

Thomastown West Primary School



NEWSLETTER

98-112 Main Street, Thomastown, Victoria 3074 – Ph: 9465 4317

Email: thomastown.west.ps@edumail.vic.gov.au – Website: www.thomwestps.vic.edu.au

NEWSLETTER NO. 2

FROM THE PRINCIPAL:

Our Year 5 campers return home today. They have had a great time at camp doing many beach activities. It was a great week of weather for them and they are very tired. Thank you to our teachers who went to camp. Our staff do not get paid any extra for camp and they are on duty 24 hours a day to look after the children.

Car Parking

I remind our parents that the car park is for staff only. It is a very risky place for children to be and last year we had some near accidents. People come in and out of the car park all day and we don't want anyone hurt or any cars damaged.

Buildings and Grounds

I invite any parent who would like to have a say in the development of the Buildings and Grounds. This group will meet monthly in the staffroom. The first meeting for 2016 will be held on Monday Feb 15th at 4:30pm. Parents are welcome to join anytime.

School Council

Monday February 15th at 6:30pm will be our next School Council meeting. It is the last meeting of the 2015 School Council. After this meeting I will be seeking nominations for Parent Representatives of School Council for 2016-2017. School Council is a decision making body that has representatives from parents and staff. School Council make decisions around local school issues. We meet once per month on average. Parents are welcome to visit anytime to see what School Council is like. Please feel free to come and visit on Monday Feb 15th.

FRIDAY 12TH FEBRUARY 2016

Parent Teacher Information Sessions

Our school will have a series of sessions for parents on Wednesday March 2nd. Parents will receive a notice shortly explaining times and session details. We invite parents to come and meet their teacher. If you would like an individual meeting with a teacher, please feel free to make a time directly with them. There will be no classes that day. Children are expected to come with their parents to the sessions. If you have any questions, please feel free to speak to your child's teacher or ask at the office.

School Values

This year we have launched into a new approach to working with student behaviour. It is called School Wide Positive Behaviour. As part of this approach we have revisited our School Values. Teachers have come up with a draft statement:

“As a Community of Learners we are:

Respectful

Responsible

Resilient

Empathetic

And we strive to do our best”

We would like to know what you think of our values statement. At the Parent Information sessions we will ask for your feedback. Have a great weekend everyone

Leon Bell

Principal

“Life is like the ocean. Sometimes it can get rough, other times it can be beautiful.” - Anon



STAR OF THE WEEK

Grade 1 Room 4	Hudson, Sara & Haidar	Grade 3/4 Room 16	Ajasbi, Asel & Gabriel
Grade 1 Room 6	Jamil & Harmony	Grade 3/4 Room 17	William Tran
		Grade 3/4 Room 18	Dakota & Faye
Grade 2 Room 1	Amna & Zen	Grade 3/4 Room 19	Luke, Jacinta & Sarah
Grade 2 Room 5	Aris Agapakis	Grade 3/4 Room 20	Maysa & Teuta
Grade 5/6 Room 11	Khawla Asarat		

Hi Everyone, 

A number of lucky grade 5 students and 4 staff were able to enjoy our warm weather while surfing and enjoying the great outdoors this week. I'm sure some very tired students and staff arrived home for a restful weekend!



Michael Grose, psychologist, has a great website with lots of parenting ideas – just google Parenting Ideas. I will share some of them this year. CONFIDENCE!!

<p>Every parent should know these:</p> <p>Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. However building children's and young people's confidence is complex.</p> <p>Great confidence-builders use a number of approaches that impact on how kids' think, how they feel and what they can do.</p> <p>Here are 5 practical strategies that you can use to build real self-confidence in kids of all ages:</p> <p>1. Model confident thinking</p> <p>Kids soak up the language, thinking and behaviour of those closest to them in their environment. Parents and teachers play a part in modelling confident thinking and behaviour especially when it comes to tackling new activities. In particular, let kids hear positive self-talk when you tackle something new. They should hear something like <i>"I'll have a go at this. If I don't do so well then I can try again tomorrow."</i> This is far more effective than <i>"I'm no good at this. I'll probably stuff it up."</i> What story are you creating that your children will copy and pass on?</p>

2. Focus on effort & improvement

Current thinking shows that people who believe that they can increase their intelligence through effort and challenge actually get smarter and do better over time in school, work, and life. One way to develop this 'growth mindset' is to focus your language on effort and improvement rather than on the results of what kids do. By linking success with effort you are teaching them success comes from something other than pure ability, talents or smarts.

3. Praise their strategies

While effort is key for achievement, it's not the be all and end all. Kids need a broad repertoire of approaches – not just sheer effort – to learn and improve. Focus your language on better and smarter ways of improving. Comments such as “*That was a smart idea to tackle the hardest task while you were fresh!*” and “*You recognised the first few steps were the most important but then after that you were right*” are descriptive statements that have significant instructional value for kids.

