

Thomastown West Primary School Newsletter

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2022 IMPORTANT DATES:

No.2 11th February 2022

Mon	14 Feb	Gr 5/6 Cottage by the Sea Camp
Tue	22 Feb	SSP Literacy Information Session for Parents 3.30-4.30pm
Tue	22 Feb	SSP Literacy Information Session for Parents 6pm-7pm
Tue	22 Feb	School Council meeting 6:30pm
Tue	08 Mar	Brainstorm Production FREE Wellbeing Incursion
Mon	14 Mar	Labour day (Public Holiday)
Tue	15 Mar	Curriculum Day (Students do not attend School)
Thu	24 Mar	GRIP Leadership Conference
Mon	28 Mar	Gr 5/6 Incursion
Wed	06 Apr	Parent Teacher Interviews
Fri	08 Apr	Last Day Term 1 (Students dismissed at 1.15pm)
Tue	26 Apr	Term 2 Begins
Tue	17 May	Curriculum Day (Students do not attend School)
Mon	13 Jun	Queens Birthday (Public Holiday)
Fri	24 June	Last day of Term 2 (Students dismissed at 1.15pm)
Mon	11 July	Term 3 Begins
Fri	12 Aug	Curriculum Day (Students do not attend School)
Thu	15 Sep	Parent Teacher Interviews
Fri	16 Sep	Last day of Term 3 (Students do not attend School)
Mon	03 Oct	Term 4 Begins
Mon	31 Oct	Staff Report Writing Day (Students do not attend School)
Tue	01 Nov	Melbourne Cup Day (Public Holiday)
Tue	20 Dec	Last Day Term 4 (Students dismissed at 1.15pm)

From the Acting Assistant Principal

I'd like to start off my first newsletter addition by saying a huge THANK YOU to the wonderful community at Thomastown West Primary School for welcoming me into your school. I have enjoyed getting to know all of our staff, students and parents/carers and am excited to embark on this journey alongside you all.

About Me

I have worked at three different schools prior to Thomastown West and have spent the last 5 years working as an English Learning Specialist. I love spending time with my family and my very cute (very cheeky) cavoodle, Pebbles.



Mobile Phone Policy

Thomastown West Primary School understands that students may bring a personal mobile phone to school, particularly if they are travelling independently to and from school. Mobile phones and smart watches with internet capabilities are considered as **smart devices** in our policy.

At Thomastown West Primary School:



- ✓ Students who choose to bring mobile phones/smart devices to school must have them switched off and securely stored in the school office during school hours.
- ✓ If there is an emergency, please contact the school office.

Primary Nursing Program

The **Primary School Nursing Program** will continue supporting the health and wellbeing of students and families at Thomastown West Primary School. The Victorian Primary School Nursing Program is a **free health assessment service** offered by the Department of Education and Training to all children during their first year of primary school and for children enrolled in years 1 to 6 upon referral. During 2022 a primary school nurse will deliver the **School Entrant Health Questionnaire (SEHQ)** to be distributed to all parents/carers of Foundation (Prep) children.



Sun Smart Reminder

Excessive exposure to the sun's ultraviolet radiation can cause health problems including skin cancer. UV

radiation cannot be seen or felt, can pass through light clouds and peaks during school hours. All children are expected to be in full school uniform every day, including school hats. School hats are to be worn in Term 1 until the end of April then from September 1st until the end of Term 4. Please make sure that your child has a wide brim hat/bucket or legionnaire style hat with them at school. **If your child lost their hat, they can be purchased at the office for \$13.**

PLEASE NOTE: Sunscreen can be brought from home and applied by students. Sunscreen cannot be shared as allergies must be taken into consideration.

School Leadership Positions

Mrs Young and I had the pleasure of interviewing our school leadership candidates for 2022 today. Our students did an exceptional job at articulating their desires to be role models, taking on extra responsibilities this year. It was a very tough decision, however we are thrilled to announce our 2022 leaders.



➤ House Captains

- ✓ **Ruby House:** Caner, Charles
- ✓ **Sapphire House:** Jarome, Mia
- ✓ **Gold House:** Mary, Wayne
- ✓ **Emerald House:** Alexander, Francesco

➤ Student Voice Captains

- ✓ Fatma
- ✓ Sohung

➤ School Representative Council Captains

- ✓ Necibe
- ✓ Aliya

➤ Koorie Leaders

- ✓ Amiri
- ✓ Eliza

Wishing our newly appointed leaders the very best in their positions this year. **We are sure they will make us proud and represent Thomastown West P.S. with pride.**

Kaboom Sports

Wow! What an amazing turnout last night for our Kaboom Sports event. It was wonderful to see so many smiling faces! It is heart-warming to see our community have the opportunity to come together again and share a laugh... and a dance! We are looking forward to the next one!

Arrive on time at quarter to nine!

