Chomastown West Primary School



2022 IMPORTANT DATES:

Mon	7 Nov 14 Nov 21 Nov	Prep, 1/2 and 3/4 Swimming Program
Fri	4 Nov	Whole School Assembly 2:30pm
Tue	8 Nov	Prep 2023 Orientation Session 1: 9am
Tue	15 Nov	Prep 2023 Orientation Session 2: 9am School Council 6:30pm at TWPS
Fri	18 Nov	Whole School Assembly 2:30pm
Tue	22 Nov	Prep 2023 Orientation Session 3: 9am
Fri	25 Nov	Grade 1 Dinner Grade 2 Sleepover
Thurs	01 Dec	Writers Festival 2:30pm Parents and Carers invited to view your child's writing work.
Fri	2 Dec	Whole School Assembly 2:30pm
Mon	5 Dec	Prep, 1/2 and 3/4 Swimming Program
Fri	9 Dec	Billy Cart Race 2:30pm Parents and Carers welcome
Tue	13 Dec	2023's Year 7 Orientation Day School Council 6:30pm at TWPS
Wed	14 Dec	Grade 5/6 FUNFIELDS Excursion
Thurs	15 Dec	TWPS instrumental groups performances 11:30am Parents and Carers welcome
Fri	16 Dec	Student Semester 2 Reports available Whole School Assembly 2:30pm
Mon	19 Dec	Grade 6 Graduation
Tue	20 Dec	Last Day of Term 4 2022 Whole School Assembly 12.00pm School Finishes at 1.15pm

From the Assistant Principal

Book Fair

How exciting!! Students will have a chance to explore a huge that our records at TWPS are up to date. range of affordable books before and after school. You could

even choose to use this time to pick out some end of year presents for family and friends. Turn to page 3 for more information!



Canteen Reopening

Our canteen at Thomastown Secondary College canteen will be reopening on Wednesday next week. Lunch orders will be Vanesa Trpcevski accepted via the app from then onwards.

Healthy Snacks

Just a reminder that our students are encouraged to take regular breaks during learning time to recharge and reset. These breaks are usually accompanied with a healthy snack. Snacks such as fruits and vegetables are encouraged daily as a well-balanced diet. Remember, brain food helps students



concentrate and retain new information. Why not try something different and take your child shopping to choose their own brain food this weekend?

TWPS Camp Program

As part of our school camp program, our Year 2 students will be having a sleepover at school. Our camping program teaches students from a young age important life skills as they grow and mature. With these students approaching Year 3 in 2023, this is a great opportunity for them to spend a night away from

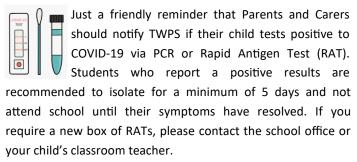
home. Year 1 students will be joining in on the fun for dinner and games, but will go home before the night ends. We are looking forward to the night and are sure it will be a blast!



Immunisation History Statement

Did you know, by law a child must have an Immunisation History Statement from the Australian Immunisation Register No.34 4th November 2022 (AIR) to enrol in primary school. The school keeps a copy to keep all students and staff safe when attending onsite. Parents and guardians will be sent a statement when their child turns 5 years old, alternatively you can print a copy of your child's Next week TWPS is beginning our annual Scholastic Book Fair! immunisation history from your MyGov account. Please ensure

Reporting COVID-19 Infection



Acting Assistant Principal

Thomastown West
Primary School

Prep 2023 Transition Program



PLEASE SAVE THESE DATES!

Tuesday 8th November 9am-10am

Tuesday 15th November 9am-10am

Tuesday 22nd November 9am-10am

Dear Pre Preps and Families

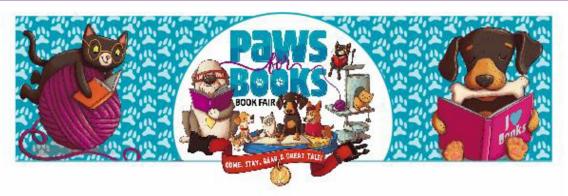
Thank you for attending the Term 3 School Readiness Program.

