

# Thomastown West Primary School Newsletter

Email: [thomastown.west.ps@education.vic.gov.au](mailto:thomastown.west.ps@education.vic.gov.au) Phone: 9465 4317



## 2022 IMPORTANT DATES:

No.29 16th September 2022

Mon	3 Oct	<b>First Day of Term 4</b> 8:45am start
Fri	07 Oct	5/6 Interschool Sports Commence <b>Whole School Assembly 2:30pm</b>
Tue	18 Oct	School Council 6:30pm at TWPS
Mon	10 Oct 17 Oct 24 Oct	<b>Prep, 1/2 and 3/4 Swimming Program</b>
Fri	21 Oct	<b>Whole School Curiosity Celebration 2:30pm Parents and Carers Welcome</b>
Mon	24 Oct	Student Support Group meetings (Week 4 - Week 8)
Mon	31 Oct	<b>REPORT WRITING DAY</b> Students do not attend school
Tue	1 Nov	<b>Melbourne Cup Public Holiday</b> Students do not attend school
Mon	7 Nov 14 Nov 21 Nov 28 Nov	<b>Prep, 1/2 and 3/4 Swimming Program</b>
Fri	4 Nov	<b>Whole School Assembly 2:30pm</b>
Tue	8 Nov	Prep 2023 Orientation Session 1: 9am
Tue	15 Nov	Prep 2023 Orientation Session 2: 9am
Fri	18 Nov	<b>Whole School Assembly 2:30pm</b>
Tue	22 Nov	Prep 2023 Orientation Session 3: 9am
Fri	25 Nov	Grade 1 Dinner Grade 2 Sleepover
Fri	2 Dec	<b>Whole School Assembly 2:30pm</b>
Mon	5 Dec	<b>Prep, 1/2 and 3/4 Swimming Program</b>
Fri	16 Dec	<b>Whole School Assembly 2:30pm</b>

## From the Principal Team

### Thank you

What a productive term we have had! Please refer to the next page to celebrate the highlights of the term. Thank you to our hard working teachers and education support staff for consistently creating opportunities to maximise student learning and optimise student wellbeing. We would also like to acknowledge the increased engagement of students this term, as they enthusiastically worked to achieve their personal learning goals. Well done!

Thank you to the parents and carers who were able to attend the conferences yesterday. There certainly was a positive buzz in the air as we were finally able to hold our Student/Parent/Teacher conferences onsite at TWPS. It was fabulous to hear the positive feedback from parents, carers and teachers about student learning and wellbeing.

### Student Attendance

Congratulations to all of the students who worked hard and attended 100% of Term 3. We understand that there have been occasions when students were unwell, but have attended school every day that they were fit and healthy. Well done! Attendance Awards will be presented next term.

### Footy Day

WOW! Our fabulous footy day was such a thrill and a wonderful way to celebrate the last Tuesday of term 3. All staff and students wore their favourite colours with pride and cheered loudly at our annual parade. A highlight of the morning was the hand ball competition with students, parents and staff.

Special thanks to Mrs El Zoobi and our fundraising team for organising a yummy footy lunch! We would also like to acknowledge the efforts of Miss Ibrahim and the Student Voice Team who coordinated fun in the sun with music at lunch time for students to enjoy.

### DO NOT MISS OUT!



### Have you returned your swimming notice?

The Swimming in Schools program supports the delivery of quality swimming and water safety education as part of the health and physical education in the Victorian Curriculum. The initiative provides funding to ensure all students have the opportunity to develop lifelong skills in water safety to reduce their risk of drowning and injury.

The Swimming Program has been organised at the Thomastown Recreation and Aquatics Centre (TRAC) for all Grade Prep, 1/2 and 3/4 students in term 4. **Students do not need to know how to swim to attend the program.** The swimming program consists of eight (8), 45 min lessons conducted by qualified **Austswim Teachers** in small groups.