Please remember school begins at 8:45am for the children to complete their morning process. Learning begins at 8:50am. If students arrive on time to school, they will be there for the 'introductions' to the lesson with focused teaching which includes a learning intention. This is an optimum time for student learning - we do not want them to miss out. If a student arrives late they have missed an important part of the lesson which impacts on their learning. Please have your children at school on time, ready for their learning. Thank you



Grade 5/6 Camp

Grade 5/6 Camp at Cottage by the Sea in Queenscliff is happening **this Monday!** - WOOHOO Sincere thanks to Selma Raif and the 5/6 Teachers for their hard work and organisation. We can't wait to hear all of the wonderful stories and experiences shared come next Thursday. Have the best time Grade 5/6s!

COVID safe

Please remember to adhere to the COVID safe protocols and keep everybody safe. Hand hygiene is one important method to keep all germs away. Hands should be washed for at least 20 seconds using soap and water. Hand sanitiser is provided in all classrooms.



Prep 2023

We are now taking tours and enrolments for our 2023 Prep classes. Please remind family, friends and neighbours that if they have a child starting school next year and would like them to come to our school to enrol them soon. It is important that children are enrolled by the end of Term 3 so that they can participate in our excellent Prep Transition Program in Term 4.

Have a wonderful weekend and enjoy the sunshine everyone!

Vanessa Trpcevski
Acting Assistant Principal

TWPS School Council Elections

2022

School Council Elections are held each year. I have included the **Schedule 3 2022 Notice of Election and Call for Nominations for School Council**, a nomination form and some frequently asked questions about School Council with this Newsletter. There are a number of vacancies so I hope you will consider supporting the school by joining School Council.

Would you like to know more about School Council:

- ✓ It is a legally formed body that is given powers to set the key directions of a school.
- ✓ Is the major governing body of the school
- ✓ Plays an important role in school accountability and improvement processes
- ✓ Endorses the key school planning, evaluation and reporting documents
- ✓ All School Council decision-making takes place within a framework of legislated powers, Ministerial Orders, directions, guidelines and DET policy objectives
- ✓ Assist in the efficient governance of the school
- ✓ Ensure students' best interests are primary
- ✓ Enhance the educational opportunities for students
- ✓ Ensure compliance with relevant legislation and regulations Fundamental Function Establish the broad direction and vision of the school within the school's community
- ✓ Participate in the development and monitoring of the school strategic plan
- ✓ Develop, review and update school policies
- ✓ Develop, review and monitor the Student Engagement Policy and the School Dress Code
- ✓ Raise funds for school-related purposes
- ✓ Approve the annual budget and monitor expenditure
- ✓ Maintain the school's grounds and facilities
- ✓ Enter into contracts (e.g. cleaning, construction work)
- ✓ Report annually to the school community and to DEECD
- ✓ Generally, stimulate interest in the school in the wider community

Schedule 3

2022 Notice of Election and Call for Nominations for School Council

An election is to be conducted for members of the School Council of Thomastown West Primary School.

Nomination forms may be obtained from the school and must be lodged by **4.00pm on Friday 25th February 2022**.

Following the closing of nominations, a list of the nominations received will be posted at the school by **Friday 4th March 2022**. If a ballot is necessary, it will close at **4.00 pm on Friday 11h March 2022**.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership Category	Term of Office	Number of positions
Parent Member	From the day after the date of the Declaration of the poll in 2022 and inclusive of the date of the declaration of the poll in 2022	6
DET Employee	From the day after the date of the Declaration of the poll in 2022 and inclusive of the date of the declaration of the poll in 2022	2

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Sandi Young

The categories of membership explained:

1. A mandated elected Parent category - more than one-third of the total members must be from this category. Department of Education and Training (DET) employees can be Parent members at their child's school as long as they are not engaged in work at the school.
2. A mandated elected DET employee category - members of this category may make up no more than one-third of the total membership of School Council. The principal of the school is automatically one of these members.
3. An optional Community member category - members are co-opted by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.

Generally, the term of office for all members is two years. The term of office of half the members expires each year, creating vacancies for the annual School Council elections.

Why is Parent membership so important?

Parents on School Councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a School Council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?

The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant. This way you have input into who will be representing you.

The other way is to nominate yourself or nominate someone you would like to see on council.

School Council Elections 2022

Schedule 5A: Self-nomination Form for Parent Member Category

I wish to declare my candidacy for an elected position as a parent/guardian representative on the Thomastown West Primary School Council.

Name:

Residential address:

Home telephone: Business telephone

Email:

I am the parent/guardian ofwho is/are currently enrolled at this school.

I am an employee of the Department of Education and Training. Yes / No (please circle)

I am prepared to serve as a Parent member of the above-named School Council.

