

Thomastown West Primary School Newsletter

Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317



2022 IMPORTANT DATES:

Thurs	11 Aug	Pre-Prep School readiness Program Session 3. 2.15-3.15pm
Fri	12 Aug	Curriculum Day (Students do not attend school)
Thurs	18 Aug	Pre-Prep School readiness Program Session 4. 2.15-3.15pm
Tue	23 Aug	Book Week Parade
Thurs	25 Aug	Pre-Prep School readiness Program Session 5. 2.15-3.15pm
Thurs	1 Sep	Pre-Prep School readiness Program Session 6. 2.15-3.15pm
Tue	6 Sep	Athletics Divisional Finals
Thurs	8 Sep	Curriculum Day: Confirmed (Students do not attend school)
Fri	9 Sep	Grade 1/2 excursion Toys & Forces Science Works excursion
Wed	14 Sep	Grade 3/4 Science works Museum excursion
Thur	15 Sep	Parent/Student/Teacher interviews
Fri	16 Sep	Last Day Term 3 1.15pm finish

No.23 5th August 2022

From the Principal

Has anyone else noticed (and celebrated) this week that Spring is around the corner? Especially with the beautiful weather on Wednesday and Thursday, as well as our days lengthening and with the wattle starting to bloom.

There are 26 more days until 1st September and with our updated SunSmart Policy (page 9 of this newsletter), **students are expected to wear their school hats from 1/9/22**, which is much earlier than what TWPS is used to. *So it's time to search your homes for your child's school hats or perhaps purchase a new one from the Office.*

100 Days of Learning

Congratulations to all of our students who completed their first 100 days of learning this week. Today our Prep and 1/2 students dressed up in their party clothes to celebrate this very special milestone and completed a fabulous day of '100s' activities.

How much have our junior students changed and how far they have all progressed in their learning since beginning school earlier this year in February? It was a wonderful and exciting achievement to complete this milestone, whereas due to the last 2 years of Covid and remote learning, this special event had been previously impacted.

National Aboriginal and Torres Strait Islander Children's Day

I would like to acknowledge that yesterday was National Aboriginal and Torres Strait Islander Children's Day. The theme for this year is **'Dreaming. My Future'**. It is a time for Aboriginal and Torres Strait Islander families to **celebrate the strengths and culture of their children**.

The day is an opportunity for all Australians to learn about the crucial impact that community, culture and family play in the life of every Aboriginal and Torres Strait Islander child.



Great news! In the coming weeks our Koorie Kids Club will be joined by our Side by Side staff, Zac (from Berry Street) and Stewart (from VACCA). I look forward to providing you with an update in a future newsletter.

Curriculum Days Confirmed:

✓ Friday 12 August: Staff will participate in professional learning about the Berry Street Educational Model.

✓ Thursday 8th September: Staff will participate in a whole school planning day for term 4.

Reminder: *Students do not attend school on Curriculum Days.*

Swimming

Our Grade 5/6 students participated in their Swimming/Survival program at TRAC today! I would like to congratulate them all on their excellent behaviour and living the school values.

Success!

We have now held two sessions of our Pre-Prep School Readiness Program and our 2023 Prep students are loving it! It truly made my day when I visited yesterday and saw the smiles on the children's faces. Thank you to Mrs Hrovat (and her husband) for setting up Room 8 as a valuable and engaging learning centre for our current and future students.

REMINDER: PREP ENROLMENTS for 2023 ARE OPEN!

If you have a child who turns 5 before the end of April next year, they are eligible to begin school. If you have relatives or friends, can you please ask them to obtain an enrolment form and return it to the office. The forms are on our website.

2022 Book Week: Dreaming with Eyes Open

We are celebrating book week this year between the 20th and 26th of August. We will have a range of activities and events across the week to celebrate our love of reading



and books in this week culminating our annual book week dress up parade on Tuesday 23rd August. The parade will be between 9:00am and 10:00am. This will give you a bit of time to help your children develop a costume of their favourite book character. We encourage everyone to re-use and recycle household items for their costume.