4. Develop self-help skills from an early age

A child's self-esteem comes as a result of his or her successes and accomplishments. The most important competencies to build confidence are **basic self-help skills**. These form the building blocks upon which other competencies such as organisational skills and many social skills are formed.

5. Give them real responsibility

From a young age, start giving children responsibility for some aspects of their lives. By giving kids responsibility we are sending a powerful message that we think **they are capable**. Also they are learning the skills necessary to be independent.

Most importantly, great parents and teachers have a knack of communicating confidence in kids. They find ways to let kids know that they believe in them – that they know their kids will perform and succeed, that they have faith that they can deal with life's challenges and know that they can become more independent.



Playgroup – FREE TO EVERYONE – Thursdays, 10 am & Fridays

at 9 am in the HUB at the school The children enjoy free play, story and music time.

PLEASE COME ALONG WITH YOUR BABY OR TODDLER OR PRE-SCHOOL CHILD AND JOIN IN THE FUN. Just come!

COMMUNITY NEWS - Important information, including parenting classes, courses,

Please look at the window on the end of the prep/1/2 building as you enter the school. I regularly display important notices about things you need to know or that may be of interest to you.



If I can help you and your family in anyway, please contact the office.

Robyn Mulholland (Student Wellbeing Team)



THOMASTOWN WEST PRIMARY SCHOOL

No. 4999

98-112 Main Street, Thomastown, 3074

Telephone: (03) 9465 4317

Facsimile: (03) 9404 2181

Email: thomastown.west.ps@edumail.vic.gov.au

Brainstorm
Productions presents

STICKS & STONES

by Jenny Johnson & Paul Johnson

Seen and enjoyed by over 1.7 million students, Sticks & Stones is a live educational theatre experience that tells the story of two students who are angry, frustrated and always in trouble. They have to learn to control their anger and to treat people with respect. Ultimately, they discover they've got more in common than they could ever imagine and form a friendship that heals them both. **This is the perfect opportunity for your child to learn practical skills on how to deal with anger, aggression and resolving conflict.**

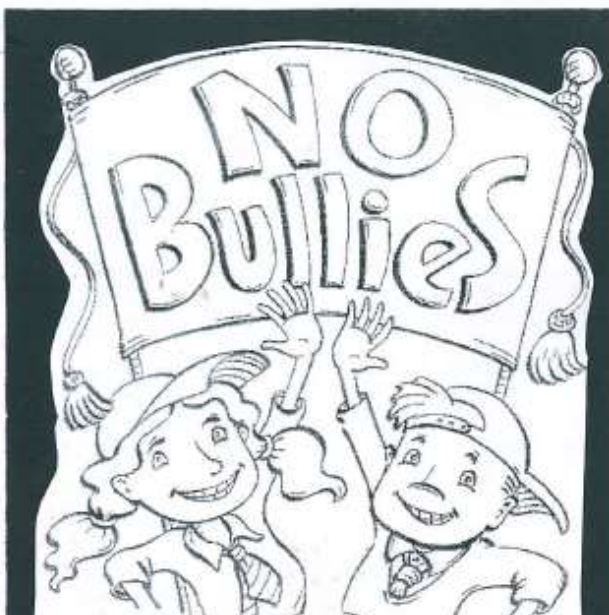
Sticks & Stones is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. **The program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.**

The cost of the performance is **\$5.00 per child.**

Families who have a Health Care card, and are eligible for SCEF funding, may access it for this performance. If you are not sure you qualify, or if you have not registered your details, please check at the Office.

The Grade 3, 4,5 & 6 students will view the performance on:- **Wednesday, 9th March at 9.00 am in the Multi-Purpose Building.**

The Grade Prep, 1 & 2 students will view the performance on:- **Friday, 11th March at 9.00 am in the Multi-Purpose Building.**