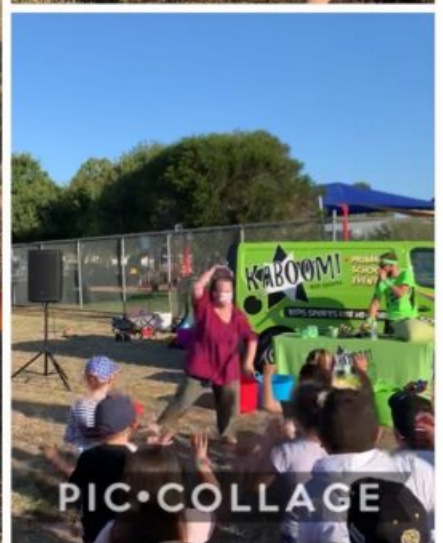
I hereby declare that I am not an undischarged bankrupt and that I am not currently serving a sentence for an indictable offence.

Signature of Candidate Date / /

You will be notified when your nomination has been received.

- Personal information provided in this form is collected as part of the School Council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.
- Your name will be included in a list of School Council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable).
- You can access your personal information by contacting the principal on 94654317
- You may choose not to give some or all of the information requested; however, your nomination may not be accepted. If you have any queries about the School Council nomination process, please contact the principal, Sandi Young

Kaboom Sports Night





PIC•COLLAGE

PARENT PAYMENTS POLICY

ONE PAGE OVERVIEW



FREE INSTRUCTION

- Schools provide students with free instruction and ensure students have free access to all items, activities and services that are used by the school to fulfil the standard curriculum requirements in Victorian Curriculum F-10, VCE and VCAL.
- Schools may invite parents to make a financial contribution to support the school.



PARENT PAYMENT REQUESTS

Schools can request contributions from parents under three categories:

Curriculum Contributions

Voluntary financial contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum.

Other Contributions

Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives.

Extra-Curricular Items and Activities

Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis.

- Schools may also invite parents to supply or purchase educational items to use and own (e.g. textbooks, stationery, digital devices).



FINANCIAL HELP FOR FAMILIES

- Schools put in place financial hardship arrangements to support families who cannot pay for items or activities so that their child doesn't miss out.
- Schools have a nominated parent payment contact person(s) that parents can have a confidential discussion with regarding financial hardship arrangements.



SCHOOL PROCESSES

- Schools must obtain school council approval for their parent payment arrangements and publish all requests and communications for each year level on their school website for transparency.

Parent Code of Conduct at Thomastown West PS

A code of conduct for parents, carers and visitors, ensures that communications with our staff or anyone who visits our school site (including an online environment, such as Zoom, Class Dojo, our School Facebook page and emails) is able to do so in a safe and harmonious manner. This ensures that students, staff, parents and other visitors are not subjected to inappropriate, aggressive, hostile or violent behaviours.

At Thomastown West Primary School we believe the following:

- ✓ We all have the right to do as much work and learning as possible.
- ✓ We all have the right to feel comfortable and safe.



We have 5 key school VALUES which we encourage everyone to *live* by our school values:

Respect **Responsibility** **Resilience** **Empathy** and **Strive to be our best**

We teach the children that:

- ✓ *Values guide the way we think, speak and behave.*
- ✓ *Values help us to decide what is right and what is wrong.*

At Thomastown West Primary School, Parents and visitors are expected to:

- ✓ Treat all persons associated with the school with respect and courtesy.
- ✓ Ensure their child/children are punctual to class.
- ✓ Make appointments in advance of expecting to obtain an interview.
- ✓ Allow staff to supervise, investigate and manage students without interference.
- ✓ Discuss issues or concerns about the school, staff or students through the correct procedures.
- ✓ Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

Under no circumstance are parents to approach another student or parent regarding any incidents or issues.

Your co-operation is sought in maintaining a safe and happy school.



This updated Parent Code of Conduct was approved by TWPS School Council in October 2021.



TERM DATES 2022

Term	Starting date	Finishing date
Term 1	Monday 31 st January**	Friday 8 th April
Term 2	Tuesday 26 th April	Friday 24 th June
Term 3	Monday 11 th July	Friday 16 th September
Term 4	Monday 3 rd October	Tuesday 20 th December

** Teachers start back on Friday 28th January, Grade 1-6 students start on Monday 31st January 2022 **

PLEASE NOTE

- ✓ **Prep students will commence school on Thursday 3rd February** and attend school every day EXCEPT Wednesdays. See below:

Wednesday 9 th February	Prep Assessment Days: Students only attend school at the time of their interview. Your child's classroom teacher will post you your child's interview time.
Wednesday 16 th February	
Wednesday 23 rd February	

- ✓ **Prep students attend school five days a week 8:45am – 3:15pm from Monday 2nd March 2022.**
- ✓ Please make sure your child knows that you will pick him or her up from outside the Prep classroom.

