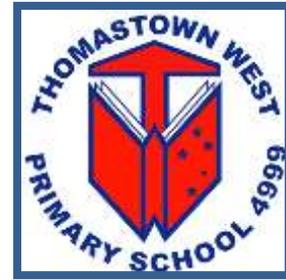


# Thomastown West Primary School



## NEWSLETTER

98-112 Main Street, Thomastown, Victoria 3074 – Ph: 9465 4317

Email: [thomastown.west.ps@edumail.vic.gov.au](mailto:thomastown.west.ps@edumail.vic.gov.au) – Website: [www.thomwestps.vic.edu.au](http://www.thomwestps.vic.edu.au)

### **NEWSLETTER NO. 9**

#### *FROM THE PRINCIPAL:*

It's great to be back after my Study Trip away. If you remember, I spent two weeks in New Mexico, USA working with Dr. George Otero. Dr. Otero is an expert at working with schools that have very multicultural communities with different needs and abilities. This study is part of an award I received last year from the Victorian Principals Association. Dr. Otero visited Thomastown West in February and will return again in August.

New Mexico is a very interesting place. Many of the families are Native American Indian or have come from Mexico. Many are from poor communities as well.

I learned about building stronger relationships with the community and how to support children- particularly in the Early Years of life. I hope to start some new ideas this year.

I am happy to talk about my trip, please feel free to ask.

I would like to thank Ms. Sandi Young who did a great job as Acting Principal in my place. Mrs Young was well supported by Mrs. Pam Wright who is the Acting Assistant Principal for this term.

### **FRIDAY 22ND APRIL 2016**

#### **School Council News**

Last term we welcomed the new 2016 School Council. We also had elections for the leadership. I am pleased to announce the following positions:

**School Council President:** Mr. Ben Brown

**Vice President:** Mr. Yusef Mekoui

**Minutes Secretary:** Mrs. Aysun Secgin

**Treasurer:** Mr. Erkan Sahin

We have had 2 School Council meetings this year and I look forward to working with School Council the rest of the year.

Anyone is welcome to visit School Council. We meet every 4-6 weeks on a Monday night. Please feel free to let the office know or you can just drop in.

#### **ANZAC Day Assembly**

On Tuesday April 26<sup>th</sup> we will have a special ANZAC Day Assembly while the day is fresh in the minds of students.

Have a great week everyone

Mr. Leon Bell

Principal

***"If it doesn't challenge you then it won't change you." Anon***



# STAR OF THE WEEK

Prep	Room 2	Muhsin Ali	Grade 3/4	Room 16	Aiesha Mekaoui
Prep	Room 3	Sudais Sidiqi	Grade 3/4	Room 18	Whole Grade
			Grade 3/4	Room 19	Seamus Brown
Grade 1	Room 4	Kevin Nguyen	Grade 5/6	Room 10	Khoder Hassan
Grade 1	Room 6	Denis & Leon	Grade 5/6	Room 11	Marisa Surace
Grade 2	Room 1	Buckley Brown			
Grade 2	Room 5	Jasmine San	Specialist (Music)		Peng Guo

**It is not OK to be away...or to be late to school!**

## BREAKFAST CLUB



A reminder to everyone that Breakfast Club is continuing to run in 2016. Breakfast Club runs between 8am-8.30am in the Multi-purpose room where students are able to receive a FREE breakfast. Breakfast is the most important meal of the day, so make sure your children have always had breakfast before they come to school or send them to breakfast club!

### Cup of Life

I would like to congratulate Room 3 on winning the Cup of Life for last week. Everyone in Room 3 came everyday!! Well done to our superstar preps!

They are now in running for the end of term prize, which includes a free lunch and out of uniform day. The end of term winner will be announced next week!

Keep up the good work everyone and remind your friends and family the importance of attending school everyday.

Remember, Everyday counts...

Take care, Tim Brown

Hi Everyone, 



**Playgroup** – FREE TO EVERYONE –  
**Thursdays, 10 am & Fridays at 9 am in the HUB at the school** The children enjoy free play, story and music time. PLEASE COME ALONG WITH YOUR BABY OR TODDLER OR PRE-SCHOOL CHILD AND JOIN IN!



**TEACHING OUR CHILDREN RESPECT**  
*Our school is looking at the value of "RESPECT" – unfortunately this is a value that is on the decline in our society. We want the precious students in our care to become respectful young people who, in turn, will become respectful and RESPECTED adults. Please read the article below and join us in the journey as a family.*

### **How to Teach Kids Respect** *by Jennifer Shakeel*

<http://www.more4kids.info/702/teaching-children-respect>



Respect is an amazing thing. I believe that respect is something that has to be earned, but I also believe **that in order to be respected you have to show respect to others**. If you take a look at our youth of today you can't help but notice that they are the most disrespectful group of children this world has ever seen. Before you start pointing fingers or offering up excuses as to why children are this way I want you

to stop and look in the mirror. What are you doing to teach your child/children respect?