SAFETY FIRST

Staff Car Park

Can I please ask that families refrain from using the staff carpark during school hours, including drop off or pick up times unless otherwise granted permission from myself. Our school has an OHS obligation to manage the traffic on our property **to ensure student safety**. Our policy does not include provision for parents to access the carpark.

Visitors to school

Our school has an obligation under the Child Safety Standards to manage the movement and activities of all visitors onsite during school hours. For this reason we ask all adults and visitors to enter via the office and sign in or sign out. **Thomastown West Primary School has a commitment to zero tolerance of child abuse.**

COVID UPDATE

There is still lots of sickness around, lots of coughing and sneezing and Covid Cases within the school. **Please keep your child or children home if they are unwell, even if they test negative.** It is best for the child and also best for the rest of us to stay well.

Face Masks

All Victorians are now encouraged to wear a mask when with other people indoors and when you cannot physically distance, including outdoors. Wearing a face mask can help protect you, your child/ren and those around you. Face masks stop droplets spreading when people talk, cough, sneeze and laugh, which lowers the chance of spreading or catching the virus. This information is especially important for those who are medically at risk.



The Victorian government's advice recommends people over 8 years of age wear a face mask in indoor settings, except for close contacts, who must wear a mask indoors unless an exception applies. If you wish your child to wear a mask at school, and/or they themselves wish to wear a mask, we will ensure they are supported to do that. We have a supply of children's and adult masks at school or you can send your child to school with their own mask.

People are now exempt from testing and isolating four weeks after getting COVID, instead of 12 weeks.

Parents and carers who have COVID-19 can transport their non-COVID-19 children via private vehicle to their primary or secondary school when an alternative person is not available to assist.

This means that parents and carers will be able to leave COVID self-isolation to take their non-COVID-19 child to school or school holiday programs via a private vehicle. The parent or carer must travel directly to and from the school only. They must remain in the vehicle at all times, unless it is reasonably necessary to leave the vehicle to walk the child to and from the entrance of the school safely. They must wear a face mask at all times.

Family members are asked to continue reporting positive COVID-19 cases to both the Department of Health and our own testing portal. **You must also let the school know if your child is a close contact.** Students who are close contacts and want to attend should still take 5 RATs over 7 days and wear a face mask whilst indoors if they are aged 8 years or over.

Students should continue to stay home if they are unwell, even if they test negative on a RAT.

Rapid Antigen Tests

Rapid Antigen Tests (RATs) will continue to be available in our school in Terms 3 and 4.

RATs continue to be required by students who are household contacts to attend school (5 negative tests over a 7 day period) or who have symptoms.

The ongoing supply of RATs to families in our school will ensure that parents and carers will have them should they need them if their child is a household contact or has symptoms.

Families must continue to notify the Department of Health and the school if their child returns a positive RAT result. Additionally, you should inform us if any of your children are household contacts.

For more information visit the Coronavirus website:

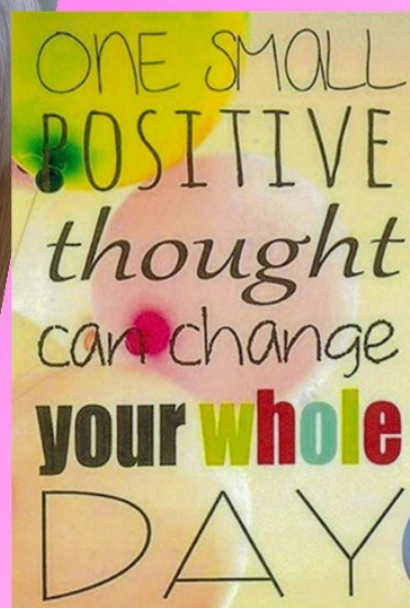
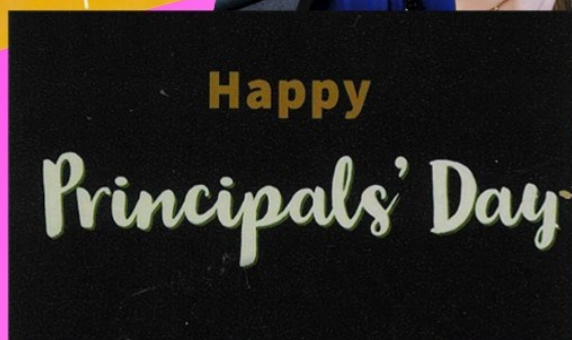
<https://www.coronavirus.vic.gov.au/parents-carers-and-guardians>

Missing something?