TWPS SCHOOL TIMES

8:00am – 8:30am	Breakfast Club is a FREE before school care service provided by the school.
8:30am – 8:40am	Arrive at school
8:45am	School Lessons begin
10:50am – 11:20am	Morning Recess
11:20am – 1:20pm	School Lessons continue
1:20pm – 1:30pm	Students eat lunch in their classroom
1:30pm – 2:15pm	Outside play
2:15pm – 3:15pm	School Lessons continue
3:15pm	School finishes
3:15pm – 6:00pm	OSHClub is our provider for our after school care service.

Hello everyone!

Dear TWPS Community,

A big welcome to our new families who have joined our community this year. My name is Gita Peterson, I am part of the TWPS Wellbeing Team. Last year I began writing newsletter articles about mental health and wellbeing to help our community become more aware of what mental health is and how we can support one another. Considering 1 in 4 people will experience a mental health issue sometime during their lives it is a very important issue to be aware of. Therefore, I will be continuing to share information about common mental health conditions and terminology.

I would like to begin today by explaining the difference between neurotypical and neurodiverse, and I would like to do this by sharing information our autistic and anxious son wrote when he was in Grade 5 to explain to his fellow students and teachers what it's like to be neurodiverse and why it's important to support neurodiverse people rather than tease or isolate them.

What does it mean to be a Neurotypical person?

Neurotypical is a word that refers to someone who has the brain functions, behaviours, and processing capabilities considered typical. People who are neurotypical may have no idea that they are neurotypical if the subject has never come up before.

You might be confused as to why the word neurotypical even needs to exist. Considering that it means that your brain performs in the way society expects it to, this might seem like something that doesn't need a label or name at all.

You'll have a clearer understanding of why the word neurotypical is important once you understand the concept of neurodiversity.

What is Neurodiversity?

Neurodiversity is a word that means a person's brain works differently, such as people with ADHD, Autism, Anxiety, Trauma, Dyslexia or Dyspraxia. It means they think, learn, talk and behave differently, and that's ok. The word neurodiversity was first used by an Australian, autistic, sociologist called Judy Singer in 1996. She wanted to create a word to explain that people shouldn't make negative judgements about people whose brains work differently or as some experts say, are wired differently. She wanted people to know that different is different, not wrong or broken. One way to think about neurodiversity is to think in terms of computer operating systems, for example just because a computer isn't running on Windows doesn't mean it's wrong or broken, it's just different.

Unfortunately, even though there are lots of neurodiverse people in our schools, families and the community, not many people understand us and some even tease and bully us. I am neurodiverse because I have autism and anxiety and I know what it's like to have your classmates assume you are stupid because you can't spell well, or because you struggle with reading out loud or you can't write well.

I also know what it feels like to be frustrated and angry at school. Like me, many neurodiverse students think SCHOOL SUCKS because we have too many negative experiences there. This makes us very sad and gives us a very low self esteem. For example, I am often bullied because I behave differently, monologue out loud or have trouble responding to other kids.

I wish I could change the way schools, teachers, parents and other students see us. Society should stop focusing on what we can't do, what makes us different, or the fact that we can't always control ourselves and begin to celebrate the many positive parts of our neurodiversity. It's important for everyone to recognise our strengths: our creativity, our ability to think outside the box, our problem-solving skills, our unique perspectives, our great memories, our great sense of humour and our resilience.



Gita Peterson
Mental Health and Wellbeing Co-ordinator



Stars of the Week



Term 1 - Week 3

Room 02	2	For a great start to the school year!
Room 03	3	For a great start to the school year!!
Ella	5	For always putting her hand up and sharing her ideas during class discussions.
Steven	6	For making a great start to the year and coming to school ready for learning.
Haneen	19	For making a great start to the year and for consistently demonstrating our school values.
Shakira	20	Striving to be her best by putting 100% effort into everything she does.
Ryanna	9	For demonstrating all the TWPS values and being a great role model for her classmates!
Marcus Harmony Milly	10	For demonstrating respect at all times. A great start to the year Marcus. A belated welcome to TWPS. A belated welcome to TWPS.
Martin	11	For demonstrating all the TWPS values and settling into grade three with a great attitude.
Abdullah	12	For "Striving to be his best" while demonstrating all the TWPS values. A great start to 2022
Bissan	15	For demonstrating resilience with learning and striving to be her best.
Dylan	17	For following the daily classroom values as well as the whole school values. A great start to grade 6
Nasrine	18	For demonstrating empathy and kindness towards her classmates.
Alex K	Music: For 'having a go' and doing a great job with his 'rappin' efforts in Music. Keep up the great work	
Maggie	Art: For a great first effort in the Art room, and being so helpful packing up materials	
Cruze	PE: For getting the highest Beep score.	
Ian	STEM: For striving to be his best in STEM class	



Stars of the Week



Term 1 - Week 3



Every day of Learning Counts

Term 1 Week 3 Student Attendance Report

As part of the Department of Education *Every Day Counts* initiative, schools report attendance in percentages. **The Government regard 95% as the minimum satisfactory attendance for a school student.**

The percentages in the table below indicates the average attendance for each class for this week.

