

Thomastown West Primary School Newsletter



Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317

2022 IMPORTANT DATES:

Tue	24 May	RESP Parent Engagement Session 2pm
Tue	24 May	School Council Meeting 6:30pm Onsite at TWPS
Wed	25 May	Prep excursion: Aquarium & Fitzroy Garden
Fri	27 May	Out of School Hours Care: Presentations to staff and parents
Fri	27 May	Whole School Assembly 2:30pm
Tue	31 May	Whittlesea District Cross Country (Qualified Students Only)
Mon	13 June	Queens Birthday (Public Holiday) Students do not attend school
Wed	15 June	Gr 5/6 Sovereign Hill excursion
Tue	21 June	School of Rock
Wed	22 June	Semester 1 Students Reports shared with families.
Thur	23 June	Interpreters available at TWPS to translate Semester 1 Students Reports for parents and carers, if needed.
Fri	24 June	Last Day of term 2 (Students dismissed at 1.15)
Mon	11 July	Term 3 Begins

No.13 20th May 2022

From the Principal

PUMP UP THE SUCCESS!

It may have been a cold and wet Saturday on the 14th of May, but at 4:30pm the sun came out as the TWPS dancers gathered at the Promisestown Thomastown Picnic, ready to perform our flash mob dances. **I cannot begin to tell you how proud I was** of the 100% attendance of our dancers and their families, as well as the enthusiasm and commitment of our sequinned shoulder-padded and glow stick wearing TWPS dancers! **The performance was FANTASTIC!** Enjoy the photos on page 5. Great news! The students will be performing the flash mob dance at next week's assembly and **we'd love you to join in!** C'mon, everyone knows how to do the grape-vine... step behind step... step, turn and step, clap!

School Council

Finally! School Council will be held onsite at TWPS at 6:30pm on Tuesday 24th May. A light supper will be provided and we look forward to welcoming our new members.

NAPLAN

NAPLAN doesn't measure sports,
NAPLAN doesn't measure art,
NAPLAN doesn't measure music,
Or the kindness in your heart.

NAPLAN doesn't see your beauty,
NAPLAN doesn't know your worth
NAPLAN doesn't see the reasons,
You were put upon this earth.

NAPLAN doesn't see your magic,
How you make others smile,
NAPLAN doesn't time how quickly,
You can run a mile.

NAPLAN doesn't hear your laughter,
Or see you've come this far,
NAPLAN is just a tiny glance,
Of who you really are.

So sitting at your table,
With a pencil and your test,
Remember NAPLAN isn't who you are,
Remember you're the best!

NAPLAN 2022

NAPLAN has been a new experience for all students this year as our current Year 5 students were not required to do NAPLAN in 2020 when they were in Year 3 and this year, it was our school's turn to go digital. This year the NAPLAN writing task was a narrative with the title 'Brave', a great title given the complexities of the last 2 years.

All students and staff have worked well during this National assessment program. Thank you again to Miss Ibrahim and Miss Trpceviski, for their time and hard work to ensure that NAPLAN ran smoothly!

NAPLAN results will be posted to families in August. **Please remember**, as the poem above suggests, there are MANY aspects of your child's abilities and talents that NAPLAN does not measure!

Sorry Day

Just a reminder that next Thursday 26th May is **National Sorry Day**. Next week children will be learning about the meaning of Sorry Day through reading picture story books. Our Koorie Leaders will also make a special presentation at our while school assembly on Friday 27th May.

Education Week

This year's Education Week will focus on a special milestone for Victoria, as we mark the 150th anniversary of public education in Victoria. To celebrate Education Week 2022 at TWPS, as well as commemorate the past, celebrate the present, and imagine the future of education, TWPS will hold a whole school outdoor assembly on **Friday 27th May at 2:30pm**. The assembly will include:

- An Education Week presentation
- A Sorry day presentation
- FLASH mob dance
- Choir or band performance

Child Safe Standards

The 7 Child Safe Standards are being increased to 11 Standards. There will be further Child Safe updates in the newsletter, on the website and at School Council meetings as these new policies are added. Further information regarding this is attached to the newsletter. As part of Child Safe, parents and carers are required to contact the school when a child is absent. This is a daily responsibility and important for our attendance documentation. At present we have a high number of unexplained absences. If your child is unwell, please follow up with your GP and please contact the school office.