This year all students will be swimming every **Monday** on the following dates:

**October 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, November 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> and December 5<sup>th</sup>.**

*Whole School Assemblies  
will return next term.  
Parents and Carers  
are most welcome!*

### Swimming times will be:

Grade Prep	9.15-10.00am
Grade 1/2 Rms 5 & 6	10.00-10.45am
Grade 1/2 Rms 19 & 20	10.45-11.30am
Grade 3/4 Rms 9 & 12	11.30-12.15pm
Grade 3/4 Rms 10 & 11	12.15-1.00pm

### TRANSITION 2023

Early next term friendship request slips for 2023 classes will be completed by children in their classroom as we begin the planning for next year. Friendship requests on these slips are not in order of importance, and we make every attempt to accommodate at least one of these requests. The teachers take both friendships and the learning environment into account when putting the classes together.

You might start having a discussion with your child now, so when the children make their friendship list in class, it is much easier to complete. Questions you might like to ask include:

- ✓ Who helps you to learn in the classroom?
- ✓ Who is the person you like to work with, because you achieve your best?
- ✓ Who is a child who you know works really hard and when you sit beside them you do too?

- ✓ Is there a friend on your list who you like to play with but would distract you from learning?
- ✓ Who is someone you enjoy working with because you achieve success and get great results when you do?

**Parents may also have a request regarding friendships.** These can be emailed to [thomastown.west.ps@education.vic.gov.au](mailto:thomastown.west.ps@education.vic.gov.au) by 14th October, or you may write a letter to the Principal, please mark it confidential on the front of the envelope. Please note, we cannot accommodate requests about teachers.

As we begin deciding on class structures it is imperative that we know of any changes to the enrolments. If you know that you might be moving or you know of someone in our community considering enrolling at TWPS for 2023, encourage them to let us know or to make an appointment **as soon as possible please**. They could join us for a tour or collect an enrolment pack from the office. Parents can also access the online tour from our school website.

We wish you all a safe and well deserved holiday break.

Sandi Young  
Principal

Vanessa Trpceviski  
Acting Assistant Principal

Teaching and Learning	Positive School Community
<ul style="list-style-type: none"><li>✓ <b>NAPLAN</b><ul style="list-style-type: none"><li>▪ 40% of our year 3 students achieved <b>reading</b> results in the Top 2 NAPLAN bands.</li><li>▪ 49% of our year 3 students achieved <b>spelling</b> results in the Top 2 NAPLAN bands.</li><li>▪ 66% of our year 3 students were identified as achieving at or above the expected level in the <b>numeracy</b> assessment.</li><li>▪ Year 5 students achieved the <b>highest reading and writing</b> results when compared to other TWPS students over the last 6 years.</li><li>▪ 65% of our year 5 students were identified as achieving at or above the expected level in the <b>numeracy assessment</b>.</li></ul></li><li>✓ Weekly 'Curiosity' sessions <b>increased student agency</b> within learning.</li><li>✓ During Term 3, <b>Guided Reading</b> has been a focus for teacher peer observations and professional learning community meetings.</li><li>✓ Our English Curriculum Team has continued to participate in coaching sessions with the teaching partners and have successfully led 3 <b>professional learning</b> sessions for <b>staff</b>.</li><li>✓ Student/Parent/Teacher Conferences and Student Support Group meetings (SSG's) allowed students, parents, carers and staff to <b>reflect on learning goals</b> within Individual Education Plans.</li><li>✓ Our School Improvement Team has continued to implement and monitor our Annual Implementation Plan.</li></ul>	<ul style="list-style-type: none"><li>✓ <b>Attitudes to school student survey results</b><ul style="list-style-type: none"><li>▪ 91% of our years 4-6 students were reported to have <b>high expectations for success</b> and a positive attitude towards <b>attending school</b>.</li><li>▪ 88% of our years 4-6 students were reported to have a sense of <b>inclusion</b> at TWPS.</li><li>▪ 85% of our years 4-6 students reported that our teacher provides <b>differentiated</b> (catering for individual needs) learning <b>challenge</b>.</li><li>▪ 83% of our years 4-6 students identified a trusted adult and <b>advocate</b> at our school, as well identifying a strength in <b>self-regulation</b> and <b>goal setting</b>.</li></ul></li><li>✓ Our school's Breakfast Club moved to the Thomastown West Community Hub (TWCH) and we are wondering why we didn't do this years ago. <b>It's so much better!</b></li><li>✓ With the support of the Student Voice Team, the Dojo Department Store was refined.</li><li>✓ The Wellbeing Team has shared wellbeing resources to support classroom teachers and students.</li><li>✓ Grade 5/6 students benefitted from Art Therapy sessions that have increased their self confidence.</li><li>✓ Grade Prep and 1/2 students participated in valuable from Play Therapy sessions that have increased social skills.</li><li>✓ Students thoroughly enjoyed participating in the TWCH programs.</li><li>✓ Our school psychologist Sonia, continued to support students social skills, mental health and wellbeing.</li></ul>
Excursions/Incursions/Events	TWPS Community
<ul style="list-style-type: none"><li>✓ Prep Circus Day</li><li>✓ Grade 1/2 Science Works</li><li>✓ Grade 3/4 Science Works</li><li>✓ Father's Day Stall</li><li>✓ Footy Day</li></ul>	<ul style="list-style-type: none"><li>✓ TWPS successfully ran a 6 week <b>School Readiness Pre-Prep Program</b> for our school community.</li><li>✓ <b>KidsCo</b> our <i>Out of School Hours Care provide</i> began at Thomastown West PS.</li><li>✓ <b>KidsCo</b> offered student care at TWPS on both the Curriculum Day and Student/Parent/Teacher conferences.</li><li>✓ The Thomastown West Community Hub received funding!</li></ul>