The shaded boxes below indicate which classroom has the highest level of attendance for their year level.

Prep	Last Week	This Week	Year 3/4	Last Week	This Week
Room 2	84%	92%	Room 9	76%	96%
Room 3	83%	94%	Room 10	90%	96%
Year 1/2	Last Week	This Week	Room 11	75%	95%
Room 5	82%	90%	Room 12	73%	94%
Room 6	81%	92%	Year 5/6	Last Week	This Week
Room 19	75%	90%	Room 15	89%	92%
Room 20	71%	89%	Room 17	78%	89%
			Room 18	73%	90%

Every day of learning really does count!

At TWPS we want every child to achieve their full potential and we know that parents share this goal. There is a clear link between good attendance and educational achievement. If your child is not in school, on time, as often as possible they will be missing out on many important parts of their education.

Why is regular attendance at school important?

Regular school attendance will mean that your child has a better chance in life. Your child will achieve better when they go to school all day, every school day...

✓they learn better ✓they make friends ✓they are happier ✓they have a brighter future

If your child is sick, of course it is appropriate to keep your child at home but

No Absence	10 days absence	12 days absence	19 days absence	29 days absence	38 days absence
190 days of education	180 days of education	178 days of education	171 days of education	161 days of education	152 days of education
100%	95%	94%	90%	85%	80%
Very Good		Worrying		Serious Concern	
Best chance of success. Gets your child off to a flying start!		Less chance of success. Makes it harder for your child to make progress.		Your child will find it very difficult to make progress.	



**Congratulations to
Room 10 with
427 Dojo points**

**You are the class with the
highest number of dojos
this week!**

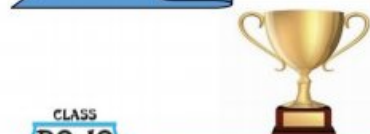
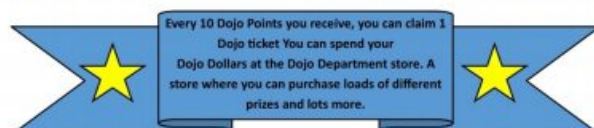
At Thomastown West Primary School we believe the following:

At this school we all have the right to do as much work and learning as possible.

At this school we all have the right to feel comfortable and safe.

We have 5 key school VALUES which we promote and base our expected behaviours on. As a community of learners we are:

Respectful Responsible Resilient Empathetic and we **Strive to be our best.**



The class with the most amount of Dojos each week will win the Dojo Cup at our weekly assemblies. The class with the most amount of victories in a term will win a special prize to celebrate the classes success!



Top Dojo Earners of Week 2 Term 1

Prep	Jaxon Rm 2 3 Dojos
Grade	Imran Rm 19 10 Dojos
Grade 3/4	Albraa Rm 10 26 Dojos
Grade 5/6	Amiri Rm 17 14 Dojos
Top earner across the school!	Albraa 26 Dojos





FRIENDLY REMINDER: ALL STUDENTS MUST WEAR THEIR HATS FROM MONDAY.

Thomastown West Primary School is pleased to announce that we are now a SunSmart School.

The SunSmart program is dedicated to reducing skin cancer incidence, illness and mortality through a targeted prevention and early detection program.

The objectives of the SunSmart Program is:

1. Improve and monitor skin cancer prevention awareness, knowledge, attitudes and behaviour
2. Support priority populations to detect cancers earlier.
3. Advocate for strategies that aim to reduce the health and economic burdens of skin cancer.

Thomastown West Primary School recommends that from September 1st to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, closely-woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts and skirts
- **a wide brim hat/ bucket or legionnaire style hat to be worn in September 1st to the end of April.**

For the best protection use all five forms of sun protection-clothing, sunscreen, a broad brim hat, shade and sunglasses-when the UV is 3 and above.

For more information on how to be SunSmart, click on the link below.

<https://www.sunsmart.com.au/>



Promisetown Spoonville and Rainbow Project

Have you noticed the giant rainbow on the front fence of the school? Or maybe late last year, you transformed a spoon into a crazy critter or worked hard to colour in a poster? Well Thomastown Neighbourhood House (TNH) would like to say a HUGE THANK YOU to everyone who brought the Promisetown Spoonville and Rainbow Project to life! The giant rainbow was created by our TNH artist in residence, Becky James (pictured with the rainbow). Throughout 2022, Becky will continue to work in our community to bring colourful and magical art installations to life! If you would like to visit the Promisetown Spoonville and say 'Hello' to one of your little Spoonie friends, you can find it located in front of the Thomastown Library.

To get in touch with Thomastown Neighbourhood House or to find out about their free weekly activities including the 'Promisetown Playgroup' or 'Little Diggers', please visit: www.tnh.org.au or call Liz on 0499 224 439.