TWPS Mobile phone and device policy

I have written about this previously but we really need your help! Please remind your children that it is an expectation that all mobile phones must be handed into the Office to be locked up, as soon as they get to school. Our school is governed by the Education Department and thus has policies around all aspects of school life. I would like to say a big thanks to the few students who have been handing in their phones.

Whether onsite or online, at Thomastown West Primary School:

- ✓ Everyone has the right to feel safe and comfortable
- ✓ Everyone has the right to learn.

As a result, at School Council next week, we will be discussing the addition of new DET expectations of smart watches worn by students at TWPS to our TWPS Mobile phone and device policy .

Getting to know Miss Taylor

Name: Emilia Taylor

Classroom teacher of room: 20

Favourite colour: Orange

Favourite AFL team: Western Bulldogs

Favourite Book: Possum Magic

Pet: A dog named Goose

Favourite thing about being a teacher: Working with the students and supporting their learning growth.

Favourite quote: An apple a day keeps the doctor away!

HELP US choose our new OSHC provider

Next Friday 27th May, parents and staff will join me in listening to prospective Out of School Hours Care Provider proposals. **Would you like to join us and have your say?** Please RSVP via email before Thursday 12pm to thomastown.west.ps@education.vic.gov.au if you would like to join the parent group.

The new OSHC agency is due to begin Term 3, 2022. More information will be shared through the newsletter over the coming weeks.

School Uniform reminder

Wearing a school uniform fosters pride in the school, assists supervision and safety on visits out of the school and unifies students from various social backgrounds into a cohesive school unit. We understand that the weather has turned cold but it's time to search your cupboards and find **your child's school uniform: bomber jackets, school jumpers and navy blue tracksuit pants or navy blue leggings**. Our school colours are navy blue, red and white. Remember, black pants or black leggings are not permitted. **Additional uniforms including winter jumpers are available from State School Relief. Please contact Miss G or the Office, if you require support for additional school uniforms.**

Have a great weekend, give your fur-babies an extra cuddle and don't forget to vote!

Kind regards,
Sandi Young



"Such short little lives our pets have to spend with us, and they spend most of it waiting for us to come home each day.

It is amazing how much love and laughter they bring into our lives and even how much closer we become with each other because of them."
— John Grogan



UPDATE: RAPID ANTIGEN TESTS

Dear Parents and Carers,

I am writing to let you know about changes to the provision of Rapid Antigen Tests (RATs) in our school for the remainder of Term 2.

RATs will continue to be distributed to you as they have been throughout this school year for the remainder of this term, when the next shipment arrives.

However, from Monday 23 May 2022, students will no longer be recommended to undertake either twice weekly RATs in mainstream schools or 5 days a week in specialist schools.

RATs however will continue to be required by students who are household contacts to attend school (5 negative tests over a 7 day period) or who have symptoms.

The ongoing supply of RATs to families in our school will ensure that parents and carers will have them should they need them if their child is a household contact or has symptoms.

Families must continue to notify the Department of Health and the school if their child returns a positive RAT result. Additionally, you should inform us if any of your children are household contacts.

Thank you also to all families who has got their child vaccinated. Vaccination continues to remain the best way to protect students and staff in our school.

Getting vaccinated is easy and bookings can be done via the coronavirus website. If you have any questions about the vaccines, I encourage you to speak to your GP or a health practitioner.

Thank you again for your ongoing cooperation and support during this time.



The New Child Safe Standards

New Ministerial Order No. 1359 sets out the specific actions that schools need to take to meet the child safe standards. The new Standards set out minimum requirements and outline the actions organisations must take to keep children and young people safe. They provide more clarity for organisations and are more consistent with standards in the rest of Australia.

The standards will promote cultures where protecting children from abuse is part of everyday thinking and practice in organisations.

The Child Safe Standards set out to create safe places for children to fully and actively participate in the life of the community benefiting everyone. Thomastown West Primary School will ensure that the children in its care are protected to the best of its ability and in line with their duty of care and the compulsory child safe standards.

The school will continually review child safety policies, procedures and practices to comply with the new Standards and ensure that families, carers and the community are informed about the school's operations and governance.

Thomastown West Primary School is committed to Child Safety – this a reminder to our existing community members and for the benefit of our new families to our school this year.