# WHY AGE RESTRICTION MATTERS ON SOCIAL MEDIA

A Helpful Infographic for Parents  
[www.myhouseofzing.co](http://www.myhouseofzing.co)



## It's Not OK to Lie About Age

All social platforms have age restrictions so if your child has an account under that age, they had to enter a fake birthdate. Would you be okay with someone selling your underage child alcohol or cigarettes? Is that a precedent you're willing to set?

## Marketing & Privacy

The Children's Online Privacy Protection Act (COPPA) protects children under 13 from having their personal information shared by 3rd party advertisers. This can include location tracking and a user's online behaviour.



## Effects on the Brain

Social interactions - such as receiving likes - releases a chemical in the brain called Dopamine, which is associated with addictions such as gambling, drugs and sex. That's not to say that everyone will become addicted, but why risk it?"

## Impact on Happiness

Studies have shown that kids who spend a significant amount of time a day on social media are more likely to suffer depression and are at a higher risk for suicide. Kids on social are more isolated than those who spend time elsewhere"



## Overall Maturity

Children cannot be expected to make the same decisions as an adult, no matter how mature they seem. They need to learn the difference between privacy and safety, understand how words affect others, and not be susceptible to risky activities that seek affirmation. Experience comes with age.

## AGE RESTRICTIONS on PLATFORM



**NOTE: App Ratings refer to how old a person should be to download the app on their device, NOT the age to sign up for an account.**

\*AGES, DATES AND RATES ARE FOR INFORMATION ONLY. THE APPS ARE NOT THE PROPERTY OF THE AUTHOR AND ARE NOT TO BE USED FOR ANY OTHER PURPOSE. THE APPS ARE NOT THE PROPERTY OF THE AUTHOR AND ARE NOT TO BE USED FOR ANY OTHER PURPOSE.

OpenView  
Education  
TRAINING THROUGH THEATRE

## APPS AND THEIR AGE RATINGS

13+		16+	
Facebook	Snapchat	WhatsApp	
Instagram	Twitter		
TikTok	Kik	Sorahah	MootMe
YouNow	Yubo	YOLO	LiveMe
House Party	Monkey		



# HAVE YOU SPOKEN TO YOUR CHILD ABOUT PERSONAL SAFETY ONLINE?

# EVERYONE BELONGS HERE



# CELEBRATE DIVERSITY



Thomaswown West  
Primary School

# School Readiness Program



**PLEASE  
SAVE  
THESE  
DATES!**

**Tuesday 8th November**  
9am-10am

**Tuesday 15th November**  
9am-10am

**Tuesday 22nd November**  
9am-10am

## Dear Pre Preps and Families

Thank you for attending the Term 3 School Readiness Program.

We hope you have enjoyed your sessions this term and are becoming more familiar with the school surroundings.

There are three additional orientation sessions in term 4.

We look forward to seeing you then!



