

Thomastown West Primary School Newsletter

Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317



No.33 28th October 2022

2022 IMPORTANT DATES:

Mon	31 Oct	REPORT WRITING DAY Students do not attend school
Tue	1 Nov	Melbourne Cup Public Holiday Students do not attend school
Mon	7 Nov 14 Nov 21 Nov	Prep, 1/2 and 3/4 Swimming Program
Fri	4 Nov	Whole School Assembly 2:30pm
Tue	8 Nov	Prep 2023 Orientation Session 1: 9am
Tue	15 Nov	Prep 2023 Orientation Session 2: 9am School Council 6:30pm at TWPS
Fri	18 Nov	Whole School Assembly 2:30pm
Tue	22 Nov	Prep 2023 Orientation Session 3: 9am
Fri	25 Nov	Grade 1 Dinner Grade 2 Sleepover
Thurs	01 Dec	Writers Festival 2:30pm Parents and Carers invited to view your child's writing work.
Fri	2 Dec	Whole School Assembly 2:30pm
Mon	5 Dec	Prep, 1/2 and 3/4 Swimming Program
Fri	9 Dec	Billy Cart Race 2:30pm Parents and Carers welcome
Tue	13 Dec	2023's Year 7 Orientation Day School Council 6:30pm at TWPS
Wed	14 Dec	Grade 5/6 FUNFIELDS Excursion
Thurs	15 Dec	TWPS instrumental groups performances 11:30am Parents and Carers welcome
Fri	16 Dec	Student Semester 2 Reports available Whole School Assembly 2:30pm
Mon	19 Dec	Grade 6 Graduation
Tue	20 Dec	Last Day of Term 4 2022 Whole School Assembly 12.00pm School Finishes at 1.15pm

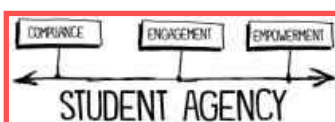
From the Principal

World Teachers day

World Teachers' Day 2022 is celebrated across Australia on Friday 28 October. It's a chance to **recognise and thank our amazing teachers at TWPS who are committed to ensuring our students can achieve the best future possible.** Teachers play an important role in our community and we sincerely thank them for their passion and dedication to inspire our students.

Curiosity, Curiosity, Curiosity

EVERYONE is still talking about the success of last week's Curiosity showcase. Last Friday I was in Sydney. From all of the feedback that I have received from parents, carers, students and staff, I can see that I missed out on something very special! I have had a chance this week to learn more about the amazing projects and learn how curious our students are! **Congratulations to the TWPS Inquiry Team and staff who made our vision a reality.** Increasing student agency has been a goal



for 2022 and the Curiosity projects have provided an opportunity for **students to own the entire learning process!**

Thank you to all of the parents and carers who attended and celebrated their child's curiosity and passion for learning. I am looking forward to joining you all with the same level of energy and excitement for the **Writers Festival on Thursday 1st December.**

Promisetown Picnic

Thomastown Neighbourhood House is excited to announce that the **PROMISETOWN PICNIC will return on Saturday 12th November!** The day will feature music, dancing and even a DOG SHOW! Entry is free and everyone is encouraged to bring a picnic and some pocket money for bargains at the markets-selling hand made crafts, trash and treasure. The Promisetown Picnic is full of activities for kids including face painting, a jumping castle, puppet making and Mr Hubble's Bubble Show!

FREE Event for all the family.

Date: Sat 12th November

Time: 1-5pm (TWPS Choir performing at 3pm)

Venue: TRAC (Thomastown Recreation Aquatic Centre) Outdoor Play Area, 52-54 Main St, Thomastown

The Promisetown Picnics are supported by the City of Whittlesea Community Event Funding Program. Special thanks to TRAC for being home to the Promisetown Picnic. **More information:**

- ✓ Promisetown Picnic & Walking Thomastown Trailer: <https://youtu.be/8oLBpswrJjs> Website: www.tnh.org.au
- ✓ Facebook event: <https://www.facebook.com/events/1226981621290115/>

Welcome!

