you will need to dress up as your favourite superhero and take a stand against bullying. There will also be a dollar coin donation going fully towards schools in Australia to support behaviour and bullying programs to keep everyone from feeling unsafe. This program will be able to assist students on how to show responsibility over their actions. A dollar on this day will keep the bullies away.

- **Date:** Thursday 30th March
- **Donation:** A gold coin
- **Mission:** Dress up as your favourite superhero and take a stand against bullying.

**'Zero to Hero
for Bully Zero'**



PARENT PAYMENTS POLICY

ONE PAGE OVERVIEW



FREE INSTRUCTION

- Schools provide students with free instruction and ensure students have free access to all items, activities and services that are used by the school to fulfil the standard curriculum requirements in Victorian Curriculum F-10, VCE and VCAL.
- Schools may invite parents to make a financial contribution to support the school.



PARENT PAYMENT REQUESTS

Schools can request contributions from parents under three categories:

Curriculum Contributions

Voluntary financial contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum.

Other Contributions

Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives.

Extra-Curricular Items and Activities

Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis.

- Schools may also invite parents to supply or purchase educational items to use and own (e.g. textbooks, stationery, digital devices).



FINANCIAL HELP FOR FAMILIES

- Schools put in place financial hardship arrangements to support families who cannot pay for items or activities so that their child doesn't miss out.
- Schools have a nominated parent payment contact person(s) that parents can have a confidential discussion with regarding financial hardship arrangements.



SCHOOL PROCESSES

- Schools must obtain school council approval for their parent payment arrangements and publish all requests and communications for each year level on their school website for transparency.


EVERY DAY OF LEARNING COUNTS

Term 1 Week 5 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	63%	64%	Room 9	83%	87%
Room 3	71%	69%	Room 10	89%	 88%
Year 1/2	Last Week	This Week	Room 11	65%	70%
Room 4	65%	73%	Room 12	80%	84%
Room 5	74%	80%	Year 5/6	Last Week	This Week
Room 6	80%	73%	Room 15	85%	86%
			Room 16	72%	70%
			Room 17	81%	70%
			Room 18	81%	79%

EVERY DAY OF LEARNING REALLY DOES COUNT!

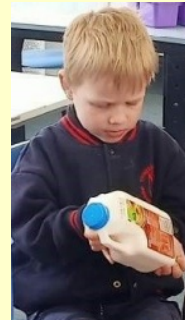
At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress.	

Pancake Tuesday



TOP DOJO EARNERS

Term 1 Week 5

Congratulations to **Room 02** with 140 Dojo Points

You are the class with the highest number of Dojo points this week!



Prep	Isabel, Raika & John 10 Dojo Points
Grade 1/2	Khadija 8 Dojo Points
Grade 3/4	Noah 8 Dojo Points
Grade 5/6	Saad 8 Dojo Points
Most Dojo points Prep - 6	Isabel, Raika & John 10 Dojo Points

Hello everyone!

Please enjoy the recipe of the week!

PANCAKES

Try serving this family favourite with seasonal fruit, cinnamon, a small dollop of reduced fat Greek yoghurt or toasted nuts and seeds.

EQUIPMENT

- Metric measuring cup and spoon
- large bowl
- medium-sized bowl
- whisk
- mixing spoon
- large frying pan
- ladle
- egg flip

INGREDIENTS

- 1 cup self-raising flour
- 1 cup fat-reduced milk
- 1 egg
- 2 tbsp olive oil, to shallow fry
- 2 cups fresh, seasonal fruit

WHAT TO DO

1. Place the self-raising flour in the large bowl.
2. Crack the egg into the medium-sized bowl and add the milk. Whisk to combine.
3. Pour the egg and milk mixture into the dry ingredients. Whisk well until you have a runny batter.
4. Set aside in the fridge for 10–15 minutes (optional). This will result in a smoother batter.
5. Heat olive oil in the frying pan over a medium heat.
6. Remove the batter from the fridge and give it a stir.
7. Scoop a ladleful of the batter into the middle of the frying pan.
8. Cook the pancake for 1–2 minutes until bubbles appear on the top, then flip over and cook for a further 1–2 minutes, until golden.
9. Serve with a dollop of reduced-fat Greek yoghurt, seasonal fruit or toasted nuts and seeds.



If you make them we would love to see them! Email your photos to Thomastown.west.ps@education.vic.gov.au

THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 1, 2023

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA



3:15 pm – 4:30 pm
HOMEWORK CLUB



Tuesday

1:30 pm – 2:15 pm
STEAM



3:15 pm – 4:30 pm
PIXELS AND PAINT ART CLUB



Wednesday

9:30 am – 2:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please contact Ruvee:
P: (03) 9401 6666 | E:twch@whittleseacc.org.au



THOMASTOWN ON-CAMPUS STORE

BELEZA TRADING HOURS



OPEN!