We hope you have enjoyed your sessions this term and are becoming more familiar with the school surroundings.

There are three additional orientation sessions in term 4.

We look forward to seeing you then!





SCHOLASTIC BOOK FAIR 2022

The Scholastic Book Fair has arrived! Students will have the opportunity to explore a huge range of affordable books featuring characters and subjects' kids love and want to read about. From newly released books and bestsellers to award-winning titles and personal favourites. The students will have the opportunity to fill a wish list to bring home but please remember there is **NO OBLIGATION**.

The Book Fair will run next week, and parents and guardians are most welcome to visit the fair before and after school.

Tuesday 8th to Monday 14th November

Before school: 8.30am-8.45am After school: 3.15pm-3.45pm

We need your help to make our Book Fair a success. All proceeds from the sales greatly benefit our school library. Our Book Fair encourages children to be excited about reading and learning. Your investment will help enrich the lives of the children and families of Thomastown West. Please join me and others in supporting our School and as always, we appreciate your ongoing support of the Book Fair.

Thank you
Tamara Walters
TWPS Library

Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A" reads 20 minutes each day

3600 minutes in a school year a school year a school year

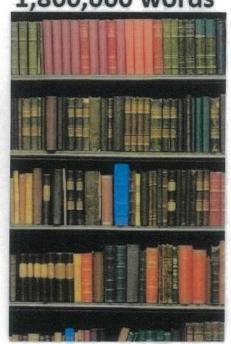
Student "B" reads 5 minutes each day

900 minutes in

Student "C" reads 1 minute each day

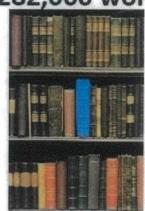
180 minutes in

1,800,000 words



90th percentile

282,000 words



50th percentile

8,000 words



10th percentile

By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life? (Nagy & Herman, 1987)

Hello Everyone,

I'm Paulina and I'm currently undertaking my Social Work placement at Thomastown West Primary School in the Wellbeing Team.

A little about myself- I'm currently in my first year of Masters of Social Work at Federation University. I was born and grew up in the suburbs of Sydney, however moved to Melbourne at the age of 18 to attend university.



My family is from Poland, which meant growing up I was able to learn to speak, read and write in Polish. Further living in a polish household meant I was able to enjoy some yummy polish cuisines such as Pierogi (Dumplings) and Palczki (Polish Donuts).

Aside from undertaking placement at Thomastown West Primary School, I also work in a before and after school agency. Within this role I interact with and support children in their daily challenges, create and assist in fun activities such as baking, arts, crafts, sports and overall supervise and ensure the safety of children.

My favourite cuisine is Mexican food, in particular nachos or a burrito. However, I do have a sweet tooth and love cakes, especially a red velvet or a cheesecake.

In my spare time I enjoy, cooking, baking and playing sports. My favourite sport to play is AFL. Go the Bulldogs! I also play for a local Women's AFL team. So please don't hesitate to ask me to kick a footy with you at lunch time or recess if you see me during your breaks!

Another thing I enjoy doing is travelling. I recently went on a Holiday to Europe and my favourite country was Madrid, the food and culture was a fantastic experience. I have travelled, around Europe, America and Asia. However, in future I hope to travel within Australia like the Northern Territory of Western Australia.

I am a dog person through and through (sorry cat lovers.) I am a "dog mum" to a 3-year-old Charles Caviller Dog named Brutus. We enjoy long walks to the dog park, road trips to the dog beach and occasionally a yummy (dog-friendly) treat. A little secret about me are that my dog Brutus and I have matching Christmas Pyjama's.



Top Dojo Earners Term 4 Week 5

Congratulations to Room 3 with 55 Dojo Points

You are the class with the highest number of Dojo points this week!

Prep	Amaanat 6 Dojo Points
Grade 1/2	Adem 7 Dojo Points
Grade 3/4	Abdullah G 4 Dojo Points
Grade 5/6	Audrey 4 Dojo Points
Most Dojo points Prep - 6	Adem 7 Dojo Points

Every day of Learning Counts

Term 4 Week 5 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. The Government regard 95% as the minimum satisfactory attendance for a school student.