Teaching respect is one of the most important jobs we have as parents. The best way to teach children respect is show respect, not just to other adults but to your children. Don't confuse obedience with respect, fear also instills obedience. Know this; if a child is not respectful at home, they are not going to be respectful outside of the home. Let's take a look at ways to help teach your child respect.

**Listen to Them and They Will Listen to You** When your child is talking to you are you listening or are you busy doing five other things? I am not saying multi-tasking is bad, but listen to what your child is saying. Pay attention to what they are doing. Everything else can wait a minute or two. Make eye contact with them. Ask yourself, how many times you have had to say, "Look at me when I am talking to you," and then think about how often you look at them when they are talking. Let them know they are important to you and worth taking a time to pay attention to, and then they will do the same to you and others.

**Honesty is the Best Policy** Is it possible to respect a liar? Would you lie to someone that you respect? I don't think so. If you do something wrong, admit it and apologize for it. While it may change the perception that our younger children have of us that we are perfect, it will show them that even mum and dad make mistakes and when they do they are able to admit it and apologize for it.

**You Catch More Flies with Honey than Vinegar** If your child does something wrong, or doesn't achieve the success you feel they should've don't belittle them. Don't embarrass or insult them. Compliment your child for what they have accomplished. Compliment them for being your child. Don't overdo it so that it becomes false, compliments should be realistic. If you want to see a change in your child's behavior focus on the positive things they are doing so that they will do more of those positive things.

### **Do Unto Others as You Would Have Them Do Unto You**

You limit or restrict the way your children use your things, enter into your space such as your room. Do you show them that you have the same limits on yourself when it comes to their space and their things? In our house our children are to knock on a closed door before opening it and they are not to go into our bedroom unless they ask or are invited. So we do the same for them. If they are behind a closed door at home we knock before open the door and we don't just barge in their rooms. I also don't go through their things in their rooms when they aren't there. I don't need to, I trust and respect them. If you want your child to respect the boundaries you have set, then you

have to respect those same boundaries when it comes to them.

**Personal Value = Respect** Your child has to know that they have value as a human being, and that they should cherish who they are as people. This teaches self respect, because if they don't respect themselves they can't respect others. Encourage your child to take care of themselves properly, make sure they get enough rest, wear decent clean clothes, that they eat that they have pride in who they are. They will believe this is you believe it.

**Build Their Independence** There are always age appropriate responsibilities a child can take on to foster independence and respect. If mom or dad trusts that they can handle a task then they must be able to.

**Let Them Know You Love Them** "Oh my kids know I love them." I am sure they do, but think about how good it feels to get a hug and a smooch for no reason at all. Don't be afraid to show your kids how much you love them. You don't have to smooch them with affection, but a kiss goodnight, a kiss goodbye and a hug when they come home can go a long way.

Respect is an attitude. Being respectful helps a child succeed in life. If your children don't have respect for peers, authority, or themselves, it's almost impossible for them to succeed. A respectful child takes care of belongings and responsibilities, and a respectful child gets along with peers. Schools teach children about respect, but it is really you that has the most influence on how respectful your children become.



*Keep smiling!*



**If I can help you and your family in anyway, please contact the office.**

**Robyn Mulholland (Student Wellbeing Team)**

## DIARY DATES



**Wed 27<sup>th</sup> April**      **Grade 1/2  
Excursion to  
Yarrabee  
Yesterday's World  
9.00am – 3.00pm**

**Friday 29<sup>th</sup> April**      **Interschool Sport  
TWPS vs St Johns  
away game**

**Wed 4<sup>th</sup> May**      **Mother's Day Stall**



**NEWS**

### Program Information

Welcome to Term 2!!

We welcome Desiree to our service. She will be the permanent Co-ordinator here at Thomastown West Primary Oshclub. We look forward to a wonderful term.



It has been amazing hearing all the wonderful adventures some of our students got up to during the school holidays. They were very eager to share their stories. 😊

We have been enjoying many new games such as chain tiggly and where's the ball? The children have also enjoyed making animal masks and rainbow chains.

This week we have been holding a sports theme week. The children have enjoyed playing many team sports, such as basketball, soccer and footy. While playing their favourite sports the children have been learning values such as sharing, empathy and fairness.

Our program aims to provide quality after school care in a safe, fun and friendly environment. Our programs are designed with working families in mind, ensuring that they can continue in their work environment without concerns about the safety and care of their children.



**OSHCLUB VALUES:**      **Safety, Fun, Integrity,  
Caring, Education and Accountability**

## Photo Gallery 😊





### Payment and Bookings

Oshclubs's preferred method of payment, bookings and cancellations is online and all queries can be made at [www.oshclub.com.au](http://www.oshclub.com.au)

Should you have any concerns please feel free to speak to Desiree, Carmen or contact Head Office.