As a community we want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. We are committed to the safety, participation and empowerment of all children. There is zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. We meet our legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

Thomastown West Primary School is committed to preventing child abuse and identifying risks early, and removing and reducing these risks. We have robust human resources and recruitment practices for all staff and volunteers. Our school is committed to regularly training and educating our staff and volunteers on child abuse risks. As a community we support and respect all children, as well as our staff and volunteers. We are committed to the cultural safety of Aboriginal and Torres Strait Islander children, the safety of children from culturally and/or linguistically diverse backgrounds, and to providing a safe environment for vulnerable children and children with a disability. Thomastown West Primary School has specific policies, procedures and training in places that support our leadership team, staff and volunteers to achieve these commitments.

At Thomastown West Primary School:

- ✓ Everyone connected to our school can help children be safe.
- ✓ We have zero tolerance for any abuse of children.
- ✓ We already have policies and processes in place to protect the care, safety and welfare of children. These are being strengthened to ensure a zero-tolerance approach to child abuse. As policies are ratified at school council, they will be made available to your through the newsletter and on our web page.

Our Child Safe Policy is on our website (<https://www.thomwestps.vic.edu.au/page/101>) with a suite of information for families, carers and the community. There are clear boundaries about how adults in our school community may interact with the children here set out in our school's Child Safe Code of Conduct. This too is on the website.

Keeping children safe is everyone's responsibility. Different people at our school have different roles and responsibilities for ensuring children's safety. **Sandi Young**, Principal, **Gita Peterson**, Metal Health and Wellbeing Coordinator and **Gurleen Gogia**, Student Welfare Officer, **are our school's Child Safety Champions**. However, all staff are responsible for the safety of all children but there needs to be one key person who will undertake the roles listed below.

The New Child Safe Standards

continued...

Key activities of a TWPS Child Safety Champions

Provide authoritative advice

- ✓ Act as a source of support, advice and expertise to staff on matters of child safety.
- ✓ Liaise with the principal and school leaders to maintain the visibility of child safety.
- ✓ Lead the development of the school's child safety culture, including being a child safety champion and providing coordination in communicating, implementing, monitoring, enhancing and reporting on strategies to embed a culture of child safety.

Raise awareness

- ✓ Ensure the school's policies are known and used appropriately.
- ✓ Ensure the school's child safety policy is reviewed in the context of school self-evaluation undertaken as part of the school accountability framework.
- ✓ Ensure the child protection policy is available publicly and parents are aware of the fact that referrals about suspected abuse or neglect may be made and the role of the school in this.
- ✓ Be alert to the specific needs of children in need, those with special educational needs and young carers.
- ✓ Encourage among all staff a culture of listening to children and taking account of their wishes and feelings in any measures to protect them.

Train

Being authoritative in providing advice by:

- ✓ keeping their skills up to date with appropriate training carried out every two years
- ✓ having a working knowledge of how the Department of Families, Fairness and Housing (DFFH) and Community Service Organisations conduct a child protection case conference to be able to attend and contribute to these effectively when required to do so
- ✓ be able to keep detailed, accurate, secure written records of concerns and referrals.
- ✓ ensure each member of staff has access to and understands the school's child safety policy and procedures, especially new and part time staff.
- ✓ make sure staff are aware of training opportunities and the latest DFFH and DET policies and guidance.

If you require any information or would like to know more, please contact the school.

Sandi Young
Principal

Pump Up the Dance!



SAVE THE DATE: Tuesday 24th May

DO NOT MISS OUT!

#2
RESP EVENT

ON
FAMILY FUN!

Thomastown West Primary School (TWPS) has partnered with Foundation House and The Centre of Multi-Cultural Youth to create a **Refugee Education Support Program (RESP)**.

The purpose of the program is to improve the school learning experience for your child and offer more support to your family.

As part of the program, we are inviting parents or carers of our refugee background students to attend a parent engagement session at our school.

Details are as follows:

Tuesday May 24th

- ➔ **When:** 2:00-3:10pm
- ➔ **Where:** Thomastown West Primary School
- ➔ **Who:** Parents and carers from Refugee background who have received an invitation

- ✓ **2:00pm - 2:40pm-** Information sessions for families identified by TWPS
- ✓ **2:40pm - 3:00pm-** Kids and Parents activity (e.g. building your cultural flag)

***After school (3:15-3:45pm)** Parents may choose to visit the Hub to get more information or chat with Hub staff about supporting your families' needs.

Please contact (03) 9465 4317 if you have any queries.



Stars of the Week



Term 2- Week 3

Aaron	2	For striving to be his best and practising his sounds.
Maria	3	Working hard to practise writing her name.
Charbel	5	For sounding out your words when you are reading. Keep up the great work!
Liam	6	For helping Mrs Skender solve computer problems. You are a computer genius Liam.
Michael	19	For his excellent retelling of the Fairy Tales we have been working on.
Shakira	20	For always challenging herself in writing and coming up with great ideas to share with the class
Pip	09	For continuously striving to be his best and being an active participant in classroom
Steve	10	Congratulations on achieving Pen Licence status.
Attila	11	For working hard to make his writing interesting and imaginative.
Dimitrios	12	For striving to be his best and staying focused during learning time.
Yousef	15	For striving to be his best during Naplan this week and displaying a positive and resilient
Becky Exayvion	17	For displaying a 'can do' attitude and giving everything a go. For showing responsibility and initiative to assist others and the teacher.
Simmu Rosalina	18	Welcome to TWPS and to Room 18, well done for demonstrating resilience this week.
Sam		MUSIC: Trying his best and completing his music tasks to the best of his abilities.
Mason		PE: For showing resilience and determination during our Soccer Clinic.

Stars of the Week

Term 2 - Week 3





Stars of the Week



Term 2- Week 4

Jaxon	2	For doing a fantastic job identifying living and non-living things.
Crew	3	Showing resilience when skipping during the PMP session. Well done Crew.
Giselle		For being a good friend and showing empathy.
Kaiden	5	For demonstrating responsibility by always remembering to complete his class job at the end of the day.
Luli	6	For being a good listener during story time.
Baria	19	For having a go at writing unfamiliar words by sounding them out.
Dion	20	For taking responsibility and being on top of his classroom duties.
Diana	09	For demonstrating wonderful independent work habits and striving to be her best in all areas of the curriculum.
Dalia		Welcome back to Thomastown West Primary School!
Kabir	10	For striving to be your best, using Canva to produce your Homework assignments. Super effort!
Eric	11	For always striving to do his best in every activity he undertakes Including homework. A terrific effort!
Ian	12	For always striving to be his best and completing homework every week at a high standard
Tina	15	For striving to be her best in writing this week and asking questions when she is unsure.
Amiri	17	For showing maturity and responsibility during the SEA Life and Growing Program.
Matthew	18	For demonstrating responsibility and completing homework tasks to a high standard .
Esra		
Baneen		
Jana		PE: For being a great team player during her PE session.
Bilqis (Bel)		MUSIC: For listening attentively to instructions and working out how to play three chords on the keyboard in her Music session

Stars of the Week

Term 2 - Week 4



Hello Everyone ,

Part 3

Attention Deficit Hyperactivity

How Parents & Carers can help their children

Raising a child with ADHD isn't like traditional childrearing. Normal rule-making and household routines can become almost impossible, depending on the type and severity of your child's symptoms, so you'll need to adopt different approaches. It can become frustrating to cope with some of the behaviours which result from your child's ADHD, but there are ways to make life easier.

Parents & carers need to accept the fact that children with ADHD have functionally different brains from those of other children. While children with ADHD can still learn what is acceptable and what isn't, their condition does make them more prone to impulsive behaviour.

Fostering the development of a child with ADHD means that you will have to modify your behaviour and learn to manage the behaviour of your child. Medication may be a first step in your child's treatment. Behavioural techniques for managing a child's ADHD symptoms must always be in place. By following the guidelines below, you can limit destructive behaviour and help your child overcome self-doubt.

➤ **Do's**

Create structure

Make a routine for your child and stick to it every day. Establish rituals around events like waking up and getting out of bed, getting ready for school, going to school, doing homework, eating meals, doing chores and going to bed. Simple daily tasks, such as having your child lay out his or her clothes for the next day, having breakfast, brushing teeth and having a shower each morning, and packing their school bags, can provide essential structure.

Break tasks into manageable pieces

Try using a large wall calendar to help remind a child of their chores. Colour coding chores, clubs and homework can keep your child from becoming overwhelmed with everyday tasks and school assignments. Even morning routines should be broken down into discrete tasks.

Simplify and organize your child's life

Create a special, quiet space for your child to read, do homework, and take a break from the chaos of everyday life. Keep your home neat and organized so that your child knows where everything goes. This helps reduce unnecessary distractions.

Limit distractions

Children with ADHD welcome easily accessible distractions. Television, video games, and the computer encourage impulsive behaviour and should be regulated. By decreasing time with electronics and increasing time doing engaging activities outside the home, your child will have an outlet for built-up energy. child to verbalize their thoughts and reasoning when the urge to act out arises. It's important to understand your child's thought process in order to help him or her curb impulsive behaviours.

Encourage exercise

Physical activity burns excess energy in healthy ways. It also helps a child focus their attention on specific movements. This may decrease impulsivity. Exercise may also help to improve concentration, decrease the risk for depression and anxiety, and stimulate the brain in healthy ways. Many professional athletes have ADHD. Experts believe that athletics can help a child with ADHD find a constructive way to focus their passion, attention, and energy.

Regulate sleep patterns

Bedtime may be especially difficult for children suffering from ADHD. Lack of sleep exacerbates inattention, hyperactivity, and recklessness. Helping your child get better sleep is important. To help them get better rest, eliminate stimulants like sugar and caffeine, and decrease television time. Establish a healthy, calming bedtime ritual.

Encourage out-loud thinking

Children with ADHD can lack self-control. This causes them to speak and act before thinking. Ask your child to verbalize their thoughts and reasoning when the urge to act out arises. It's important to understand your child's thought process in order to help him or her curb impulsive behaviours.

Promote wait time

Another way to control the impulse to speak before thinking is to teach your child how to pause a moment before talking or replying. Encourage more thoughtful responses by helping your child with homework assignments and asking interactive questions about a favourite television show or book.

Believe in your child

Your child likely doesn't realize the stress that their condition can cause. It's important to remain positive and encouraging. Praise your child's good behaviour so they know when something was done right. Your child may struggle with ADHD now, but have confidence in your child and be positive about their future.

Find individualized counselling

You can't do it all. Your child needs your encouragement, but they also need professional help. Find a therapist to work with your child and provide another outlet for them. Don't be afraid to seek assistance if you need it.

Many parents are so focused on their children that they neglect their own mental needs. A therapist can help manage your stress and anxiety as well as your child's. Local and online ADHD support groups may also be a helpful outlet for parents. Just Google ADHD Parent Supports Australia to find support groups near you or online.

Take breaks

You can't be supportive 100 percent of the time. It's normal to become overwhelmed or frustrated with yourself or your child. Just as your child will need to take breaks while studying, you'll need your own breaks as well. Scheduling alone time is important for any parent. Consider hiring a babysitter. Good break options may include:

- going for a walk
- going to the gym
- Catching up with a friend

Calm yourself

You can't help an impulsive child if you yourself are aggravated. Children mimic the behaviours they see around them, so if you remain composed and controlled during a meltdown, it will help your child to regulate their thoughts and emotions. Take time to breathe, relax, and collect your thoughts before attempting to calm your child. The calmer you are, the calmer your child will become.

➤ Don'ts

Don't sweat the small stuff

Be willing to make some compromises with your child. If your child has accomplished two of the three chores you assigned, consider being flexible with the third, uncompleted task. It's a learning process and even small steps count.

Don't get overwhelmed and lash out

Remember that your child's behaviour is caused by a mental condition. ADHD may not be visible on the outside, but it's a disability and should be treated as such. When you begin to feel angry or frustrated, remember that your child can't "snap out of it" or "just be normal."

Don't be negative

It sounds simplistic, but take things one day at a time and remember to keep it all in perspective. What is stressful or embarrassing today will fade away tomorrow.

Don't let your child or the disorder take control

Remember that you are the parent and, ultimately, you establish the rules for acceptable behaviour in your home. Be patient and nurturing, but don't allow yourself to be bullied or intimidated by your child's behaviours.

**Stay Calm
and Support
ADHD
Awareness**

Gita Peterson

Mental Health & Wellbeing Coordinator

EVERY DAY OF LEARNING COUNTS

Term 2 Week 4 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	71%	79%	Room 9	72%	88%
Room 3	81%	88%	Room 10	72%	85%
Year 1/2	Last Week	This Week	Room 11	65%	94%
Room 5	74%	94%	Room 12	65%	89%
Room 6	71%	96%	Year 5/6	Last Week	This Week
Room 19	74%	87%	Room 15	79%	85%
Room 20	91%	87%	Room 17	77%	96%
			Room 18	77%	94%

EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better ✓they make friends ✓they are happier ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

other 'days off' school add up to lost learning. See below:

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress. May result in court action!	



Congratulations to Room 6 with 176 Dojo points

You are the class with the
highest number of dojos
this week!

Top Dojo Earners of Term 2 Week 4

Prep	Julian 11 Dojos
Grade 1/2	Isaac 14 Dojos
Grade 3/4	Abdullah G 4 Dojos
Grade 5/6	Ruby 6 Dojos
Top earner across the school!	Isaac 14 Dojos

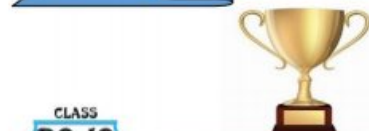
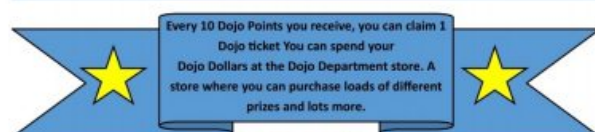
At Thomastown West Primary School we believe the following:

At this school we all have the right to do as much work and learning as possible.

At this school we all have the right to feel comfortable and safe.

We have 5 key school VALUES which we promote and base our expected behaviours on. As a community of learners we are:

Respectful Responsible Resilient Empathetic and we Strive to be our best.



The class with the most amount of Dojos each week will win the Dojo Cup at our weekly assemblies. The class with the most amount of victories in a term will win a special prize to celebrate the classes success!



ALL KIDS
deserve to feel
SAFE, HEALTHY
AND WELCOME
in schools.

THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 1, 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA

3:30 pm – 4:30 pm
HOMEWORK CLUB



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm
STEAM

3:30 pm – 4:30 pm
LITTLE GREEN HANDS
COOKING



Friday

9:30 am – 1:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077

2:15 pm – 3:00 pm
KORIE KIDS GROUP
with Eva



WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please
contact:

P: 9401 6666 or 9464 7950
E: twch@whittleseacc.org.au



This week...

Much fun has been had by the children of OSHClub.

They've created and shared many wonderful moments as they've participated in planned and spontaneous play.

The craft table is always busy with origami, drawing, painting, construction and jewellery making. The children are inclusive, sharing each other's ideas and incorporating them into their free play, teaching one another right from wrong... and that's all while just playing together!

Friendships are growing across different age groups allowing the older children to take on leadership roles and model expected behaviours.



Outdoor fun ...



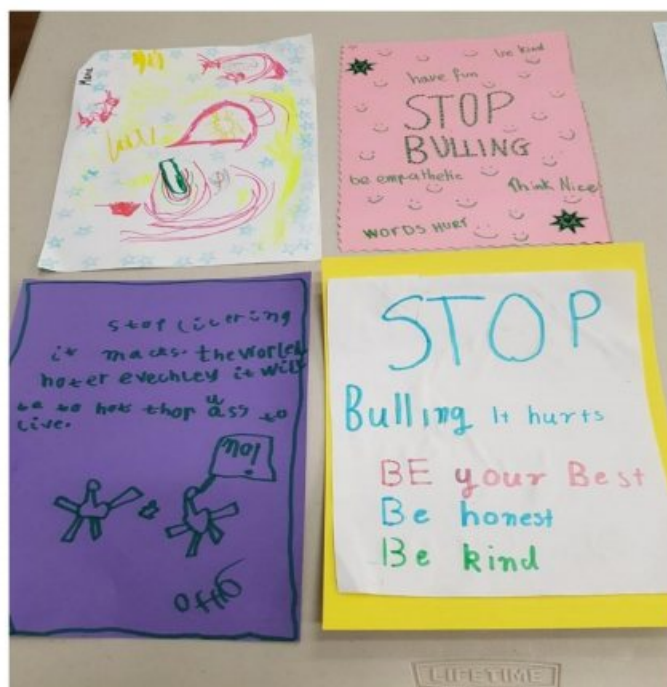


Poster making.

The children were given the option to work as a small group or individually to create a poster on a topic chosen by them.

Educators and children came up with some ideas prior to beginning, just to support the poster making experience.

Great posters and sentiments
Osh kids!!



Stop bullying!

Be kind!

Stop littering!

Love your
Pets!

Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.

Available on Wednesday & Fridays only

Online Orders ONLY No Cash payments accepted

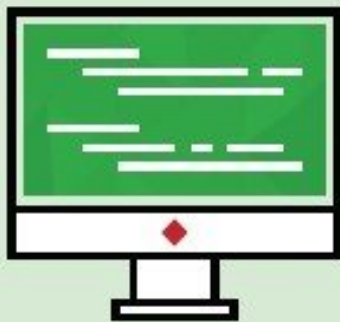


SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	> 6 PACK	\$ 4.20
		> EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	> WITH SOUR CREAM/SWEET CHILLI	\$4.00
CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	LEMON THYME CHICKEN SALAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20
Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL			



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au



1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

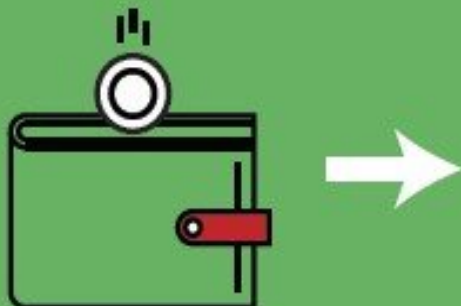


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915

UNIFORM SHOP OPENING HOURS

THOMASTOWN ON-CAMPUS STORE BELEZA TRADING HOURS

OPEN!

2022

TERM 1				
JANUARY	Thurs 27th 10am - 3pm	Fri 28th 10am - 3pm	Mon 31st 10am - 3pm	
FEBRUARY	Tues 1st 1pm - 4pm	Tues 8th 1pm - 4pm	Tues 15th 1pm - 4pm	Tues 22nd 1pm - 4pm
MARCH	Tues 1st 1pm - 4pm	Tues 8th 1pm - 4pm	Tues 15th 1pm - 4pm	Tues 22nd 1pm - 4pm
MARCH	Tues 29th 1pm - 4pm			
APRIL	Tues 5th 1pm - 4pm			
TERM 2				
APRIL	Tues 26th 1pm - 4pm			
MAY	Tues 10th 1pm - 4pm	Tues -24th 1pm - 4pm		
JUNE	Tues 7th 1pm - 4pm	Tues 21st 1pm - 4pm		

- The uniform shop opens every second Tuesday during Term 2.



Rapid antigen self-tests

A quick guide

More information

Coronavirus Hotline - 1800 675 398
or
[www.coronavirus.vic.gov.au/
getting-tested](https://www.coronavirus.vic.gov.au/getting-tested)

What is a rapid antigen test?

Rapid antigen tests can be used at home to check if you may have COVID-19. Most rapid antigen tests will provide you with a result in 15 to 30 minutes. Do not eat or drink 30 minutes before doing a saliva rapid antigen test.

Always follow the instructions and watch the linked videos within your rapid antigen test kit carefully on how to do your test.

These tests are faster but less accurate than a standard (PCR) test that you can get at a COVID-19 testing site.

There are currently two types of rapid antigen tests available:

- Saliva - this test involves spitting into a tube or sucking on a swab
- Nasal swab - this test involves swabbing each nostril.

When to use a rapid antigen test

Rapid antigen tests can be used:

- if you have symptoms
- are a contact of someone who has tested positive for COVID (household, education, workplace or social)
- if you want to quickly check if you may have COVID-19
- as part of a surveillance program such as one organised by your school or employer
- when recommended by the Victorian Department of Health

When to get a standard (PCR) test

You should take a standard (PCR) test at a testing site if you:

- have symptoms or are a contact of someone who is a COVID case and cannot access a rapid antigen test
- if you do not have symptoms and are not a contact of a COVID case, but you have tested positive on a rapid antigen test
- when otherwise recommended by the Department of Health

Where to get a rapid antigen test




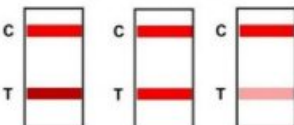

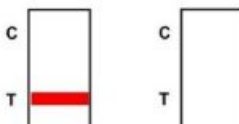
Rapid antigen tests are available from some supermarkets, pharmacies, select testing sites (you can find the nearest testing site to you at: <https://www.coronavirus.vic.gov.au/where-get-tested-covid-19>) or online.

More info at <https://www.coronavirus.vic.gov.au/checklist-contacts>

How to store your rapid antigen test

- Store the test kit in a cool, dry place under 30 °C
- Do not freeze the kit or its components
- Do not store the test kit in direct sunlight

What does your rapid antigen result mean?

Result	What it means	What to do next
 Negative 	It is unlikely you have COVID-19, especially if you have no symptoms.	Monitor for symptoms
 POSITIVE 	You likely have COVID-19.	<ul style="list-style-type: none"> • Report your test on the Service Victoria app or by going to www.coronavirus.vic.gov.au/report • Isolate for seven days and tell your contacts.
 INVALID 	<p>The test has not worked.</p> <p>You need to repeat the test.</p>	<p>You will need to repeat the test</p> <p>Invalid again?</p> <ul style="list-style-type: none"> • Get a standard COVID (PCR test). <p>Positive?</p> <ul style="list-style-type: none"> • As per the positive result instructions. <p>Negative?</p> <ul style="list-style-type: none"> • As per the negative result instructions.

Recording results

If you test positive on a rapid antigen test, you are a case. You must report your positive rapid antigen test result as soon as you can. To report your result, call the Coronavirus Hotline at 1800 675 398, or fill in this online form: www.coronavirus.vic.gov.au/report

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.

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Gym, Swim & Vax

7 days per week

**Monday 23 May to
Wednesday 1 June**

COVID-19
VACCINATION
POP-UP
CLINIC

Monday to Friday 4pm–8.30pm
Weekends 8.30am–1pm

**Walk-ins
only**
minimal
wait times



**5+ years
vaccine
available**



**Doses
1,2 and
boosters**



**COVID-19
Pfizer
vaccine**



**FREE
coffee
voucher**
with vaccination



**WIN
swim
lessons***



TRAC: 52-54 MAIN STREET, THOMASTOWN

WIN FREE SWIM LESSONS

*Enter the member-only draw for one child to win 16 weeks of lessons valued at \$285.

**Thomastown Recreation
& Aquatic Centre**



**City of
Whittlesea**



**DPV
Health®**

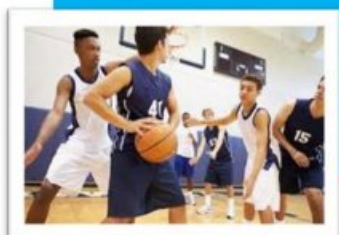


Saturday Basketball COVID-19 Vaccination Clinic



Whittlesea Council and DPV Health will be hosting a COVID-19 vaccination clinic during basketball games on Saturday 21st May and Saturday 28th May

Get your COVID-19 vaccination at:
Mill Park Basketball Stadium
Saturday 21st and 28th May
9.00am – 3.00pm



- Get your first, second or booster dose of the COVID vaccine
- All ages welcome, including children aged 5 – 11 years
- No booking required – just walk up and see the team
- Pfizer and Novavax available for adults & Pfizer for kids
- Getting vaccinated is safe, effective, and free
- You can get vaccinated even if you have had COVID (*three months following infection*)

Sat 21st & 28th May
9.00am – 3.00pm

Mill Park Stadium
Mill Park

No booking required
Walk up for your jab



Your Healthcare
Your Way

Gym, Swim & Vax

7 days per week

**Thursday 2 June
to Sunday 12 June**

COVID-19
VACCINATION
POP-UP
CLINIC

Monday to Friday 4pm–8.30pm

Weekends 8.30am–1pm

**Walk-ins
only**
minimal
wait times



**5+ years
vaccine
available**



**Doses
1,2 and
boosters**



**COVID-19
Pfizer
vaccine**



**FREE
coffee
voucher**
with vaccination



**WIN
swim
lessons***



33 MORANG DRIVE, SOUTH MORANG

WIN FREE SWIM LESSONS

*Enter the member-only draw for one child to win 16 weeks of lessons valued at \$285.

Mill Park
Leisure



City of
Whittlesea



DPV
Health®

Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | [kidshelpline.com.au](https://www.kidshelpline.com.au)