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	73%	74%	Room 9	80%	80%
Room 3	73%	84%	Room 10	77%	86%
Year 1/2	Last Week	This Week	Room 11	74%	84%
Room 5	76%	89%	Room 12	82%	90%
Room 6	83%	82%	Year 5/6	Last Week	This Week
Room 19	86%	94%	Room 15	89%	90%
Room 20	87%	91%	Room 17	85%	92%
			Room 18	91%	93%

Every day of learning really does count!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓ they learn better ✓ they make friends ✓ they are happier ✓ they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

other 'days off' school add up to lost learning. See below:

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of					
education	180 days of				
	education	178 days of			
		education	171 days of		
			education	161 days of	
				education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		harder for your child to make progress. The progress.		d it very difficult to ne school may take on to support attendance.	



Cup of Life

Well done to all the boys and girls who are attending school every day.

Congratulations

The room that had the BEST ATTENDANCE For Term 4 Week 5 is

Room 18

TWPS CUP OF LIFE UPDATE

Who will win the free bowling excursion at the end of the year??

Room 2	Term 2 Week 6			-					
Room 3	Term 2 Week 6	Term 3 Week 3							
Room 5	Term 2 Week 1	Term 2 Week 2	Term 3 Week 1						
Room 6	Term 1 Week 4	Term 1 Week 5	Term 1 Week 11	Term 2 Week 4	Term 2 Week 5	Term 2 Week 9	Term 3 Week 7	Term 4 Week 2	
Room 19	Term 1 Week 6	Term 3 Week 5							
Room 20	Term 3 Week 2	Term 3 Week 6							
Room 9									
Room 9	Term 1 Week 3	Term 1 Week 9	Term 2 Week7	Term 3 Week 4	Term 3 Week 8	Term 4 Week 2	Term 4 Week 3		
Room 10	Week 3 Term 4								
Room 10	Week 3 Term 4								
Room 10 Room 11 Room 12	Week 3 Term 4 Week 3 Term 1								

At Thomastown West Primary School

EVERYONE HAS THE RIGHT TO FEEL SAFE AND COMFORTABLE.

We encourage you to speak to your child about playing safely at school.



NO KICKING ZONE

near our buildings and walkways.

THE ONLY PLACE TO KICK A BALL

IS ON THE OVAL





Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

- 1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
- 2. Support priority populations to detect cancers earlier.
- Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sunprotective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- · longer style shorts and skirts
- a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

https://www.sunsmart.com.au/



Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We <u>all</u> have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to live by our school values:

Respect Responsibility Resilience Empathy and Strive to be our best

We teach the children that:

- √ Values guide the way we think, speak and behave.
- √ Values help us to decide what is right and what is wrong.

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.







PROGRAMS BEGIN TERM 4 WEEK 2

THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 4 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm - 2:15 pm YOUNG VOICES IN MEDIA

3:15pm - 4:30 pm HOMEWORK CLUB



Thursday

10:50 am - 11:20 am FUN READING CLUB

1:30 pm - 2:15 pm STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm STEAM

3:15 pm - 4:30 pm DIGITAL ART



Friday

9:30 am - 1:00 pm LEARN ENGLISH (bookings essential) Call PRACE 9462 6077

2:15 pm - 3:00 pm KOORIE KIDS GROUP with Eva



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please contact:
P: (03) 9401 6666
E:twch@whittleseacc.org.au

images: Flaticon.com















PROMISETOWN
PICNIC &
MARKETS

Saturday 12 November

1pm-5pm

@ TRAC - Outdoor Area

Thomastown Recreation & Aquatic Centre, 52-54 Main St Free entry & bring a picnic

Community Stage
Kids Art Activities
Music & Dance



Puppet Show Bubble Show & Dog Show Markets
Food Trucks
Face Painting

The Promisetown Picnic is supported by the City of Whittlesea Community Event Funding Program.

Thomastown Neighbourhood House is supported by City of Whittlesea and the Victorian Government.









Making every day the best day ever!

Our After School Care programs focus on developing skills that enable the next generation of AWESOME to embark on a journey of fun, connection, and exploration in our care.