### Parent Information

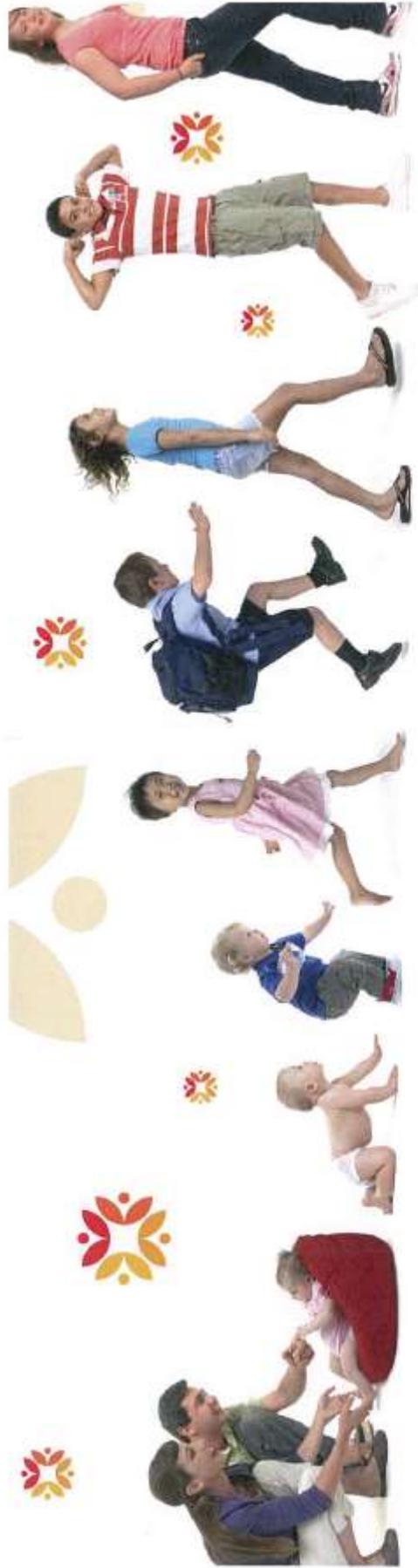
OSHC program phone:	0407 372 056
Co-ordinator:	Desiree Bustos
Assistant:	Carmen Bellofiore
OSHClub Head Office:	03 8564 9000

All families must be enrolled to attend the program, remember this is free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) all bookings and cancellations can also be managed via your online account.

For on the day bookings please contact the Co-ordinator directly at the program.

Regards,  
TWPS OSHClub Staff

A promotional poster for music lessons. At the top, a person is shown from behind, playing a drum set. The text 'REGISTER NOW!' is written in white on a black background. Below this, a large yellow circle contains the text '\$25 PRIVATE LESSONS'. To the right, the words 'MUSIC LESSONS' are written in large, bold, white letters on a black background. Below this, several yellow banners list instrument categories: 'GUITAR / BASS', 'PIANO / KEYBOARD', 'VOICE', 'VIOLIN / CELLO', 'HARMONICA', and 'DRUMS / PERCUSSION'. At the bottom left, there is a Facebook logo with the text 'LIKE US ON FACEBOOK!'. In the center, the phone number '0418 172 506 Epping' and the website 'jacmusicsschool.com' are displayed in red and white text.



**raisingchildren.net.au is your complete parenting resource, packed with information and practical tools for raising children in Australia. Developed with the everyday family in mind, the easy-to-use website provides parents with trusted information on behaviour, nutrition, safety, daily care and more.**



**Parenting in pictures**  
Master basic baby care skills such as how to bathe a newborn safely with our step-by-step guides. Look out for other audiovisual, multimedia and interactive tools too.



**My Neighbourhood**  
Find local playgroups, child care centres and other support services on an interactive map of your neighbourhood.



**Recipes and meal ideas**  
Discover practical tips on how to encourage good eating habits, how to pack a healthy lunch box and other meal ideas.



**Tools to encourage good behaviour**  
Learn about parenting practices that can help bring out the best in your children. The Behaviour Skill Builder, an interactive tool designed to help parents manage challenging behaviour, will also be available in 2011.



**A-Z health reference**  
Read up on over 100 common childhood health issues, including information about when to see a doctor.



**Special needs**  
Access information, interactive tools and guides on raising children with special needs including autism therapies, disability term and appropriate services in Australia.



**Activities to do with your child**  
Find age-appropriate games and activities, read reviews of children's movies, or sing to your child with confidence using our popular Baby Karaoke feature.



**Online forums**  
Ask questions, share stories and get support from other parents through our moderate forums. No matter how old your child is, if what your parenting concern, there's a forum to suit your needs.

 **raisingchildren.net.au**  
the Australian parenting website