THOMASTOWN
NEIGHBOURHOOD HOUSE
the heart of our community



Available on Wednesday & Fridays only

Online Orders ONLY No Cash payments accepted



SNACKS:		FAST FOODS:	
NUT FREE BANANA BREAD: (H)	\$4.00	BEEF PIE: (H)	\$4.00
FRESH FRUIT SALAD: (H)	\$3.50	TWIN PARTY PIES: (H)	\$2.50
SWEET YOHURT WITH GRANOLA: (H)	\$3.00	CHEESEBURGER W TOMATO SAUCE: (H)	\$4.50
HOMMUS DIP WITH VEGETABLE STICKS AND HOMEMADE PITA CRISP. (H)	\$4.00	HOME MADE SAUSAGE ROLL: (H)	\$4.00
TOASTED SANDWICHES:		RICOTTA & SPINICH ROLLS: (H) (V)	\$4.00
CHEESE: (H)(V)	\$3.20	HOTDOG: (H)	\$4.00
CHEESE & TOMATO: (H)(V)	\$3.50	MINI RICOTTA PASTRY: (H)	\$1.50
HAM & CHEESE	\$4.00	CHICKEN NUGGETS: (H)	
*EACH EXTRA FILLING COSTS	\$0.50 EXTRA	> 6 PACK	\$ 4.20
		> EACH	\$ 0.80
TOASTED PANINI / WRAPS:		POTATO WEDGES: (H)(V)	\$3.00
<u>TANDOORI CHICKEN WRAP: (H)</u> Tender chicken meat marinated in tandoori spices with baby spinach, tomato and cucumber yoghurt sauce.	\$5.50	> WITH SOUR CREAM/SWEET CHILLI	\$4.00
<u>CHICKEN SNITZEL WRAP: (H)</u> Homemade crumb chicken breast grilled with lettuce, tomato, cheese and our sweet chilli mayonnaise.	\$5.50	TOMATO SAUCE EXTRA	\$0.25
<u>MILD SALAMI PANINI:</u> A crusty roll with mayonnaise, baby spinach, tomato, mild salami and cheese.	\$5.50	HOT MEALS:	
<u>HAM PANINI:</u> A roll filled with spinach, tomato, cheese and mild mustard.	\$5.50	BUTTER CHICKEN WITH RICE: (H)	\$6.00
SANDWICHES:		PENNE WITH BOLOGNAISE SAUCE: (H)	\$6.00
TASTY CHEESE (H)(V)	\$3.00	PENNE NAPOLI SAUCE: (H)(V)	\$5.50
EGG & MAYONAISE (H)	\$3.50	RICOTTA & SPINICH CANNALONI: (H)(V)	\$6.00
HAM CHEESE	\$4.00	HOUSEMADE SALADS:	
VEGEMITE & CHEESE (V)	\$3.20	<u>LEMON THYME CHICKEN SALAD:</u> Marinated chicken tenderloin grilled on a bed of mesclun lettuce, tomato, cucumber, couscous, with a citrus dressing. (H)	\$5.50
VEGEMITE	\$2.70	<u>TRADITIONAL GREEK STYLE SALAD:</u> A mix of cucumber, tomato, olives, Kalamata olives, feta on a bed of lettuce with an herb and olive dressing. (H) (V)	\$5.00
SALAD	\$4.00	<u>ROASTED GRILLED VEGETABLE SALAD:</u> In house grilled pumpkin, eggplant, zucchini, roasted capsicum on a bed of baby spinach & a balsamic glaze. (H) (V)	\$5.50
EXTRAS:		DRINKS:	
CHEESE	\$0.50	SPRING WATER 220ML	\$1.20
TOMATO	\$0.30	600ML	\$2.00
CUCUMBER	\$0.30	TROPICAL FRIUT JUICE BOX	\$1.50
LETTUCE	\$0.30	DRINKING YOGHURT	\$2.50
BEETROOT	\$0.30	CHOCOLATE MILK	\$2.20
CARROT	\$0.30	STRAWBERRY MILK	\$2.20

Please turn over for more information regarding the colour coding. (V) = VEGETARIAN (H) = HALAL



OUR SCHOOL TUCKSHOP IS NOW ONLINE!

Download the free app or access www.myschoolconnect.com.au

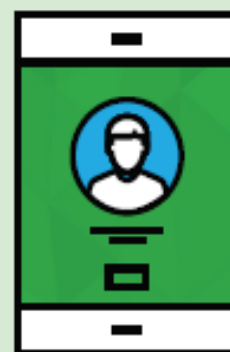


1. REGISTER YOUR ACCOUNT

Register on any device, simply login to www.myschoolconnect.com.au and click on "Create Account", follow the prompts to add your email and password.

2. ADD YOUR STUDENT

And make sure that you select your school and classroom details.



3. SELECT "TOP UP"

To add money to your account via Credit Card or Paypal, you can choose Direct Deposit but allow 3-5 working days to process prior to ordering. You can also pay as you go, simply skip the pop up screen for adding funds and start ordering.