Have you met Kristina our new crossing supervisor? Introduce yourself! Kristina would love to meet you. 😊

Stay safe during this wet weather and keep smiling.

Enjoy your extra long weekend! See you all Wednesday 2/11/22.

Sandi Young
Principal



CURIOSITY HOUR

Grades 1/2



Thomastown West

Primary School

Prep 2023 Transition Program



**PLEASE
SAVE
THESE
DATES!**

Tuesday 8th November
9am-10am

Tuesday 15th November
9am-10am

Tuesday 22nd November
9am-10am

Dear Pre Preps and Families

Thank you for attending the Term 3 School Readiness Program.

We hope you have enjoyed your sessions this term and are becoming more familiar with the school surroundings.

There are three additional orientation sessions in term 4.

We look forward to seeing you then!



Thomastown West
Primary School



Stars of the Week



Term 4 - Week 4

Amaanat	2	For striving to be her best during writing by listening to all the sounds in words
Khadija	3	For counting to 100 and having a go confidently at completing number activities.
Charbel	5	For coming to school with a positive attitude and ready to learn.
Christian	6	For striving to be your best during reading
Sam	19	For writing a detailed recount about the hidden golden coins!
Elissa	20	For having a go at writing her character description independently and persisting when she found it challenging.
Yosra	09	For Striving to be her Best by putting an outstanding effort into her Curiosity Project and for also helping her classmates with theirs.
Saim Albraa	10	For being responsible Environmental Monitors and helping to keep our school clean.
Dion	11	For practising his reading everyday and moving two reading levels.
Liam	12	For being responsible and showing improved attendance
Ruby	17	For attempting tasks independently and giving everything a go!
Eliza	18	For striving to be her best in all her work and for writing a creative and entertaining narrative that engages the reader.
Alie	ART: For always being a positive and active participant in Art!	
Steven Rm 2	PE: For always trying his best and for being a great team player.	
Teah Alexandra	MUSIC: For being fantastic listeners in Music sessions and always trying there best.	
Lara Rm 3	Principal: For achieving her attendance goal and maximising her learning opportunities!	

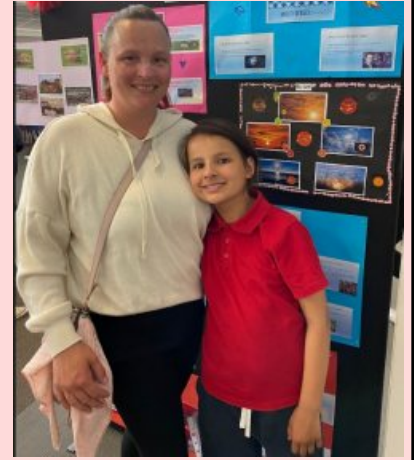
Stars of the Week

Term 4 - Week 4



Curiosity Hour

Grades



3/4



Why Can't I Skip My 20 Minutes of Reading Tonight?

Student "A"
reads **20 minutes**
each day

3600 minutes in
a school year

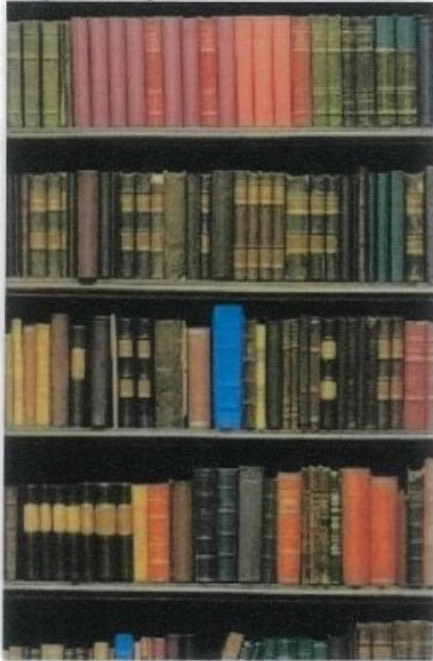
Student "B"
reads **5 minutes**
each day