Only \$3.75 After Max CCS!



All of the programs are led by qualified school teachers (who know how to be a BIG kid) and instil resilience and confidence!



How to Enrol

Simply visit our website to enrol your child and activate your Xplor account!

A member of our team will call you once your enrolment is active and we will help you make bookings and answer any questions you may have!

- Thomastown West Primary School, 98-112 Main St, Thomastown VIC 3074
- 1300 976 304
- kidsco.net.au/oshc-thomastown

Here's a sneak peek of what's on!

Friday 3:00pm - 3:15pm Sign in	3:15pm - 3:45pm Afternoon tea	STEAM Zone The Band	Physical Literacy Survivor	Zen Garden Always Available	Quiet Homework Area Always Available
Thursday 3:00pm - 3:15pm Sign in	3:15pm - 3:45pm Afternoon tea	STEAM Zone Little Farmers	Physical Literacy Ninja Warrior	Zen Garden Always Available	Quiet Homework Area Always Available
Wednesday 3:00pm - 3:15pm Sign in	3:15pm - 3:45pm Afternoon tea	STEAM Zone Rollercoaster Tycoon	Physical Literacy Grand Final Day	Zen Garden Always Available	Quiet Homework Area Always Available
Tuesday 3:00pm - 3:15pm Sign in	3:15pm - 3:45pm Afternoon tea	STEAM Zone Angry Birds	Physical Literacy All Sports Soccer	Zen Garden Always Available	Quiet Homework Area Always Available
Monday 3:00pm - 3:15pm Sign in	3:15pm - 3:45pm Afternoon tea	STEAM Zone Coding	Physical Literacy All Sports Football	Zen Garden Always Available	Quiet Homework Area Always Available
amble	ltam 2	e Prog	ool Car	st Scho	aftA

After Max CCS Casual & Recurring \$25 Session Fees 3:15pm - 6:15pm Session Times After School Care Program

School Holiday Programs are operating next door at Thomastown Recreation & Aquatic Centre

Late collection fees may apply \$1 per minute

Visit our website to enrol now! kidsco.net.au/oshc-thomastown



Need a hand enrolling at KidsCo? We've got you covered!





KidsCo Outside School Hours Care Programs are designed to support parents and carers in the local community and to ensure the kids are being cared for in a safe and fun environment.

STEP 1. Enrol online

Visit our website www.kidsco.net.au/oshc-thomastown and click the pink Enrol now! button



STEP 2. Complete the online enrolment form

Complete the online enrolment form for each of your children.

We require the mandatory information below:

- · Child's school grade/year
- · Child's CRN and birth date
- · Child's medical practitioner/clinic
- Child's Medicare number including reference number and expiry date
- · Parent's CRN and birth date*
- 2 emergency contacts including their contact numbers & addresses**
- * Primary parent must be the same parent the same as the primary carer in Centrelink for CCS purposes.
- ** Emergency contacts must be different from parents.

STEP 3. Leave it with us!

Our team will call you after we check your enrolment form.

We will also help you make bookings* and answer any further questions you may have.

*If you need to make a booking for the same day please email OSHC@kidsco.net.au







Need extra help?

You can contact the KidsCo Support Team below









WELCOME



هيا لنجعل كل يوم أفصل يوم على الإطلاق!

تركز برامج رعاية ما بعد المدرسة على تطوير المهارات التي تمكن طفلك من الانطلاق في رحلة من المرح، والتواصل، والاستكشاف في رعايتنا. نحن نقدم شاي بعد الظهر صحيًا ومغذيًا وأيضًا أنشطة جذابة. يمكن لطفلك قضاء بعض الوقت مع الأصدقاء القدامى أثناء تكوين صداقات





جميع برامجنا يقودها مجموعة من معلمي المدارس المؤهلين (الذين يعرفون طريقة تفكير الاطفال) وطرق غرس المرونة والثقة!



كيفية التسجيل

قم بزيارة موقعنا على الانترنت لتسجيل طفلك! سيقوم فريقنا بالاتصال بك بعد مراجعة تسجيلك لمساعدتك في إجراء الحجوزات والإجابة على أي أسئلة قد تكون لديك.