Thomaswown West  
Primary School





Hello Everyone ,

And just like that Term 3 is over. Now it's time to take a well-deserved break and rejuvenate so you are ready to take on Term 4. Here are a number of fun activities you can do as a family to stay entertained and enjoy some quality family time.

### **1. Enjoy bedtime stories together**

Bedtime stories are fun and increase parent/carer-child bonds, they also help to establish a routine and unwind busy minds before bed. It's also a perfect time to discuss the events of the day, encourage your children to discuss how they're feeling, and instil a lifelong love of books.

### **2. Play outdoors**

The simple pleasure of being free to play outdoors provides children with endless scope for imaginative games and often helps them to feel happier and calmer. Wide-open spaces also offer children the perfect setting to let their imagination run wild whether that's building a cubbyhouse, climbing a tree, playing hide and seek, or just skimming stones across the water. Soaking up the vitamin D that being outdoors naturally provides also helps to boost moods and encourages a positive mindset.

### **3. Encourage screen-free adventures**

We're all guilty of spending too much time on our phones or tablets with relentless scrolling becoming a daily habit. And parents will know that it can be even harder to get children to step away from their screens. So, make a pact that the whole family either leaves their devices at home or locked away once you're at your day's destination to ensure you can all have a digital detox.

### **4. Plan a DIY yoga retreat**

Relax and unwind with a DIY yoga space right in the comfort of your own home. Start the day off with a relaxing sunrise yoga session in the backyard. Once that wraps up, rejuvenate your body with delicious smoothie bowls for the whole family. You can also set up different activities around the house, such as DIY facemasks, a no-phone zone, and a meditation space.

### **5. Host the ultimate movie night**

Instead of simply watching a movie as you would on a typical weekend, take things up a notch with a themed movie night. Have each family member dress as their favourite movie character, and decorate the living room with streamers, balloons, and treats that match the movie's theme.

### **6. Try your hand at a new art project**

A great kid-friendly staycation idea for families is to set up your own art studio. All you need is a few blank canvases, colourful paint sets, and brushes. You can even change things up and find some clay to create your very own moulds.

### **7. Organize an A to Z scavenger hunt**

If you're looking for a staycation activity that'll last a few hours, an A to Z scavenger hunt is a great option. Go on a hunt around your neighbourhood and search for things that begin with each letter of the alphabet. Your scavenger hunt can be fun for the whole family and bring you closer to the stunning world beyond your four walls.

### **8. Create wall chalk murals**

On a beautiful sunny day, instead of creating art inside, take it outside with some chalk murals.



Grab some colourful chalk and give each person in your family some space to create their unique art piece. You can even up the ante and set a timer to see who can create the best design in the allotted time.

#### 9. **Propose a picnic**

Your staycation is all about family time, and there are few better ways to catch up and bond than with a delicious picnic feast. Grab a blanket and a large picnic basket and fill it with some sandwiches, fruit, and your favourite picnic treats. Don't forget to pack a bag with a few games and activities for your relaxing afternoon at a local park.

***We hope you have a lovely break. Enjoy!***

***Gita Peterson***  
**Mental Health & Wellbeing Coordinator**      &      ***Gurleen Gogia***  
**Student Welfare Officer**

## **TOP DOJO EARNERS**

### **Term 3 Week 10**

**Congratulations to **Room 18** with 228 Dojo Points**

*You are the class with the highest number of Dojo points this week!*



<b>Prep</b>	<b>Fonzie</b> <b>4 Dojo Points</b>
<b>Grade 1/2</b>	<b>Suyana</b> <b>5 Dojo Points</b>
<b>Grade 3/4</b>	<b>Victoria</b> <b>11 Dojo Points</b>
<b>Grade 5/6</b>	<b>Esra</b> <b>20 Dojo Points</b>
<b>Most Dojo points Prep - 6</b>	<b>Esra</b> <b>20 Dojo Points</b>



# Footy Day @ TWPS






# EVERY DAY OF LEARNING COUNTS

## Term 3 Week 10 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	77%	84%	Room 9	93%	87%
Room 3	88%	91%	Room 10	91%	92%
Year 1/2	Last Week	This Week	Room 11	86%	76%
Room 5	86%	89%	Room 12	82%	81%
Room 6	86%	81%	Year 5/6	Last Week	This Week
Room 19	79%	65%	Room 15	89%	86%
Room 20	87%	85%	Room 17	95%	85%
			Room 18	94%	 <b>94%</b>

## EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

### Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better    ✓they make friends    ✓they are happier    ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

other 'days off' school add up to lost learning. See below:

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress. The school may take further action to support improved attendance.	