900 minutes in
a school year

Student "C"
reads **1 minute**
each day

180 minutes in
a school year

1,800,000 words



90th percentile

282,000 words



50th percentile

8,000 words



10th percentile

By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

Hello Everyone ,

In Today's newsletter we will talk about how to discipline your child's behaviour, not their emotions. Emotions are often confused with child's behaviour, but it is not the same. Kids can be overly dramatic by nature. To adults, their emotions seem irrational and completely out of proportion with the situation. But that's OK. They're allowed to feel whatever they want—even if you don't feel the same way they do. Of course, that doesn't mean they can behave however they want.

Correct your child for breaking the rules, hurting other people, or behaving in socially inappropriate ways. At the same time, let them know it's OK to feel angry, sad, scared, excited, or whatever other emotion they experience.

Avoid Minimizing Emotions

Kids who believe, "I shouldn't feel sad," will go to great lengths to avoid grief. But that's not healthy. Grief is a healing process and should not be avoided. Similarly, kids who think, "Being mad isn't good," may paste on a smile and refuse to speak up for themselves.

Actually, anger isn't bad. It's how kids choose to deal with their anger that can lead to healthy or unhealthy choices. Your goal shouldn't be to change your child's emotions. Avoid saying things like:

- "Quit being so overdramatic."
- "Don't get so mad over something so small."
- "Stop crying or I'll give you something to cry about."
- "You're freaking out over nothing."
- "Don't be such a baby."

"Stop worrying about something so silly."

Separate Emotions from Behaviour

Differentiate between what your child does and how they feel. Anger is a feeling and hitting is a behaviour. Sadness is a feeling and screaming is a behaviour.

Rather than trying to force your child not to feel certain things, teach them how to deal with uncomfortable emotions.

For example, proactively teach anger management techniques. Show your child that feeling angry is normal, but throwing a *Temper Tantrum* isn't healthy. Then, make them understand that they won't face consequences for their feelings, but they will if they express their emotions by misbehaving.

Understanding their emotions and responding appropriately is an important part of your child's cognitive development. In fact, when kids have a solid grasp on their emotions, research has shown that they do better in school and have more positive interactions with their peers and their teachers.

Show How to Handle Discomfort

Sometimes parents think that raising a mentally strong child is about raising an unemotional child. But that's not true. Mentally strong kids recognize their emotions and then choose healthy ways to cope with those feelings. One study of preschool children found that regularly talking about emotions and labelling them improves a child's ability to understand terms associated with emotions. Additionally, by talking about emotions, even at a young age, you can improve your child's emotion comprehension.

Teach your child that they can handle uncomfortable feelings like anxiety. When they're scared to step up in front of the whole school at the assembly or for any public speaking event, they'll be willing to give it a try if you've given them the skills to face their fears. If, however, you send the message that anxiety is bad, they may avoid doing things that cause them to feel anxious.

Similarly, show your child that uncomfortable emotions are a part of life. And sometimes, you have to behave contrary to how you feel.

For example, talk about how you still treat others kindly, even on days where you feel grumpy. Show your child that on days where you feel sad, you still go to work. Make it clear that sometimes you have to get things done, even when you don't feel like it.

Teach Kids to Manage Emotions

When you teach your child that their emotions are OK and that they can find socially appropriate ways to deal with those emotions, you'll likely see a big improvement in their behaviour. Follow these steps to help your child manage their emotions and control their behaviour.

- **Label your child's emotions-** Teach your child to name their feelings so they can begin to develop a better understanding of their emotions. Say something like, "It looks like you're feeling really disappointed that we aren't going to the park today."
- **Teach healthy coping skills-** Proactively teach your child how to cope with discomfort in a positive manner. Show them that they can colour a picture when they're sad or that they can play outside when they're angry.
- **Show your child that they have some control-** If they're in a bad mood, talk about how certain behaviours—like sulking in their room—are likely to keep them stuck in a bad mood. Explain how other choices—such as playing a fun game—could cheer them up.
- **Discipline your child for inappropriate behaviour-** If your child breaks their sibling's toy when they're angry, give them a consequence. Make it clear that they won't be punished for their feelings, but they will be given consequences for breaking the rules.
- **Avoid accepting emotions as an excuse-** If your child says they can't do their homework because they're sad, don't allow them to get out of doing the work. With rare exception, hold them accountable for their behaviour. Rare exceptions may include things like dealing with a death in the family or another family emergency.