- Thomastown West Primary School 98-112 Main St, Thomastown VIC 3074
- 1300 976 304
- kidsco.net.au/oshc-thomastown

تفاصیل أكثر عن برامجنا

عينة من برنامج الرعاية بعد المدرسة

تسجيل الوصول 3:15 - 3:00 amlz

شاي بعد الظهر 3:15 awl 3:45 - 3:15

محو الأمية البدنية جميع الرياضات كرة القدم جميع الرياضات كرة القدم الامريكية النينجا المحارب

كودينج

انجري بيردز

منطقة العلوم المختلفة

رولر كوستر تايكون

ليتل فارمرز

حديقة زن منطقة الواجبات المنزلية الهادنة - متاحة دائمًا

مرونة في الحجز

10:1 نسبة المعلم إلى الطفل

تم اعتماد دعم رعاية الطفل

غرس المرونة

محو الأمية البدنية

بناء الثقة بالنفس وأحترام الذات

البرنامج	أوقات الجلسات	رسوم الجلسة	لطفل القصوي
رعاية ما بعد المدرسة	3:15 pm - 6:15 pm	\$25 السعر الكامل	Pay as little as \$3.75
ترفيه والألعاب المائية	ستعمل العطلات المدرسية في الجوار في مركز ثوماستاون للترفيه والألعاب المائية	لات المدرسية في الجوا	ستعمل العطا

\$1 per minute قد يتم تطبيق رسوم التحصيل المتأخر

- التعلم القائم على المشاريع
- معلمون مؤهلون دائمون
- أنشطة مثيرة تعتمد على مختلف العلوم.

قم بزيارة موقعنا للتسجيل الآن! kidsco.net.au/oshc-thomastown

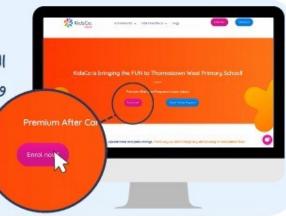
كيفية التسجيل في كيدزكوا



يقوم برنامج كيدزكو للرعاية ما بعد المدرسة بتوفير لطفلك مساحة آمنة للتعلم واللعب وتطوير المهارات الحياتية الحقيقية! يرجى إكمال نموذج التسجيل عبر الإنترنت للبدء!

STEP 1. Enrol online

الخطوة الأولى: قم بزيارة موقعنا على الإنترنت واضغط فوق سجل الآن oshc.kidsco.net.au/oshc-thomastown



STEP 2. Complete the online enrolment form

الخطوة الثانية: أكمل نموذج التسجيل عبر الإنترنت لكل من أطفالك. يرجى ملاحظة أننا نطلب المعلومات التالية للموافقة على التسجيل:

- تاریخ میلاد الطفل
- الرقم المرجعي للطفل وتاريخ الميلاد
- رقم الرعاية الطبية للطفل بما في ذلك الرقم المرجعي وتاريخ انتهاء الصلاحية
 - الصف المدرسي للطفل / السنة
 - الرقم المرجعي للوالدين وتاريخ الميلاد
- يرجى جعل نفس مقدم الرعاية الأساسي هو نفس مقدم الرعاية الأساسي في سنترلينك لأغراض تتعلق بدعم رعاية الطفل
- عدد 2 جهات اتصال في حالات الطوارئ (التي لم يتم سردها كآباء) بما في ذلك رقم الاتصال وعناوينهم





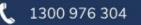
STEP 3. Leave it with us!

الخطوة الرابعة: سيقوم فريقنا بفحص نموذج التسجيل الخاص بك والموافقة عليه يدويًا. سوف نتصل بك لتأكيد مكانك في"كيدزكو أوشك" ومساعدتك في إجراء الحجز الأول. إذا كنت بحاجة إلى إجراء حجز لنفس اليوم، فيرجى إرسال بريد إلكتروني إلى OSHC@kidsco.net.au



تحتاج مساعدة

اتصل بنا







Lunch orders will resume from WEDNESDAY 9TH November.