2023

TERM 1				
JANUARY	Tues 24th 10am - 3pm	Wed 25th 10am - 3pm	Fri 27th 10am - 3pm	Mon 30th 10am - 3pm
FEBRUARY	Tues 7th 1pm - 4pm	Tues 14th 1pm - 4pm	Tues 21st 1pm - 4pm	Tues 28th 1pm - 4pm
MARCH	Tues 7th 1pm - 4pm	Tues 14th 1pm - 4pm	Tues 21st 1pm - 4pm	Tues 28th 1pm - 4pm
APRIL	Tues 4th 1pm - 4pm			
TERM 2				
MAY	Tues 2nd 1pm - 4pm	Tues 16th 1pm - 4pm	Tues 30th 1pm - 4pm	
JUNE	Tues 13th 1pm - 4pm			



THOMASTOWN WEST PRIMARY SCHOOL CANTEEN MENU 2023



Online Orders:

**NEW
MENU**

Welcome to My School Connect
ORDER YOUR CHILD'S MEALS ONLINE

New to My School Connect SIMPLY REGISTER AT:

www.myschoolconnect.com.au

Hot Food

Beef burger with cheese and tomato sauce (Ha)	\$5.00
Large Beef Pie (Halal)	\$4.30
Hot Dog Beef (Halal)	\$4.20
Large Sausage Roll (Halal)	\$4.00
Twin Party Pies 2 pieces (Halal)	\$3.00
Chicken Nuggets 6 pieces (Halal)	\$5.00
Pizza – Margarita (Halal)	\$3.50
Pizza – Sujuk Beef	\$4.00
Pizza Zaatar (oregano & herb)	
Chicken Tenderloins Wrap with cheese, Tomato, mayo & sweet chilli sauce	\$6.50
Ricotta Mini Pastry	\$1.60
Ricotta & Spinach Rolls	\$4.00
Extra Tomato sauce	\$0.20

Freshly Made Hot Food

Pasta- Penne Bolognese Sauce	\$6.50
Pasta- Penne Napoli Sauce	\$6.00

Drinks

Lipton Iced tea (peach or lemon)	\$4.00
Fruit Juice Box (apple or orange)	\$2.50
Chocolate and Strawberry Milk	\$3.00
Water (600ml)	\$2.50

Freshly Made Sandwiches^(h)

On white bread. Gluten free bread also available upon request

Cheese	\$3.00
Cheese and Ham	\$3.50
Cheese, Ham, and Tomato	\$4.00
Salad (lettuce, tomato, and carrot) (v)	\$4.50
Vegemite and Cheese	\$3.00
Add to your order	
Mayo	Add \$0.50

Snacks

Banana Bread	\$3.00
Fruit Salad (seasonal fruit mix)	\$3.50
Freshly baked muffin	\$2.50

v)= vegetarian (ve)= vegan (Ha)= Halal
(h) = prepared on site by canteen staff

Note: Prices may be subject to change due to seasonal fluctuations and wholesaler price increases.

- Every Wednesday and Friday your child can order a lunch order.
- Lunch orders can only be ordered via the School Connect App.
- Cut off time is 8.30 am



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au

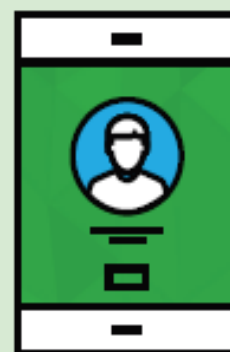


1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

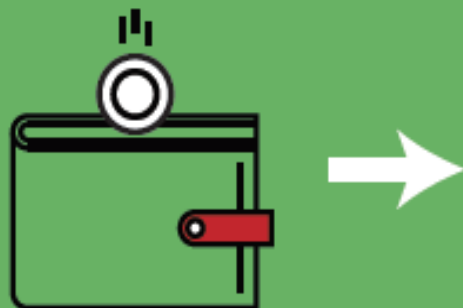


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915



EXPLORE THE WORLD & BEYOND

At



KidsCo.

Before & After School Care

EVERY DAY IS A NEW ADVENTURE

Before School Care:

7:00am - 8:30am



From \$3 After Max CCS



After School Care:

3:15pm - 6:15pm



From \$3.75 After Max CCS



Enrol online kidsco.net.au/oshc-thomastown

Invitation

Let's Dance!

**TWPS Students are invited to perform
at the Promisetown Picnic & Markets, Sat 4th March 1- 5pm.**

Thomastown Neighbourhood House is excited to announce that the PROMISETOWN PICNIC & MARKETS will return on Saturday 4th March! The day will feature: Nepalese & Vietnamese performances, multicultural drumming and a big community dance workshop for young and old!

TWPS Students are invited to perform the "High Hopes" dance on the community stage at 3pm. Also dancing will be Thomastown Primary School and many members of the local community.

If you would like to learn the dance at home, here is the link:

<https://www.youtube.com/watch?v=UNJFORsSFic>

Entry is free and everyone is encouraged to bring a picnic and some cash for bargains at the markets- selling hand- made crafts, trash and treasure. The Promisetown Picnic is full of activities for children including puppet making, fairy wings workshop, face painting and an amazing circus show!

FREE Event for all the family.

Date: Sat 4th March

Time: 1-5pm

Venue: TRAC (Thomastown Recreation Aquatic Centre) Outdoor Play Area, 52-54 Main St, Thomastown

The Promisetown Picnic is supported by the City of Whittlesea Community Event Funding Program. Special thanks to TRAC for being home to the Promisetown Picnic.

LINKS: Promisetown Picnic & Walking Thomastown Trailer:

<https://youtu.be/8oLBPswrJjs> (made by Chris Preuss)

Website: www.tnh.org.au

PROMISETOWN

PICNIC

& MARKETS



Saturday 4th March, 2023

1- 5pm

Thomastown Recreation & Aquatic Centre

@TRAC

Outdoor Play Space

Family Fun Day + Free Entry

Makers Market, Art Activities, Music, Dance & Kids Show!

**Presented by Thomastown Neighbourhood House &
Supported by City of Whittlesea Community Events Funding Program**



**City of
Whittlesea**



**Thomastown Recreation
& Aquatic Centre**

Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.