Please ensure you come and check the **Lost Property** in the Office before the end of term as we have LOTS and LOTS of jackets, jumpers and lunch boxes ready to be returned.

Kind regards,

Sandi Young
Principal



When I talk to **MANAGERS**, I get the feeling
that they are important.

When I talk to **LEADERS**,

I GET THE FEELING THAT I AM IMPORTANT.

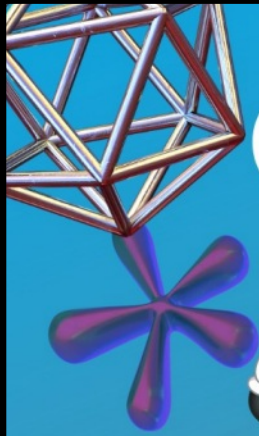


Thank you to the TWPS staff for
making us feel important and
appreciated on

School Principals' Day!

Sandi and Vanesa

CURIOSITY HOUR



Dear Parents and Carers,

During Term 3, Thomastown West Primary School, will be starting Curiosity Hour which runs across the school from Prep to Year 6. This is a special time each week that allows your child to explore their interests and passions through an independent action research project.

For one hour each week, your child will take a deep dive into their topic of choice and use creativity and ingenuity to answer a question they've developed. These questions focus on guiding students to take action to discover something about their world and apply new learning.

Here are a few questions that have been part of the Curiosity Hour in the past:

- How can I create a bubble solution that will make bubbles last longer?
- How can I design a paper airplane that will fly at least 5 metres?
- How can I make a movie using technology?
- How can I invent a sport that will be fun for kids?

In class, students will work to develop their action research questions. Children will need to do research to prepare to answer their questions. Each child's research will look a little different and may involve reading books, researching online, watching instructional videos, or asking experts.

Once research is completed, children will then create a plan to apply their learning and answer their question. The final step will be for the children to share their new learning/findings with their peers.

Thomastown West PS is excited to begin this project and share all the amazing things your child will discover and learn.

Kind Regards,
The TWPS Inquiry Team





Stars of the Week



Term 3- Week 4

Steven	2	For always listening to instructions and working very hard on his learning tasks.
Fonzie	3	Showing resilience when activities are challenging and attempting them to the best of his ability.
Sam	5	For showing resilience in social situations during play and during challenging work tasks.
Dixin	6	For listening carefully to instructions during lesson focuses.
Xaviar	19	For persisting through his maths assessment and having a good red go.
Jonathan	20	For showing resilience and using problem-solving skills when faced with challenging situations in the playground.
Isaac	09	For being a responsible learner, always making valuable contributions and asking great questions during class group time.
Mireille	10	For having a positive attitude and striving to do her best especially with her writing.
Ahmad	11	For being focused during Guided Reading and answering question.
Mohammed .M.	12	For demonstrating a positive attitude in class and producing excellent home-work.
Francesco	15	For striving to be his best and taking responsibility for his learning by completing his homework tasks and asking for feedback.
Perla	17	For having a growth mindset when taking on new challenges in Maths.
Michael (19)		ART: By demonstrating an enthusiastic and positive attitude when learning to finger-knit in Art!
Alaeddine & Christopher		PE: For being great sport shed monitors.
Julian & Bradley		MUSIC: For showing resilience by practising your drumming skills outside of school and, when the chance came, stepping into the school band as a drummer and doing a fabulous job.
Ibrahim Rm 2		STEM: For drawing an amazing diagram of his “material” during stem.

Stars of the Week

Term 3 - Week 4



Hello Everyone ,

Parents & Carers

Encouraging your children to be responsible #2

In this newsletter, we continue to look at strategies to encourage your children to be responsible.

- **Give your children a little more freedom as they get older.** Each year, perhaps on their birthday, spend some time rethinking the rules. At the same time, let your child see that freedom and responsibility go hand in hand. As your child takes more responsibility around the house, relax your rules to give them more freedom.
- **Talk with your children about the moral choices they must make.** For example, would they cheat on a test? Would they shoplift if a friend asked them to? Would they try smoking or vaping if their friends were doing it?