(Please note Merchant Fees applies to Credit Card or Paypal Transactions)

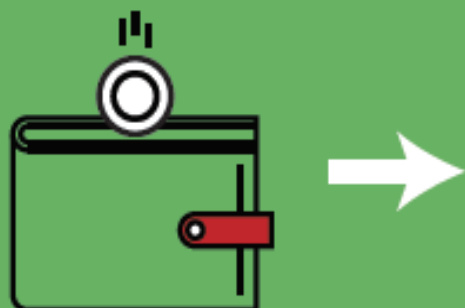


4. ORDER

To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!

5. CHECKOUT

Once you have completed your order, view your order summary in the "cart" and proceed to "checkout". Select your preferred form of payment and submit, all orders are confirmed via email.



NOTE ON PAID ORDERS

Note that only paid orders will be sent to your canteen, not those still sitting in your cart. To start ordering lunches simply select your Student and click "Buy Now", and you can order for the day, week. It's that simple!



www.myschoolconnect.com.au



My School Connect has a 7 day a week Support Line, contact 1300 030 915

OUR UNIFORM SHOP

THOMASTOWN ON-CAMPUS STORE BELEZA TRADING HOURS

OPEN!

2022

TERM 1				
JANUARY	Thurs 27th 10am - 3pm	Fri 28th 10am - 3pm	Mon 31st 10am - 3pm	
FEBRUARY	Tues 1st 1pm - 4pm	Tues 8th 1pm - 4pm	Tues 15th 1pm - 4pm	Tues 22nd 1pm - 4pm
MARCH	Tues 1st 1pm - 4pm	Tues 8th 1pm - 4pm	Tues 15th 1pm - 4pm	Tues 22nd 1pm - 4pm
MARCH	Tues 29th 1pm - 4pm			
APRIL	Tues 5th 1pm - 4pm			
TERM 2				
APRIL	Tues 26th 1pm - 4pm			
MAY	Tues 10th 1pm - 4pm	Tues -24th 1pm - 4pm		
JUNE	Tues 7th 1pm - 4pm	Tues 21st 1pm - 4pm		



Rapid antigen self-tests

A quick guide

More information

Coronavirus Hotline - 1800 675 398

or

[www.coronavirus.vic.gov.au/
getting-tested](https://www.coronavirus.vic.gov.au/getting-tested)

What is a rapid antigen test?

Rapid antigen tests can be used at home to check if you may have COVID-19. Most rapid antigen tests will provide you with a result in 15 to 30 minutes. Do not eat or drink 30 minutes before doing a saliva rapid antigen test.

Always follow the instructions and watch the linked videos within your rapid antigen test kit carefully on how to do your test.

These tests are faster but less accurate than a standard (PCR) test that you can get at a COVID-19 testing site.

There are currently two types of rapid antigen tests available:

- Saliva - this test involves spitting into a tube or sucking on a swab
- Nasal swab - this test involves swabbing each nostril.

When to use a rapid antigen test

Rapid antigen tests can be used:

- if you have symptoms
- are a contact of someone who has tested positive for COVID (household, education, workplace or social)
- if you want to quickly check if you may have COVID-19
- as part of a surveillance program such as one organised by your school or employer
- when recommended by the Victorian Department of Health

When to get a standard (PCR) test

You should take a standard (PCR) test at a testing site if you:

- have symptoms or are a contact of someone who is a COVID case and cannot access a rapid antigen test
- if you do not have symptoms and are not a contact of a COVID case, but you have tested positive on a rapid antigen test
- when otherwise recommended by the Department of Health

Where to get a rapid antigen test


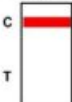

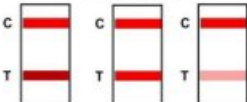

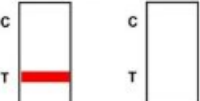
Rapid antigen tests are available from some supermarkets, pharmacies, select testing sites (you can find the nearest testing site to you at: <https://www.coronavirus.vic.gov.au/where-get-tested-covid-19>) or online.

More info at <https://www.coronavirus.vic.gov.au/checklist-contacts>

How to store your rapid antigen test

- Store the test kit in a cool, dry place under 30 °C
- Do not freeze the kit or its components
- Do not store the test kit in direct sunlight

What does your rapid antigen result mean?

Result	What it means	What to do next
 Negative 	It is unlikely you have COVID-19, especially if you have no symptoms.	Monitor for symptoms
 POSITIVE 	You likely have COVID-19.	<ul style="list-style-type: none"> • Report your test on the Service Victoria app or by going to www.coronavirus.vic.gov.au/report • Isolate for seven days and tell your contacts.
 INVALID 	<p>The test has not worked.</p> <p>You need to repeat the test.</p>	<p>You will need to repeat the test</p> <p>Invalid again?</p> <ul style="list-style-type: none"> • Get a standard COVID (PCR test). <p>Positive?</p> <ul style="list-style-type: none"> • As per the positive result instructions. <p>Negative?</p> <ul style="list-style-type: none"> • As per the negative result instructions.