# Cup of Life

Well done to all the boys and girls who are attending school every day.

**Congratulations**

The room that had the BEST ATTENDANCE

For Term 3 Week 10 is

**Room 18**

## TWPS CUP OF LIFE UPDATE

Who will win the free bowling excursion at the end of the year??

Room 2	Term 2 Week 6								
Room 3	Term 2 Week 6	Term 3 Week 3							
Room 5	Term 2 Week 1	Term 2 Week 2	Term 3 Week 1						
Room 6	Term 1 Week 4	Term 1 Week 5	Term 1 Week 11	Term 2 Week 4	Term 2 Week 5	Term 2 Week 9	Term 3 Week 7		
Room 19	Term 1 Week 6	Term 3 Week 5							
Room 20	Term 3 Week 2	Term 3 Week 6							
Room 9									
Room 10	Term 1 Week 3	Term 1 Week 9	Term 2 Week 7	Term 3 Week 4	Term 3 Week 8				
Room 11									
Room 12									
Room 15	Term 1 Week 10								
Room 17	Term 1 Week 6	Term 2 Week 3	Term 2 Week 8	Term 3 Week 9					
Room 18	Term 3 Week 10								





# Footy Day @ TWPS







Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1<sup>st</sup> to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1<sup>st</sup> to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>







# Footy Day @ TWPS





# Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

**At Thomastown West Primary School we believe the following:**

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



**We have 5 key school VALUES which we encourage everyone to *live* by our school values:**

**Respect**      **Responsibility**      **Resilience**      **Empathy** and **Strive to be our best**

**We teach the children that:**

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

**At Thomastown West Primary School, Parents and visitors are expected to:**

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

**Under no circumstance are parents to approach another student or parent regarding any incidents or issues.**

**Your co-operation is sought in maintaining a safe and happy school.**



*This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.*



PROGRAMS BEGIN TERM 4 WEEK 2

# THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 4 2022

***"Re-establishing connections to support transitions"***

## Monday

1:30 pm – 2:15 pm  
YOUNG VOICES IN  
MEDIA

3:15 pm – 4:30 pm  
HOMEWORK CLUB



## Thursday

10:50 am – 11:20 am  
FUN READING CLUB

1:30 pm – 2:15 pm  
STRATEGIC BOARD GAMES



## Tuesday

1:30 pm – 2:15 pm  
STEAM

3:15 pm – 4:30 pm  
DIGITAL ART



## Friday

9:30 am – 1:00 pm  
LEARN ENGLISH  
(bookings essential)  
Call PRACE 9462 6077

2:15 pm – 3:00 pm  
KOORIE KIDS GROUP  
with Eva



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please  
contact:

P: (03) 9401 6666

E: [twch@whittleseacc.org.au](mailto:twch@whittleseacc.org.au)

images: Flaticon.com





# ART STUDIO



**Monday 19th September**  
**Tuesday 20th September**  
**10 am - 1 pm**  
**(lunch provided)**



**Join us for art and craft fun over the  
school holidays!**

**Thomastown West Community Hub**

**This is a FREE event and places are  
limited, please return the  
consent form to register.**

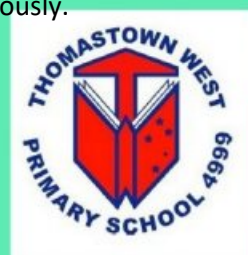
Permission notices were handed out to students previously.

Please return the signed notices to  
the Hub when you attend.



**Whittlesea  
Community  
Connections**

Making a positive difference everyday





# GAMES DAY

Thursday 29th  
September

10 am - 1 pm  
(lunch provided)

THOMASTOWN WEST  
COMMUNITY HUB

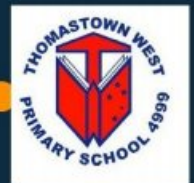
Join us for some fun  
games and activities!