During these discussions, you can let your children know your own values, but it's even more important to listen to what they have to say. After all, you won't always be around when your children need to make decisions.

- **Let your child make some choices about homework.** They have to do it, of course, but they could decide whether:
 - To do it in their bedroom or on the kitchen table
 - To do it right after school or spend time playing first
 - To do their maths first or start with spelling
 - To schedule one long homework session or two shorter ones.

Talk about these choices and let them choose which works best. Of course, if a choice doesn't work. For example, if they play outside until dark and can't get their homework done, then it's time for them to see the consequences of their actions.

Morning Rush Hour


Even the most responsible children can have trouble getting organised and out the door in the morning. For some children, mornings can be chaotic. Here are some tried and tested ways to encourage your children to be more responsible in the morning so you can avoid "rush hour" in your home.

- **Set aside a special place for your child to keep everything they need for school.** Some families have a plastic tub or cardboard box for each family member. Ask your child to choose a place for their box, near the front door or in their bedroom. Every afternoon, their first job is to unpack their bag, put their snack bags in the kitchen and place all other school items in their box. When their homework is finished, it goes in the box too. In the morning, the box is the last stop before heading out the door.
- **Write down a checklist of everything your child needs for school each day.** Post it by the front door. Use yellow sticky notes for any special items or days, for example, Field Trip Permission Slip, \$1 for icy pole, Harmony Day- wear orange or PE today- wear runners.
- **Buy your child an alarm clock or set an alarm on their phone.** Have them assume the responsibility for getting themselves out of bed. Sometimes, ask your older children to take on the responsibility of waking everyone in the family. You may want to try this on the weekend first.
- **If your child tends to move in slow motion when getting out of bed in the mornings, play their favourite song and tell them they have until the song finishes to get up.** Not only will your child be able to pace themselves, but you may find their disposition improves as they wake up singing.

Sharing the Load

There is a lot of work involved in keeping a household going. Children can assume some of the responsibility. When everyone helps, you'll have a happier and more organised family, more responsible children and more time for other activities. Here are some suggestions for encouraging your children to help around the home.

- **If you haven't expected much from your children, schedule a family meeting and explain what needs to be done to keep the household running.** Talk about how everyone needs to help out from now on. Remember, it's not Mum's home, it's everyone's home, and we all make messes that need to be cleaned up; we all need meals, clean clothes, and tidy bedrooms, not just Mum, so we all need to help out. It's not just Mum or Dad's job to look after the house, it's all of our jobs.
- **Nobody likes to be nagged, so create a no-nag method to remind your children to do their chores.** Some families make a big chart listing all regular chores and the person responsible for doing them, some families give each child their own chart such as the 30 Day Household Chore Challenge shown below. As a chore is completed, it is crossed off. Some families put all devices away until the chores are done. Some families who are already too busy during the week, make Sunday morning their chore time. It's important to do what's right for your family. Try rotating tasks, so no one gets bored. The person who feeds and walks the dog this week may set the table and do the dishes next week.
- **Make your home an equal opportunity household.** Teach both boys and girls how to cook, use the washing machine, hang out clothes on the line, use a hammer, sew on a button, and change a light globe. Not only will you be increasing their responsibilities, but you will also be building their self-esteem and independence. Many young adults find themselves unprepared to move out of home, pay bills, clean their clothes or cook themselves meals.
- **Before giving your children a job, show them how to do it, step by step.** You may even want to write instructions for some chores, like how to use the washing machine or oven. Be patient and don't expect a child to do the job exactly how you would. Be thankful for the help, and don't redo the job or criticise the child's efforts when they are trying hard. If a job is consistently done poorly, show the child how to do it again. If you think the child is doing it on purpose, show them the consequences of not taking a job seriously or not doing it correctly. For example, if you have asked them to put their dirty clothes in the laundry basket and they haven't, don't wash their clothes. Then the next time they want to wear their favourite jeans or top, say, 'Sorry you didn't put them in the laundry basket, so I didn't think you needed them washed, you will have to wear something else.'