Gurleen Gogia

Student Wellbeing Officer

TOP DOJO EARNERS

Term 4 Week 4

Congratulations to **Room 11** with 125 Dojo Points

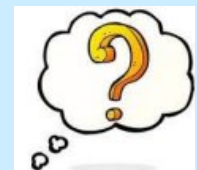
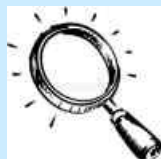
You are the class with the highest number of Dojo points this week!



Prep	Grace 2 Dojo Points
Grade 1/2	Haneen 11 Dojo Points
Grade 3/4	Harry 10 Dojo Points
Grade 5/6	Christopher 9 Dojo Points
Most Dojo points Prep - 6	Haneen 11 Dojo Points

Curiosity Hour

Grades




EVERY DAY OF LEARNING COUNTS

Term 4 Week 4 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	60%	73%	Room 9	80%	80%
Room 3	71%	73%	Room 10	93%	77%
Year 1/2	Last Week	This Week	Room 11	93%	74%
Room 5	81%	76%	Room 12	90%	82%
Room 6	81%	83%	Year 5/6	Last Week	This Week
Room 19	85%	86%	Room 15	91%	89%
Room 20	80%	87%	Room 17	90%	85%
			Room 18	84%	 91%

EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better ✓they make friends ✓they are happier ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

other 'days off' school add up to lost learning. See below:

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress. The school may take further action to support improved attendance.	



Cup of Life

Well done to all the boys and girls who are attending school every day.

Congratulations

The room that had the BEST ATTENDANCE
For Term 4 Week 4 is

Room 18

TWPS CUP OF LIFE UPDATE

Who will win the free bowling excursion at the end of the year??

Room 2	Term 2 Week 6								
Room 3	Term 2 Week 6	Term 3 Week 3							
Room 5	Term 2 Week 1	Term 2 Week 2	Term 3 Week 1						
Room 6	Term 1 Week 4	Term 1 Week 5	Term 1 Week 11	Term 2 Week 4	Term 2 Week 5	Term 2 Week 9	Term 3 Week 7	Term 4 Week 2	
Room 19	Term 1 Week 6	Term 3 Week 5							
Room 20	Term 3 Week 2	Term 3 Week 6							
Room 9									
Room 10	Term 1 Week 3	Term 1 Week 9	Term 2 Week 7	Term 3 Week 4	Term 3 Week 8	Term 4 Week 2	Term 4 Week 3		
Room 11	Term 4 Week 3								
Room 12									
Room 15	Term 1 Week 10								
Room 17	Term 1 Week 6	Term 2 Week 3	Term 2 Week 8	Term 3 Week 9					
Room 18	Term 3 Week 10	Term 4 Week 1	Term 4 Week 4						

At Thomastown West Primary School

EVERYONE HAS THE RIGHT TO FEEL SAFE AND COMFORTABLE.

We encourage you to speak to your child about playing safely at school.



**NO KICKING
ZONE**

near our buildings and walkways.

**THE ONLY PLACE
TO KICK A BALL
IS ON
THE
OVAL**





Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>



Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.