This is a FREE event and places are limited, please return the consent form to register.



Whittlesea  
**Community  
Connections**  
Making a positive difference everyday

Permission notices were handed out to students previously. Please return the signed notices to the Hub when you attend.





# **SLIME MAKING AND ORIGAMI WORKSHOP**

**TUESDAY 27 SEPTEMBER 2022  
10 AM - 1 PM (lunch provided)**

**Thomastown West Community Hub**

**This is a FREE event and places are limited please  
return the attached consent form to register.**



**Permission notices were handed out to  
students previously. Please return the signed  
notices to the Hub when you attend.**



## Thomastown West Primary School

warmly welcomes our **NEW** After School Care provider  
**KidsCo.**

see you all in Term 4!



KidsCo.

### After School Care for little legends

We're making every day the BEST day ever for the families of Thomastown West Primary School!  
Our After School Care programs focus on developing skills that enable the next generation to embark on a journey of fun, connection, exploration and real-life skills in our care.



I would recommend KidsCo OSHC to a friend because my daughter said it's fun and they have varieties of activities. I loved how they designed their mobile app as a parent, and booking is as easy as 1 2 3.

- Box Hill North Primary Mum

We understand that life can be unpredictable, that's why we provide accessible, fair and flexible care for all families

- ✓ All of our programs are subsidised by CCS
- ✓ Book up to 2 hours before the session starts
- ✓ We don't charge for cancellations or late bookings
- ✓ Manage your account and bookings through our app



After School Care Program Sample	Monday	Tuesday	Wednesday	Thursday	Friday
	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in
	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea
	STEAM Zone Coding	STEAM Zone Angry Birds	STEAM Zone Rollercoaster Tycoon	STEAM Zone Little Farmers	STEAM Zone The Band
	Physical Literacy All Sports Football	Physical Literacy All Sports Soccer	Physical Literacy Grand Final Day	Physical Literacy Ninja Warrior	Physical Literacy Survivor
	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available
	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available

Enrol your child online now!  
[kidsco.net.au/oshc-thomastown](https://kidsco.net.au/oshc-thomastown)

If you need any help please email us at [oshc@kidsco.net.au](mailto:oshc@kidsco.net.au)

# Available on Wednesday & Fridays only

**\*Online Orders ONLY No Cash payments accepted\***



SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	➢ 6 PACK	\$ 4.20
		➢ EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
<u>TANDOORI CHICKEN WRAP: (H)</u> Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	➢ WITH SOUR CREAM/SWEET CHILLI	\$4.00
<u>CHICKEN SNITZEL WRAP: (H)</u> Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
<u>MILD SALAMI PANINI:</u> A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
<u>HAM PANINI:</u> A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	<u>LEMON THYME CHICKEN SALAD:</u> Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	<u>TRADITIONAL GREEK STYLE SALAD:</u> A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	<u>ROASTED GRILLED VEGETABLE SALAD:</u> In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20

Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL



**Lunch orders will resume in Term 4 on Wednesday 5th October.**

## OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access [www.myschoolconnect.com.au](http://www.myschoolconnect.com.au)



### 1. REGISTER YOUR ACCOUNT

Register on any device, simply login to [www.myschoolconnect.com.au](http://www.myschoolconnect.com.au) and click on "Create Account", follow the prompts to add your email and password.

### 2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



### 3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

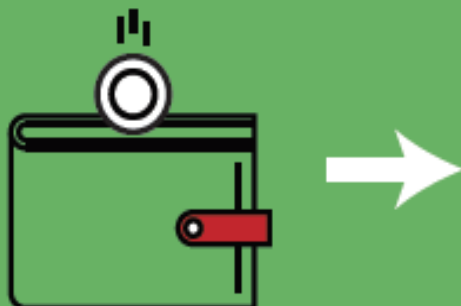


## 4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

## 5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



## NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



[www.myschoolconnect.com.au](http://www.myschoolconnect.com.au)



My School Connect has a 7 day a week Support Line, contact 1300 030 915



# Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



## What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

## Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

## Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**  
Anytime Any Reason

1800 55 1800 | [kidshelpline.com.au](https://www.kidshelpline.com.au)



Suitable for  
boy's & girls,  
ages 5 - 11  
(all abilities)

## Soccajoeys Holiday Camp



Friday, 30th September  
10 AM - 2 PM



**TRAC** Thomastown  
Recreation & Aquatic  
Centre, VIC 3074

Soccajoeys Holiday Program teaches your child valuable skills for life while having fun in a safe and nurturing environment. Led by qualified Soccajoeys coaches, the program includes soccer games, skill sessions drills, soccer tennis, soccer golf, and much more fun activities with the ball!