30 DAY HOUSEHOLD CHORE CHALLENGE


NAME

DATE


Each day you complete a chore, color in a section of the grid.




Take Care of Your Pet




Wash the Dishes




Take out the Trash



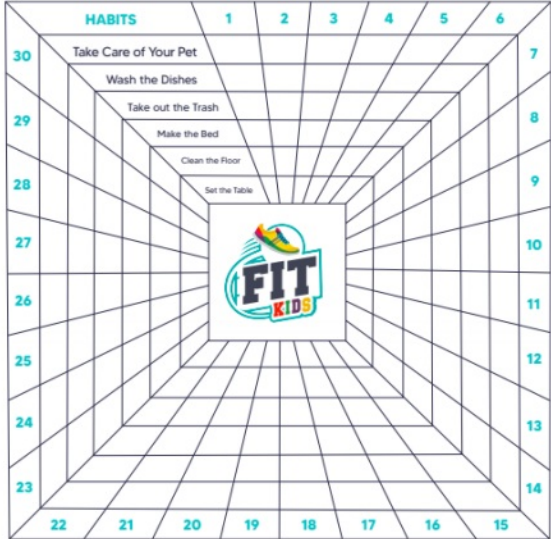
Make the Bed



Clean the Floor



Set the Table





Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>



- **Teach your children to prepare some healthy snacks.** Look through cookbooks or online recipes together and ask your children to select some simple snacks they will be able to make themselves. This is a great time to talk about taking responsibility for eating healthy foods. Teach your children that snacks can taste good and be good for you. Plain popcorn, cheese and crackers, fresh fruit or vegetables and dip are all tasty and nutritious. Show your children how to prepare the snacks they have chosen safely. Even five-year-olds can open a jar of peanut butter or jam and use a butter knife. Ten-year-olds can use a knife to cut fruit (start with bananas and progress to apples). Twelve-year-olds can use an over carefully. Once your children have mastered basic cooking skills, expand their repertoire with new and more complex recipes.

Are you tired of picking up your children's toys, sports equipment, clothes etc.?

- **When the clutter gets out of control create collect all of their belongings they have left lying around and put them in a cupboard with a lock** and have your children do chores to earn their belongings back.

Good luck. We hope some of the strategies mentioned this week and last can help your children become more responsible members of your family and the wider community. If you would like a copy of the 30 Day Household Chore Challenge sheet (page 6) please contact the Wellbeing Team via Gita.Peterson@education.gov.vic.au or Gurleen.Gogia@education.gov.vic.au

The best way for parents and carers to build responsibility in children is by giving them responsibility and helping them to see the consequences of their actions.

Gita Peterson
Mental Health & Wellbeing Coordinator & *Gurleen Gogia*
Student Welfare Officer

TOP DOJO EARNERS

Term 3 Week 4



Congratulations to Room 09 with 225 Dojo points
You are the class with the highest number of Dojo points this week!



Prep	Maria Rm 03 7 Dojo Points
Grade 1/2	Ayden Rm 6 21 Dojo Points
Grade 3/4	Baraa Rm 09 15 Dojo Points
Grade 5/6	Benjamin Rm 15 10 Dojo Points
Most Dojo points Prep - 6	Ayden 21 Dojo Points

EVERY DAY OF LEARNING COUNTS

Term 3 Week 4 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	65%	77%	Room 9	74%	91%
Room 3	89%	79%	Room 10	79%	92%
Year 1/2	Last Week	This Week	Room 11	71%	73%
Room 5	69%	88%	Room 12	67%	80%
Room 6	79%	85%	Year 5/6	Last Week	This Week
Room 19	64%	69%	Room 15	88%	86%
Room 20	80%	77%	Room 17	87%	86%
			Room 18	81%	80%

EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better ✓they make friends ✓they are happier ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but other 'days off' school add up to lost learning. See below:

ROOM 6

ENJOYED THEIR CUP OF LIFE FREE SPECIAL LUNCH



THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 3, 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA

3:15 pm – 4:30 pm
HOMEWORK CLUB



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm
STEAM

3:15 pm – 4:30 pm
DIGITAL ART



Friday

9:30 am – 1:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077

2:15 pm – 3:00 pm
KOORIE KIDS GROUP
with Eva



New permission notes have been sent home. Hub Clubs have changed since Term 2. Students require a new permission note.

WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please
contact:

P: (03) 9401 6666

E: twch@whittleseacc.org.au

images: Flaticon.com



Fundraising Update

- TWPS fundraising team will be running a Fathers day stall in September. Keep a lookout for the brochure with gifts and prices very soon.
- Footy finals is almost here!! The fundraising committee will be discussing a hot lunch footy day for the end of Term 3.

If you are interested in joining the Fundraising committee please call or email Mrs El Zoobi.

thomastown.west.ps@education.vic.gov.au

9465 4317





The Hub Working Bee

Thursday 15th September 2022
11:30 am - 2:30 pm (lunch provided)
98 Main Street, Thomastown 3074



Please rsvp to either:

Ruvee

rratnayake@whittleseacc.org.au | (03) 9401 6613

or

Dean

DMarando@whittleseacc.org.au | 0473 019 831



Whittlesea
Community
Connections
Making a positive difference everyday

Thomastown West Primary School

warmly welcomes our **NEW** After School Care provider
KidsCo.

see you all in Term 3!



KidsCo.

After School Care for little legends

We're making every day the BEST day ever for the families of Thomastown West Primary School!
Our After School Care programs focus on developing skills that enable the next generation to embark on a journey of fun, connection, exploration and real-life skills in our care.



I would recommend KidsCo OSHC to a friend because my daughter said it's fun and they have varieties of activities. I loved how they designed their mobile app as a parent, and booking is as easy as 1 2 3.

- Box Hill North Primary Mum

We understand that life can be unpredictable, that's why we provide accessible, fair and flexible care for all families

- ✓ All of our programs are subsidised by CCS
- ✓ Book up to 2 hours before the session starts
- ✓ We don't charge for cancellations or late bookings
- ✓ Manage your account and bookings through our app



After School Care Program Sample	Monday	Tuesday	Wednesday	Thursday	Friday
	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in
	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea
	STEAM Zone Coding	STEAM Zone Angry Birds	STEAM Zone Rollercoaster Tycoon	STEAM Zone Little Farmers	STEAM Zone The Band
	Physical Literacy All Sports Football	Physical Literacy All Sports Soccer	Physical Literacy Grand Final Day	Physical Literacy Ninja Warrior	Physical Literacy Survivor
	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available
	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available

Enrol your child online now!
kidsco.net.au/oshc-thomastown

If you need any help please email us at oshc@kidsco.net.au

Pop-up Playgroup and Information Sharing

The City of Whittlesea invites you to come along and join our fully facilitated Pop-Up Playgroup and Information Sharing event.

Participate in a free playgroup session

- Art
- Music
- Storytime
- Nature play activities
- Learn about local community services

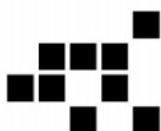
When: Wednesday 10th August 2022, 10am – 12pm

Where: Kirrip Community Centre, 135 De Rossi Bvd, Wollert

For more information: Contact Council's Playgroup Development Officer by email:
playgroups@whittlesea.vic.gov.au



**Free
Event**



YARRA PLENTY
REGIONAL LIBRARY



DPV
Health

BERRY STREET
Believing in Children,
Young People, Families
& Their Future.



**City of
Whittlesea**

whittlesea.vic.gov.au

131 450

Free telephone
interpreter service

Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.

Available on Wednesday & Fridays only

Online Orders ONLY No Cash payments accepted



SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	> 6 PACK	\$ 4.20
		> EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
<u>TANDOORI CHICKEN WRAP: (H)</u> Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	> WITH SOUR CREAM/SWEET CHILLI	\$4.00
<u>CHICKEN SNITZEL WRAP: (H)</u> Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
<u>MILD SALAMI PANINI:</u> A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
<u>HAM PANINI:</u> A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	<u>LEMON THYME CHICKEN SALAD:</u> Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	<u>TRADITIONAL GREEK STYLE SALAD:</u> A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	<u>ROASTED GRILLED VEGETABLE SALAD:</u> In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20

Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au

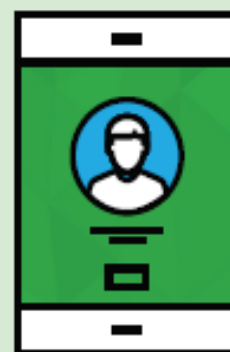


1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

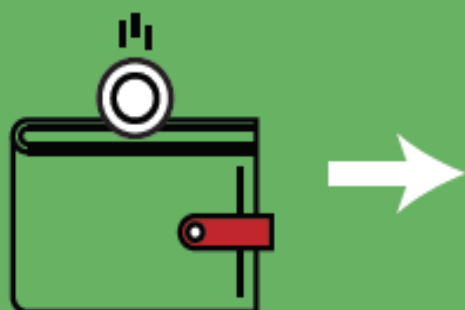


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915



Tuning in to Teens

Emotionally Intelligent Parenting

A free six-session interactive online parenting program for parents or carers of adolescents

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Feedback from previous participants:

- "This program was complete and helpful"
- "I understand my teen's emotions better"
- "Overall our house is calmer and there are less explosive emotions"
- "My teen and I are talking more and arguing less!"
- "I feel happier as a parent"

Tuning in to Teens shows you how to help your teen develop *emotional intelligence*. Adolescents with higher emotional intelligence:

- are more resilient - this means change and stress are easier to deal with
- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success - Emotional intelligence may be a better predictor of academic and career success than IQ!

**** To be eligible to participate in this program, you must reside in Banyule, Nillumbik, Darebin, Yarra or Whittlesea.**

Where: Online via video call (Zoom)

When: Wednesdays 11am – 1pm, from 10th August – 14th September

Contact: Candice (0417 047 426) or Ella (0429 097 979) from Family Services



City of
Whittlesea



Kindergarten application assistance

Application assistance in your language

Would you like some help with your kindergarten application?

Come along to one of our pop ups for help in your own language.

Translators will be available to help you through the process.

Pop up locations (from 9:30am-1pm):

Tuesday 2 August: Ganbu Gulinj Community Centre

Monday 8 August: Kirrip Kindergarten, Wollert

Tuesday 9 August: Laurimar Community Centre, Doreen

Thursday 11 August: Thomastown Library, Thomastown

Tuesday 16 August: Mill Park Leisure, Mill Park

Wednesday 17 August: Mernda Community Centre

Tuesday 23 August: Thomastown Recreation and Aquatic Centre

Tuesday 30 August: Galada Community Centre, Epping

Find out more or apply for kinder online:

www.whittlesea.vic.gov.au/kinder



City of
Whittlesea

Kindergarten application assistance

Application assistance in your language

Arabic

مساعدة بلغتك في تقديم طلب للالتحاق برياض الأطفال [عربي].

Chinese Simplified

简体中文版幼儿园申请协助 [简体中文]。

Traditional Chinese

繁体中文版幼稚園申請協助 [繁体中文]。

Punjabi

ਤੁਹਾਡੀ ਭਾਸ਼ਾ [ਪੰਜਾਬੀ] ਵਿੱਚ ਕਿੰਡਰਗਾਰਟਨ ਵਾਸਤੇ ਅਰਜ਼ੀ ਲਈ ਸਹਾਇਤਾ।

Urdu

کنڈرگارٹن کے لیے درخواست میں آپ کی زبان میں معاونت
[اردو]۔

Vietnamese

Giúp đỡ ghi danh mẫu giáo bằng ngôn ngữ của quý
vị [Tiếng Việt].

Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | [kidshelpline.com.au](https://www.kidshelpline.com.au)



Parents Building Solutions

Are you tired of yelling?

**Want to understand why children
behave the way they do?**

**Do you want to discuss and share
ideas that work?**

**This 6 week parenting programme
helps you come up with solutions to
common parenting challenges.**

DATE: Thursday 11th August-
15th September 2022 (6 weeks)

TIME: 7.00pm-8.30pm

WHERE: Online via Zoom

COST: This session is free of
charge but registration is essential

For enquiries and bookings contact:
ParentZone on 03 8641 8900 or email:
parentzone.northern@anglicarevic.org.au



PARENTZONE