PROGRAMS BEGIN TERM 4 WEEK 2

THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 4 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA

3:15 pm – 4:30 pm
HOMEWORK CLUB



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm
STEAM

3:15 pm – 4:30 pm
DIGITAL ART



Friday

9:30 am – 1:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077

2:15 pm – 3:00 pm
KOORIE KIDS GROUP
with Eva



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please
contact:

P: (03) 9401 6666

E: twch@whittleseacc.org.au

images: Flaticon.com

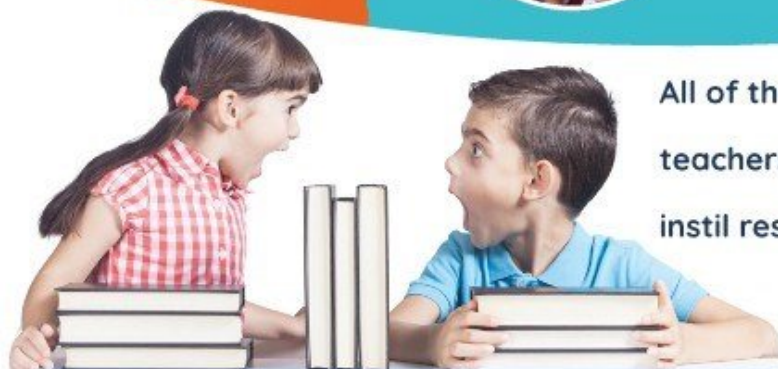




Making every day the best day ever!

Our After School Care programs focus on developing skills that enable the next generation of AWESOME to embark on a journey of fun, connection, and exploration in our care.

Only \$3.75
After Max
CCS!



All of the programs are led by qualified school teachers (who know how to be a BIG kid) and instil resilience and confidence!

How to Enrol

Simply visit our website to enrol your child and activate your Xplor account!

A member of our team will call you once your enrolment is active and we will help you make bookings and answer any questions you may have!



Thomastown West Primary School,
98-112 Main St,
Thomastown VIC 3074



1300 976 304



kidsco.net.au/oshc-thomastown

Here's a sneak peek of what's on!

After School Care Program Sample

Monday	Tuesday	Wednesday	Thursday	Friday
3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in	3:00pm - 3:15pm Sign in
3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea	3:15pm - 3:45pm Afternoon tea
STEAM Zone Coding	STEAM Zone Angry Birds	STEAM Zone Rollercoaster Tycoon	STEAM Zone Little Farmers	STEAM Zone The Band
Physical Literacy All Sports Football	Physical Literacy All Sports Soccer	Physical Literacy Grand Final Day	Physical Literacy Ninja Warrior	Physical Literacy Survivor
Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available
Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available

Program	Session Times	Session Fees	After Max CCS
After School Care	3:15pm - 6:15pm	Casual & Recurring \$25	Pay as little as \$3.75

School Holiday Programs are operating next door at Thomastown Recreation & Aquatic Centre

Late collection fees may apply \$1 per minute

Visit our website to enrol now!

kidsco.net.au/oshc-thomastown

Only \$3.75
After Max
CCS

Need a hand enrolling at KidsCo? We've got you covered!

KidsCo Outside School Hours Care Programs are designed to support parents and carers in the local community and to ensure the kids are being cared for in a safe and fun environment.

STEP 1. Enrol online

Visit our website www.kidsco.net.au/oshc-thomastown and click the pink **Enrol now!** button



STEP 2. Complete the online enrolment form

Complete the online enrolment form for **each of your children**.

We require the mandatory information below:

- Child's school grade/year
- Child's CRN and birth date
- Child's medical practitioner/clinic
- Child's Medicare number including reference number and expiry date
- Parent's CRN and birth date*
- 2 emergency contacts including their contact numbers & addresses**



* Primary parent must be the same parent the same as the primary carer in Centrelink for CCS purposes.

** Emergency contacts must be different from parents.

STEP 3. Leave it with us!

Our team will call you after we check your enrolment form.
We will also help you make bookings* and answer any further questions you may have.

*If you need to make a booking for the same day please email OSHC@kidsco.net.au



Need extra help?

You can contact the KidsCo Support Team below

1300 976 304

oshc@kidsco.net.au

oshc.kidsco.net.au

هيا لنجعل كل يوم أفضل يوم على الإطلاق!