CANTEENS

		CANTEENS			
SNACKS:		FAST FOODS:			
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00		
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50		
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50		
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00		
TOASTED SANDWICHES:	_	RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00		
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00		
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50		
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)			
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	➢ 6 PACK➢ EACH	\$ 4.20 \$ 0.80		
TOASTED PANINI / WRAPS:	5	POTATO WEDGES: (H)(V)	\$3.00		
TANDOORI CHICKEN WRAP: (H)		➤ WITH SOUR CREAM/SWEET CHILLI	\$4.00		
Tender chicken meat marinated in	\$5.50	TOMATO SAUCE EXTRA	\$0.25		
tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.		HOT MEALS:			
CHICKEN SNITZEL WRAP: (H)		BUTTER CHICKEN WITH RICE: (H)	\$6.00		
Homemade crumb chicken breast grilled	\$5.50	PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00		
with lettuce, tomato, cheese and our sweet chilli mayonnaise.		PENNE NAPOLI SAUCE: (H)(V)	\$5.50		
MILD SALAMI PANINI:		RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00		
A crusty roll with mayonnaise, baby	\$5.50		\$0.00		
spinach, tomato, mild salami and cheese.		HOUSEMADE SALADS:			
HAM PANINI: A roll filled with spinach, tomato, cheese	\$5.50	LEMON THYME CHICKEN SALAD: Marinated chicken tenderloin grilled on a			
and mild mustard.	75.55	bed of mesclun lettuce, tomato,	\$5.50		
SANDWICHES:		cucumber, couscous, with a citrus			
TASTY CHEESE (H)(V)	\$3.00	dressing. (H)			
EGG & MAYONAISE (H)	\$3.50	TRADITIONAL GREEK STYLE SALAD:			
HAM CHEESE	\$4.00	A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce	\$5.00		
VEGEMITE & CHEESE (V)	\$3.20	with an herb and olive dressing. (H) (V)			
VEGEMITE	\$2.70	ROASTED GRILLED VEGETABLE SALAD:			
SALAD	\$4.00	In house grilled pumpkin, eggplant,	\$5.50		
EXTRAS:		zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)			
CHEESE	\$0.50	DRINKS:			
TOMATO	\$0.30	SPRING WATER 220ML	\$1.20		
CUCUMBER	\$0.30	600ML	\$2.00		
LETTUCE	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50		
BEETROOT	\$0.30	DRINKING YOGHURT	\$2.50		
CARROT	\$0.30	CHOCOLATE MILK	\$2.20		
		STRAWBERRY MILK	\$2.20		
Please turn over for more information rega	rding the	e colour coding. (V) = VEGETARIAN (F	I) = HALAL		

Lunch orders will resume from WEDNESDAY 9TH November.

OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au



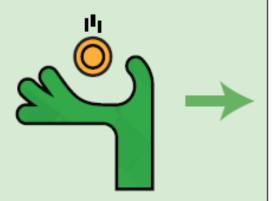
I. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.





3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

Lunch orders will resume from

WEDNESDAY 9TH November.

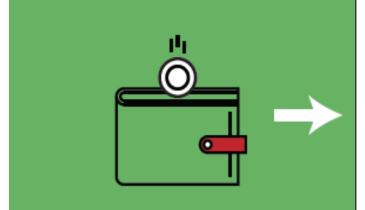


To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.





NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915





OFFICIAL ANNOUNCEMENT

WHITTLESEA SHOW POSTPONED TO JANUARY 21st & 22nd

The weather has been against us from every angle and the grounds and parking areas are so wet we sink when we walk on them — in some parts up to our knees. We are very mindful of our responsibilities to have the best outcome considering the health and safety of our members, exhibitors, sponsors, volunteers and patrons.

We've all been wearing gum boots for weeks and it's just not getting any better. We have no choice but to jump in the puddles and postpone the 2022 Whittlesea Show to the new dates of the 21st & 22nd of January 2023; same place, different time. Gate tickets and exhibit entry will be rolled over to the new dates. We will work through this in the coming week.

We are very pleased to be able to secure the dates of the 21st and 22nd January 2023 and we look forward to seeing you then.

Erica Hawke - President



Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence

