

Thomastown West Primary School Newsletter

Email: thomastown.west.ps@education.vic.gov.au Phone: 9465 4317



2022 IMPORTANT DATES:

Thurs	18 Aug	Pre-Prep School readiness Program Session 4. 2.15-3.15pm
Tue	23 Aug	Book Week Parade Students come dressed as their favourite book character.
Thurs	25 Aug	Pre-Prep School readiness Program Session 5. 2.15-3.15pm
Thurs	1 Sep	Pre-Prep School readiness Program Session 6. 2.15-3.15pm
Tue	6 Sep	Athletics Divisional Finals
Thurs	8 Sep	Curriculum Day: Confirmed (Students do not attend school)
Fri	9 Sep	Grade 1/2 excursion Toys & Forces Science Works excursion
Wed	14 Sep	Grade 3/4 Science works Museum excursion
Thur	15 Sep	Parent/Student/Teacher interviews
Fri	16 Sep	Last Day Term 3 1.15pm finish

No.24 12th August 2022

From the Acting Assistant Principal

Student Support Groups

This week marks the commencement of our **Student Support Group (SSG)** meetings. SSGs play a key role in the development and wellbeing of our students. Did you know that SSGs support students:

- ➔ with a disability or diverse learning needs
- ➔ in out of home care
- ➔ who are Aboriginal and/or Torres Strait Islander
- ➔ with a behaviour support plan
- ➔ from refugee or migrant backgrounds
- ➔ on youth justice orders
- ➔ who are identified as young carers

Working in partnership with teachers, parents/carers, students and other professionals is both rewarding and insightful. At TWPS we recognise that establishing and sustaining connections with our students' home life means that we can better support our students here at school. Don't forget that some SSG meetings are held during parent teacher interviews later this term. For more information, please visit:

<https://www2.education.vic.gov.au/pal/student-support-groups/policy>

Curriculum Day & Berry Street

Today's curriculum day engaged our staff in professional learning of the Berry Street Educational Model (BSEM). The BSEM provides strategies for teaching and learning that enables teachers to increase engagement of students with complex learning needs, as well as successfully improving all students:

- ➔ self-regulation
- ➔ relationships
- ➔ wellbeing
- ➔ growth, and
- ➔ academic achievement



Believing In
Children,
Young People,
Families &
Their Future.

Did you know, all students from Prep to Year 6 have been working on their Ready

to Learn plans. These plans are in place to support students' ability to regulate their emotions and reach for appropriate strategies when they are not feeling 'ready to learn'. We are proud of the hard work our students have put into their plans and look forward to hearing of their successes in implementing them.

Technology

From smartphones and social media to TV and tablets, our kids are constantly inundated by technology. While it's important for children to develop an aptitude for technology, too much can have detrimental health and physical effects. Negative effects on children's health can include:

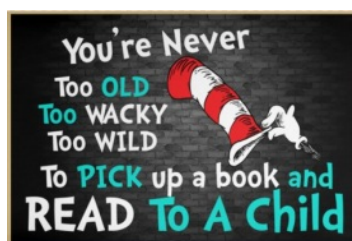
- Increased risk of obesity
- Loss of social skills
- Behavioural problems
- Lack of quality sleep

We encourage you to be aware of your child's technology use and monitor it closely—this does not mean banning all technology.



Reading

Don't forget the importance of reading every single night! Reading often increases children's ability to read fluently and comprehend a range of texts. Go on, pick up a book!



Vanessa Trpcevski
Acting Assistant Principal



Friday, August 12, 2022

COVID UPDATE

Dear Parents and Carers,

I'm writing to let you know that a person with COVID-19 was on our school site while infectious.

Positive cases reported:	Impacted year levels
	Grade 5/6 and Prep students

WHAT YOU NEED TO KNOW

- If your child is not experiencing COVID-19 symptoms, they can continue to attend school, but you should monitor for symptoms.
- Students who show symptoms of COVID-19 cannot attend school and should get tested immediately and isolate until they receive a negative result.
- Students should continue with twice-a-week rapid antigen testing on school days.
- Students who have recovered from COVID-19 do not need to participate in surveillance testing for 30 days after their isolation period has ended.

For information on symptoms visit: <https://www.coronavirus.vic.gov.au/symptoms-and-risks>.

For more information on how to get tested visit: <https://www.coronavirus.vic.gov.au/taking-test-covid-19>.

If your child returns a positive result, your child has COVID-19.

- You must quarantine your child for seven days
- You must advise the school about the positive result
- Your child must stay home until their symptoms have resolved and they are well

Reporting your child's positive test

If your child was at school when they were infectious you need to report the positive case through the Student COVID-19 Test Portal:

https://covidtest.educationapps.vic.gov.au/?utm_source=email+marketing+Mailigen&utm_campaign=EmergencySchools24Jan2022&utm_medium=email or you can notify the school in writing or by phone.

The school requires the following information:

- Test date
- Test type: RAT or PCR
- What symptoms your child has
- When the symptoms started

You must also report your child's positive test to the Department of Health via the call centre on **1800 675 398** or the COVID-19 Positive Rapid Antigen Test Self-Reporting Form:

<https://dhvicgovau.powerappsportals.com/rapid-antigen-test/>

Address: 98-112 Main Street, Thomastown, 3074

Telephone: (03) 9465 4317

Email: thomastown.west.ps@education.vic.gov.au

Further information for languages other than English

- For school information in languages other than English, call TIS National on **131 450**.
- Please ask them to call the DET COVID-19 hotline on **1800 338 663** and they will help interpret.
- For translated written information about COVID-19, please visit: Translated information about COVID-19 | Coronavirus Victoria: <https://www.coronavirus.vic.gov.au/translated-information-about-coronavirus-covid-19>
- For health advice in languages other than English, visit www.coronavirus.vic.gov.au/translated-information-about-coronavirus-covid-19

Financial support available to people affected by COVID-19:

For more information, visit:

- Financial and other support for COVID-19 | Coronavirus Victoria:
<https://www.coronavirus.vic.gov.au/financial-and-other-support-coronavirus-covid-19>
- If you need a payment during coronavirus (COVID-19) - Getting help during coronavirus (COVID-19) - Services Australia:
<https://www.servicesaustralia.gov.au/if-you-need-payment-during-coronavirus-covid-19?context=60352>

General advice and support

For general advice and support please call the Department of Education and Training COVID-19 hotline on **1800 338 663**.

You can also contact the school: Phone: 9465 4317

Email: thomastown.west.ps@education.vic.gov.au

Advice and further resources about what to do if you test positive to COVID-19, or you have been told you are a contact, are at: Your COVID Checklist <https://www.coronavirus.vic.gov.au/checklist> , or call the 24/7 Coronavirus hotline on: 1800 675 398

Friendly reminder:

As part of the changes, from 11.59pm Friday 24 June 2022, parents and carers who have COVID-19 can transport their non-COVID-19 children via private vehicle to their primary or secondary school when an alternative person is not available to assist.

This means that parents and carers will be able to leave COVID self-isolation to take their non-COVID-19 child to school via a private vehicle. The parent or carer must travel directly to and from the school only. They must remain in the vehicle at all times, unless it is reasonably necessary to leave the vehicle to walk the child to and from the school crossing or the front gates at the entrance of the school safely. They must wear a face mask at all times.

Family members are asked to continue reporting positive COVID-19 cases to both the Department of Health <https://dhvicgovau.powerappsportals.com/rapid-antigen-test/> and DET's testing portal: <https://covidtest.educationapps.vic.gov.au/s/login/>

You must also let the school know if your child is a close contact. **Students who are close contacts and want to attend should still take 5 RATs over 7 days and wear a face mask whilst indoors if they are aged 8 years or over.**

Students should continue to stay home if they are unwell, even if they test negative on a RAT.

Thank you for your support as we continue to make these adjustments.

Sincerely,

Sandi Young

Principal

Dear parents and carers

We are writing to you as parents/carers of a child or children in government, Catholic and independent schools across Victoria.

The Victorian Department of Health strongly recommends that face masks are worn in indoor settings.

As a result, we are asking all students aged 8 and over and all staff in all schools across Victoria to wear masks when in class (except where removing a mask is necessary for clear communication) from now to the end of winter.

Students won't be required or expected to wear masks when outdoors, and this expectation won't stop student participation in the full range of school activities, including music, sport and performances.

We are asking for your support in explaining to your child or children the importance of this simple step that will help keep our schools as safe as possible.

We also ask that you make sure your child (or children) takes a mask to school (and wears it if they are travelling on public transport) or collects a mask when they arrive at school.

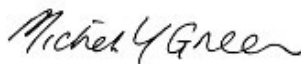
We all appreciate how important it is for students to be back at school. This action will help make sure as many students and staff as possible are protected from COVID and other winter illness.

Thank for your help with this collective effort to keep our communities safe and healthy.



Dr David Howes
Deputy Secretary

Victorian Department of
Education and Training



Michelle Green
Chief Executive

Independent Schools
Victoria



Jim Miles
Executive Director

Catholic Education
Commission of Victoria

Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.

PREPS CELEBRATING

100 DAYS OF LEARNINGS



YAY!!





Stars of the Week



Term 3- Week 5

Steven	2	For always listening to instructions and working very hard on his learning tasks.
Isabella	3	For working hard to decode words by saying the sounds and blending them .
Levi	5	For striving to be his best when working on his procedural writing. Amazing work.
Jasmine	6	For always having a red hot go with a smile.
Ridha	19	For identifying story elements and being able to retell a story using time connectives.
Shakira	20	For going above and beyond when writing her procedural piece.
Elshalom	9	For consistently striving to be his best and taking responsibility for his learning by asking questions and participating in class discussions.
Issam	10	Striving to be your best in reading and progressing another two levels. Your 30 minutes daily reading is paying off, Issam.
Omran	12	Being reflective about his behaviour in class and making good choices.
Anastasia	15	For always demonstrating the value of respect in her interactions with teachers and students.
Dylan	17	For consistently taking personal responsibility for his learning and being a positive role model to his peers.
Claude	18	For demonstrating responsibility and respect both inside and outside the classroom.
Asra		Music: For outstanding work and showing great understanding in completing her music technology task.
Wayne		PE : For his great leadership and sportsmanship during our basketball lesson.
Tye		Wellbeing: For being very responsible on breakfast club, playing nicely and helping to tidy the hub.
D'Lae		Wellbeing: Completing his tasks and taking initiative.

Stars of the Week

Term 3 - Week 5



Hello Everyone ,

Parents & Carers Building Your Child's Self-Esteem #1

What is self-esteem and why is it so important?

The term self-esteem refers to how we feel about ourselves. Today, we know that self-esteem is an important ingredient for success at school and beyond. Studies have shown that bright children who have low self-esteem may do poorly in school, while children with average intelligence who believe in themselves can excel.

Children who have high self-esteem are willing to tackle challenging tasks. They are also more willing to try something new and even if they don't get it right the first time, they keep on trying until they get it right.

Healthy self-esteem helps children in other ways too. Research shows that children with high or healthy self-esteem are happier, have more friends, and are more accepted by others. They even have fewer illnesses.

Parents/carers, as your child's first and most important teachers, have the most influence in shaping their child's sense of self-worth. This article shares parent and carer tested ideas on how you can build your children's self-esteem.

1. One of the most important ways children develop self-esteem is by feeling competent and capable.

Every time you teach your child a new skill, whether it's tying their shoes or riding their bike, you're helping build their self-esteem. When children say, "I can't," they sometimes mean, "I don't know how." Help your child by showing them each step of a new task. Have them practice each step until they learn it, then move on to the next step.

2. Your expectations of your children help shape their self-esteem.

If you believe your child can do well in school, they probably think so too. On the other hand, sometimes parents/carers can hold expectations that are too high. The parent/carer who expects every school assessment to be perfect, or who demands that their child become an athletic star, may actually harm the child's self-esteem. Alternatively, if you give your child an excuse not to achieve well, for example by making comments such as, 'Don't worry I was bad at maths when I was your age too.' or 'Our family just isn't good at sport...music...art...reading etc.' you are giving your child permission to give up and not try.

3. If you aren't sure about the message you're sending your child, here are some questions to ask yourself to see whether your expectations are too high

- When you watch your child in an athletic event, or any other competitive event, do you criticize their performance afterwards? Or do you talk about how proud you are to see them trying
- What happens when your child brings home a school assignment? Do you talk first about the questions they got wrong? Or do you look for what they did well .
- How about when your child helps you with household chores? Do you emphasize the things they need to do better? Or do you thank them for their help and talk about one thing they did especially well?

4. Teach your children that making mistakes or failing a task is OK, and are opportunities to learn.

When your child is unsuccessful, try to find something they can learn from their mistakes. You might ask, "What would you do differently next time?" Be sure to let your child know you're proud of them for trying. You might say, "I think you're a success because you tried your best and you haven't given up.

5. Let your child overhear you complimenting them.

Believe it or not, children sometimes have trouble "hearing" a compliment spoken directly to them, however when they overhear you talking about what a great job they did cleaning their room, or how much they have improved in maths, they'll believe what they hear. Hearing compliments will motivate them to work even harder and build their self-esteem.

6. Self-esteem is the result of what a child accomplishes.

You could create a photo album or scrapbook to record their accomplishments. Have your child choose their own categories for their book. Here are some ideas to get them started:

- Things I've learned in school
- How I help around the home
- Artistic skills
- Sporting skills

Other headings might include:

- Books I've read
- Things I'm proud of

Help your child think of other categories that will focus on the things they've accomplished. Continue to add to the album or scrapbook as your child has new successes to share.

7. Provide a space for your children to display art, schoolwork or awards they are proud of.

The refrigerator doors are one option or a pinboard in their bedroom.

8. Help your child do something for someone else.

Help clean up a nearby park, mow a neighbour's lawn or collect food for the homeless. By giving of themselves, your child can feel a sense of pride and accomplishment.

9. Nurture your child's strengths.

Every child is good at something, it may be maths, reading, music, sport, art, cooking, gardening, babysitting their siblings, playing their favourite computer game, setting the table, walking and feeding their pet, the list is endless. By valuing and praising them for their abilities, you will help them feel more confident and proud of themselves. If you have more than one child, value each child's strengths, and don't compare siblings. Comparing siblings is harmful not only to their self-esteem but also to their relationship.

10. Always keep two photos by your child's bedside:

A picture of them surrounded by their family and a picture of them doing something they are good at. The first picture will remind your child that they are Loved. The second will remind them that they are capable. *(Change the photos as they grow up and accomplish more challenging activities and skills.)*

We will share more strategies next week. We hope you find this information helpful.

Gita Peterson

Mental Health & Wellbeing Coordinator &

Gurleen Gogia

Student Welfare Officer



TOP DOJO EARNERS

Term 3 Week 5

Congratulations to **Room 18** with 196 Dojo Points
You are the class with the highest number of Dojo points this week!



Prep	Maria 10 Dojo Points
Grade 1/2	Lily 14 Dojo Points
Grade 3/4	Milly 12 Dojo Points
Grade 5/6	Christopher 14 Dojo Points
Most Dojo points Prep - 6	Christopher 14 Dojo Points



Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>




EVERY DAY OF LEARNING COUNTS

Term 3 Week 5 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	77%	62%	Room 9	91%	85%
Room 3	79%	84%	Room 10	92%	83%
Year 1/2	Last Week	This Week	Room 11	73%	78%
Room 5	88%	74%	Room 12	80%	84%
Room 6	85%	75%	Year 5/6	Last Week	This Week
Room 19	69%	 91%	Room 15	86%	78%
Room 20	77%	87%	Room 17	86%	87%
			Room 18	80%	77%

EVERY DAY OF LEARNING REALLY DOES COUNT!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better ✓they make friends ✓they are happier ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

other 'days off' school add up to lost learning. See below:

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress. The school may take further action to support improved attendance.	

THOMASTOWN WEST COMMUNITY HUB

98 MAIN STREET, THOMASTOWN | TERM 3, 2022

"Re-establishing connections to support transitions"

Monday

1:30 pm – 2:15 pm
YOUNG VOICES IN
MEDIA

3:15 pm – 4:30 pm
HOMEWORK CLUB



Thursday

10:50 am – 11:20 am
FUN READING CLUB

1:30 pm – 2:15 pm
STRATEGIC BOARD GAMES



Tuesday

1:30 pm – 2:15 pm
STEAM

3:15 pm – 4:30 pm
DIGITAL ART



Friday

9:30 am – 1:00 pm
LEARN ENGLISH
(bookings essential)
Call PRACE 9462 6077

2:15 pm – 3:00 pm
KOORIE KIDS GROUP
with Eva



New permission notes have been sent home. Hub Clubs have changed since Term 2. Students require a new permission note.

WCC is committed to the safety and wellbeing of children and young people. We recognise the importance and responsibility for ensuring a safe and supportive environment that respects the rights of young people, enabling them to thrive.

For further information, please
contact:

P: (03) 9401 6666

E: twch@whittleseacc.org.au

images: Flaticon.com



Fundraising Update

TWPS fundraising team will be running a
Fathers day stall in September.
Keep a lookout for the brochure with
gifts and prices very soon.

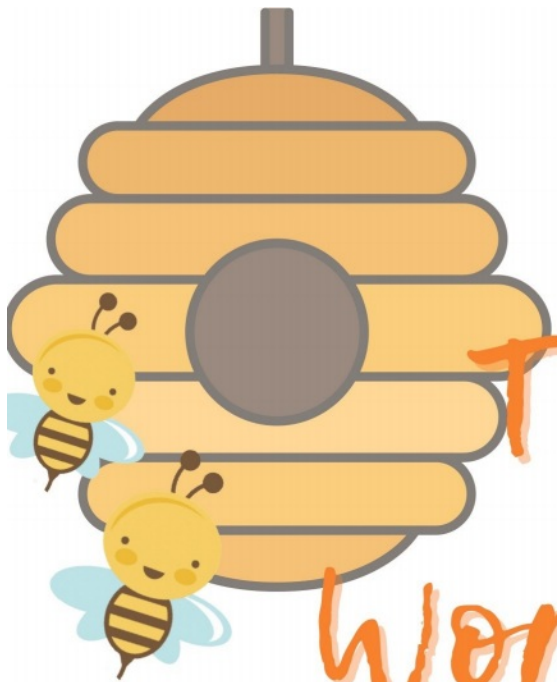
Footy finals are almost here!!
The fundraising committee will be
discussing a hot lunch footy day
for the end of Term 3.

If you are interested in joining the Fundraising Team
please call or email Mrs El Zoobi.

thomastown.west.ps@education.vic.gov.au

9465 4317





The Hub Working Bee

Thursday 15th September 2022
11:30 am - 2:30 pm (lunch provided)
98 Main Street, Thomastown 3074



Please rsvp to either:

Ruvee

rratnayake@whittleseacc.org.au | (03) 9401 6613

or

Dean

DMarando@whittleseacc.org.au | 0473 019 831



**Whittlesea
Community
Connections**
Making a positive difference everyday

Thomastown West Primary School

warmly welcomes our **NEW** After School Care provider
KidsCo.

see you all in Term 3!



KidsCo.

After School Care for little legends

We're making every day the BEST day ever for the families of Thomastown West Primary School!
Our After School Care programs focus on developing skills that enable the next generation to embark on a journey of fun, connection, exploration and real-life skills in our care.



I would recommend KidsCo OSHC to a friend because my daughter said it's fun and they have varieties of activities. I loved how they designed their mobile app as a parent, and booking is as easy as 1 2 3.

- Box Hill North Primary Mum

We understand that life can be unpredictable, that's why we provide accessible, fair and flexible care for all families

- ✓ All of our programs are subsidised by CCS
- ✓ Book up to 2 hours before the session starts
- ✓ We don't charge for cancellations or late bookings
- ✓ Manage your account and bookings through our app



After School Care Program Sample	Monday	Tuesday	Wednesday	Thursday	Friday
	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in	3:15pm - 3:30pm Sign in
	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea	3:30pm - 3:45pm Afternoon tea
	STEAM Zone Coding	STEAM Zone Angry Birds	STEAM Zone Rollercoaster Tycoon	STEAM Zone Little Farmers	STEAM Zone The Band
	Physical Literacy All Sports Football	Physical Literacy All Sports Soccer	Physical Literacy Grand Final Day	Physical Literacy Ninja Warrior	Physical Literacy Survivor
	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available	Zen Garden Always Available
	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available	Quiet Homework Area Always Available

Enrol your child online now!
kidsco.net.au/oshc-thomastown

If you need any help please email us at oshc@kidsco.net.au

Available on Wednesday & Fridays only

Online Orders ONLY No Cash payments accepted



SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	> 6 PACK	\$ 4.20
		> EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
TANDOORI CHICKEN WRAP: (H) Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	> WITH SOUR CREAM/SWEET CHILLI	\$4.00
CHICKEN SNITZEL WRAP: (H) Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
MILD SALAMI PANINI: A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
HAM PANINI: A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	LEMON THYME CHICKEN SALAD: Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	TRADITIONAL GREEK STYLE SALAD: A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	ROASTED GRILLED VEGETABLE SALAD: In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20

Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au

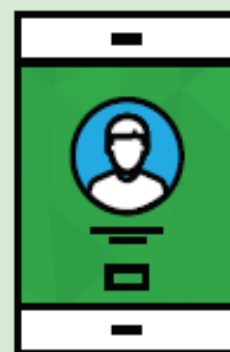


1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

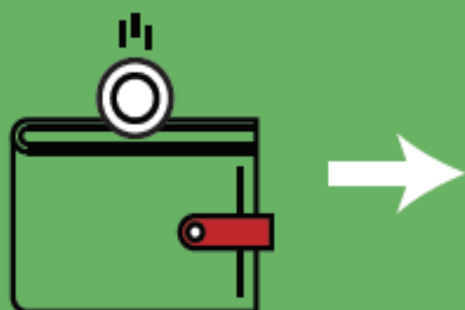


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915



City of
Whittlesea



Kindergarten application assistance

Application assistance in your language

Would you like some help with your kindergarten application?

Come along to one of our pop ups for help in your own language.

Translators will be available to help you through the process.

Pop up locations (from 9:30am-1pm):

Tuesday 2 August: Ganbu Gulinj Community Centre

Monday 8 August: Kirrip Kindergarten, Wollert

Tuesday 9 August: Laurimar Community Centre, Doreen

Thursday 11 August: Thomastown Library, Thomastown

Tuesday 16 August: Mill Park Leisure, Mill Park

Wednesday 17 August: Mernda Community Centre

Tuesday 23 August: Thomastown Recreation and Aquatic Centre

Tuesday 30 August: Galada Community Centre, Epping

Find out more or apply for kinder online:

www.whittlesea.vic.gov.au/kinder



City of
Whittlesea



Kindergarten application assistance

Application assistance in your language

Arabic

مساعدة بلغتك في تقديم طلب للالتحاق برياض الأطفال [عربي].

Chinese Simplified

简体中文版幼儿园申请协助 [简体中文]。

Traditional Chinese

繁体中文版幼稚園申請協助 [繁体中文]。

Punjabi

ਤੁਹਾਡੀ ਭਾਸ਼ਾ [ਪੰਜਾਬੀ] ਵਿੱਚ ਕਿੰਡਰਗਾਰਟਨ ਵਾਸਤੇ ਅਰਜ਼ੀ ਲਈ ਸਹਾਇਤਾ।

Urdu

کنڈرگارٹن کے لیے درخواست میں آپ کی زبان میں معاونت
[اردو]۔

Vietnamese

Giúp đỡ ghi danh mẫu giáo bằng ngôn ngữ của quý
vị [Tiếng Việt].

Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | [kidshelpline.com.au](https://www.kidshelpline.com.au)