تركز برامج رعاية ما بعد المدرسة على تطوير المهارات التي تمكن طفلك من الانطلاق في رحلة من المرح، والتواصل، والاستكشاف في رعايتنا. نحن نقدم شاي بعد الظهر صحيًا ومغذيًا وأيضًا أنشطة جذابة. يمكن لطفلك قضاء بعض الوقت مع الأصدقاء القدامى أثناء تكوين صداقات جديدة!



جميع برامجنا يقودها مجموعة من معلمي المدارس
المؤهلين (الذين يعرفون طريقة تفكير الأطفال) وطرق
غرس المرونة والثقة!



كيفية التسجيل

قم بزيارة موقعنا على الانترنت لتسجيل طفلك! سيقوم
فريقنا بالاتصال بك بعد مراجعة تسجيلك لمساعدتك في
إجراء الحجوزات والإجابة على أي أسئلة قد تكون لديك.

 Thomastown West Primary School
98-112 Main St,
Thomastown VIC 3074

 1300 976 304

 kidsco.net.au/oshc-thomastown

تفاصيل أكثر عن برامجنا

عينة من برنامج الرعاية بعد المدرسة

3:00 مساءً - 3:15 مساءً

تسجيل الوصول

3:15 مساءً - 3:45 مساءً

شاي بعد الظهر

منطقة العلوم المختلفة

كودينج

انجزي بيردز

رولر كوستر تايفون

ليتل فارمرز

ذا باند

محو الأمية البدنية

جميع الرياضات كرة القدم الأمريكية

جميع الرياضات كرة القدم

الناجي

النينجا المحارب

الناجي

حديقة زن منطقة الواجبات المنزلية الهادئة - متاحة دائماً

بعد دعم رعاية
الطفل القصوى

رسوم الجلسة

أوقات الجلسات

البرنامج

Pay as little as
\$3.75

\$25 السعر الكامل

3:15 pm - 6:15 pm

رعاية ما بعد المدرسة

ستعمل العطلات المدرسية في الجوار في مركز ثوماستاون للترفيه والألعاب المائية

قد يتم تطبيق رسوم التحصيل المتأخر \$1 per minute

- مرونة في الحجز
- 10:1 نسبة المعلم إلى الطفل
- تم اعتماد دعم رعاية الطفل
- غرس المرونة
- محو الأمية البدنية
- بناء الثقة بالنفس واحترام الذات
- التعلم القائم على المشاريع
- معلمون مؤهلون دائمون
- أنشطة مثيرة تعتمد على مختلف العلوم

قم بزيارة موقعنا للتسجيل الآن!

kidsco.net.au/oshc-thomastown

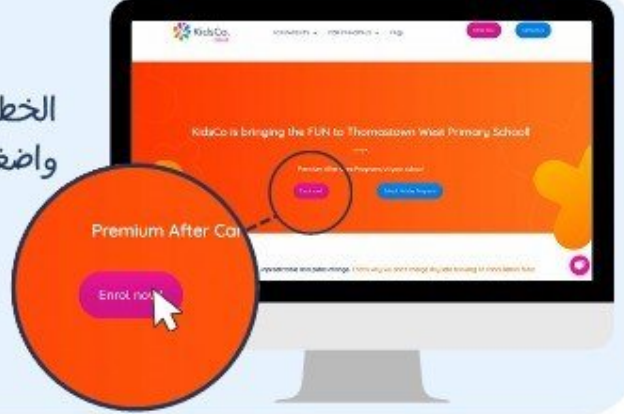
\$3.75
بعد خصم
CCS

كيفية التسجيل في كيدزكو!

يقوم برنامج كيدزكو للرعاية ما بعد المدرسة بتوفير لطفلك مساحة آمنة للتعلم، واللعب، وتطوير المهارات الحياتية الحقيقية! يرجى إكمال نموذج التسجيل عبر الإنترنت للبدء!