KINDERGARTEN OPEN NIGHT
Thursday 25 February 2016
5.30-7.30PM



List of participating kindergartens

BUNDOORA		3083
McLeans Road Kindergarten	151 McLeans Road, Bundoora	9467 5993
DOREEN		3754
Hazel Glen Kindergarten	65 Eminence Boulevard, Doreen	9717 7565
Laurimar Kindergarten	110 Hazel Glen Drive, Doreen	9717 8056
EPPING		3076
Derby Meadows Preschool ★	17 Winchester Avenue, Epping	9401 5426
Epping Preschool	849 High Street, Epping	9401 1206
Epping Views Kindergarten	15 Lyndarum Drive, Epping	8405 3227
Galada Kindergarten	10A Forum Way, Epping	8457 0840
Greenbrook Kindergarten	31 Lowalde Drive, Epping	9401 3083
Oakbrook Kindergarten	36 Holroyd Drive, Epping	9401 1695
LALOR		3075
Jacaranda Preschool – Kingsway Drive	90 Kingsway Drive, Lalor	9465 1993
Jacaranda Preschool – Nebel Street	34 Nebel Street, Lalor	9464 4723
Lalor East Preschool★	186 Darebin Drive, Lalor	9465 7564
Vasey Park Preschool	15 Vasey Avenue, Lalor	9465 8835
MERENDA		3754
Jindi Kindergarten and Extended Care	48 Breadalbane Avenue, Mernda	9717 0414
Mernda Villages Kindergarten	70 Mernda Village Drive, Mernda	9717 6066
MILL PARK		3082
Blossom Park Kindergarten	59 Azalea Avenue, Mill Park	9404 4787
Centenary Drive Kindergarten	68 Centenary Drive, Mill Park	9436 7671
Mill Park Preschool	Rear 7 Mill Park Drive, Mill Park	9404 2623
Roycroft Kindergarten	114 Roycroft Avenue, Mill Park	9404 4369
Stables Kindergarten	284 Childs Road, Mill Park	9404 1419
The Heights Kindergarten	31 Morang Drive, Mill Park	9436 7744
SOUTH MORANG		3752
South Morang Preschool – Mill Park Lakes	280 Gordons Road, South Morang	9437 9412
South Morang Preschool – Reid St	75 Reid Street, South Morang	9404 1855
South Morang Preschool - Riverside★	8 Doreen Rogen Way, South Morang	9436 6398
THOMASTOWN		3074
Barry Road Preschool	32 Barry Road, Thomastown	9465 0043
Dalton Road Preschool	145A Dalton Road, Thomastown	9465 4940
Harbard Street Kindergarten ★	1 Gladstone Street, Thomastown	9465 8693
Thomastown West Kindergarten	127 Edgars Road, Thomastown	9465 4923
WHITTLESEA		3757
Laurel Street Preschool	57-61 Laurel Street, Whittlesea	9716 2153
Whittlesea Preschool	92 Church Street, Whittlesea	9716 2405

★Please note that the kindergartens with this symbol do not run 3 year old kindergarten programs.

Kindergarten Open Night 25 February 2016



Kindergartens across the City of Whittlesea will be hosting an open night from **5.30pm to 7.30pm** on Thursday 25 February.

Take this opportunity to speak to teachers and discuss quality programs on offer at kindergartens throughout the municipality. Bookings are not required.

Visit Council's website at www.whittlesea.vic.gov.au for details of participating kindergartens and contact your local kindergarten for more information.

2018 Kindergarten enrolments

Four year old kindergarten enrolments for 2018 open on **1 March 2016**. Children born between 1 May 2013 and 30 April 2014 are eligible to attend kindergarten in 2018.

Kindergarten program

A quality kindergarten experience provides young children with the opportunities to improve skills that are important for life, including being ready for school.

For more information regarding enrolments please contact City of Whittlesea on:

Phone: 9217 2170

Email: keo@whittlesea.vic.gov.au

Creating vibrant self-sustaining communities together

Council offices
25 Ferris Boulevard
South Morang VIC 3752

Postal address
Locked Bag 1
Bundoora MDC VIC 3083

T: 03 9217 2170
TTY: 133 677 (ask for 03 9217 2170)
F: 03 9217 2111

www.whittlesea.vic.gov.au

E: info@whittlesea.vic.gov.au



Free Telephone Interpreter Service

عربي
03 9217 9679
03 9217 9657

Hrvatski
03 9217 9671
03 9217 9657

Италијански
03 9217 9672
03 9217 9673

Italiano
03 9217 9674
03 9217 9675

Македонски
03 9217 9675
03 9217 9676

Турски
03 9217 9677
03 9217 9678

Viet-ng
03 9217 9679
03 9217 9679



LAWN MOWING & RUBBISH REMOVAL

Do you need your grass mowed or rubbish removed?

Contact Khalid Ali for a reliable service.

Ring Khalid Ali on 0451 901 940




L & S Dance



Studio

Come and Learn.....

- * Jazz
- * Tap
- * Contemporary
- * Ballet Technique
- * Hip Hop
- * Singing
- * Musical Theatre



We encourage all students to maintain a balanced life style and what better way to balance work and play than with a weekly dose of dance!

Our classes ensure that each student is provided with a healthy and positive self-image to aid with the development of the individual within us all.

L & S Dance Studio is located at St. Clare's Hall, 3 Harbard Street Thomastown.



**Call Luisa Russo on
0415 501 376
or email**

LnSdancestudio@hotmail.com