Call or email John to register:  
**0403 613 095 | [melbournenorth@soccajoeys.com](mailto:melbournenorth@soccajoeys.com)**

**\$50**





# DEVELOPING SKILLS FOR LIFE


Join Australia's leading childhood  
development sports program



- 🏆 Age specific programs for children aged 2.5 -11 years
- 🏆 Term based program
- 🏆 Accredited and trained coaches
- 🏆 Classes held indoors
- 🏆 1 hour classes

## JUMP INTO SOCCER WITH SOCCAJOEYS!

[www.soccajoeys.com.au](http://www.soccajoeys.com.au) | 1300 781 735

 [facebook.com/soccajoeys](https://facebook.com/soccajoeys)  [@soccajoeys](https://instagram.com/soccajoeys)

# COME & TRY DAY



THOMASTOWN UNITED CRICKET CLUB  
WELCOME YOU TO OUR JUNIOR COME & TRY  
DAY!

BOTH BOYS AND GIRLS OF ALL ABILITIES FROM  
THE AGE OF 6-17 YEARS ARE WELCOME!

THERE WILL BE SPECIALIST COACHES  
ATTENDING ON THE DAY.

OUR PARTNER DECATHLON SPORTS WILL ALSO  
BE THERE WITH EXTRA ACTIVITIES AND SIGNING  
PEOPLE UP TO THEIR MEMBERSHIP PROGRAM

**17TH SEPTEMBER**

- ✓ Skill & technique drills
- ✓ Fielding exercises
- ✓ Strategy & teamwork exercises
- ✓ Fun games & activities



## FIRST SESSION

17th September  
11am - 1pm

## SECOND SESSION

26th September  
5:15pm - 6:45pm

## THIRD SESSION

3rd October  
5:15pm - 6:45pm

## THOMASTOWN EAST RESERVE

LESLIE STREET, THOMASTOWN, 3074

## MORE INFORMATION

RILEY - 0416 382 254 /  
thomastownunited@gmail.com

## REGISTRATION LINK

PLAY.CRICKET.COM.AU  
SEARCH "THOMASTOWN UNITED"





# JUNIOR PLAYERS WE WANT YOU!!

## About Keon Park:

Keon Park Cricket Club is a family orientated club and would love for you to get in touch if you are interested in joining our family.



### J C Donath Reserve - Oval #1

Corner of Harmer Street & Wagga Road  
Reservoir VIC 3073

### Mixed teams - U16's,U14's,U12's

Games are Friday Nights at 5pm  
Training on Wednesdays at 4:30pm

### Mixed teams - U10's

Games are Monday Nights at 5pm  
Training on Wednesdays at 4:30pm

### Junior Blasters - Ages 5 - 8

Saturday Mornings at 10am - 11am  
Teaches kids to bat, bowl & field



**President: Shane Baker 0417670206**

# DANCE STREET

A Production of



Music and Lyrics by  
**Lin-Manuel Miranda, Opetaia Foa'i & Mark Mancina**

Book Adapted by  
**Susan Soon He Stanton**

Music and Orchestrations Adapted and Arranged by  
**Ian Weinberger**

Based on the 2016 Disney film Moana

Licensed exclusively by Music Theatre International (Australasia).  
All performance materials supplied by Hal Leonard Australia.

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## SATURDAY OCTOBER 8

### 2:00PM & 7:00PM

**ADULT \$35 | CHILD \$30 | FAMILY \$115** (2 x adult 2 x child)

**BOOK THROUGH TRYBOOKING**

**<https://www.trybooking.com/BZJWW>**

**MARY MACKILLOP THEATRE**

**PENOLA COLLEGE**

29 GIBSON ST, BROADMEADOWS