Recording results

If you test positive on a rapid antigen test, you are a case. You must report your positive rapid antigen test result as soon as you can. To report your result, call the Coronavirus Hotline at 1800 675 398, or fill in this online form: www.coronavirus.vic.gov.au/report

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Face masks

What you can and cannot wear in public



A fitted mask needs to be worn covering both your nose and mouth.



You can wear a face shield only if it is worn with a fitted face mask.



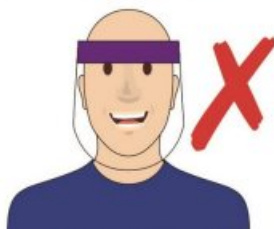
A fitted snood or gaiter can be worn covering both your nose and mouth.

There are two types of face masks you can wear: cloth masks and surgical masks with no one-way valves.

- Cloth masks are made of washable fabric and can be washed and re-used.
- Surgical masks are single-use masks and **cannot** be washed or re-used.



You cannot wear a bandana.



You cannot wear a face shield on its own.



You cannot wear a loose snood or gaiter.

How to put your mask on



Step 1: Clean your hands with soap and water or hand sanitiser before putting on the mask.



Step 2: Make sure the mask is not damaged or dirty before putting it on.

Secure the ties at the back of the head and neck or place the ear loops over the ears.

Make sure the mask covers your nose and mouth and fits snugly under your chin, over the bridge of your nose and against the sides of your face.



Step 3: Do not touch the front of the mask while wearing it. If you do touch the mask, clean your hands with soap and water or hand sanitiser.

Do not wear the mask under your nose, around your neck or anywhere else other than over your nose and mouth.

How to take your mask off



Step 1: Clean your hands with soap and water or hand sanitiser before removing the mask

Step 2: Carefully remove your mask by grasping the ear loops or untying the ties. For masks with a pair of ties, unfasten the bottom one first, then the top one.

Step 3: If your mask has filters, remove them and throw them in a rubbish bin. If your mask is a single-use surgical mask, throw it in a rubbish bin – it should not be reused.



Step 4: If the mask is a reusable cloth mask, put it directly into the laundry or into a washable bag for laundering in hot soapy water.

Step 5: Clean your hands with soap and water or hand sanitiser after removing the mask.

Note: this information is not for use in health care and support worker settings.

To receive this document in another format email
COVID19InfectionControl (DHHS) <COVID19InfectionControl@dhhs.vic.gov.au>

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Available at: DHHS.vic – coronavirus disease (COVID-19)

<<https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>>



Health
and Human
Services

Newsletter

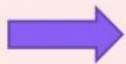


MORE FUN THAN NINTENDO SWITCH

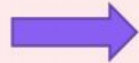
[illegible]

oshclub.com.au
1300 395 735

Coming up....



14th February
Valentine's Day Celebrations



17th February
Random Acts of Kindness

What's been happening...

Welcome Alira and Robbie!!

This week we welcomed two new prep children to OSHClub. The student leaders helped in the program's orientation, settling them in extremely well. They explored and were engaged in various activities on offer. Friendships began and we hope to see them develop and grow over time.

Parent Information: OSHClub pick up entry

We would also like to inform any new families attending OSHClub that TWPS shares the carpark with Thomastown Secondary College. Please enter via the big black gate of the secondary college.

Craft Activity

Popsicle Planes

Supplies:

- Thick Textas or paint
- Scissors
- PVA Glue
- paint brush for glue
- wooden peg
- popsicle sticks

Steps:

1. Colour the entire peg
2. Cut the ends of each end of one Popsicle stick.

Line up two full length P/sticks.

3. Draw design on P/stick and peg with textas.
4. To create wings, glue full p/sticks to top and bottom of the wooden peg. Glue cut p/stick to top on the other end of the peg.
5. Repeat all steps to create various styled planes.



Parentline

Parentline is a phone service for parents and carers of children from birth to 18 years old. We offer confidential and anonymous counselling and support on parenting issues.



What does Parentline do:

Qualified counsellors are available to:

- talk about any issues to do with parenting and your relationships with your child
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call

- Parentline respects your privacy. Your call is confidential and anonymous.
- Calls are not time limited and you can call back as often as you need.
- Parentline's qualified and experienced counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.
- Parentline can assist non-English speaking parents and carers connect to a translating and interpreting service.
- If you're hearing impaired, you can call Parentline using the National Relay Service.
- Calls from a landline are charged at a local call rate. Mobile call rates will depend on your network provider. Check with your provider if you're unsure.

We are happy to call you back to minimise the cost to you. If you choose a call back, we will ring back and you'll be placed at the front of the queue until you're connected with the next available counsellor.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence



kids**helpline**
Anytime Any Reason

1800 55 1800 | kidshelpline.com.au