STEP 1. Enrol online

الخطوة الأولى: قم بزيارة موقعنا على الإنترنت
واضغط فوق سجل الآن oshc.kidsco.net.au/oshc-thomastown



STEP 2. Complete the online enrolment form

الخطوة الثانية: أكمل نموذج التسجيل عبر الإنترنت لكل من أطفالك.
يرجى ملاحظة أننا نطلب المعلومات التالية للموافقة على التسجيل:

- تاريخ ميلاد الطفل
- الرقم المرجعي للطفل وتاريخ الميلاد
- رقم الرعاية الطبية للطفل بما في ذلك الرقم المرجعي وتاريخ انتهاء الصلاحية
- الصف المدرسي للطفل / السنة
- الرقم المرجعي للوالدين وتاريخ الميلاد
- يرجى جعل نفس مقدم الرعاية الأساسي هو نفس مقدم الرعاية الأساسي في سنترلينك لأغراض تتعلق بدعم رعاية الطفل
- عدد 2 جهات اتصال في حالات الطوارئ (التي لم يتم سردها كآباء) بما في ذلك رقم الاتصال وعناوينهم



STEP 3. Leave it with us!

الخطوة الرابعة: سيقوم فريقنا بفحص نموذج التسجيل الخاص بك والموافقة عليه يدويًا. سوف نتصل بك لتأكيد مكانك في "كيدزكو أوشك" ومساعدتك في إجراء الحجز الأول. إذا كنت بحاجة إلى إجراء حجز لنفس اليوم، فيرجى إرسال بريد إلكتروني إلى OSHc@kidsco.net.au



تحتاج مساعدة

اتصل بنا



1300 976 304



oshc@kidsco.net.au



oshc.kidsco.net.au

Lunch orders will resume from WEDNESDAY 9TH November.

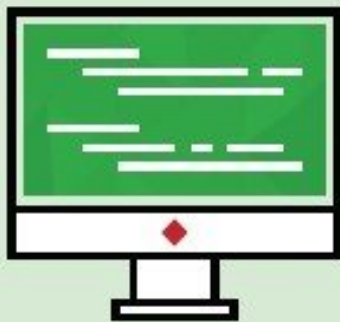


SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	> 6 PACK	\$ 4.20
		> EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	> WITH SOUR CREAM/SWEET CHILLI	\$4.00
CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	LEMON THYME CHICKEN SALAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20
Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL			

**Lunch orders will resume from
WEDNESDAY 9TH November.**

OUR SCHOOL TUCKSHOP IS NOW **ONLINE!**

Download the free app or access www.myschoolconnect.com.au



1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

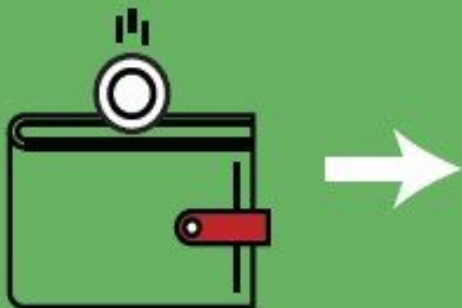
Lunch orders will resume from WEDNESDAY 9TH November.



To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915

Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | [kidshelpline.com.au](https://www.kidshelpline.com.au)



City of
Whittlesea



**Apply
now!**

Make a difference in your community.

**School Crossing Supervisor positions now available.
Enjoy the benefits of permanent part-time work!**

There are so many great reasons to join the City of Whittlesea team as a Crossing Supervisor:

- Starting hourly rate of \$31.96 (work 40 weeks but be paid for 52 weeks a year)
- Work 15 hours per fortnight during school terms (Annualised salary paid 12.6hrs per fortnight)
- Paid public holidays that fall during school terms
- 10.5% superannuation (updated from 1/7/2022)
- Pro-rata sick leave
- Receive on-the-job training and uniform is provided
- Reduced price memberships available at Mill Park Leisure and Thomastown Recreation & Aquatic Centre
- Join the City of Whittlesea's active social club and attend organised events
- Health & Wellbeing Programs available



TO APPLY visit the City of Whittlesea website at www.whittlesea.vic.gov.au/schoolcrossings

For further information please contact the School Crossing Team on 9217 2508 or email school.crossing@whittlesea.vic.gov.au