

Thomastown West Primary School Newsletter

Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317



2022 IMPORTANT DATES:

Mon	14 Nov 21 Nov	Prep, 1/2 and 3/4 Swimming Program
Tue	8 Nov	Prep 2023 Orientation Session 1: 9am
Tue	15 Nov	Prep 2023 Orientation Session 2: 9am School Council 6:30pm at TWPS
Fri	18 Nov	Whole School Assembly 2:30pm
Tue	22 Nov	Prep 2023 Orientation Session 3: 9am
Fri	25 Nov	Grade 1 Dinner Grade 2 Sleepover
Thurs	01 Dec	Writers Festival 2:30pm Parents and Carers invited to view your child's writing work.
Fri	2 Dec	Whole School Assembly 2:30pm
Mon	5 Dec	Prep, 1/2 and 3/4 Swimming Program
Fri	9 Dec	Billy Cart Race 2:30pm Parents and Carers welcome
Tue	13 Dec	2023's Year 7 Orientation Day School Council 6:30pm at TWPS
Wed	14 Dec	Grade 5/6 FUNFIELDS Excursion
Thurs	15 Dec	TWPS instrumental groups performances 11:30am Parents and Carers welcome
Fri	16 Dec	Student Semester 2 Reports available Whole School Assembly 2:30pm
Mon	19 Dec	Grade 6 Graduation
Tue	20 Dec	Last Day of Term 4 2022 Whole School Assembly 12.00pm School Finishes at 1.15pm

No.35 11th November 2022

From the Principal

Hello everyone, I hope that this newsletter finds you well and you have been able to make the most of the lovely weather that we've experienced over the last few days, particularly after the deluge of rain we had experienced previous to that. Can you believe that we have 5 weeks left of the school year and we have much still to complete in terms of our planning for 2023. The Christmas decorations all over the community are a not so subtle reminder that Christmas and the school holidays are just around the corner.

2023 Prep Orientation Transition Sessions

On Tuesday we held the first of our 2023 Prep orientation transition sessions. While the students were participating in multisensory activities, the parents and carers joined me for an information session. We look forward to the following two Tuesdays when our future Preps and their parents or carers return for more fun, learning and information sharing.

See you Saturday!

Our school choir is performing at 3pm at the Thomastown Promisestown Picnic. Join us! More details page 3.

Remembrance Day- Friday 11th November

Today our school commemorated this important day by observing a minute of silence dedicated those who have served our country in the past and current wars to protect the nation. Our SRC and Student Voice leaders provided a brief service over the public address system so that students increased their understanding of Australia's part in the historical Armistice Day and why a red poppy is usually worn. The leaders outlined the significance of this day and how fighting in World War 1 stopped on the 11th hour of the 11th day of the 11th month in 1918.

Many Australians stop what they are doing at exactly 11.00am in their local times on November 11th each year to dedicate a minute of silence for those who died in war, especially soldiers from as far back as World War I. This ceremony marks the hundred and fourth anniversary of the armistice, (which meant "the putting down of weapons"), in commemoration of the end of hostilities of the Great War. On the first anniversary of the armistice, in 1919, one minute's silence was instituted as part of the main commemorative ceremony. After the end of World War II in 1945, the Australian and British governments changed the name from Armistice Day to Remembrance Day as an appropriate title for a day which would commemorate all war dead. Remembrance Day in Australia is dedicated to Australians who died as a result of war, particularly from World War I onwards.

Buildings and grounds update

At one point this week I was wondering if we had more tradespeople than teachers. ☺ DET Make Safe workers helped TWPS 'dry out' after the multiple floods in the Admin building, our friendly arborist cleaning up the trees after the storm and then there were electricians and plumbers who were solving the mystery of the Admin heaters that stopped working after the heavy rains. The good news? Our new shelter that is being constructed behind 3/4 building is **coming soon!**

Intra-school transition

Next week we begin our whole school transition sessions, where each Thursday after lunch, children will visit different teachers in different groupings to learn about their 2023 grade level. Over the coming weeks, children will participate in a variety of activities with a variety of teachers and children in their year level, that allow the children to build new friendships, get to know one another and learn to feel more comfortable in new situations. We have had great success with this program over the past 5 years and I am confident this success will continue. **PLEASE NOTE:** Children will learn which teacher and friends are in their 2023 classroom on Thursday 15th December. There will be lots of mixing of students before then.

Prepare to be SunSmart and for Thunderstorm Asthma Season

There are important steps that can be taken to ensure students are sun smart and safe at school. UV radiation is at its highest from mid-August to April and peaks during school hours. Schools are required to have measures in place to manage extreme heat and provide sun and UV protection. Extreme heat or a heatwave is a period of unusual and uncomfortable hot weather that can negatively affect health. Asthma and hay fever symptoms

increase every year between October and December. There is also the chance of an epidemic thunderstorm asthma event during grass pollen season. Increased risk of thunderstorm asthma can occur in people with:

- Asthma
- A past history of asthma
- Undiagnosed asthma
- Hay fever, who may not have asthma
- Poor control and self-management of asthma

To be sun smart and safe there are three important steps to take. These are:

1. Extreme heat and sun protection (hats, sunscreen, clothing, drink water, be outdoor in the coolest part of the day).
2. Thunderstorm asthma preparation (asthma medication easily accessible, avoid outside between October and December especially if windy; have asthma action plans and allergy plans up to date.
3. Thunderstorm asthma event alerts (subscribe to the Prepare and Get Ready – Victoria Emergency to receive warnings; emergency response procedures and following individual asthma action plans as needed.)

2023 Planning

Planning for 2023 is well underway so we would appreciate being notified immediately of any of the following situations:

- New enrolments (2023 Prep and other levels) – if you know of any new enrolments, please notify the office.
- Transfers out – if you are not returning to TWPS in 2023 (Grade 6's excluded), please notify the office of your departure.

Rapid Antigen Tests

We have a large volume of 'RATs' at school. Tests are available for families from the school office

Everyone has the right to feel safe and comfortable

Do you remember when happiness was playing with your friends or family in the sand? Thank you to our School Captain Asmaa and our Student Voice Captain Sohung, who have worked with our *Preps and 1/2 sandpit regulars* to reflect on our school values when playing in the sandpit and develop a student-owned agreement. See below.

Sandi Young
Principal

TWPS SANDPIT AGREEMENT



We will show RESPECT by:

- ✓ understanding that it's not safe to throw sand
- ✓ playing safely in the sandpit and living the school values
- ✓ taking care around each other's sand castles.

We are RESPONSIBLE when:

- ✓ we take care of others' sand castles and their creations.
- ✓ we always wear our hats in the sandpit
- ✓ we share the sand and equipment with one another.

We can demonstrate RESILIENCE if:

- ✓ someone accidentally steps on our sandcastle, we would realise it was probably an accident
- ✓ our sandcastle falls down, we can work together to build a new one.

We show EMPATHY when we:

- ✓ help someone rebuild a sandcastle if it gets knocked over accidentally
- ✓ understand that it can be frustrating when you have worked hard on something and it falls over
- ✓ help our friends when they have sand in their shoes
- ✓ help our friends by sharing our play space in the sandpit.

We will STRIVE TO BE OUR BEST when:

- ✓ we feel proud of our achievement, especially when we have worked really hard on building something.
- ✓ we are playing happily with our friends and we show respect and empathy to everyone
- ✓ we play fairly with each other.

**Our TWPS Sandpit Agreement made in consultation with our Year 6 leaders and Prep and 1/2 students.*

Thomastown Neighbourhood House presents

PROMISETOWN

PICNIC & MARKETS



Saturday 12 November

1pm- 5pm

@ TRAC - Outdoor Area

Thomastown Recreation & Aquatic Centre, 52- 54 Main St

Free entry & bring a picnic

**Community Stage
Kids Art Activities
Music & Dance**

**Puppet Show
Bubble Show &
Dog Show**

**Markets
Food Trucks
Face Painting**



The Promisetown Picnic is supported by the City of Whittlesea Community Event Funding Program.

Thomastown Neighbourhood House is supported by City of Whittlesea and the Victorian Government.

TWPS BAND

Today our school band, Mr Rosa and Mrs Walters visited Lalor North Secondary School to record our band performing in their recording studio. The TWPS band members will each receive a professionally mastered CD album of their recording. Thank you Lalor North Secondary School!



Thomastown West

Primary School

Prep 2023 Transition Program



**PLEASE
SAVE
THESE
DATES!**

Tuesday 8th November
9am-10am

Tuesday 15th November
9am-10am

Tuesday 22nd November
9am-10am

Dear Pre Preps and Families

Thank you for attending the Term 3 School Readiness Program.

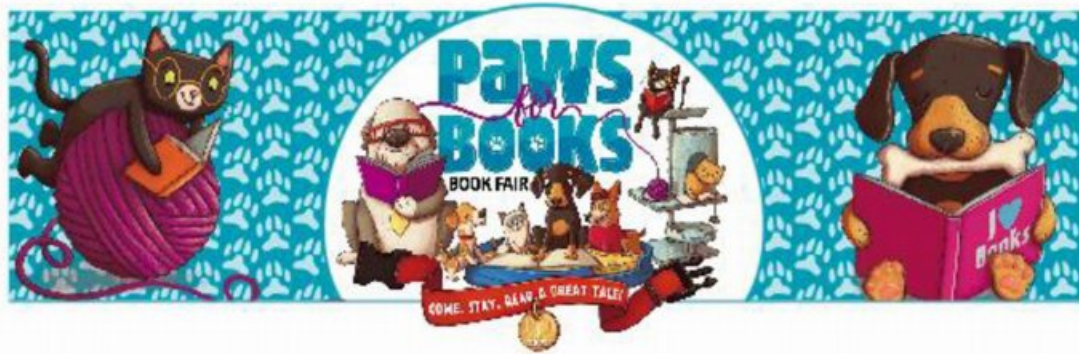
We hope you have enjoyed your sessions this term and are becoming more familiar with the school surroundings.

There are three additional orientation sessions in term 4.

We look forward to seeing you then!



Thomastown West
Primary School



SCHOLASTIC BOOK FAIR 2022

The Scholastic Book Fair has arrived! Students will have the opportunity to explore a huge range of affordable books featuring characters and subjects' kids love and want to read about. From newly released books and bestsellers to award-winning titles and personal favourites. The students will have the opportunity to fill a wish list to bring home but please remember there is **NO OBLIGATION**.

The Book Fair will run next week, and parents and guardians are most welcome to visit the fair before and after school.

Tuesday 8th to Monday 14th November

Before school: 8.30am-8.45am

After school: 3.15pm-3.45pm

We need your help to make our Book Fair a success. All proceeds from the sales greatly benefit our school library. Our Book Fair encourages children to be excited about reading and learning. Your investment will help enrich the lives of the children and families of Thomastown West. Please join me and others in supporting our School and as always, we appreciate your ongoing support of the Book Fair.

Thank you
Tamara Walters
TWPS Library

Stars of the Week

Term 4 - Week 6



More details
will be shared in
next week's newsletter!





Side by Side SIB
Achieving results together

WHAT IS IT?

We are a friendly and dedicated team that invites families, students and the school, to work together to help our students get to school and continue their love of learning.



HOW DOES IT WORK?



- 12 months of extra learning support
- We can help you get your children to school & join in fun events throughout the year
- Working together to help you access resources in our community

MEET THE TEAM!

Family Education

Hi, I'm Zac. I'm here to help you and your family get to school! I can help you join in fun school holiday activities too!

Teacher

Hi, I'm Catriona. I am a teacher at your school and I help kids with their learning!

Family Education

Hi, I'm Stewart. I can help you get to school & join in cultural activities throughout the year!

Hi



Hi



Hello Everyone ,

At Thomastown West Primary School

EVERYONE HAS THE RIGHT TO FEEL SAFE AND COMFORTABLE.

We encourage you to speak to your child about playing safely at school.



**NO KICKING
ZONE**

near our buildings and walkways.

**THE ONLY PLACE
TO KICK A BALL
IS ON
THE
OVAL**



Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.



Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>



PROGRAMS BEGIN TERM 4 WEEK 2

THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 4 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA

3:15 pm – 4:30 pm
HOMEWORK CLUB



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm
STEAM

3:15 pm – 4:30 pm
DIGITAL ART



Friday

9:30 am – 1:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077

2:15 pm – 3:00 pm
KOORIE KIDS GROUP
with Eva



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please
contact:

P: (03) 9401 6666

E: twch@whittleseacc.org.au

images: Flaticon.com

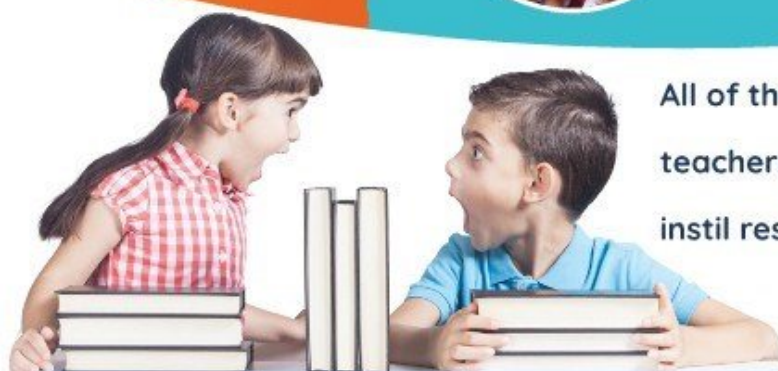




Making every day the best day ever!

Our After School Care programs focus on developing skills that enable the next generation of AWESOME to embark on a journey of fun, connection, and exploration in our care.

Only \$3.75
After Max
CCS!



All of the programs are led by qualified school teachers (who know how to be a BIG kid) and instil resilience and confidence!

How to Enrol

Simply visit our website to enrol your child and activate your Xplor account!

A member of our team will call you once your enrolment is active and we will help you make bookings and answer any questions you may have!



Thomastown West Primary School,
98-112 Main St,
Thomastown VIC 3074



1300 976 304



kidsco.net.au/oshc-thomastown

Here's a sneak peek of what's on!

After School Care Program Sample

Monday	Tuesday	Wednesday	Thursday	Friday
3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in
3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea
STEAM Zone Coding	STEAM Zone Angry Birds	STEAM Zone Rollercoaster Tycoon	STEAM Zone Little Farmers	STEAM Zone The Band
Physical Literacy All Sports Football	Physical Literacy All Sports Soccer	Physical Literacy Grand Final Day	Physical Literacy Ninja Warrior	Physical Literacy Survivor
Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available
Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available

Program	Session Times	Session Fees	After Max CCS
After School Care	3:15pm - 6:15pm	Casual & Recurring \$25	Pay as little as \$3.75

School Holiday Programs are operating next door at Thomastown Recreation & Aquatic Centre

Late collection fees may apply \$1 per minute

Visit our website to enrol now!

kidsco.net.au/oshc-thomastown

Only \$3.75
After Max
CCS

Need a hand enrolling at KidsCo?
We've got you covered!

KidsCo Outside School Hours Care Programs are designed to support parents and carers in the local community and to ensure the kids are being cared for in a safe and fun environment.

STEP 1. Enrol online

Visit our website www.kidsco.net.au/oshc-thomastown and click the pink **Enrol now!** button



STEP 2. Complete the online enrolment form

Complete the online enrolment form for **each of your children**.

We require the mandatory information below:

- Child's school grade/year
- Child's CRN and birth date
- Child's medical practitioner/clinic
- Child's Medicare number including reference number and expiry date
- Parent's CRN and birth date*
- 2 emergency contacts including their contact numbers & addresses**



* Primary parent must be the same parent the same as the primary carer in Centrelink for CCS purposes.

** Emergency contacts must be different from parents.

STEP 3. Leave it with us!

Our team will call you after we check your enrolment form.
We will also help you make bookings* and answer any further questions you may have.

*If you need to make a booking for the same day please email OSHC@kidsco.net.au



Need extra help?

You can contact the KidsCo Support Team below

1300 976 304

oshc@kidsco.net.au

oshc.kidsco.net.au

هيا لنجعل كل يوم أفضل يوم على الإطلاق!

تركز برامج رعاية ما بعد المدرسة على تطوير المهارات التي تمكن طفلك من الانطلاق في رحلة من المرح، والتواصل، والاستكشاف في رعايتنا. نحن نقدم شاي بعد الظهر صحيًا ومغذيًا وأيضًا أنشطة جذابة. يمكن لطفلك قضاء بعض الوقت مع الأصدقاء القدامى أثناء تكوين صداقات جديدة!



جميع برامجنا يقودها مجموعة من معلمي المدارس
المؤهلين (الذين يعرفون طريقة تفكير الأطفال) وطرق
غرس المرونة والثقة!



كيفية التسجيل

قم بزيارة موقعنا على الانترنت لتسجيل طفلك! سيقوم فريقنا بالاتصال بك بعد مراجعة تسجيلك لمساعدتك في إجراء الحجوزات والإجابة على أي أسئلة قد تكون لديك.

 Thomastown West Primary School
98-112 Main St,
Thomastown VIC 3074

 1300 976 304

 kidsco.net.au/oshc-thomastown

تفاصيل أكثر عن برامجنا

عينة من برنامج الرعاية بعد المدرسة

3:00 مساءً - 3:15 مساءً

تسجيل الوصول

3:15 مساءً - 3:45 مساءً

شاي بعد الظهر

منطقة العلوم المختلفة

كودينج

انجري بيردز

رولر كوستر تايكون

ليتل فارمرز

ذا باند

محو الأمية البدنية

جميع الرياضات كرة القدم الأمريكية

جميع الرياضات كرة القدم

الناجي

النينجا المحارب

الناجي

حديقة زن منطقة الواجبات المنزلية الهادئة - متاحة دائمًا

بعد دعم رعاية
الطفل القصوى

رسوم الجلسة

أوقات الجلسات

البرنامج

Pay as little as

\$3.75

\$25

السعر الكامل

3:15 pm - 6:15 pm

رعاية ما بعد المدرسة

ستعمل العطلات المدرسية في الجوار في مركز ثوماستاون للترفيه والألعاب المائية

قد يتم تطبيق رسوم التحصيل المتأخر \$1 per minute

- مرونة في الحجز
- 10:1 نسبة المعلم إلى الطفل
- تم اعتماد دعم رعاية الطفل
- غرس المرونة
- محو الأمية البدنية
- بناء الثقة بالنفس واحترام الذات
- التعلم القائم على المشاريع
- معلمون مؤهلون دائمون
- أنشطة مثيرّة تعتمد على مختلف العلوم

قم بزيارة موقعنا للتسجيل الآن!

kidsco.net.au/oshc-thomastown

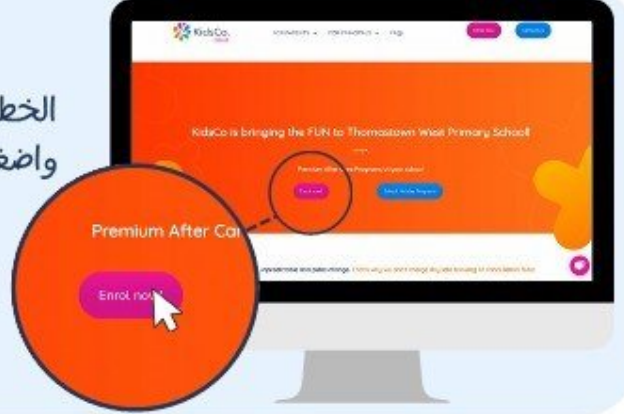
\$3.75
بعد خصم
CCS

كيفية التسجيل في كيدزكو!

يقوم برنامج كيدزكو للرعاية ما بعد المدرسة بتوفير لطفلك مساحة آمنة للتعلم، واللعب، وتطوير المهارات الحياتية الحقيقية! يرجى إكمال نموذج التسجيل عبر الإنترنت للبدء!

STEP 1. Enrol online

الخطوة الأولى: قم بزيارة موقعنا على الإنترنت
واضغط فوق سجل الآن oshc.kidsco.net.au/oshc-thomastown



STEP 2. Complete the online enrolment form

الخطوة الثانية: أكمل نموذج التسجيل عبر الإنترنت لكل من أطفالك.
يرجى ملاحظة أننا نطلب المعلومات التالية للموافقة على التسجيل:

- تاريخ ميلاد الطفل
- الرقم المرجعي للطفل وتاريخ الميلاد
- رقم الرعاية الطبية للطفل بما في ذلك الرقم المرجعي وتاريخ انتهاء الصلاحية
- الصف المدرسي للطفل / السنة
- الرقم المرجعي للوالدين وتاريخ الميلاد
- يرجى جعل نفس مقدم الرعاية الأساسي هو نفس مقدم الرعاية الأساسي في سنترلينك لأغراض تتعلق بدعم رعاية الطفل
- عدد 2 جهات اتصال في حالات الطوارئ (التي لم يتم سردها كآباء) بما في ذلك رقم الاتصال وعناوينهم



STEP 3. Leave it with us!

الخطوة الرابعة: سيقوم فريقنا بفحص نموذج التسجيل الخاص بك والموافقة عليه يدويًا. سوف نتصل بك لتأكيد مكانك في "كيدزكو أوشك" ومساعدتك في إجراء الحجز الأول. إذا كنت بحاجة إلى إجراء حجز لنفس اليوم، فيرجى إرسال بريد إلكتروني إلى OSHc@kidsco.net.au



تحتاج مساعدة

اتصل بنا

1300 976 304

oshc@kidsco.net.au

oshc.kidsco.net.au

Lunch orders have resumed for every Wednesday and Friday....Please note you can ONLY order online



SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	> 6 PACK	\$ 4.20
		> EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	> WITH SOUR CREAM/SWEET CHILLI	\$4.00
CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	LEMON THYME CHICKEN SALAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20

Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL

Lunch orders have resumed for every Wednesday and Friday....Please note: ONLY order online through the Myschool App

OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au



1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

Lunch orders have resumed for every Wednesday and Friday....Please note: **ONLY** order online through the Myschool App

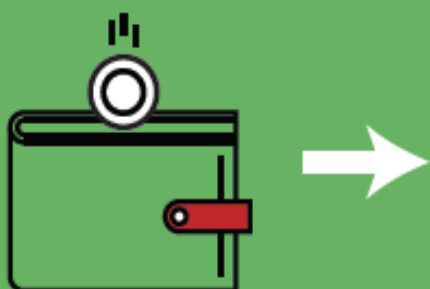


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915



OFFICIAL ANNOUNCEMENT

WHITTLESEA SHOW POSTPONED TO JANUARY 21st & 22nd

The weather has been against us from every angle and the grounds and parking areas are so wet we sink when we walk on them – in some parts up to our knees. We are very mindful of our responsibilities to have the best outcome considering the health and safety of our members, exhibitors, sponsors, volunteers and patrons. We've all been wearing gum boots for weeks and it's just not getting any better. We have no choice but to jump in the puddles and postpone the 2022 Whittlesea Show to the new dates of the 21st & 22nd of January 2023; same place, different time. Gate tickets and exhibit entry will be rolled over to the new dates. We will work through this in the coming week.

We are very pleased to be able to secure the dates of the 21st and 22nd January 2023 and we look forward to seeing you then.

Erica Hawke - President



CELEBRATION

WHITTLESEA SHOW

POSTPONED
TO 21ST & 22ND JAN

WAG
AG
SO
TY
FOUNDED 1859



20
22

SAT-SUN
5TH & 6TH
NOVEMBER
OPEN DAILY
9AM-5PM

WHITTLESEA SHOWGROUNDS, YEA RD, WHITTLESEA
WWW.WHITTLESEASHOW.ORG.AU



Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | kidshelpline.com.au

Parentline
(خط الوالدين)
13 22 89

الاستشارة والدعم للآباء والأمهات
ومقدمي الرعاية

يتوفر المستشارين المهنيين على الهاتف لمناقشة القضايا ومن ضمنها:

- التسلط
- العيش مع المراهقين
- العنف الأسري
- التفكك الأسري وإجهاد الوالدين
- سلوك الطفل والتنمية
- العلاقات بين الوالدين والطفل
- التعليم

Parentline يتوفر
كل يوم من أيام السنة
من الساعة 8 صباحاً
وحتى منتصف الليل.



يمكن للمتصلين غير الناطقين بالإنجليزية
الوصول إلى الترجمة التحريرية
والشفهية.

يمكن للمتصلين ضعاف السمع الوصول
إلى Parentline من خلال خدمة
التواصل الوطنية.